

# 9th Annual Ice Sculptures Invitational



**March 21<sup>st</sup>, 2021**  
**Waupun Community Center**  
**510 E Spring St**  
**Waupun, WI 53963**  
**9:00 AM**

The 9th Annual Ice Sculptures Compete USA Competition sponsored by the Waupun Figure Skating Club 510 E Spring St. Waupun, WI 53963 will be held at the Waupun Community Center on March 21<sup>st</sup>, 2021.

# 2021 ICE SCULPTURES INVITATIONAL

## ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn to Skate USA program or any other registered Learn to Skate USA program.

**Eligibility** will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 6 must skate at highest level passed or one higher and NO official U.S. Figure Skating tests may have been passed including MIF or Individual Dances. Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

**ENTRIES AND FEES** -All entries must be postmarked no later than March 1<sup>st</sup>, 2021 and are limited to the first 150 applications received. Late entries will be accepted only if the limit has not been reached, at the discretion of the organizers and will be assessed a \$25 late fee. Entry fees are per person, U.S. dollars. The first event is \$50 and each additional event is \$15. NO refunds after closing date unless event is canceled by the Waupun Figure Skating Club. ENTRY FORMS MUST BE FILLED OUT COMPLETELY and returned with fee check made payable to WFSC. There will be a \$35 fee for returned checks. Online registration at [www.sk8stuff.com](http://www.sk8stuff.com) is also available. If you choose to register online you will only need to print out your registration coupon and send check payment.

**AWARDS** – Everyone will receive an award. All events will be final rounds. ALL awards will be given at appropriate times throughout the competition.

**SCHEDULE OF EVENTS** - Will be posted on the Waupun Figure Skating Website ([waupunfigureskating.com](http://waupunfigureskating.com)) no later than March 14th. Information regarding groups and skating times will be emailed out by this date as well. If you would prefer a hard copy mailed to you please include a pre stamped envelope and the address you would like it mailed to.

### **PRACTICE ICE** -

Practice ice will be available the morning of the competition from 7:00am-8:20am. Pre-pay \$8.00 per 20 min. session with registration or sign in and pay \$10.00 per 20 min. session at the door. A maximum of 20 skaters will be allowed on the ice during any one session. You may sign up for NO MORE THAN TWO SESSIONS on a first come first served basis.

**MUSIC** - The music for all free skating programs and showcase must be provided on CD's by the skater. CD's should be clearly marked with the name of the skater, event entered and length of music (not skating time). Competition music is to be turned in at the time of registration. Time duration is always +/- 10 seconds. Skater should keep an extra copy of music rink side with them during competition.

**PHOTOGRAPHS** – We will have an awards podium available that you are welcome to take your own pictures of your skaters when medals are presented.

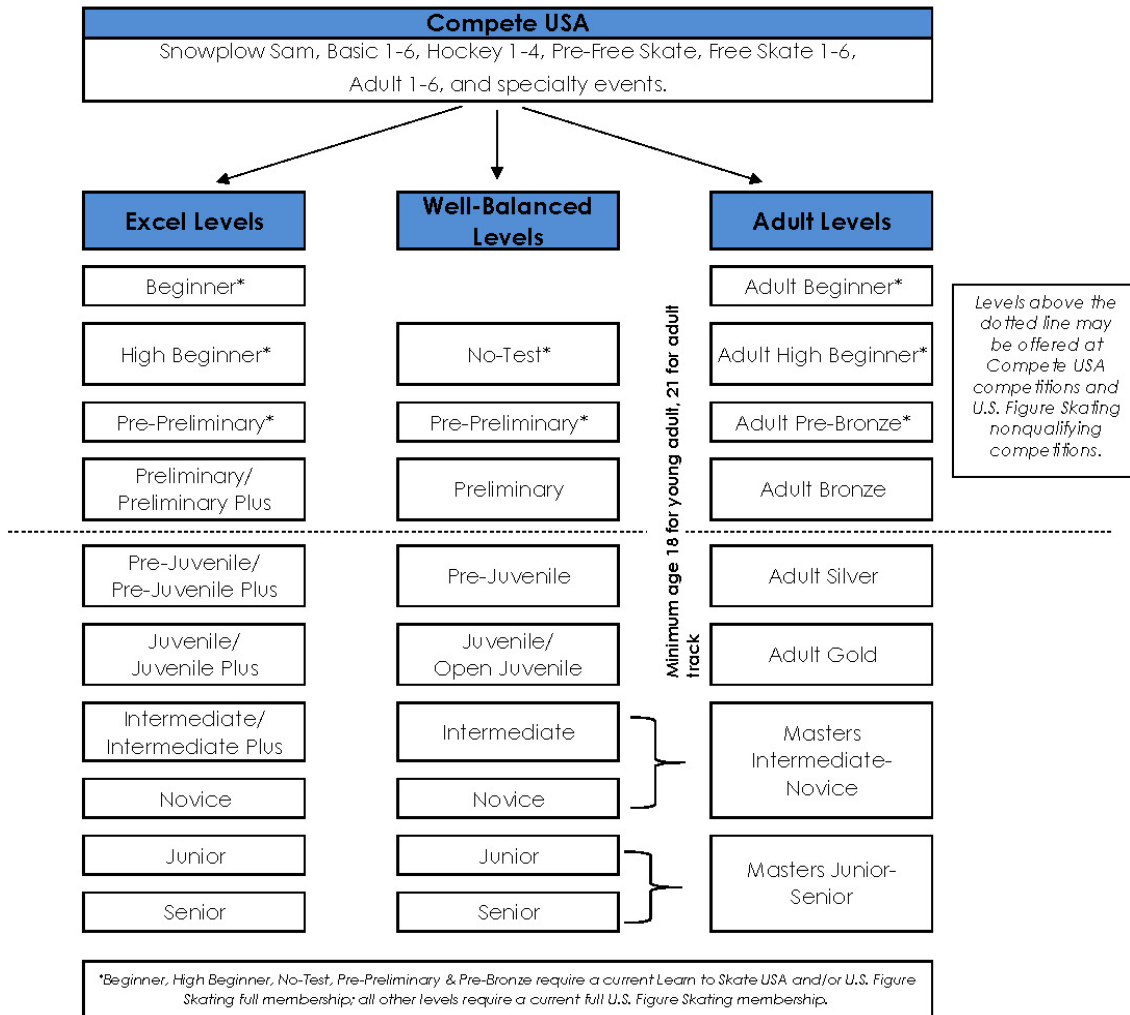
**COACHES** – Coaches are required to check in at the registration table to receive coaches credentials to be rink side with your skaters. You must be registered with USFS coaches complaint list for the 2020-2021 season in order to coach at the competition.

