Hello Coach,

We are looking forward to this week’s upcoming game as well as meeting with you prior to taking the field. Wanted to send this reminder as well so to avoid any player NOT being able to participate or sent to the sideline until corrected due to equipment issues.

Please take this moment to discuss with your EQ Manager, staff and players before they leave the dressing facilities towards the field or leaving to load the transportation vehicles towards the game.

You can print this and post around the locker area so to help remind the players before each game.

Thank you Coach for your time on this and Good Luck.

**ATTENTION PLAYERS**

**ARE YOU PROPERLY EQUIPED TO PLAY TODAY?**

~CHECK THE FOLLOWING BEFORE YOU LEAVE THE LOCKERROOM~

\*DON’T HAVE YOUR SELF REMOVED FROM THE GAME DUE TO THE FOLLOWING:

-NO Bands worn above your wrists. Play list allowed on wrist.

-NO Bands worn above your ankles.

-NO Bandana or other head coverings sticking out of the back of helmet.

-Towels: **MUST** be the SAME solid color for ALL Players wearing a towel.

-Jersey: unaltered & fits properly & COVERS **ALL** pads worn above the waist line?

-Jersey: unaltered & tucked in if longer than the waist line.

-Undershirt Longer than the jersey **MUST** be tucked in.

-Pants: long enough to cover your knees at **ALL** times.

-Pads required: Shoulder, Hip, Tailbone, Thigh & Knee pads. All must be properly covered when worn.

-Helmet: properly fitted with ear pads to protect player.

-Face masks on helmets: **MUST** be Clear. **NO** tinting regardless of a medical note.

-Mouth piece: **FULL** so to protect the player.

-Shoes: may have Football style Cleats (No Metal).

**\*Players Failure to do so will be sent to the sideline and not be able to participate until the issue has been corrected.**