

A/B GOVERNING RULES

These rules are intended to keep the overall level of play as fair as possible, relative to the skill ratings of players on the floor together. **Coaches are expected to make a serious effort to work together and resolve problems using these guidelines.** Coaches are expected **to strictly follow master draft roster**, with any exceptions made only after consultation with the other coach and the League Coordinator. After the first two games, permanent adjustment to the order of players on rosters can be considered, based on the demonstrated level of play. **Any proposed changes must be discussed with the LEAGUE COORDINATOR before being implemented.**

Overall guidelines for every game

- "B" team plays 1st and 3rd quarters
- "A" team plays 2nd and 4th quarters
- No player can play in four quarters (except when a team fields 7 or less players). Once play has started in a quarter, a player on the court is considered as playing in that quarter, even if only in for a few seconds.
- Anyone can play in overtime, doesn't count as a quarter.
- Injuries may constitute the need to violate the four-quarter rule, but this must be explained and agreed to by the opposing coach. Outside of an injury, **only one (1) player for player substitution - when called for on the A/B grid - is allowed per quarter.**

If **13 players available** = First 6 players on the roster are A. 7-13 are B players.

9 or fewer players available = If you have to play an A player playing down to B. The opposing team may match up with the player at the same ranking. Still using the 3-quarter rule. **BUT, use common sense, the opposing teams B players showed up and they have every right to play.** That means your A player should not be looked at as an advantage. It should be looked at as he/she is filling a space so the B players can play. **Every player has the right to play and will get their equal playtime.**

		12 PLAYERS				11 PLAYERS				10 PLAYERS					
QUARTER		1	2	3	4	1	2	3	4	1	2	3	4	QUARTER	
TEAM		B	A	B	A	B	A	B	A	B	A	B	A	TEAM	
PLAYER RANK	1		x		x		x		x		x		x	1	
	2		x		x		x		x		x		x	2	
	3		x		x		x		x		x		x	3	
	4		x		x		x		x		x		x	4	
	5		x		x		x		x		x		x	5	
	6		x		x		x		x		x		x	6	
	7	x		x		x		x		x		x		x	7
	8	x		x		x		x		x		x		x	8
	9	x		x		x		x		x		x		x	9
	10	x		x		x		x		x		x		x	10
	11	x		x		x		x		x		x		x	11
	12	x		x		x		x		x		x		x	12

		9 PLAYERS				8 PLAYERS				7 PLAYERS (7TH PLAYER PLAYS 4Q)					
QUARTER		1	2	3	4	1	2	3	4	1	2	3	4	QUARTER	
TEAM		B	A	B	A	B	A	B	A	B	A	B	A	TEAM	
PLAYER RANK	1		x		x		x		x		x		x	1	
	2		x		x		x		x		x		x	2	
	3		x		x		x		x	x		x	x	3	
	4		x		x	x		x	x		x		x	4	
	5	x	x	x		x		x	x		x		x	5	
	6	x		x	x	x		x	x		x		x	6	
	7	x		x		x		x	x		x		x	7	
	8	x		x		x		x						8	
	9	x		x		x		x						9	
	10													10	
	11													11	
	12													12	

GAMEDAY RANKINGS

This form is to be filled out prior to game by both teams. Used to determine where players will fall on the A/B Sub Grid. Fill in players by order of RANK on their team. Account for any absences by not adding them to GAMEDAY PLAYER roster and add them to the PLAYERS ABSENT roster instead.

