

FALL MEETING NOTES

OCTOBER 14, 2017

MORA NORDIC CENTER

The Meeting was called to order by President Doug Boonstra at 9:40.

Doug stated that Treasurer Rich Heilman reports a balance of \$5840.00 to date.

Association Awards: COY, Brad Moening, Highland Park; Assistant COY, Clint Baker, Brainerd; Volunteer of the Year, Gunnar Kleinschmidt, Little Falls. As none of these recipients were present, their plaques will be mailed to them.

Doug has communicated to our area ski clubs regarding JNQ races, recommending that three, rather than six, qualifying races be held. Our waxing guidelines have been sent, along with a recommendation that Club practices not be held during high school practice times.

Waxing Guidelines: Doug has talked with Rich Matter about our recommendation to totally eliminate the use of pure fluoro powders, but not liquids or blocks. There is a League committee that probably will be recommending banning 100% fluoros due to health and environmental concerns. Doug stated that we need to compile science-based information on HF, MF and LF waxes for the League before it drafts its position paper at the end of November.

Doug believes that powders and blocks will be banned by the League and he recommends that we use liquids instead. Finally, Doug feels that we should hold off on our wax purchases.

Pole Length Implementation: This applies to classic poles, with no pole over 83% of a skier's height to be used. Our recommendation for checking on this is to ask head coaches, "Coach, are your skiers properly equipped?"

Adaptive Nordic: Beth Ann Chamberlain, of the US Challenged Nordic Ski Team, outlined the various divisions within that program and stated that they are currently looking for athletes, "ski-ready" or not. She also has some equipment ready for eligible skiers to try out.

Association Officer Election: Section 3 is up in the rotation to provide the names of interested coaches for the Association's offices.

High School Specific Rules Book: Chris Johnson of Minneapolis Southwest and some other coaches worked on this over the summer. Their goal is to get revamped/condensed/simplified rules on one sheet of paper. These rules will be adapted from FIS and NCAA rules. Discussion of the "Yellow Card" provision ensued.

State Venue Options: Doug stated that two years are left on the Ridge's contract. Wirth Park in Minneapolis and Spirit Mountain in Duluth, under the direction of Grand Avenue Nordic, are under serious consideration for new venues and could perhaps alternate years in hosting the State Meet. These two sites may make a presentation to the League as a pair. Proposals from sites are due on January 1, 2019.

State Meet Banquet: No Banquet will be held this year.

CXC Presentation: Joe Haggemiller presented their programming. JNQ and JOQ. These names have been changed to "CXC Cup" events.

Dave Johnson of SCSU Nordic states that that women's ski team is still going. They are looking for athletes, and not necessarily just "top" level skiers but just young women who want to keep skiing. HS coaches are encouraged to let their athletes know that this program is still going at SCSU.

State Meet Proposal: The Proposal will be presented to the League in the spring of 2019. This will include the sprint relay proposal passed by the Association last year.

Meeting Adjourned at 12:00.

Respectfully submitted,

Denny Nelson, Secretary