**PRECAUTIONARY MEASURES AND RISK ASSESSMENTS** - With the COVID-19 pandemic, the competition will follow local and state guidelines current at the time of the competition. An informational posting will be at [www.waupunfigureskating.com](http://www.waupunfigureskating.com) at least a week prior to the competition so that you are prepared when coming to the rink.



### COMPETITIVE PROGRESSION THROUGH THE LEVELS OF U.S. FIGURE SKATING

Singles athletes begin with Compete USA competitions. Once athletes begin the official U.S. Figure Skating test structure, they can choose to enter the Excel, Well-Balanced or Adult levels as appropriate for their ability, test level, and age. Test requirements are the same for the Excel and Well-Balanced levels. It is completely the choice of the athlete which track to follow; athletes may switch between tracks as best suits their development, but may not enter the same type of event in multiple tracks. Competitive level is determined by highest free skate test passed.





## SNOWPLOW SAM – BASIC 6 ELEMENTS

There are two format options for the elements event:

1. Each skater will perform each element when directed by a judge/referee OR
2. Skater will perform one element at a time in the order listed below (no excessive connecting steps or choreography)  
 Judge/referee directed example: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.
  - To be skated on 1/3 to 1/2 ice (determined by the LOC)
  - No music
  - Divide Snowplow Sam skaters by level (1-4), if registrations warrant
  - **All elements must be skated in the order listed.**

| Level        | Time     | Skating rules/standards  |
|--------------|----------|--|
| Snowplow Sam | 1:00 max | <ul style="list-style-type: none"> <li>• March followed by a two-foot glide and dip</li> <li>• Forward swizzles, 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles, 2-6 in a row</li> </ul>  |
| Basic 1      | 1:00 max | <ul style="list-style-type: none"> <li>• Forward two-foot glide and dip</li> <li>• Forward swizzles, 6-8 in a row</li> <li>• Beginning snowplow stop on one or two feet</li> <li>• Backward wiggles, 6-8 in a row</li> </ul>   |
| Basic 2      | 1:00 max | <ul style="list-style-type: none"> <li>• Forward one-foot glide (no variations), either foot</li> <li>• Scooter pushes, 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two-foot turn in place, forward to backward</li> <li>• Backward swizzles, 6-8 in a row</li> </ul>   |
| Basic 3      | 1:00 max | <ul style="list-style-type: none"> <li>• Beginning forward stroking showing correct use of blade</li> <li>• Forward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Moving forward to backward two-foot turn on a circle</li> <li>• Beginning backward one-foot glide, either foot</li> </ul>   |
| Basic 4      | 1:00 max | <ul style="list-style-type: none"> <li>• Forward outside edge on a circle, clockwise or counterclockwise</li> <li>• Forward crossovers, clockwise and counterclockwise, 4-6 consecutive</li> <li>• Backward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>• Backward one-foot glides (no variations), right and left</li> <li>• Beginning two-foot spin, maximum 4 revolutions</li> </ul> |
| Basic 5      | 1:00 max | <ul style="list-style-type: none"> <li>• Backward outside edge on a circle, clockwise or counterclockwise</li> <li>• Backward crossovers, clockwise and counterclockwise, 4-6 consecutive</li> <li>• Forward outside three-turn, right and left</li> <li>• Advanced two-foot spin, minimum 4 revolutions</li> <li>• Hockey stop</li> </ul>   |
|              |          | <ul style="list-style-type: none"> <li>• Forward inside three-turn, right and left</li> <li>• Mohawk, right to left and left to right</li> <li>• Bunny hop</li> </ul>  |

