

VARSITY SIZE GUIDE

SCHOOL:

ATHLETE:

INSTRUCTIONS

1. Scan the QR Code or click this link to watch the *How to Measure Video*: <https://www.varsity.com/HOW-TO-MEASURE/>
2. Have someone measure you and enter your info below (round up):

Share these measurements with your coach!

BUST:

WAIST:

HIP:

SKIRT LENGTH:

PANT INSEAM:

GIRTH:

Bodysuits|Dresses



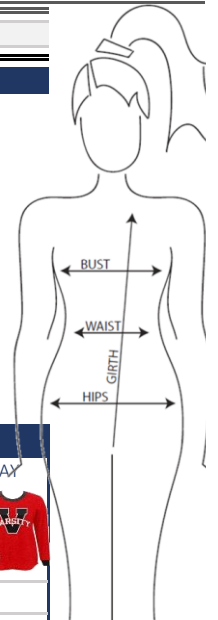
SHOE:



T-SHIRT:



SHORT:



3. *Your suggested sizes are highlighted below (if using Excel) . Use this info to determine the best size and enter in Fitting Pass:

POLY POWERFIT	
BUST	SHELL JUMPER
27-28	28
29-30	30
31-32	32
33-34	34
35-36	36
37-38	38
39-40	40
41-42	42
43-44	44
45-46	46
47-48	48
49-50	50
51-52	52

MOTIONFLEX		
BUST	SHELL LINER BODYSUIT DRESS	
24-26	2XS	*Girth
27-29	XS	56-58
30-32	S	58-60
33-35	M	60-62
36-38	L	62-64
39-41	XL	64-66
42-44	2XL	66-68
45-47	3XL	68-70
*Bodysuits available in <i>Short, Average, and Long</i> lengths. Chart reflects <i>Average</i> girth.		
*When choosing <i>Dress</i> size, consider bust measurement, first. You may need to bump up to accommodate girth.		

OUTERWEAR	
BUST	GAMEDAY
28-30	XS
31-33	S
34-36	M
37-39	L
40-42	XL
43-45	2XL
46-48	3XL

POLY POWERFIT			
WAIST		HIP	SKIRT
Waist measurement determines size If HIP measurement suggests a different size, choose a size in the middle			
20		30	1
21		31	1
22		32	2
23		33	3
24		34	4
25		35	5
26		36	6
27		37	7
28		38	8
29		39	9
30		40	10
31		41	11
32		42	12
33		43	13
34		44	14
35		45	15
36		46	16
37		47	17
38		48	18
39		49	19
40		50	20
41		51	21
42		52	22
43		53	23
44		54	24

MOTIONFLEX	
HIP	SKIRT
31-32	2XS
33-34	XS
35-36	S
37-38	M
39-40	L
41-42	XL
43-44	2XL
45-46	3XL
47-48	4XL
49-50	5XL
51-52	6XL

MOTIONFLEX	
HIP	SHORT LEGGING
29-30	2XS
31-32	XS
33-34	S
35-36	M
37-38	L
39-40	XL
41-42	2XL
43-44	3XL

OUTERWEAR	
HIP	PANT
31-33	XS
34-36	S
37-39	M
40-42	L
43-45	XL
46-48	2XL
49-51	3XL
28, 30, 32, 34" Inseams	

*Size charts are suggestions only. Sizes may be adjusted by your coach in compliance with school standards or by your Varsity Sales Professional.