

Saskatchewan High Schools Athletic Association Professional Development Opportunities

**BY IMPROVING YOUR KNOWLEDGE,
YOU INCREASE YOUR APTITUDE TO
HELP OTHERS IMPROVE THEIR ABILITY!**



"To provide educational opportunities through school sport."

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COACHES:

SPORT-SPECIFIC: FALL ACTIVITIES

GOLF:

Coaching Golf (US \$50)

<https://nfhslearn.com/courses/coaching-golf>

CROSS COUNTRY:

Coaching Cross Country (US \$35)

<https://nfhslearn.com/courses/coaching-cross-country>

Athletics Canada - NCCP

<https://athletics.ca/programs/coaching/>

Sask Athletics - NCCP

<https://saskathletics.ca/coaches/coachs-corner/>

SOCCER:

Coaching Soccer (US \$50)

<https://nfhslearn.com/courses/coaching-soccer-2>

Canada Soccer

<https://www.canadasoccer.com/coach/>

Sask Soccer

<http://www.sasksoccer.com/content/coaching-workshops>

FOOTBALL:

CFOA Speaker Series

<https://www.youtube.com/watch?v=xsterx2ojhc>

Coaching Football (US \$50)

<https://nfhslearn.com/courses/coaching-football>

Football Canada – Become a Coach

<http://footballcanada.com/become-a-coach/>

Football Safe Contact Module

Contact Football Sask for available clinics: Regina – 306-780-9239; Saskatoon – 306-975-0827

Football Sask

<https://www.footballsaskatchewan.ca/page/show/1470076-coaches>

VOLLEYBALL:

Coaching Volleyball (US \$75)

<https://nfhslearn.com/courses/coaching-volleyball>

Volleyball Canada

<https://volleyball.ca/en/development/coach>

Volleyball Videos

<http://www.saskvolleyball.ca/coaching-resources/#toggle-id-2>

SPORT-SPECIFIC: WINTER ACTIVITIES

CURLING:

Curling Canada

<https://www.curling.ca/curling-drills/>

CurlSask

<https://curlsask.ca/curling-canada-youth-pathway/>

WRESTLING:

Coaching Wrestling (US \$50)

<https://nfhslearn.com/courses/coaching-wrestling>

Sask Wrestling

https://www.saskwrestling.ca/?page_id=268

BASKETBALL:

Coaching Basketball (US \$50)

<https://nfhslearn.com/courses/coaching-basketball-2>

Basketball for Coaches

<https://www.basketballforcoaches.com/>

Summit Coaches Clinic

<https://summit.coachesclinic.com/>

NABC

<https://nabc.com/>

WBCA

<https://wbca.org/>

Canada Basketball NCCP

<https://www.basketball.ca/en/development/coaches>

Basketball Saskatchewan – NCCP

https://www.basketballsask.com/?page_id=3118

SPORT-SPECIFIC: SPRING ACTIVITIES

BADMINTON:

Badminton Canada NCCP

<https://www.badminton.ca/page/30126/Become-an-NCCP-Coach>

Badminton Serving Interpretation

<https://www.youtube.com/watch?v=ladBNB7tGhI&list=PLt-fEeTGvGtcbwrWbbXpX8SF74YwTLmoo>

TRACK & FIELD:

Coaching Pole Vault (Free)

<https://nfhslearn.com/courses/coaching-pole-vault>

Coaching Track & Field (US \$75)

<https://nfhslearn.com/courses/coaching-track-and-field>

Athletics Canada - NCCP

<https://athletics.ca/programs/coaching/>

Sask Athletics - NCCP

<https://saskathletics.ca/coaches/coachs-corner/>

MULTI-SPORT:

Aboriginal Coaching Modules – NCCP	https://www.aboriginalsportcircle.ca/aboriginal-coaching-modules
ACL Injury Prevention (free)	https://nfhslearn.com/courses/acl-injury-prevention
Afterschool Security (free)	https://nfhslearn.com/courses/afterschool-security
Appearance and Performance Enhancing Drugs and Substances (free)	https://nfhslearn.com/courses/appearance-and-performance-enhancing-drugs-and-substances
Bullying, Hazing, and Inappropriate Behaviours (free)	https://nfhslearn.com/courses/bullying-hazing-and-inappropriate-behaviors
Captains Course (free)	https://nfhslearn.com/courses/captains-course
Championship Productions (resources for a range of activities)	https://www.championshipproductions.com/
Coach & AD (current articles and reads from a variety of activities)	https://coachad.com/
Coaches Association of Saskatchewan – NCCP	https://saskcoach.ca/nccp-training/upcoming-courses/
Coaches Association of Saskatchewan – SK Coaching Academy Online	https://saskcoach.ca/nccp-training/saskatchewan-coaching-academy/
Coaches Choice (resources for almost every sport)	https://coacheschoice.com/
Coaching Adapted Sports (free)	https://nfhslearn.com/courses/coaching-adapted-sports
Coaching Athletes with a Disability	https://coach.ca/coaching-athletes-disability
Coaching School Sport: Redefining Winning (\$50-55)	https://www.shsaa.ca/news_article/show/1159354
Coaching Unified Sport (free)	https://nfhslearn.com/courses/coaching-unified-sports
Concussion for Students (free)	https://nfhslearn.com/courses/concussion-for-students
Concussion in Sports (free)	https://nfhslearn.com/courses/concussion-in-sports-2
Engaging Effectively with Parents (free)	https://nfhslearn.com/courses/engaging-effectively-with-parents
First Aid, Health, and Safety (US \$35)	https://nfhslearn.com/courses/first-aid-health-and-safety
Fundamentals of Coaching (US \$35)	https://nfhslearn.com/courses/fundamentals-of-coaching
Hazing Prevention for Students (free)	https://nfhslearn.com/courses/hazing-prevention-for-students
Heat Illness Prevention (free)	https://nfhslearn.com/courses/heat-illness-prevention-2
Make Ethical Decisions – NCCP	https://coach.ca/nccp-make-ethical-decisions
Making Headway in Sport (free)	https://coach.ca/nccp-making-head-way-sport
Mental Training for Performance (US \$30)	https://nfhslearn.com/courses/mental-training-for-performance
Middle School Sports (US \$20)	https://nfhslearn.com/courses/middle-school-sports-2
NCCP Training – Home Study Delivery	https://saskcoach.ca/nccp-training/home-study-delivery/
NCCP Training – Saskatchewan Coaching Academy Online	https://saskcoach.ca/nccp-training/saskatchewan-coaching-academy/

NFHS (USA High Schools)	https://www.nfhs.org/resources/conferences-meetings/
NFHS – Videos	https://nfhslearn.com/library/videos
Plan a Practice – NCCP	https://coach.ca/nccp-planning-practice
Positive Sport Parenting (free)	https://nfhslearn.com/courses/positive-sport-parenting
Protecting Students from Abuse (free)	https://nfhslearn.com/courses/protecting-students-from-abuse
Public Address (PA) Announcing (free)	https://nfhslearn.com/courses/p-a-announcing
Respect in Sport (free)	https://www.sasksport.ca/programs-education/respect-in-sport/access-training/
Sask Sport – Women in Sport	https://www.sasksport.ca/programs-services/sport-development/women-in-sport/
Social Media (free)	https://nfhslearn.com/courses/social-media
Social Media for Students (free)	https://nfhslearn.com/courses/social-media-for-students
Sports Nutrition (free)	https://nfhslearn.com/courses/sports-nutrition
Sportsmanship (free)	https://nfhslearn.com/courses/sportsmanship-2
Strength and Conditioning (US \$50)	https://nfhslearn.com/courses/strength-and-conditioning
Student Mental Health and Suicide Prevention (free)	https://nfhslearn.com/courses/student-mental-health-and-suicide-prevention
Sudden Cardiac Arrest (free)	https://nfhslearn.com/courses/sudden-cardiac-arrest
The Collapsed Athlete (free)	https://nfhslearn.com/courses/the-collapsed-athlete
Teaching and Modelling Behaviour (US \$20)	https://nfhslearn.com/courses/teaching-and-modeling-behavior
Teaching Sports Skills (US \$35)	https://nfhslearn.com/courses/teaching-sports-skills-2
Understanding Copywrite and Compliance (free)	https://nfhslearn.com/courses/understanding-copyright-and-compliance
Understanding Vaping and E-Cigarettes (free)	https://nfhslearn.com/courses/understanding-vaping-and-e-cigarettes

OFFICIALS:

Interscholastic Officiating (free)	https://nfhslearn.com/courses/interscholastic-officiating
Officiating Basketball (free)	https://nfhslearn.com/courses/officiating-basketball
Officiating Basketball – Crew of Three (free)	https://nfhslearn.com/courses/officiating-basketball-crew-of-three
Canada Basketball	https://www.basketball.ca/en/development/officials
Basketball Saskatchewan – Officials’ Clinics	https://www.basketballsask.com/?page_id=2719
Officiating Football (free)	https://nfhslearn.com/courses/officiating-football

Football Canada – Become an Official	http://footballcanada.com/officials/become-an-official/
Football Sask	https://www.footballsaskatchewan.ca/skofficials
Officiating Soccer: Pre-Game Conference for Officials	https://nfhslearn.com/courses/officiating-soccer-pre-game-conference-for-officials
Officiating Soccer: Fouls and Misconduct (free)	https://nfhslearn.com/courses/officiating-soccer-fouls-and-misconduct
Officiating Soccer: Offside Rule (free)	https://nfhslearn.com/courses/officiating-soccer-offside-rule
Canada Soccer – Referee Resources	https://www.canadasoccer.com/referee/referee-resources/
Officiating Track & Field (free)	https://nfhslearn.com/courses/officiating-track-and-field
Officiating Track & Field videos (scroll to the bottom of the link) (free)	https://www.wcshsaa.ca/
Athletics Canada	https://athletics.ca/programs/officials/
Officiating Volleyball: Alignment (free)	https://nfhslearn.com/courses/officiating-volleyball-alignment
Volleyball Canada – Become a Referee	https://volleyball.ca/en/development/referee
Sask Volleyball – NCCP	https://www.saskvolleyball.ca/referee-clinics/
Sask Volleyball – Symposium	http://www.saskvolleyball.ca/coaches-symposium/
Officiating Wrestling (free)	https://nfhslearn.com/courses/officiating-wrestling