|         |          |   |
|---------|----------|---|
| Basic 6 | 1:00 max | <ul style="list-style-type: none"> <li>• Basic forward spiral on a straight line (no variations), right or left</li> <li>• Beginning one-foot spin, maximum 3 revolutions, optional free leg and entry position</li> <li>• T-stop, right or left</li> </ul> |
|---------|----------|---|



## SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice with music
- The skater may use elements from a previous level
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

| Level        | Time     | Skating rules/standards  |
|--------------|----------|--|
| Snowplow Sam | 1:10 max | <ul style="list-style-type: none"> <li>• March followed by a two-foot glide and dip</li> <li>• Forward swizzles, 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles, 2-6 in a row</li> </ul>  |
| Basic 1      | 1:10 max | <ul style="list-style-type: none"> <li>• Forward two-foot glide and dip</li> <li>• Forward swizzles, 6-8 in a row</li> <li>• Beginning snowplow stop on one or two feet</li> <li>• Backward wiggles, 6-8 in a row</li> </ul>   |
| Basic 2      | 1:10 max | <ul style="list-style-type: none"> <li>• Forward one-foot glide (no variations), either foot</li> <li>• Scooter pushes, right and left foot, 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two-foot turn in place, forward to backward</li> <li>• Backward swizzles, 6-8 in a row</li> </ul>  |
| Basic 3      | 1:10 max | <ul style="list-style-type: none"> <li>• Beginning forward stroking showing correct use of blade</li> <li>• Forward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Moving forward to backward two-foot turn on a circle</li> <li>• Beginning backward one-foot glide, either foot</li> </ul>   |
| Basic 4      | 1:10 max | <ul style="list-style-type: none"> <li>• Forward outside edge on a circle, clockwise or counterclockwise</li> <li>• Forward crossovers, clockwise and counterclockwise, 4-6 consecutive</li> <li>• Backward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>• Backward one-foot glides (no variations), right and left</li> <li>• Beginning two-foot spin, maximum 4 revolutions</li> </ul> |

|         |          |  |
|---------|----------|--|
| Basic 5 | 1:10 max | <ul style="list-style-type: none"> <li>• Backward outside edge on a circle, clockwise or counterclockwise</li> <li>• Backward crossovers, clockwise and counterclockwise, 4-6 consecutive</li> <li>• Forward outside three-turn, right and left</li> <li>• Advanced two-foot spin, minimum 4 revolutions</li> <li>• Hockey stop</li> </ul>   |
| Basic 6 | 1:10 max | <ul style="list-style-type: none"> <li>• Forward inside three-turn, right and left</li> <li>• Mohawk, right to left and left to right</li> <li>• Bunny hop</li> <li>• Basic forward spiral on a straight line (no variations), right or left</li> <li>• Beginning one-foot spin, maximum 3 revolutions, optional free leg and entry position</li> <li>• T-stop, right or left</li> </ul> |



## PRE-FREE SKATE – FREE SKATE 1-6 COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on half-ice
- No music
- The skater must demonstrate the required elements listed
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- A 0.2 deduction will be taken for each element performed from a higher level.

| Level          | Time     | Skating rules/standards  |
|----------------|----------|--|
| Pre-Free Skate | 1:15 max | <ul style="list-style-type: none"> <li>• Two forward crossovers into a forward inside mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, one set each direction clockwise and counterclockwise</li> <li>• One-foot upright spin, optional entry and free foot position, minimum 3 revolutions</li> <li>• Mazurka – right or left</li> <li>• Waltz jump</li> </ul> |
| Free Skate 1   | 1:15 max | <ul style="list-style-type: none"> <li>• Forward stroking, 4-6 consecutive powerful strokes</li> <li>• Backward outside three-turn, right and left</li> <li>• One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin), minimum 4 revolutions</li> <li>• Toe loop</li> <li>• Half flip jump</li> </ul>   |
| Free Skate 2   | 1:15 max | <ul style="list-style-type: none"> <li>• Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis</li> <li>• Backward inside three-turn, right and left</li> <li>• Beginning back spin, optional entry and free-foot position, maximum 3 revolutions</li> <li>• Half Lutz</li> <li>• Salchow jump</li> </ul>  |

