

Farmington High School Hockey Player

Code of Expectations

Conduct

A hockey player will abide by or follow the rules, regulations, expectations, guidelines, laws, and instructions of the coaches, as well as the spirit of this policy, established by the Farmington coaching staff, our school district and the Minnesota State High School League.

It is important that a hockey player represents our team, school, teammates, coaches, parents and himself in a positive manner. This means that his actions are mature, appropriate, responsible, and positive on and off the ice. Our hockey players should be positive role models for our younger players and entire student body.

Each player must respect the rights and beliefs of others. He must treat others with respect, courtesy and consideration. He will demonstrate good citizenship, sportsmanship and appropriate behavior. A player is required to accept responsibility for his actions and the consequences of his actions.

It is essential that each hockey player respect the property of others. The player will be disciplined for stealing, damaging, or defacing in any way, any property, including property of teammates, coaches, hotels, vehicles or ice rinks. Additionally, the player and his parents/guardians will be responsible for paying the full cost of any damages, including the cost of travel for his return trip if we are visiting a city.

A hockey player may be suspended from practices and/or games or dismissed from the team depending on the severity of the offense and the number of offenses he has incurred.

Safety

Hockey is a dangerous sport and a player may be injured as a consequence of participating in the sport of ice hockey. It is each player's responsibility to take care of his body. A hockey player needs to keep himself in good physical and mental condition. He should report all injuries to the coaches and trainer. Staying disciplined throughout the season and off season in being an athlete always works best.

It is essential that all players participate safely, remain alert and focused during practices and games. A player needs to properly wear all required gear.

Fun is a necessity when it comes to hockey and life! But definitely not at someone else's expense. When on the ice what may seem like a joke could end up causing serious injury to a player or coach. Be aware of your surroundings at all times.

Mood Altering Chemicals

During the calendar year, regardless of quantity, a hockey player shall not: (1) use or possess a beverage containing alcohol; (2) use or possess tobacco; or (3) use or consume, have in possession, buy, sell, or giveaway any other controlled substance including vapes or nicotine. We will follow the FHS and MSHSL guidelines. This may include guilt by association AND as a member of the FHS team players are aware that Coach Sabetti expects behavior and attitude to be way above teetering the line of MSHSL rules and you may be asked to perform citizenship duties if your behavior is not in accordance with those team purposes and philosophies.

Lettering Policy

This is set to the coaching staff's discretion. More often than not it requires at minimum to be on the playoff roster come the end of the year. There are other situations where a player may earn a varsity letter on a case by case basis.

Transportation

It is important that all hockey players ride the bus to all away games, away scrimmages and other team functions as directed by the coaches. We strongly encourage all players to ride the bus home after team functions. Players may ride home only with their parents, who must notify the coaches in person or in writing. If a player misses a bus they will need to get a ride from their own parent to the event and will be subject to loss of playing time.

Practice

A player must turn in all fees and forms (including this expectation document signed by the player and his parent) required by the school and coaches before being allowed to practice.

Practice is mandatory. Each player will receive a practice schedule at the beginning of the season. The coaches will undoubtedly adjust the schedule. The coaches will try to give as much notice when changes occur, however, it may be twenty four hours or less because of injuries, sickness, weather, ice availability etc. In general practices last from the time the students are done with school for about 3-4 hours.

A player must be on time and in attendance for all practices. Tardiness will not be tolerated. Loss of playing time or other team consequence may be enforced.

Each player must follow the dress code established by the coaches. He is required to be dressed in the appropriate clothes and equipment for each practice/training session. Appropriate is as defined by the coaches and FHS.

For the first violation a player may be suspended from practice or a period of a game. For further violations a player may be suspended from a game or games depending upon the severity of the offense.

Games

A player may play varsity, JV or some periods of both, upon the coaches' discretion.

For all home games, varsity players must be at the arena to support the JV team or at a specific time as determined by the coaches.

For all games, a player must be on the bus by the departure time printed on the game schedule, or shared by the coaches unless told differently by the coaches and arrive at the rink for home games when designated by the coaches.

Tardiness will not be tolerated.

If a hockey player receives a retaliatory penalty or too many penalties (as deemed by the coaches) in a game/season he may lose playing time. A player receiving more than one ten minute misconduct or game misconduct may be subjected to additional disciplinary action.

Uniforms and Equipment

Each player is responsible for the procurement, care, and possession of all the required protective equipment necessary for participating. A player is required to surrender the equipment issued by the coaches upon demand. He and/or his parents/guardian are required to pay for the replacement of any missing equipment or damaged beyond reasonable wear and tear.

Uniforms must be washed by the player. If there is any damage outside regular play to the uniform it must be properly repaired before handing in at the end of each season.

Hockey players are required to wear their uniforms in the appropriate manner as explained by the coaches. Do not lend your jersey to any non player friends.

Game and practice jerseys are to be worn by Farmington High School hockey players only.

