

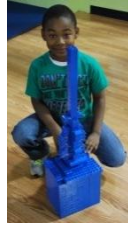
## Frequently Asked Questions

### Daily Schedule

Q: What is a typical day at a Fitness & Fun Camp?

A: **Daily Schedule is based on a rotation of theme- based stations set up throughout the facility.**

- Early drop off Activities (Nintendo Wii & Table Games)
- Opening Circle – Name Activity & Rules
- Warm Up & Stretch
- Gymnastics Stations –bars, beams & tumbling stations
- Team Games, Obstacle Course & More
- Snack & Arts & Crafts
- Gym Time
- Lunch & Movie Time
- Group Fitness Games
- Air-Track and/or Tumble Trak
- Snack & Table Games
- Pick-up Time



### Payments

Q: When do I pay for the camp sessions?

A: Minimum non-refundable deposit of \$25.00 per week is due to hold your space, the balance is due every Friday prior to the week of camp. CGA does not guarantee camp space without a deposit.

### Refunds

Q: What if my child is unable to attend camp sessions enrolled for?

A: Due to the popularity of our camp sessions **no refunds, no credits for payments or re-scheduling of missed camps.**

### Lunch

Q: Should I pack a lunch and snacks?

A: Bag lunch is required when attending full day or session (**NO PEANUT PRODUCTS**). AM & PM snacks will be provided by CGA. **No personal water bottles or drinks outside of lunch.**

### Nap Time

Q: Is there nap time?

A: There is no official nap time, but we do lay the campers down for movie time after lunch so pack a comfortable blanket.

### Clothing

Q: What should campers wear?

A: Clothing must not restrict movement. For safety campers are barefoot in the gym. No jewelry please. **Children should bring “Flip Flops or Slides” to transition between activities scheduled throughout the facility.**

### Responsibilities

Q: If I cannot pick my child or will be late for pick up, what should I do?

A: Notify the gym if someone other than you will be picking up, we will ask for identification. Late fee \$10 per child after 15-minute grace period. Late fees are due upon arrival.

### Electronics, Phones, Tablets & Toys

Q: Can my child bring his phone or tablet to camp?

A: Phone, electronic games and tablets are not permitted. Electronic devices will be confiscated and returned to parents. CGA is not responsible for electronic devices brought to camp.

# 2020 FITNESS & FUN

## 6/22/2020 - 8/28/2020

7201 Old Alexandria Ferry Rd, Unit 1B-2B  
Clinton, MD 20735

[www.clintongymnasticsacademy.com](http://www.clintongymnasticsacademy.com)

Main: 301-877-5122 ● Fax: 301-877-5133

## OUR NEW SUMMER CAMP ENVIRONMENT

Clinton Gymnastics Academy's has always taken pride in presenting the cleanest and safest and physically enriching environment for our camps. In following with CDC and Maryland's state guidelines we have enhanced environmental, personal and exercise standards.

## WEEKLY THEMES

<u>WEEK</u>	<u>DATE</u>	<u>THEME</u>
1	June 22 - 26	<b>Nerf Dart Tag</b> – A whole week of Nerf! Campers are provided <i>Nerf Blasters</i> , safety glasses. Coaches set up games and coursed to capture the flag & complete target ranges.
2	June 29 - July 2 <b>Closed Friday July 3rd</b>	<b>Obby Courses</b> –Working together as a team to traverse obstacle courses, compete in mental challenges for prizes and fun.
3	July 6 - 10	<b>Safety Week</b> – Meet our heroes: Police Officers, Fire Fighters and Emergency Medical Technicians with Lights, Sirens and Badges.
4	July 13 - 17	<b>Mega Craft Week</b> – We will create our own art master pieces with sculpture, painting and drawings.
5	July 20 - 24	<b>Just Dance Moves</b> – Let's explore hip hp and have fun. "Old" school & "New" school! Playing Just Dance games!
6	July 27 – 31	<b>S.T.E.M. Week</b> –Campers will learn to use formulas for experiments, design and make projects with team competitions at the end of the week.
7	Aug 3 - Aug 7	<b>Dodgeball Week</b> – A whole week of Dodgeball with obstacle courses that will challenge the best.
8	Aug 10 - 14	<b>A Bugs Life</b> –Learn how different bugs eat where they live and how they contribute to our everyday life. With a visit from Clear Water Nature Center rangers and their animals and bugs.
9	Aug 17 - 21	<b>Fantastic Gymnastics</b> – Condition like a competitive gymnast, practice floor, bar, beam & vault and even learn a routine.
10	Aug 24 - 28	<b>Video Gamers Paradise</b> – Showing love to our gamers.

## AGES

Camp is open to children 4 to 11 years old. **Campers will be group by age and temperament as deemed necessary to maintain a safe and fun environment.**



### GROUP NAMES

FUN BUNCH: 4 – 5 years  
FUN-A-TICS: 6 – 8 years  
TEAM FUN: 9 – 11 years



## CAMP DATES

**Monday – Friday Beginning June 22 to August 28, 2020**

## WEEKLY CAMP OPTIONS

<u>OPTIONS</u>	<u>Weekly Rate</u>	<u>Deposit*</u>	<u>Weekly Balance Due Friday prior to camp week</u>
<b>Option 1:</b> Half Day (8-12pm)	\$125.00	\$25.00	\$100.00
<b>Option 2:</b> Full Day (8-4pm)	\$195.00	\$25.00	\$175.00
<b>Plus:</b> After care (4pm-6pm)	\$30.00		\$30.00
<i>Sibling Discount:</i>	10%		

## STEP 1: COMPLETE ONLINE REGISTRATION DOCUMENTS

- Complete Online Registration at [www.clintongymnasticsacademy.com](http://www.clintongymnasticsacademy.com)

## STEP 2: ENROLL & PAY FOR CAMPS

Go to [www.clintongymnasticsacademy/customerportal](http://www.clintongymnasticsacademy/customerportal)

- Select the camps weeks you need for the summer
- Pay a nonrefundable deposit\* of **\$25.00 per week** to reserve your child's camp week(s)
- The remaining weekly balance is due every Friday for the upcoming week (Please see payment schedule for details on registration form.)
- Pay weekly tuition online, by phone or in-person. No personal checks will be accepted for payment. Your child's slot cannot be held without payment.