|              |          |  |
|--------------|----------|--|
| Free Skate 3 | 1:15 max | <ul style="list-style-type: none"> <li>• Alternating mohawk/crossover sequence, right to left and left to right</li> <li>• Waltz three-turns, 2 sets clockwise and 2 sets counterclockwise</li> <li>• Advanced back spin with free foot in crossed leg position, minimum 3 revolutions</li> <li>• Loop jump</li> <li>• Waltz jump-toe loop or Salchow-toe loop jump combination</li> </ul> |
| Free Skate 4 | 1:15 max | <ul style="list-style-type: none"> <li>• Forward power 3s, 2-3 consecutive sets, right or left</li> <li>• Sit spin, minimum 3 revolutions</li> <li>• Half loop jump</li> <li>• Flip jump</li> </ul>  |
| Free Skate 5 | 1:15 max | <ul style="list-style-type: none"> <li>• Backward outside three-turn, mohawk (backward power three-turn), 2-3 sets both directions</li> <li>• Camel spin, minimum 3 revolutions</li> <li>• Waltz jump-loop jump combination</li> <li>• Lutz jump</li> </ul>  |
| Free Skate 6 | 1:15 max | <ul style="list-style-type: none"> <li>• Forward power pulls, minimum 3 on each foot</li> <li>• Camel, sit spin combination, minimum of 4 revolutions total</li> <li>• Waltz jump-Euler (half loop)-Salchow jump combination</li> <li>• Axel jump; minimum requirement is a clear attempt either stationary or moving</li> </ul>   |



## PRE-FREE SKATE – FREE SKATE 1-6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- A 0.2 deduction will be taken for each element performed from a higher level

| Level          | Time     | Skating rules/standards   |
|----------------|----------|---|
| Pre-Free Skate | 1:40 max | <ul style="list-style-type: none"> <li>• Two forward crossovers into a forward inside mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, one set each direction clockwise and counterclockwise</li> <li>• One-foot upright spin, optional entry and free, foot position, minimum 3 revolutions</li> <li>• Mazurka, right or left</li> <li>• Waltz jump</li> <li>• <i>NOT ALLOWED – Waltz jump-side toe hop-waltz jump</i></li> </ul> |
| Free Skate 1   | 1:40 max | <ul style="list-style-type: none"> <li>• Forward stroking, 4-6 consecutive powerful strokes</li> <li>• One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin), minimum 4 revolutions</li> <li>• Toe loop jump</li> <li>• Half flip jump</li> </ul>  |



|              |          |  |
|--------------|----------|--|
|              |          | <ul style="list-style-type: none"> <li>• <i>NOT ALLOWED – Waltz jump-toe loop jump combination</i></li> </ul>  |
| Free Skate 2 | 1:40 max | <ul style="list-style-type: none"> <li>• Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis</li> <li>• Beginning back spin, optional entry and free foot position, maximum 2 revolutions</li> <li>• Half Lutz</li> <li>• Salchow jump</li> <li>• <i>NOT ALLOWED – Waltz jump-toe loop or Salchow-toe loop jump combination</i></li> </ul> |
| Free Skate 3 | 1:40 max | <ul style="list-style-type: none"> <li>• Alternating mohawk/crossover sequence, right to left and left to right</li> <li>• Advanced back spin with free foot in crossed leg position, minimum 3 revolutions</li> <li>• Loop jump</li> <li>• Waltz jump-toe loop or Salchow-toe loop jump combination</li> <li>• <i>NOT ALLOWED – Waltz-loop jump combination</i></li> </ul>                                |
| Free Skate 4 | 1:40 max | <ul style="list-style-type: none"> <li>• Forward power 3s, 2-3 consecutive sets, right or left</li> <li>• Sit spin, minimum 3 revolutions</li> <li>• Half loop jump</li> <li>• Flip jump</li> <li>• <i>NOT ALLOWED – Waltz-loop or Waltz-Euler-Salchow jump combination</i></li> </ul>   |
| Free Skate 5 | 1:40 max | <ul style="list-style-type: none"> <li>• Backward outside three-turn, mohawk (backward power three-turn), 2-3 sets both directions</li> <li>• Camel spin, minimum 3 revolutions</li> <li>• Waltz-loop jump combination</li> <li>• Lutz jump</li> </ul>   |
| Free Skate 6 | 1:40 max | <ul style="list-style-type: none"> <li>• Creative step sequence using a variety of three turns, mohawks and toe steps, half-ice</li> <li>• Camel-sit spin combination spin, minimum of 4 revolutions total</li> <li>• Waltz jump-Euler (half loop)-Salchow jump combination</li> <li>• Axel jump; minimum requirement is a clear attempt either stationary or moving</li> </ul>                            |



