



## ABOUT BASKETBALL WORLD TORONTO

Youth programs feature high quality basketball sessions within house leagues, specialized camps and tournaments, allowing kids to learn, practice and play at the highest level. We prepare children for their basketball activities throughout the school year, complimenting their overall athletic experience.



## ABOUT THE CAMPS

Camps offer boys and girls a high quality basketball environment to learn and develop their basketball skills. Our goal is to teach the core fundamental skills required to play the game.



## HOW TO REGISTER

1. Go to [www.bwt.ca](http://www.bwt.ca)
2. Click **REGISTER**
3. Choose **Click here to Register for YOUTH PROGRAMS**
4. Create an account or if you have an existing one, log In
5. Complete the registration form for your camp session

Check [www.bwt.ca](http://www.bwt.ca) for registration deadlines



**YOUTH@BWT.CA**

**647.444.4298**



bwtbasketball



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# BASKETBALL CAMPS



**WWW.BWT.CA / 647.444.4298**





# BASKETBALL WORLD TORONTO

## MARCH BREAK CAMPS

### MARCH BREAK INFORMATION

- Full-Week Session in March
- 9AM - 3:30 PM (drop off after 8:30/pick up until 3:45)



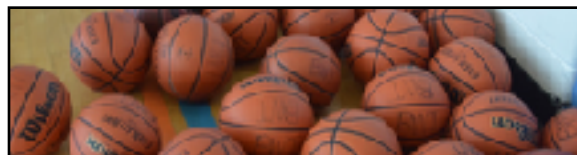
## CAMP INFORMATION

### CAMP DETAILS

- Boys & girls ages 8-13+
- 7:1 Camper to Instructor / Coach ratio
- Daily training sessions and small competitions
- Full days of conditioning, strength training and concepts
- Basketball Ontario trained Learn 2 Train & FUNdamental trained instructors
- Reversible camp jersey for all participants
- Individual player performance evaluation
- Camp awards & prizes to be won

### SKILL FOCUS AND ACTIVITIES

- Defense, Conditioning and Footwork
- Daily Strength & Flexibility Drills
- Explosive Ball Handling and Dribbling
- Triple Threat, Passing, Cutting & Pivoting
- Shooting, Screens & Rebounding
- Man-to-Man & Help Side Defense Strategies
- 1x1 moves & Off. and Def. Strategies
- Leadership, Teamwork & Life Skills
- Nutrition, Basketball IQ and Decision Making



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## SUMMER CAMPS

### SUMMER CAMP INFORMATION

- Full-Week Sessions in July & August
- 9AM - 3:30 PM (drop off after 8:30/pick up until 3:45)



