

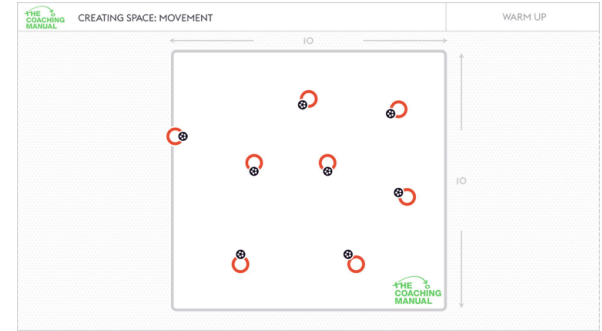
Creating Space Warm Up

Written by Andy Martino

10 mins 8 players 8 balls 12 cones 10 x 10 area

Key Coaching Points

- Lots of touches
- Awareness
- Create space



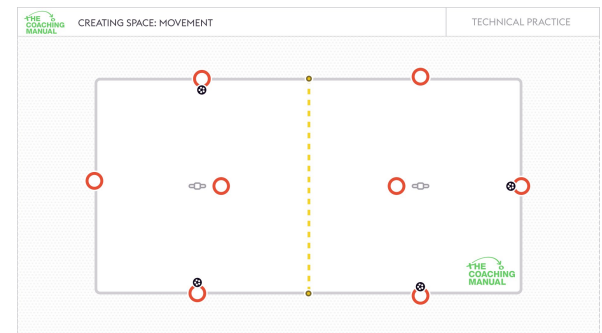
Creating Space to Receive Technical Practice

Written by Andy Martino

15 mins 8 players 6 balls 6 cones 20 x 20 area

Key Coaching Points

- Quality of pass
- Awareness
- Create space



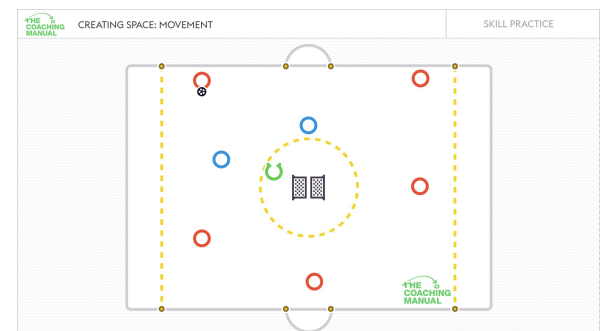
Creating Space Skill Practice

Written by Andy Martino

15 mins 8 players 4 balls 8 bibs 24 cones
30x20 area

Key Coaching Points

- Width and depth
- Awareness
- Create space



Creating Space Small Sided Game

Written by Andy Martino

20 mins 8 players 6 balls 8 bibs 12 cones
30x20 area

Key Coaching Points

- Width and depth
- Awareness
- Create space

