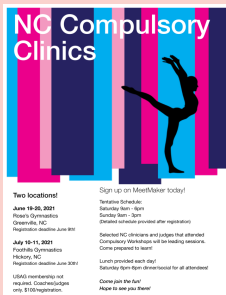




**Karen Pleasants SACC and NC USA Gymnastics State Committee invite you to read and learn about exciting upcoming events.**



**2021-2029 Compulsories Clinics sponsored by NC USA Gymnastics State Committee**

The NC USA Gymnastics State Committee will be hosting two Compulsory Clinics in North Carolina!

Come learn the new compulsories for the 2021-2029 cycle. Registration is \$100/participant. Coaches/Judges only.

Tentative schedule will be

Saturday 9am-6pm and Sunday 9am-3pm for both locations.

Details provided after registration.

Lunch provided, and a dinner/social will be Saturday from 6-9pm for everyone attending (at each location).

Come join the fun! Hope to see you there!

June 19-20th (East location - Rose's Gymnastics - Greenville)

Registration deadline - June 9th

[Meet Details - MeetMaker](#)

July 10-11th (West location – Foothills Gymnastics - Hickory)

Registration deadline - June 30th

[Meet Details - MeetMaker](#)

Access Flyer [HERE](#)

MeetMaker Registration Instructions are [HERE](#)

**The Next Compulsory State Meet will now be held in the Spring of 2022**

We would like to encourage clubs to still host meets in the fall, especially while we are learning Compulsories. State Meet weekends in March and April 2022 have already been determined. Compulsory Levels and Xcel Divisions will be assigned weekends as we begin to see numbers of athletes in each group.

With all of us getting back into the swing of being in person (yay!), in addition to the new Compulsories being released, a majority of clubs felt that it would be

best to have the Compulsory State Meet in the Spring of 2022.  
We are hoping restrictions will continue to be lifted and are looking at potentially moving our Compulsory season back to the Fall of 2022.  
The State Committee will again ask for feedback at that time.

**2021-2022 Competitive Calendar is OPEN NOW for your invitationals and Mobility Meets. Please go ahead and place your meets on the calendar. Click [HERE](#) to go to the section of the nc-nawgj.org site for instructions on posting your meets.**

**August 1, 2021**

is the deadline for registering your invitationals as a qualifier on the  
NC USA Gymnastics State Calendar.

The deadline for coaches to submit their **Intent Form** will be announced later. Coaches are encouraged to submit the form so that meet directors have a reliable idea of how many gyms “intend” to enter their invitational. It really helps in their planning. Filling out an intent form is not a binding commitment. It just helps.

**Vote for the 2021-2023 NC USA Gymnastics  
State Administrative Committee**

You should have received an email with voting procedures.  
Deadline to vote is **May 24th, 2021**.

The names of the newly elected members of the  
NC USA Gymnastics State Committee will be published  
in the next Constant Contact.

**SAVE THESE DATES!**

**Region 8 Congress will be held on **July 15-18** in New Orleans (with limited numbers).**

**Training Camp Dates for you to note:**  
**July 23-25, 2021 - Level 6/7/8 Training Camp**  
Tampa Bay Turners  
St. Petersburg, FL

**September 17-19th, 2021 - National Team Training Camp**  
Auburn, AL

**October 15-17, 2021 - Level 8/9/10 Training Camp**  
Everest Gymnastics  
Cornelius, NC

**Also site of the Region 8 NAWGJ Judging Symposium**

**Find more information on the Region 8 Gymnastics website.**  
Click [HERE](#)

**Karen openly welcomes questions and comments from any professional member.**

**BE  
SURE  
TO  
FOLLOW**

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NC USA Gymnastics web page

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See what's happening on our social sites:

