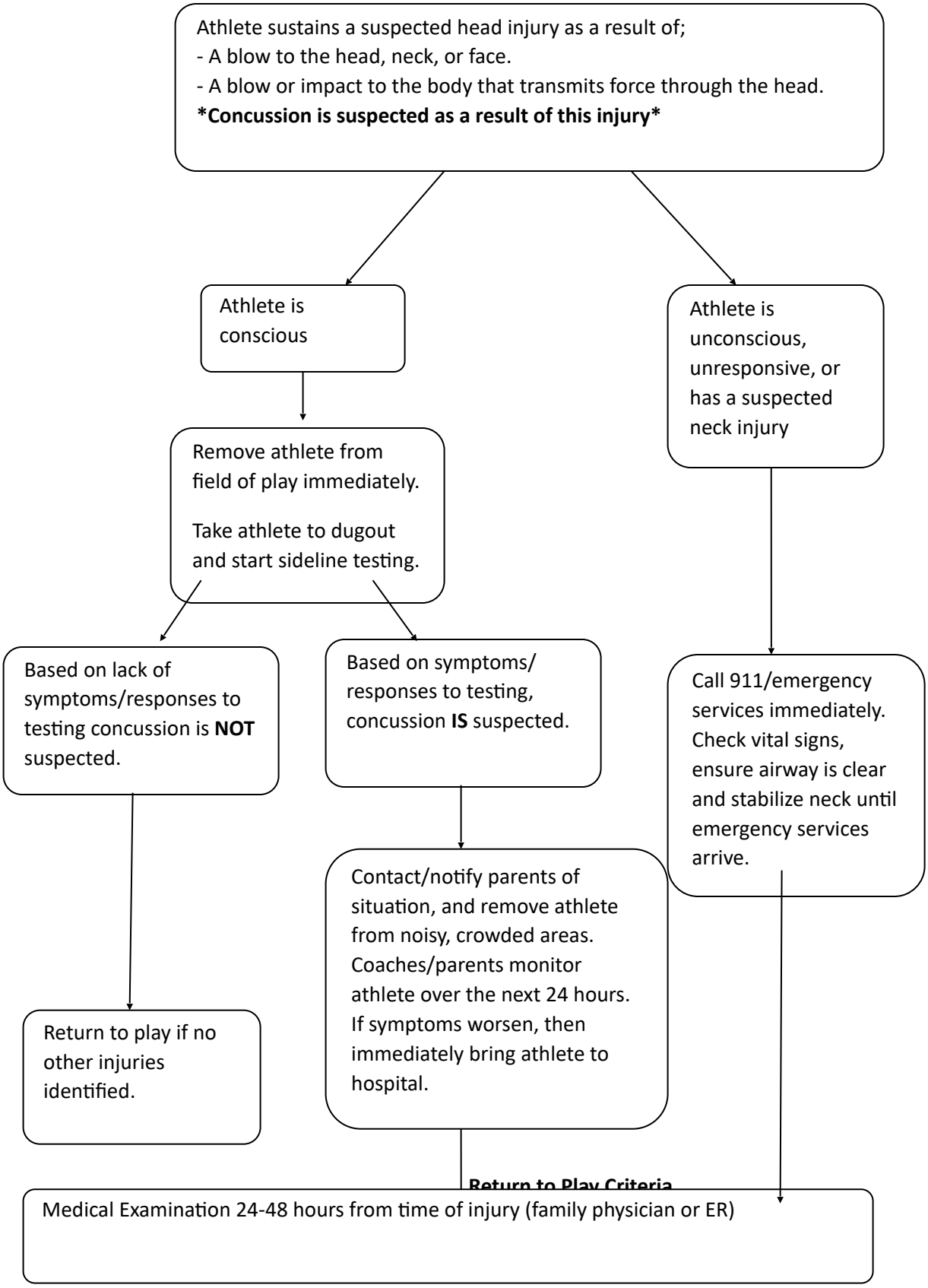
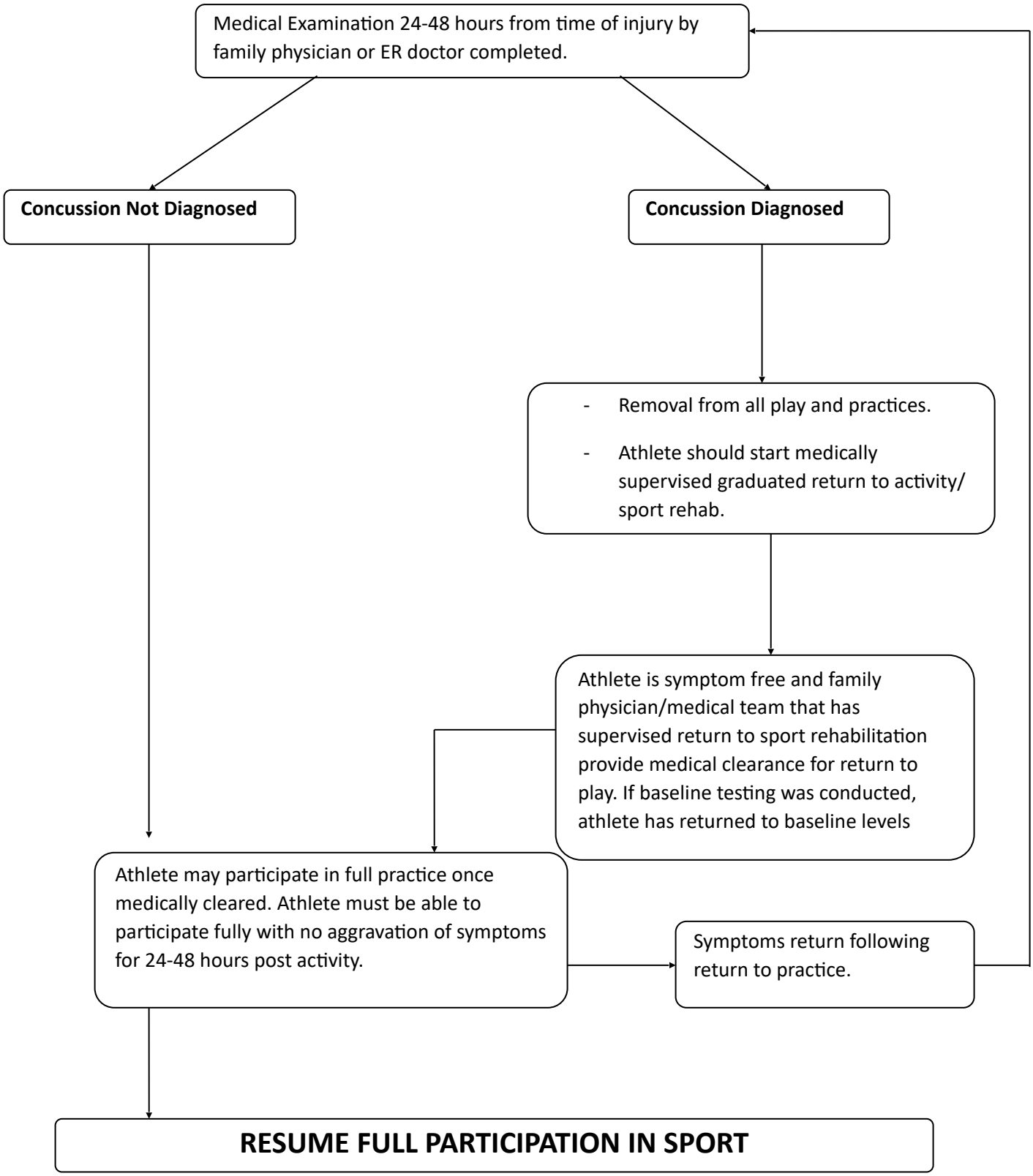
On Field Concussion Management




Medical Examination 24-48 hours from time of injury by family physician or ER doctor completed.
Concussion Not Diagnosed
Concussion Diagnosed
- Removal from all play and practices.
- Athlete should start medically supervised graduated return to activity/ sport rehab.
Athlete is symptom free and family physician/medical team that has supervised return to sport rehabilitation provide medical clearance for return to play. If baseline testing was conducted, athlete has returned to baseline levels
Athlete may participate in full practice once medically cleared. Athlete must be able to participate fully with no aggravation of symptoms for 24-48 hours post activity.
Symptoms return following return to practice.
RESUME FULL PARTICIPATION IN SPORT