## EXCEL COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on half-ice
- No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than free skate program*

| Level          | Time     | Skating rules/standards  |
|----------------|----------|--|
| Excel Beginner | 1:15 max | <ul style="list-style-type: none"> <li>• Toe loop jump</li> <li>• Salchow jump</li> <li>• One-foot upright spin, minimum 3 revolutions</li> <li>• Choreographic step sequence</li> </ul> |
|                |          | <ul style="list-style-type: none"> <li>• Loop jump</li> <li>• Salchow-toe loop jump combination</li> </ul>   |

|                       |          |  |
|-----------------------|----------|--|
| Excel High Beginner   | 1:15 max | <ul style="list-style-type: none"> <li>• Sit spin, minimum 3 revolutions</li> <li>• Choreographic step sequence</li> </ul>   |
| Excel Pre-Preliminary | 1:15 max | <ul style="list-style-type: none"> <li>• Flip jump</li> <li>• Loop-loop jump combination</li> <li>• Upright spin with change of foot, minimum 3 revolutions on each foot</li> <li>• Choreographic step sequence</li> </ul> |
| Excel Preliminary     | 1:15 max | <ul style="list-style-type: none"> <li>• Lutz jump</li> <li>• Flip-loop jump combination</li> <li>• Camel-sit combination spin, minimum 6 revolutions total</li> <li>• Choreographic step sequence</li> </ul>              |

## WELL-BALANCED LEVELS COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on half-ice
- No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than free skate program*

| Level           | Time     | Skating rules/standards   |
|-----------------|----------|---|
| No Test         | 1:15 max | <ul style="list-style-type: none"> <li>• Loop jump</li> <li>• Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>• Upright spin with change of foot, minimum 3 revolutions on each foot</li> <li>• Choreographic step sequence</li> </ul>           |
| Pre-Preliminary | 1:15 max | <ul style="list-style-type: none"> <li>• Lutz jump</li> <li>• Single jump-single jump (no Axel) combination</li> <li>• Spin with one change of position and no change of foot, minimum 6 revolutions total</li> <li>• Choreographic step sequence</li> </ul>                  |
| Preliminary     | 1:15 max | <ul style="list-style-type: none"> <li>• Axel jump</li> <li>• Single jump-single jump (may include Axel) combination</li> <li>• Spin with one change of foot and one change of position, minimum 3 revolutions on each foot</li> <li>• Choreographic step sequence</li> </ul> |



## EXCEL FREE SKATE

General event parameters:

- Skaters may not enter both a well-balanced free skate event and an excel free skate event at the same competition
- Skaters will skate to the music of their choice
- Level will be determined by the highest free skate test passed; skaters may compete at the highest level they have passed or skate up to one level higher

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|---|--|---|---|
| <p><b>Excel Beginner</b></p> <p>1:40 Max</p> <p>Learn to Skate USA membership OR full U.S. Figure Skating membership required</p>   | <p><b>Maximum 4 jump elements:</b></p> <p>Jumps with no more than one-half rotation (front to back or back to front)</p> <p>Single rotation jumps: Salchow, toe loop only</p> <p>Eulers (half loops) are not allowed</p> <p>Maximum 2 jump combinations or sequences<br/>One 3-jump combination is allowed</p> <ul style="list-style-type: none"> <li>• Jump sequence is any listed jump immediately followed by a waltz jump</li> </ul> <p>Maximum 2 of any same jump</p>                     | <p><b>Maximum 2 spins:</b></p> <p>Two upright spins</p> <p>No change of foot</p> <p>No flying entry</p> <p>Minimum 3 revolutions</p> <p>Max Level: Base</p>   | <p><b>Maximum 1 Sequence:</b></p> <p>Choreographic step sequence* (ChSt)</p> <p>Must use one-half of the ice surface</p> <p>Moves in the field and spiral sequences are allowed but will not be counted as elements</p> <p>Jumps may be included in the step sequence</p> |
| <p><b>Excel High Beginner</b></p> <p>1:40 Max</p> <p>Learn to Skate USA membership OR full U.S. Figure Skating membership required</p>  | <p><b>Maximum 5 jump elements:</b></p> <p>Jumps with no more than one-half rotation (front to back or back to front)</p> <p>Single rotation jumps: toe loop, Salchow, Euler (half loop), loop</p> <p>Flip, Lutz, and Axel NOT permitted</p> <p>Maximum 2 jump combinations or sequences.<br/>One 3-jump combination is allowed</p> <ul style="list-style-type: none"> <li>• Jump sequence is any listed jump immediately followed by a waltz jump</li> </ul> <p>Maximum 2 of any same jump</p> | <p><b>Maximum 2 spins:</b></p> <p>Both spins must be in a single position</p> <p>No change of foot</p> <p>No flying entry</p> <p>Permitted forward spins: upright, sit, camel</p> <p>Permitted back spins: upright</p> <p>Minimum 3 revolutions</p> <p>Max Level: Base</p> <p>Both spins may be of the same character</p> | <p><b>Maximum 1 Sequence:</b></p> <p>Choreographic step sequence* (ChSt)</p> <p>Must use one-half of the ice surface</p> <p>Moves in the field and spiral sequences are allowed but will not be counted as elements</p> <p>Jumps may be included in the step sequence</p> |
| <p><b>Excel Pre-Preliminary</b></p> <p>1:40 Max</p> <p><u>Must not</u> have passed higher than U.S. Figure Skating pre-preliminary free skate test</p> <p>*means required element</p> | <p><b>Maximum 5 jump elements:</b></p> <p>All single jumps allowed, except for the Axel</p> <p>No single Axels, double or higher jumps allowed</p> <p>Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded</p> <p>Maximum 2 jump combinations or jump sequences</p> <p>Jump combinations limited to 2 jumps. One 3-jump combination is allowed</p>  | <p><b>Maximum 2 spins:</b></p> <p>One spin must be in a single position with no change of foot*</p> <p>One spin may change feet or position, but not both</p> <p>No flying entry</p> <p>Minimum 3 revolutions</p> <p>Spins must be of a different character</p>   | <p><b>Maximum 1 Sequence:</b></p> <p>Choreographic step sequence* (ChSt)</p> <p>Must use one-half of the ice surface</p> <p>Moves in the field and spiral sequences are allowed but will not be counted as elements</p> <p>Jumps may be included in the step sequence</p> |

