



Covid-19 Return to Play Protocols

Coaches

Pre-Session

- Comply with Commonwealth of Pennsylvania, Eastern Pennsylvania Youth Soccer and any additional club directives or requirements.
- If you are showing signs of COVID-19 or have been exposed to COVID-19 in the last 14 days, do not report for work and contact Sean Murphy/Eric Puls for next steps. Sick coaches must stay at home and follow appropriate health guidelines. Signs include: Persistent cough (dry or wet), shortness of breath, sore throat, runny nose. Additional symptoms include muscle pain, headache, and new loss of taste or smell.
- Reinforce directives, policies and protocols as necessary with parents and children.
- As players arrive, screen using the COVID-19 screening questionnaire. Inquire how they're feeling. If they are ill or appear to be ill, send them home.
- Supply your medical kit or bag with gloves, extra masks, sanitizer, and facial tissues. (club will provide gloves, disinfectant and tissues)
- Coaches wear masks when speaking to players.
- Minimize interaction with other teams that train before or after you. Emphasize player should go straight to cars at the exit point designated for their team.
- Coaches will walk their team to and from the parking lot – to make sure maintaining social distancing.

During Session

- Implement social distancing at all times. Each player and their equipment at least six feet from the next player.
- Players may wear masks during training at their discretion. Must wear when not engaged in soccer activity.
- Only coaches may touch or move equipment. Players do not touch or move equipment. This includes goals and cones.
- Scrimmage vests are not permitted during camp.
- No bodily contact in training – until clearance from the State and EPYS.
- Avoid activities involving waiting in lines, maintain social distancing in training.
- Be positive, fun and engaging. Help the children acclimate and reintegrate.
- Be a role model – lead by example and set a good standard with social distancing, hand sanitizing, etc.
- Do best to keep kids 6 feet apart at all times.

Post Session

- Parents/players not to assist with equipment at the end of practice (cones, goals, etc).



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Players

Pre-Session

- Meet your coach at the designated entrance and walk with them to your field (maintain social distancing)
- Wash/sanitize hands before walking to the field
- Wear your mask from the parking lot to the field

During Session

- Players will remain with their coach in the same area and group each day
- Players must wash/sanitize hands before and after each break
- Masks are optional – player may wear facemask at their parent's discretion
- Players must bring their own water bottle. There will be no sharing.
- Maintain social distancing with limited contact (example: no high fives, fist bumps)

Post Session

- Do not assist with helping the coach clean up cones/goals. Players may only help collect soccer balls.
- Wear your mask from the field to the parking lot
- Walk with your coach to the designated exit point (maintain social distancing)

Parent/Guardian

Pre-Session

- Comply with Commonwealth of Pennsylvania, Eastern Pennsylvania Youth Soccer and any additional club directives or requirements. Share information with your son or daughter.
- Do not bring your child to camp/training if they have signs of COVID-19 in the past 14 days. Sick players must stay at home and follow appropriate health guidelines. Signs include: Persistent cough (dry or wet), shortness of breath, sore throat, runny nose. Additional symptoms include muscle pain, headache, and new loss of taste or smell.
- Do not bring you child to camp or training if your child has been exposed to someone with COVID-19 or has been tested and results are pending.
- Before arrival, parents perform a temperature check prior to any training session– if player has a temperature above 100.4 – they are not permitted on site.
- Parents drop off players in designated area only (Map to be communicated).
- Every player **MUST** pack hand sanitizer and a face mask in his or her bag.
- All players to wear face mask on arrival and departure of designated training area. (Optional – During Training)
- Parents make the ultimate decision on their child's attendance participation
- Direct your child to never share water, snacks or equipment.



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• **IF YOU ARE RUNNING LATE:** Please contact your coach/camp director ahead of time that you will be dropping your child off late so we can ensure a coach waits to meet your child at the entrance. The coach will conduct the check-in procedure and then walk your child to the field.

During Session

- Spectators are not essential to training and not permitted to attend the field of play.
- Comply with social distancing and mask directives. Adhere to rules of the club.
- Parents will stay in the parking lot (or are free to leave) after dropping their child off.

Post Session

- Coaches will be at the exits to ensure players find their rides safely.
- Players will wash/sanitize their hands before leaving the field.
- Sanitize and wash all of your child's equipment and uniforms after every training session
- Notify club and coach should your child become ill.

Any player, parent or coach are required to stay home if they have any symptoms of COVID-19, test positive for COVID-19, have been around anybody in the past 14 days who has tested positive for COVID-19 or are not feeling well.