



# QCHA Ice Eagles

## Travel Team Head Coach Expectations

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Head coaches for the QCHA travel teams are expected to:

- abide by all rules, accreditation and coaching certification standards of the QCHA, Midwest Amateur Hockey Association and USA Hockey
- demonstrate a general interest in the welfare of children including showing the utmost respect for youth players and parent members of the QCHA
  - put the physical and emotional safety of the child as the highest of priorities
  - be focused to develop the behavioral characteristics of our players (work ethic, integrity, persistence, loyalty, respect, gratitude, etc.)
  - develop a plan to teach and mentor principles in teamwork and leadership
- maintain exemplary conduct at the rink and around the team at all times
- be a strong role model for good sportsmanship and fair play
- coach in a positive fashion
- effectively utilize a coaching and managerial staff providing them with direction and ownership of certain designated positions, skills and/or team systems execution
- have a well-defined policy for team expectations and discipline
- be a willing and improving communicator
  - hold a pre-season meeting with players and parent explaining your coaching philosophy, goals for season, expectations of players and parents, general scheduling, health and injury issues, instructional style and areas of potential discipline, matters to be discussed with the coach and matters to not be discussed with the coach
  - be willing to keep parents informed and deal with all matters in a positive, principle-based, collaborative fashion in order to help their child grow as a person and as a player
- be a willing and improving listener
- be willing to assist in selecting a team based on merit and team cohesion
- design practices that are distributed to staff preferably early in the day of a practice but in the least at a staff meeting prior to practice
  - have at least one designed purpose for every practice session,
  - emphasize instructing on the core fundamentals of hockey,
  - have at least one if not multiple skating drills every practice,
- be as willing to give effort, learn and grow as he or she expects of one's players
- be someone who exudes an enthusiastic respect and love of hockey along with the valuable lessons it teaches
- focus on the youth priorities in athletics: fun, friends, fitness, participation and skill development