



## ABA Coaches Application 2022

<b>Travel</b>	
U9	U12
U10	U13
U11	U14

NAME \_\_\_\_\_ TELEPHONE: Home \_\_\_\_\_

ADDRESS \_\_\_\_\_ Cell \_\_\_\_\_

CITY \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_ EMAIL \_\_\_\_\_

CHILDS NAME \_\_\_\_\_

1. Have you coached this sport before?      Yes \_\_\_\_\_ No \_\_\_\_\_      Num of Years \_\_\_\_
2. Have you been the head coach?      Yes \_\_\_\_\_ No \_\_\_\_\_      Num of Years \_\_\_\_
3. Have you played this sport?      Yes \_\_\_\_\_ No \_\_\_\_\_      Num of Years \_\_\_\_
4. What other sports have you played or coached?  
     \_\_\_\_\_      Age Level \_\_\_\_\_      Number of Years Played or Coached  
     \_\_\_\_\_      \_\_\_\_\_      Played \_\_\_\_\_ Coached \_\_\_\_\_  
     \_\_\_\_\_      \_\_\_\_\_      Played \_\_\_\_\_ Coached \_\_\_\_\_
5. Circle the highest year you completed in school:      Choice of Study or Degree:      T-Shirt Size (circle one)      Adult  
     Elementary    1 2 3 4 5 6 7 8      \_\_\_\_\_      SM 34-36    Med 38-40    Lg 42-44  
     High School    1 2 3 4      \_\_\_\_\_      XL 44-46    XXL 46-48    XXXL  
     College        1 2 3 4 5 6 7 8      \_\_\_\_\_
6. Have you completed Trusted Coach training?    Yes \_\_\_\_\_ No \_\_\_\_\_
7. Have you had CPR training?      Yes \_\_\_\_\_ No \_\_\_\_\_      Is this current?    Yes \_\_\_\_\_ No \_\_\_\_\_
8. Have you had First Aid training?      Yes \_\_\_\_\_ No \_\_\_\_\_      Is this current?    Yes \_\_\_\_\_ No \_\_\_\_\_
9. Have you completed Concussion Training?    Yes \_\_\_\_\_ No \_\_\_\_\_      Year complete \_\_\_\_\_
10. Do you have any formal training as a coach?    Yes \_\_\_\_\_ No \_\_\_\_\_  
     If yes, please describe (for example: PE degree, coaching sources, clinics, etc.). \_\_\_\_\_

11. Describe any informal training which would help you coach (for example: reading books, training videos, etc.).  
 \_\_\_\_\_  
 \_\_\_\_\_

12. Please rate your knowledge of the following topics with regard to this sport by circling the appropriate number.  
 1 = Know very little.      2= Have reasonable knowledge.      3 = Formal Training.
- |   |   |                                  |
|---|---|----------------------------------|
| 1 2 3 -- Basic Technique                        | 1 2 3 -- Advanced techniques                          | 1 2 3-- Rules of the sport       |
| 1 2 3 -- Strategy of the sport                  | 1 2 3 -- Organizing a practice                        | 1 2 3-- Developing sportsmanship |
| 1 2 3 -- Injury prevention and treatment        | 1 2 3 -- Organizing a contest                         | 1 2 3-- Athletic nutrition       |
| 1 2 3 -- Working with parents                   | 1 2 3 -- Communication skills                         | 1 2 3-- Motivating youngsters    |
| 1 2 3 -- General principles for teaching sports | 1 2 3 -- Warm-up and physical conditioning techniques |                                  |

13. Please list the two persons who know you sufficiently well to comment on your past coaching or your potential as a coach.

Name	Address	Telephone



## Andover Baseball Association

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### Coaching Contract

I understand that my responsibilities as a youth coach are of great importance and that my actions have the potential to significantly influence the young athletes whom I coach. Therefore, I promise to uphold the following rights of young athletes to the best of my ability.

1. Right to participate in sports
2. Right to participate at a level commensurate with each child's maturity and ability
3. Right to have qualified adult leadership
4. Right to play as a child and not as an adult
5. Right of children to share in the leadership and decision-making of their sport participation
6. Right to participate in safe and healthy environments
7. Right to proper preparation for participation in sports
8. Right to an equal opportunity to strive for success
9. Right to be treated with dignity
10. Right to have fun in sports

I will implement the following ABA objectives:

1. Promote a "safe learning environment"
2. Promote the concept of "fair participation"
3. Promote the teaching of "basic fundamental skills"
4. Promote the "fun aspect" of participating in sports
5. Promote the "positive self-concepts development" in youth by emphasizing the "good things" participants do
6. Promote the "good sportsmanship behaviors"
7. Promote the concept "**Athletes First – Winning Second**"

I also promise to conduct myself in accordance with the Code of Ethics for Coaches as given next:

1. I will treat each player, opposing coach, official, parent and administrator with respect and dignity.
2. I will do my best to learn the fundamental skills, teaching and evaluation techniques, and strategies of my sport.
3. I will become thoroughly familiar with the rules of my sport.
4. I will become familiar with the objectives of the youth sports program with which I am affiliated. I will strive to achieve these objectives and communicate them to my players and their parents.
5. I will uphold the authority of officials who are assigned to the contests in which I coach and I will assist them in every way to conduct fair and impartial competitive contests.
6. I will learn the strengths and weaknesses of my players so that I might place them into situations where they have a maximum opportunity to achieve success.
7. I will conduct my practices and games so that all players have an opportunity to improve their skill level through active participation
8. I will communicate to my players and their parents the rights and responsibilities of individuals on our team
9. I will cooperate with the administrator of our organization in the enforcement of rules and regulations, and I will report any irregularities that violate sound competitive practices.
10. I will promote the health and safety of my players by insisting that all the activities under my control are conducted for their psychological welfare, rather than for the vicarious interest of adults.

With my signature, which I voluntarily affix to this contract, I acknowledge that I have read, understand and will do my best to fulfill the promises made herein.

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Sport

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Signature of Coach Candidate

