

# GLOBAL PREMIER SOCCER AT HOME SOCCER SERIES

## IT'S GAME DAY!

**GAME DAY:** This weekend for our game day exercise, we return to the game we watched last weekend. This time, you are putting yourself in the players' shoes in six different situations and picking what you think the best decision would be in each. In each video, there are a few seconds to give you some information about what is happening and then a freeze frame with different options on what your options are. You will pick the best option in each video. If you feel the best option is not listed, there is an 'other' option where you can describe what you would do differently.

Decision making is one of the toughest tasks of a player. Every movement in a game is based on a decision (whether you think about doing it or not) and decisions are based on past experiences and the information that you see around you at that moment. When you are thinking about the situations in this exercise, think about your past experiences and observe everything else that you can see happening on the field, not just what is going on around the ball.

Think about the GPS Style of Play. How does that affect your decision making? Click the thumbnail below to start!

[ DECISION MAKING IN DIFFERENT SITUATIONS ]

