

**U19 INDOOR INFORMATION TENTATIVE PRACTICE SCHEDULE** (sessions held at Monroe Sports Center – [www.monroesportscenter.com](http://www.monroesportscenter.com)).

Times (2 hrs) will be finalized depending on the final number of teams we have in each age group. Teams will train on Sundays.

**Practice times (your specific practices will be finalized after the first two sessions depending on team placement). These times are generalizations and specific teams may fluctuate depending on tournament schedules.**

Sunday Dec. 2<sup>nd</sup>: 3:00-5:00 (U12/U14); 5:00 – 7:00 (U16); 7:00 – 9:00 (U19)

Sunday Dec. 9<sup>th</sup> : 3:00-5:00 (U12/U14); 5:00 – 7:00 (U16); 7:00 – 9:00 (U19)

Sunday Dec. 16<sup>th</sup>: 3:00-5:00 (U12/U14); 5:00 – 7:00 (U16); 7:00 – 9:00 (U19)

Sunday Dec. 30<sup>th</sup>: 3:00-5:00 (U12/U14); 5:00 – 7:00 (U16); 7:00 – 9:00 (U19)

Sunday Jan. 6<sup>th</sup> – 3:00-5:00 (U12/U14); 5:00 – 7:00 (U16); 7:00 – 9:00 (U19)

Sunday Jan. 13<sup>th</sup> – 3:00-5:00 (U12/U14); 5:00 – 7:00 (U16); 7:00 – 9:00 (U19)

Sunday Jan. 20<sup>th</sup> – 3:00-5:00 (U12/U14); 5:00 – 7:00 (U19)

NO U19 SESSION Sunday Jan. 27<sup>th</sup>

Sunday Feb. 10<sup>th</sup> – 3:00-5:00 (U12/U14); 5:00 – 7:00 (U16); 7:00 – 9:00 (U19)

Sunday Feb. 17<sup>th</sup> – 3:00-5:00 (U16); 5:00 – 7:00 (U19)

**Tournament Dates:** will be emailed out after our first two practice sessions and after team assignments have been made. Possible dates: 12/22, 12/29, 1/5, 1/12, 1/26, 2/9, 2/16 & 2/23. Teams will play in ~4 tournaments but the above are possible dates. Subject to change but exact schedule with proposed times will be emailed in December. Selected players will also play in a USAFH Qualifier (1/13 or 1/27) and should the team qualify go to the National Indoor Tournament 2/22-2/24 at the Richmond Convention Center

**GOOD FAITH ESTIMATE OF FEES:**

- **Practices** for specific teams will be 9 sessions, \$400 fee.
- **Tournament fees** will be charged the same way as in year's past. How the tournament fees work is as follows: **A rough estimate fee for tournaments will be \$325.** For every tournament you participate in, that fee will be deducted from your account/credit. Each tournament fee is divided by the number of players on the roster. **If, after all the tournaments you have money left, you will receive a refund check for the difference.** Teams will play in 1-2 tournaments a month (Jan & Feb.). The majority of tournaments we will enter will be on Saturdays in PA (day trips). Please note, **each tourney can range from \$50-\$90** depending on number of players playing that day. **If you play in more than 4 tourneys, you will most definitely owe money at the end of the season. This fee does not include the National Indoor Tournament Qualifiers & Tournament should you be placed on a qualifying team.**

NOTE: tourney fee commitment – as described these fees are based on ~9-10 players playing on a team. Because of the smaller roster number if one or two people don't play the fees go up a lot as it's just divided by number of athletes playing that day. If we are told in advance that you can not play in a tournament I usually am able to find a replacement. If you tell me the day before you will still be charged the tourney fee as it's not fair to other players on team for the price to go up substantially. You will receive your FULL tourney schedule early in the season so you should have enough time to clear your schedules or to let me know in advance if you can not make it that day.

**Indoor Equipment Needed Should you make a team:** Indoor gloves and sticks are mandatory.

We will be taking sizes for practice/tourney Pinnies at indoor trials. This way, should you make the team we'll be able to put in an order ASAP. Pinny fee --- \$20

**INDOOR GLOVES (both hands and full finger padded gloves needed):**

Pricing is usually around \$50 for the pair (go to [www.longstreth.com](http://www.longstreth.com))

### **STICKS:**

We don't require any specific make of stick so that's just your personal taste and budget.

If interested in Zoppo sticks please contact Richard Cox

at [templarfhgroup@gmail.com](mailto:templarfhgroup@gmail.com) or Matt Jobson at [castlesportsusa@gmail.com](mailto:castlesportsusa@gmail.com).

Or you can go online at [www.longstreth.com](http://www.longstreth.com). If you live in Monmouth County you can always visit the store A Chic With Stix in Fair Haven, NJ.

### **INDOOR SHOES:**

My recommendation if you will be buying sneakers would be to look for "volleyball" shoes. I don't recommend running shoes. The volleyball shoes help tremendously with traction and you definitely won't slip on the floor as you might with running shoes. [www.eastbay.com](http://www.eastbay.com) is an excellent, reasonable website to check out or <http://ditausa.com/20dityin.html> for indoor specific field hockey shoes

### **INDOOR MASK:**

**This year players must have their own protective masks so that players aren't sharing.** ~\$50.00 at [www.harrowsports.com](http://www.harrowsports.com) Or [www.longstreth.com](http://www.longstreth.com)  
The mask will last you a couple years.

Other fees should you make a team:

**USAFH Membership Fees:** Everyone must be current members of USAFH in order to train and play with Jersey Intensity. Please go to [www.usfieldhockey.com](http://www.usfieldhockey.com) and click on membership to join, select Jersey Intensity as your club. You can do this online – must be a USAFH member BEFORE our first practice. Once you are a member please print out your card and keep it in your stick bag. This is for insurance purposes so if you are not a member you will not be able to participate in practice or tournaments. **\$53 yearly fee for U19 membership; \$28 for U12 membership. U14's must purchase a U19 membership.**

**Fees Summary:**

**DUE TO JIFH-**

**\$325 Tournament fee** made out Jersey Intensity Field Hockey due by Jan. 5th - this needs to be in the form of check, no online payment for this (note above, could receive partial refund for this fee at end of tournament, see description above).

**\$400 Practice fees** made out to Jersey Intensity Field Hockey or payable online due by Jan. 5th

\$20 IF need a JIFH pinny, check made out to Jersey Intensity Field Hockey also due by Jan. 5<sup>th</sup>

**FEES ON OWN:**

~\$45-\$50 - IF you need Indoor gloves, personal choice so price will vary

~\$28-\$53 - USAFH U12 or U19 membership fees – paid to USA

Field Hockey, [www.usfieldhockey.com](http://www.usfieldhockey.com)

Sticks, shoes, masks - individual selection so fees will vary