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|--|--|--|---|
| <p>Learn to Skate USA membership <u>OR</u> full U.S. Figure Skating membership required</p>  | <ul style="list-style-type: none"> <li>Jump sequence is any listed jump immediately followed by a waltz jump</li> </ul>  | <p>Max Level: 1</p>  |   |
| <p><b>Excel Preliminary</b></p> <p>1:30 +/- 10 sec.</p> <p><u>Must not</u> have passed higher than U.S. Figure Skating preliminary free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>      | <p><b>Maximum 5 jump elements:</b></p> <p>All single jumps allowed, except for the Axel</p> <p>No single Axels, double or higher jumps allowed</p> <p>Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded</p> <p>Maximum 2 jump combinations or jump sequences</p> <p>Jump combinations limited to 2 jumps. One 3-jump combination is allowed</p> <ul style="list-style-type: none"> <li>Jump sequence is any listed jump immediately followed by a waltz jump</li> </ul>  | <p><b>Maximum 2 spins:</b></p> <p>One spin must be a camel or layback spin with no change of foot and no change of position*</p> <p>One spin may change feet and/or position</p> <p>No flying entry</p> <p>Minimum 3 revolutions</p> <p>Spins must be of a different character</p> <p>Max Level: 1</p> | <p><b>Maximum 1 Sequence:</b></p> <p>Choreographic step sequence* (ChSt)</p> <p>Must use one-half of the ice surface</p> <p>Moves in the field and spiral sequences are allowed but will not be counted as elements</p> <p>Jumps may be included in the step sequence</p> |
| <p><b>Excel Preliminary Plus</b></p> <p>1:30 +/- 10 sec.</p> <p><u>Must not</u> have passed higher than U.S. Figure Skating preliminary free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p> | <p><b>Maximum 5 jump elements:</b></p> <p>All single jumps allowed, including single Axel</p> <p>No double or higher jumps allowed</p> <p>Single Axel may be repeated once (but not more) as a solo jump or part of a jump sequence or jump combination (maximum 2 single Axels)</p> <p>Number of remaining single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</p> <p>Maximum 2 jump combinations or jump sequences</p> <p>All single jumps, including the single Axel, are allowed as part of a jump combination or sequence (no double jumps)</p> <p>Jump combinations limited to 2 jumps. One 3-jump combination is allowed</p> <ul style="list-style-type: none"> <li>Jump sequence is any listed jump immediately followed by an Axel-type jump.</li> </ul> | <p><b>Maximum 2 spins:</b></p> <p>One spin must be in a single position*</p> <p>No change of foot</p> <p>No flying entry</p> <p>One spin may change feet and/or position</p> <p>No flying entry</p> <p>Minimum 3 revolutions</p> <p>Spins must be of a different character</p> <p>Max Level: 1</p>     | <p><b>Maximum 1 Sequence:</b></p> <p>Choreographic step sequence* (ChSt)</p> <p>Must use one-half of the ice surface</p> <p>Moves in the field and spiral sequences are allowed but will not be counted as elements</p> <p>Jumps may be included in the step sequence</p> |



## WELL-BALANCED FREE SKATE PROGRAM

General event parameters:

- Skaters may not enter both a well-balanced free skate event and an excel free skate event at the same competition
- Skaters will skate to the music of their choice
- Level will be determined by the highest free skate test passed; skaters may compete at the highest level they have passed or skate up one level higher.

