



NYSA COVID-19 Return to Practice Protocols and Safety Plan

Northshore Youth Soccer Association (NYSA) is committed to the safety of our players, coaches, and their families. These new protocols have been adapted from Sporting Athletic Activities Guidance provided by the Governor's office.

NYSA believes that for the safety and protection of our players and members, adherence is required to the following protocols. As a reminder, returning to play is a personal choice. Families should make the decision on whether they want their player to resume activities in this RTP environment. If a player or family does NOT feel comfortable returning in this phase, this will not affect their position, status, or ability to be placed on an appropriate team in the future. Training and games, when allowed, will include normal soccer contact with other players and scrimmages following the protocols below. These protocols are not intended nor implied to be a substitute or alternative to professional medical advice.

PRACTICE Protocols for Parents:

- Prior to attending any training event, each family/player should check his or her temperature at home, and refrain from participation if he or she has a fever (>100.4 degrees F). Please stay home regardless of what is causing your illness. Prior to participation coaches will obtain verbal confirmation from each participating player that they are not currently demonstrating or suffering from any ill symptoms.
- Absences from practice must be reported to coaches prior to practice.
- Review and follow all field maps provided by the association and make sure to adhere to the designated areas for entering and exiting fields.
- One parent is allowed on the field per player. All other family members must stay outside the fence line before, during and after the event.

PRACTICE Protocols for Players:

- During active training, players may have normal soccer contact when challenging for the ball. Social distancing should still be in effect when non-active instruction is given from the coaches.
- Enter the field area after previous teams have left the field.
- Players are required to wear a mask before, during and after practice.
- No player that is sick or has signs or symptoms suggestive of COVID-19 should attend.
- Soccer bags should be placed at least 6 feet apart from one another.
- Use hand sanitizer before and after the practice.
- Clustering of players should be avoided before, during or after a practice.
- No handshakes or fist bumps during or after the event.
- No shared equipment.
- Players should bring their own labeled soccer ball to training. There is no sharing of water bottles, and players will not touch or share training equipment such as cones or gear bags. Coaches will handle all equipment.
- If a player or family member is diagnosed with COVID-19, the coach must be notified immediately.



Parents and Players:

I have read and understand the Northshore Youth Soccer Association – RTP Guidelines, as outlined above. I have reviewed this plan with my player and acknowledge that we will do our best to adhere to the protocols in place.

Date: _____

Player Name: _____

Team Name: _____

Parent Name: _____

Parent Signature: _____