

# SAFE RETURN TO PLAY PLAYER GUIDELINES

We believe staying healthy is only possible when everyone is committed. ALL players and spectators MUST adhere to the following guidelines to play. Guidelines will be updated when necessary.

### **BEFORE LEAVING HOME**



Do your COVID-19 self screen



If you feel sick or have been in close contact with someone who is sick stay home



Grab your water bottle & a snack (no team snacks or team water coolers will be allowed, and use of water fountain is prohibited)



Grab your mask. Masks are required for all players.

#### PREPARING TO PLAY



When you arrive, check-in with your TSR



Masks are required during check-in for all players



You are required to wash your hands (soap/water or sanitizer) before joining your team for practices/games



Teams must arrive on time and depart game/practice areas immediately upon completion.

#### **DURING PLAY**



Players must spread out along the sidelines and respect physical distancing of 6 feet as much as possible



Players must wear their masks during play, warm ups, and while on the bench.



Players must cover their mouth and nose when coughing or sneezing



Do not share water bottles (no team water cooler). Do not share any food (no team snacks)

## **AFTER PLAY**



Physical touch like handshaking, high fives, fist/elbow bumps, and huddles are not permitted



Teams must arrive on time and depart game/practice areas immediately upon completion



Put all garbage in bins. At the end of the game, leave absolutely nothing on-site



Masks are required when departing field or gym for all players.





Spectators are not permitted for indoor practices

Up to 2 spectators per player are allowed at indoor games as long as they wear masks and maintain 6 feet physical distancing

Spectators are asked to remain in their cars until official game time

#### OUTDOOR

Up to 2 spectators are allowed for outside practices as long as they stay outside the fence and they wear masks and/or maintain 6 feet physical distancing

Up to 2 spectators per player are allowed at outdoor games as long as they wear masks and/or maintain 6 feet phyiscal distancing. Spectators are asked to remain in their cars until official practice/game time

All players must have a WAYA COVID-19 waiver DID YOU SIGN THE COVID WAIVER? signed by a parent or guardian in order to play.

VISIT WAYA.ORG/COVID-19 FOR MORE INFO