| Level/Time                      | Jumps  | Spins  | Step Sequences   |
|---------------------------------|--|--|--|
| No Test<br><br>1:40 Max         | <p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• All single jumps allowed except single Axel               <ul style="list-style-type: none"> <li>○ No single Axels, double, triple or quadruple jumps allowed</li> <li>○ Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>• Max 2 jump combinations or jump sequences               <ul style="list-style-type: none"> <li>○ Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed</li> <li>○ Jump sequence is any listed jump immediately followed by an Axel-type jump (waltz jump)</li> </ul> </li> </ul>   | <p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>• Spins may change feet and/or position</li> <li>• Spins may start with a flying entry</li> <li>• Min 3 revs..</li> </ul> <p>These spins must be of a different character</p> <p>(For definition see U.S. Figure Skating rule 6103 (E))</p> | <p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• Step sequence               <ul style="list-style-type: none"> <li>○ Must use one-half the ice surface</li> <li>○ Moves in the field and spiral sequences are allowed but will not be counted as elements</li> <li>○ Jumps may be included in the step sequence</li> </ul> </li> </ul> |
| Pre-Preliminary<br><br>1:40 Max | <p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• All single jumps, including single Axel, allowed               <ul style="list-style-type: none"> <li>○ No double, triple or quadruple jumps allowed</li> <li>○ Axel may be repeated once as a solo jump or part of a jump sequence or combination (maximum of 2 single Axels)</li> <li>○ Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>• Max 2 jump combinations or jump sequences               <ul style="list-style-type: none"> <li>○ Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed</li> <li>○ Jump sequence is any listed jump immediately followed by an Axel-type jump</li> </ul> </li> </ul> | <p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>• Spins may change feet and/or position</li> <li>• Spins may start with a flying entry</li> <li>• Min 3 revs..</li> </ul> <p>These spins must be of a different character</p> <p>(For definition see U.S. Figure Skating rule 6103 (E))</p> | <p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• Step sequence               <ul style="list-style-type: none"> <li>○ Must use one-half the ice surface</li> <li>○ Moves in the field and spiral sequences are allowed but will not be counted as elements</li> <li>○ Jumps may be included in the step sequence</li> </ul> </li> </ul> |
|                                 | <p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump or a waltz jump*</li> <li>• All single jumps, including single Axel, allowed. Only 2 different double jumps may be attempted</li> </ul>   | <p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>• Spins may change feet and/or position</li> </ul>  | <p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• Step sequence</li> </ul>   |

|   |  |   |  |
|---|--|---|--|
| Preliminary<br><br>1:30 +/-<br>10 sec.<br>Max | (limited to double Salchow, double toe loop and double loop)<br>○ Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed<br>○ An Axel plus up to two different, allowed double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or combination<br>○ Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded<br>• Max 2 jump combinations or sequences<br>○ Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump is allowed<br>○ Jump sequence is any listed jump immediately followed by an Axel-type jump | • Spins may start with a flying entry<br>• Min 3 revs..<br><br>These spins must be of a different character<br><br>(For definition see U.S. Figure Skating rule 6103 (E)) | ○ Must use one-half the ice surface<br>○ Moves in the field and spiral sequences are allowed but will not be counted as elements<br>○ Jumps may be included in the step sequence |
|---|--|---|--|



## SPINS CHALLENGE

General event parameters:

- Spins may be skated in any order
- Connecting steps are allowed but will not be taken into consideration when scoring
- Spins may not be repeated; only required elements may be included
- All events are skated on half-ice
- Minimum number of revolutions are noted in parentheses

| Level           | Time     | Skating rules/standards   |
|-----------------|----------|---|
| Beginner        | 1:30 max | Upright one-foot spin (3)<br>Upright back spin (3)<br>Sit spin (3)                          |
| High Beginner   | 1:30 max | Upright one-foot spin (4)<br>Upright spin with change of foot (3 each foot)<br>Sit spin (3) |
| No Test         | 1:30 max | Upright spin with change of foot (3 each foot)<br>Sit spin (3)<br>Camel spin (3)            |
| Pre-Preliminary | 1:30 max | Spin with one change of position and no change of foot (6)<br>Backward sit spin (3)         |

|                  |          |  |
|------------------|----------|--|
|                  |          | Camel spin (4)   |
| Preliminary      | 1:30 max | Spin with one change of foot and one change of position (min. 3 each foot)<br>Change sit spin (min 3. each foot)<br>One position spin, skater's choice (upright, sit or camel) (4) |
| Adult Beginner   | 1:30 max | Pivot<br>Upright two-foot spin (2)   |
| Adult Pre-Bronze | 1:30 max | Upright one-foot spin (3)<br>Upright two-foot spin (3)   |
| Adult Bronze     | 1:30 max | Upright one-foot spin (3 revs.)<br>Solo spin with no change of foot (3 revs.), must be different from the upright spin – may not fly   |



## JUMPS CHALLENGE

General event parameters:

