



Regina High Schools Athletic Association

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Regina, Sask.

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“ATHLETICS IN EDUCATION”

City Final Protocol

Practicing Before City and Provincial Championships

The SHSAA has a policy that does not allow teams to practice at the host venue(s) during Conferences, Regionals or Provincial Playoffs. There is no exception for the host to provide time for teams to practice upon arrival. To be fair to all teams the rule states: No visiting team may practice at the host venue(s) before Conferences, Regionals or Provincials.

The RHSAA has adopted the following policy: No visiting team advancing to and participating in a City Championship will be allowed to practice at the host venue before the game in order to acclimatize their team and gain a competitive advantage. ***(This applies to all RHSAA City Championship host venues)***