A/B = Player A/B rank for current game

RANK = Overall player rank on team (absent or not)

= Uniform number

GAMEDAY PLAYERS							
YOUR TEAM				OPPONENTS TEAM			
A/B	RANK	#	PLAYER NAME	A/B	RANK	#	PLAYER NAME
1				1			
2				2			
3				3			
4				4			
5				5			
6				6			
7				7			
8				8			
9				9			
10				10			
11				11			
12				12			

PLAYERS ABSENT					
	RANK	PLAYER NAME		RANK	PLAYER NAME
X					
X					
X					
X					
X					
X					

*****EXAMPLE*****

YOUR TEAM				OPPONENTS TEAM			
A/B	RANK	#	PLAYER NAME	A/B	RANK	#	PLAYER NAME
1	1	23	Michael Jordan	1	1	23	Lebron James
2	2	33	Kareem Abdul-Jabbar	2	2	6	Bill Russell
3	3	33	Larry Bird	3	3	32	Magic Johnson
4	5	24	Kobe Bryant	4	4	22	Elgin Baylor
5	7	34	Hakeem Olajuwon	5	5	21	Tim Duncan
6	9	30	Stephen Curry	6	7	1	Oscar Robertson
7	10	6	Julius Erving	7	9	0	Russell Westbrook
8	11	17	John Havlicek	8	11	41	Dirk Nowitzki
9				9			
10				10			
11				11			
12				12			

PLAYERS ABSENT					
	RANK	PLAYER NAME		RANK	PLAYER NAME
X	4	Wilt Chamberlain	X	6	Karl Malone
X	6	Charles Barkley	X	8	Shaquille O'Neal
X	8	Chris Paul	X	10	Kevin Durant
X			X		
X			X		
X			X		

*****EXAMPLE*****

12 PLAYERS

On 12 player teams, substitutions throughout the course of the season are distributed evenly so that players play as close to even minutes as possible in relation to their teammates. Players missing games are not factored. Players that share a quarter will sub at the midpoint of their shared quarter. Cycle thru all three lineup rotations and repeat as the season progresses to help ensure equal playing time. Outside of an injury, **NO MORE THAN ONE (1) PLAYER SUBSTITUTION PER QUARTER.**

12 PLAYERS	FIRST ROTATION		
1ST QUARTER	2ND QUARTER	3RD QUARTER	4TH QUARTER
7	1	7	1
8	2	8	2
9	3	9/10	3/4
10	4		
11/12	5/6	11	5
		12	6

12 PLAYERS	SECOND ROTATION		
1ST QUARTER	2ND QUARTER	3RD QUARTER	4TH QUARTER
7/8	1/2	7	1
		8	2
9	3	9	3
10	4	10	4
11	5	11/12	5/6
12	6		

12 PLAYERS	THIRD ROTATION		
1ST QUARTER	2ND QUARTER	3RD QUARTER	4TH QUARTER
7	1	7/8	1/2
8	2		
9/10	3/4	9	3
		10	4
11	5	11	5
12	6	12	6

11 PLAYERS

On 11 player teams, **SUBSTITUTIONS ARE ONLY MADE FOR PLAYERS RANKED 6 THRU 11**. Throughout the course of the season subbing for these players is distributed evenly so that players play as close to even minutes as possible in relation to their ranked 6 thru 11 teammates. Players missing games are not factored. Players that share a quarter will sub at the midpoint of their shared quarter. Cycle thru all three lineup rotations and repeat as the season progresses to help ensure equal playing time. Outside of an injury, **NO MORE THAN ONE (1) PLAYER SUBSTITUTION PER QUARTER**.

If other team has 12 players or more, then see 6A/5B grid.

11 PLAYERS	FIRST ROTATION		
1ST QUARTER	2ND QUARTER	3RD QUARTER	4TH QUARTER
6	1	6	1
7	2	7	2
8	3	8/9	3
9	4		4
10/11	5	10	5
		11	

11 PLAYERS	SECOND ROTATION		
1ST QUARTER	2ND QUARTER	3RD QUARTER	4TH QUARTER
6/7	1	6	1
	2	7	2
8	3	8	3
9	4	9	4
10	5	10/11	5
11			

11 PLAYERS	THIRD ROTATION		
1ST QUARTER	2ND QUARTER	3RD QUARTER	4TH QUARTER
6	1	6/7	1
7	2		2
8/9	3	8	3
	4	9	4
10	5	10	5
11		11	

11 PLAYERS vs. 12+

On 11 player teams playing a team of 12 or more, **SUBSTITUTIONS ARE ONLY MADE FOR PLAYERS RANKED 1 THRU 6.** Throughout the course of the season subbing for these players is distributed evenly so that players play as close to even minutes as possible in relation to their ranked 6 thru 11 teammates. Players missing games are not factored. Players that share a quarter will sub at the midpoint of their shared quarter. Cycle thru all three lineup rotations and repeat as the season progresses to help ensure equal playing time. Outside of an injury, **NO MORE THAN ONE (1) PLAYER SUBSTITUTION PER QUARTER.**

If other team has 11 players or less, then see 5A/6B grid.