- Each jump may be attempted twice; the best attempt will be counted
- To be skated on half-ice

| Level           | Time     | Skating rules/standards   |
|-----------------|----------|---|
| Beginner        | 1:15 max | Waltz jump (from backward crossovers)<br>Half flip or half Lutz<br>Single Salchow                     |
| High Beginner   | 1:15 max | Waltz jump (from backward crossovers)<br>Single Salchow<br>Jump combination: waltz jump-toe loop      |
| No Test         | 1:15 max | Single toe loop<br>Single loop<br>Jump combination: Any two half or single revolution jumps (no Axel) |
| Pre-Preliminary | 1:15 max | Single toe loop<br>Single flip<br>Jump combination: Any two half or single revolution jumps (no Axel) |

|                  |          |   |
|------------------|----------|---|
| Preliminary      | 1:15 max | Single flip<br>Single Lutz<br>Jump combination: Any single jump + single loop (may be Axel) |
| Adult Beginner   | 1:15 max | Mazurka or ballet jump<br>Waltz jump  |
| Adult Pre-Bronze | 1:15 max | Toe loop jump<br>Half flip, half Lutz or half loop  |
| Adult Bronze     | 1:15 max | Salchow<br>Toe loop<br>Any single jump plus a toe loop combination (no Axels allowed)       |



## SHOWCASE EVENTS

Showcase events are open to skaters in the Basic, Free Skate, limited beginner, preliminary and adult bronze levels. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher.

Show costumes are permitted if they do not touch or drag on the ice. Costuming and make up for showcase programs should enhance the feeling created by the performance and reflect the meaning of the story or theme. Ornaments and hair accessories must be secure. No bobby pins, feathers, hair accessories or anything else that may fall to the ice and be hazardous to the skaters are allowed. (a 0.1 deduction will be taken). Props and scenery must be placed and removed by unaided singles and duet competitors within one minute on and off and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.1 deduction will be assessed by the referee against each judge's mark for every 10 seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious loss of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice. The 6.0 judging system will be used. Deductions will be made for skaters including technical elements not permitted in the event description.



\* For specific guidelines regarding the conduct of showcase competitions, refer to the nonqualifying showcase guidelines posted on [usfigureskating.org](http://usfigureskating.org).

Showcase categories may include:

- Levels can be subdivided or combined, if necessary, depending on entry numbers and event set up to ensure performances are contested as per the guidelines.
- Dramatic entertainment: Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness. Dramatic programs should not be depressing. Even if the emotion is sadness, there should be an enlivened feeling given to the audience.
- Light entertainment: Programs should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Duets: Theatrical/artistic performances by any competitors.
- Mini production ensembles: Theatrical performances by three to seven competitors.
- Production ensembles: Theatrical performances by eight to 30 skaters. Theatre On Ice teams are eligible as production ensembles. NOTE: Skaters may enter only one each duet, mini production or production event.



## SHOWCASE EVENTS

| LEVEL  | ELEMENTS   | QUALIFICATIONS   | PROGRAM LENGTH |
|--|--|--|----------------|
| Basic 1-6  | Elements only from Basic 1-6 curriculum  | Must not have passed any higher than Basic 6 level   | Time: 1:00 max |
| Pre-Free Skate – Free Skate 6/ Beginner/High Beginner/Adult 1-6/Adult Beginner/Adult High Beginner | 3 jump maximum. Half-rotation jumps only, plus the following full rotation jumps: Salchow and toe loop | May not have passed any official U.S. Figure Skating free skate or free dance tests        | Time: 1:30 max |
| No Test  | No prescribed or restricted elements   | Must not have passed pre-preliminary free skate or any free dance tests                    | Time: 1:30 max |
| Pre-Preliminary  | No prescribed or restricted elements   | Must have passed no higher than U.S. Figure Skating pre-preliminary or any free dance test | Time: 1:30 max |



Online Registration is available at [www.sk8stuff.com](http://www.sk8stuff.com). If you choose to do online registration all you have to do is print out the registration coupon. You can send your coupon and payment to the information below. Or you can complete the above registration form, and include the completed entry form, with fees and must be postmarked no later than March 1<sup>st</sup>, 2020.

Make check or money order payable to **WFSC** and mail to:  
Kevin Smith  
665 W Division St.  
Fond du Lac, WI 54935

For additional information please contact:  
Kevin Smith  
[Ksmith71184@yahoo.com](mailto:Ksmith71184@yahoo.com)  
920-251-7107

ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELED.

Certification of Competitor: The Competitor is eligible to enter the events checked. It is agreed that the Competitor and family holds the WFSC and Waupun Community Center harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Parent/Guardian Signature\_\_\_\_\_ Date\_\_\_\_\_

Competitor Signature\_\_\_\_\_ Date\_\_\_\_\_

Instructor/Coach Signature\_\_\_\_\_ Date\_\_\_\_\_

Program Director/Club Officer\_\_\_\_\_ Date\_\_\_\_\_