ATHLETIC DIRECTORS:

CIAAA	https://www.ciaaa.ca/
CIAAA National Conference	https://www.ciaaa.ca/aboutnadc
Upcoming Courses (click on “Register Here”)	tinyurl.com/CIAAAreg
Leadership Training Program Courses Information	https://www.ciaaa.ca/ltpcourses
Athletic Administration Certification	https://www.ciaaa.ca/certification
Masters of Science in Athletic Administration	https://www.ciaaa.ca/masters-athletic-admin
NIAAA	
National Athletic Directors Conference	https://members.niaaa.org/

RESOURCES (FOUNDATIONAL READING, PODCASTS, ONLINE RESOURCES):

<https://www.3dcoaching.com/>

10-Minute Toughness – The Mental-Training Program for Winning Before The Game Begins – Jason Selk

A Lifetime of Observations and Reflections On and Off the Court – John Wooden

Above the Line – Lessons in Leadership and Life from a Championship Season – Urban Meyer

<https://www.athleteassessments.com/sport-coach-development-programs/>

Atomic Habits – James Clear

Beyond Success – 15 Secrets to Effective Leadership and Life – John Wooden

Bleachers – John Grisham

Calico Joe – John Grisham

Caring Enough to Lead – Leonard O. Pellicer

Changing the Game Project – John O’Sullivan

Chasing Excellence – Pat Melgares

Chop Wood, Carry Water - Joshua Medcalf

<https://coachad.com/>

Coaching Your Kids to be Leaders – Pat Williams

Dare to Lead – Brene Brown

Every Moment Matters -John O’Sullivan

Five-Point Play – Mike Krzyzewski with Donald T. Phillips

Good to Great – Jim Collins

InSideOut Coaching – How Sports Can Transform Lives – Joe Ehrmann

Is It Wise to Specialize? – John O’Sullivan

It’s Your Ship – Captain D. Michael Abrashoff

John Maxwell Leadership (series of books)

LeaderKit – Jeremy Boone

Leave NO Doubt – Mike Babcock with Rich Larsen

Legacy – What the All Blacks can Teach us about the Business of Life – James Kerr

Make Your Bed – William H. McRaven

Mind Gym – An Athlete’s Guide to Inner Excellence – Gary Mack with David Casstevens

National Alliance for Youth Sports (<https://nays.org/parents/>)

Play Like a Champion Today (<https://www.playlikeachampion.org/>)

Playing Beyond the Scoreboard – Craig Hillier

Podcast – Focus 3 – Tim Kight and Urban Meyer

Podcast – Flying Coach – Steve Kerr and Pete Carroll

Podcast – The Coaching Culture – J.P. Nerbun

Proactive Coaching – Coaches, Teachers, Parents, and Leaders: Please Understand The Power of your Words

Proactive Coaching – Empowering Messages for Parents – What Athletes Really Want You To Know

Quiet Strength – Tony Dungy

Rules for a Knight – Ethan Hawke

Start With Why – Simon Sinek

StrengthsFinder

Successful Sport Parenting

The 5 Dysfunctions of a Team - Patrick Lencioni

The 7 Habits of Highly Effective People – Stephen R. Covey

The Double-Goal Coach – Jim Thompson and Phil Jackson

The Energy Bus – Jon Gordon

The Hard Hat – Jon Gordon

The Impact Cycle – Jim Knight

The Inner Game of Tennis: The Classic Guide to the Mental Side of Peak Performance (applications to all activities) – W. Timothy Gallwey

The Matheny Manifests – Mike Matheny

The Mentor Leader – Tony Dungy

The Obstacle is the Way – Ryan Holiday

The Power of a Positive Team – Jon Gordon

The Power of Positive Coaching – Lee Colan and Julie Davis-Colan

The Role of Parents in Athletics

The Talent Code – Daniel Coyle

Think Like a Champion – A Guide to Championship Performance for Student-Athletes – Dick Devenzio

Uncommon – Tony Dungy

Unstoppable Teams – Alden Mills

Visible Well-Being – Lea Waters

Win Forever – Live, Work, and Play like a Champion – Pete Carroll with Yogi Roth

Win in the Locker Room First – Jon Gordon

Wins, Losses, and Lessons – Lou Holtz

What Drives Winning - Brett Ledbetter (whatdriveswinning.com)

Wooden on Leadership – John Wooden

You Win in the Locker Room First – The 7 C's to Build a Winning Team in Business, Sports, and Life – Wiley

You Win with People – Woody Hayes