



TJFL Guidelines



Coaches, Players, and Parent will always need to follow the TJFL Guidelines and City of Thornton requirements for practices and game. Failure to do so will result in our league being shut down for the season. We will remove coaches, parents, or players for non-compliance.

Parent and Players Responsibilities:

- Coaches, referees, and all spectators will always wear masks while on TJFL fields.
- Any participant who has been in close contact with a person suspected or confirmed to have Covid-19 (generally within 6 feet for at least 10 minutes) may not attend any practices or games for 72 hours. After 72 hours if no symptoms (including but not limited to fever, cough, and shortness of breath) are present the participant may return.
- Any participant who is suspected or confirmed to have Covid-19 must quarantine for 14 days.
- Parents are responsible for monitoring their players health prior to bringing them to practice/games. This includes taking the temperature of the player and looking for Covid-19 like symptoms. Any player that has a fever over 100.4°F or has Covid-19 symptoms must not attend practice or games.
- Spectators from the same household can sit together at games. We request only immediate family members attend games. Everyone else needs to practice social distancing by staying 6 feet apart and not gather.
- We encourage all families to bring sanitizer for players to all events and use as necessary (including but not limiting to Half Time and End of Game)
- Parents will be asked to remain in cars during practice. If this cannot be done parents must remain off TJFL permitted fields unless authorized by a TJFL member or in an emergency.
- Each player must supply their own water/drinks during practices and games. All bottles must be labeled with players names and must remain separated from other bottles. Coaches will not supply water for games nor practices. **No sharing** of drinking devices is allowed unless in an emergency.
- No sharing of snacks is allowed. End of game snacks are allowed if they are handed out from a coach to a player directly. This includes end of game drinks.
- No sharing of player equipment (including personal footballs) before/during practice and or games.
- Parents must follow social distancing of 6 feet during player drop off/pick up. Parents must wear mask during this time even if they remain on the field.
- Player tunnels are NOT allowed after games.
- Sanitize all players equipment after practices and games
- Players and volunteers will be asked to practice social distancing while using the restroom.