Attendance

Attendance is mandatory at all team functions that include but are not limited to classes, practice, games, team meetings, strength training and other associated activities. In the event, a player cannot attend a scheduled team function notification ahead of time is required to excuse the absence. A note, email or phone call from YOU...the player, or a note from a doctor is required for illness. Unless a coach is contacted in advance, all other excuses for missing team functions will be considered unexcused. When a team event is missed all absences are case by case and not treated with a blanket policy. Know that missing an event may lead to missing playing time depending on the communication and the reason for the absence.

If a player has excessive excused absences from team functions or school the coaches may call a meeting to determine an action plan. Please do not have your parents excuse you from school for reasons that may jeopardize your playing status.

When a player receives one unexcused absence from a team function he may be suspended for the following game. If a player receives two unexcused absences from team functions he may be suspended for an extended period of time or dismissed from the team.

All academic duties should be scheduled at times to avoid missing practices or games if possible. In the event a player must miss part of a team function due to academic duties, he is required to contact the coach in advance.

A hockey player must be in school in accordance with FHS school attendance policy in order to participate in practice or the game on that day.

Unexcused absences can be but are not limited to:

- missing team functions without calling or informing one of the coaches
- work
- college visits unless pre approved (try to make them in the off season)
- dental appointments
- chiropractor or doctor appointments (unless excused by the coaches in advance)
- other school athletic or activities (unless excused by the coaches in advance)
- driver's education and driver's test (unless excused by the coaches in advance)
- illness when present in school (must be approved by the coaches before practice)
- homework, school clubs, concerts (unless approved by the coaches in advance)
- failure to ride the team bus to away team functions (unless approved by the coaches in advance)

Excused absences

- illness
- academic duties
- family emergencies
- issues that have been discussed with coaches

Academic Eligibility

A hockey player must comply with the Farmington High School and the Minnesota State High School League standards for academic eligibility. However, we would like to be the State Academic Champions and will hold ourselves to a higher standard than simply toeing the line when possible.

Parents Code of Conduct for Tiger Hockey

The intention of this is to promote respect for all participants and make our hockey season an enjoyable and memorable one for our players, coaches, parents and fans. It is expected that all parents of our Farmington High School hockey players read and understand the Parent's Code of Conduct and continue to observe and follow all the principles contained within this Code throughout the year.

I will encourage good sportsmanship at all times by setting a positive example for my son. I pledge to support all participants, including teammates, coaches, opponents, referees and spectators. I will encourage my son to play by the rules and to resolve conflicts without resorting to hostility or violence.

I will demonstrate a positive attitude towards our sport, not embarrassing myself, my son or any other participants by yelling, taunting, threatening, or inflicting physical violence upon any player, coach, official or spectator or creating a scene. I will support all efforts to remove verbal and physical abuse from our hockey games, practices and activities.

I will applaud good effort in victory and defeat.

I will make sure my son is participating voluntarily in hockey and not forced to because of my wishes.

I will strive to learn the rules of the sport and support the officials in their enforcement of these rules.

I will support the goals, philosophies and purpose of our team.

I will leave the coaching to the coaching staff. I will encourage my son to play in a manner consistent with the team's strategy or plans.

I will support and communicate with the coaches calmly. If I have a concern, I will seek solutions at a proper time and location, refraining from confrontations especially in front of others. Playing time is a coaching decision and will not be considered a concern. I will wait 24 hours before contacting the coaches regarding an issue.

I understand the benefits from participating in a team sport, the commitment, the discipline and the social skills learned and acquired.

I will teach my son to respect other players, coaches, referees and spectators, regardless of their race, creed, gender or ability.

I will remember that my son plays hockey for his enjoyment and not mine. I will strive to make hockey fun. After all, that is why my son signed up in the first place and why this team exists.

I will encourage my son to self advocate and I understand that if I contact the coaches my son will be informed of the communication.

I recognize that any piece of information shared or communicated with any of the coaches will be disseminated amongst the entire coaching staff and we will discuss decisions as a group.

Sign below and return a copy to Coach Sabetti.

We, the player and parent/guardian, whose names appear at the end of this document, agree to abide by all rules, regulations and the consequences listed in the document as a condition of my voluntary participation on the Farmington High School Boys' Hockey Team.

We understand these rules and expectations do not cover every detail but they are comprehensive enough to set guidelines. If something occurs that is not covered, the coaching staff will hold final discretion.

In addition, as the parent/guardian, I have read and understand the expectations of the Parent Codes of Conduct, and agree to abide by its guidelines at all team activities. I understand that if I do not follow this Code of Conduct, I may be asked to leave the game, practice or activity or your son may be suspended for a period, game or an extended period of time depending upon the severity of the violation as determined by the coaches.

_____	_____	_____
Participant's name (please print)	Participant's signature	Date

_____	_____	_____
Parent's/Guardian's name printed	Parent's/Guardian's signature	Date

_____	_____	_____
Parent's/Guardian's name printed	Parent's/Guardian's signature	Date

_____	_____	_____
Parent's/Guardian's name printed	Parent's/Guardian's signature	Date

_____	_____	_____
Parent's/Guardian's name printed	Parent's/Guardian's signature	Date

_____	_____
Coach's signature	Date

_____	_____
Activities Director's signature	Date