



BATTING CAGE RULES

1. Cages #1 & #2 are for Cooper City Optimist Baseball teams only.
2. Cage #1 (Stirling Road) and Batting cage #2 (Palm Ave) are for team use only.
3. Cage #3 (between Fields 4 & 6) may be used for individual and/or team use and should be limited to 1-hour duration.
4. Each team can reserve one (1) hour per CALENDAR week, and
5. No team may occupy more than 1 time slot in the next 7 days – you must have completed your first registered time slot to sign up for the next time slot. (exception in rule 9)
6. Rec Teams should sign up no more than one (1) week in advance. **Violation: ALL TIME SLOTS** will be forfeited when found to be in violation. May sign up again as long as rule is followed.
7. 14U, 16U, & 18U should only use the 7pm or 8pm time slot.
8. Travel teams: may sign up two (2) weeks in advance, no more than 1 batting cage slot a week.
9. Time slots not filled may be claimed only 24 hours in advance of that time slot regardless of the 1 hour per week rule.
10. At no time are players allowed in a cage without a coach.
11. No cleats, sunflower seeds, or gum allowed in the cages.
12. Only coaches may pitch. No players may pitch in the cages.
13. Players must wear helmets in cage.
14. One player at a time in a cage.
15. Any player in the cage **MUST** be registered with the Cooper City Optimist Baseball program.
16. Cage and surrounding area must be left clean. Pick up and dispose of all water bottles, garbage, etc. after use.
17. Cage must be locked after use (you may need to put combination on lock to close).
18. Cage lock combination is for coaches only. Coaches are not to give combination to parents, players or friends.
19. Do not remove L-screen from cage.
20. No hitting balls against batting cage fence.
21. If any of these rules are found to be violated the combination to the cages will be changed.
22. Violators of these rules will lose cage privileges.