11 PLAYERS vs. 12+	FIRST ROTATION		
	1ST QUARTER	2ND QUARTER	3RD QUARTER
7	1	7	1
8	2	8	2
9	3	9	3/4
10	4	10	
11	5/6	11	5
			6

11 PLAYERS vs. 12+	SECOND ROTATION		
	1ST QUARTER	2ND QUARTER	3RD QUARTER
7	1/2	7	1
8		8	2
9	3	9	3
10	4	10	4
11	5	11	5/6
	6		

11 PLAYERS vs. 12+	THIRD ROTATION		
1ST QUARTER	2ND QUARTER	3RD QUARTER	4TH QUARTER
7	1	7	1/2
8	2	8	
9	3/4	9	3
10		10	4
11	5	11	5
	6		6

10 PLAYERS

On 10 player teams, no real special course of action need be taken. Properly rank your team in order and play 6-10 in the 1st and 3rd quarters. Players 1-5 in the 2nd and 4th quarters. All players playing 2 quarters. No more.

If anyone fouls out from B team, **opposing coach** can choose to leave B player in or substitute lowest A player.

10 PLAYERS			
1ST QUARTER	2ND QUARTER	3RD QUARTER	4TH QUARTER
6	1	6	1
7	2	7	2
8	3	8	3
9	4	9	4
10	5	10	5

9 PLAYERS

On 9 player teams, only players ranked 5 & 6 will play 3 quarters. Player 6 will substitute for player 5 in the 4th quarter. No other players will play 3 quarters. No players will play 4 quarters.

9 PLAYERS			
1ST QUARTER	2ND QUARTER	3RD QUARTER	4TH QUARTER
5	1	5	1
6	2	6	2
7	3	7	3
8	4	8	4
9	5	9	6

8 PLAYERS

On 8 player teams, players ranked 1, 2, 3 & 8 will play 2 quarters. Players ranked 4, 5, 6 & 7 will play 3 quarters. No player will play 4 quarters.

8 PLAYERS			
1ST QUARTER	2ND QUARTER	3RD QUARTER	4TH QUARTER
4	1	4	1
5	2	5	2
6	3	6	3
7	5	7	4
8	7	8	6

7 PLAYERS

On 7 player teams, only the 7th ranked player will play all 4 quarters. Players ranked 3, 4, 5 & 6 will play 3 quarters. Players ranked 1 & 2 will play 2 quarters.

7 PLAYERS			
1ST QUARTER	2ND QUARTER	3RD QUARTER	4TH QUARTER
3	1	3	1
4	2	4	2
5	4	5	3
6	6	6	5
7	7	7	7

6 PLAYERS

On 6 player teams, players ranked 1, 2, 3 & 4 will play 3 quarters. Players ranked 5 & 6 will play all 4 quarters.

6 PLAYERS			
1ST QUARTER	2ND QUARTER	3RD QUARTER	4TH QUARTER
2	1	1	1
3	2	3	2
4	4	4	3
5	5	5	5
6	6	6	6

5 PLAYERS

Pretty straight forward.

5 PLAYERS				
1ST QUARTER	2ND QUARTER	3RD QUARTER	4TH QUARTER	
1	1	1	1	
2	2	2	2	
3	3	3	3	
4	4	4	4	
5	5	5	5	

BLANK GRID

Use this grid in the event of 13 or more players on a team. Or for some unforeseen circumstance that may arise.

1ST QUARTER	2ND QUARTER	3RD QUARTER	4TH QUARTER