

Pennsylvania USA Wrestling

Tournament Information

| Tournament Date | Location | Tournament Director |
|---|--|--|
| Saturday March 28 Map and Directions | D.H.H. Lengel Middle School 1541 Laurel Blvd. Pottsville, PA 17901 | Gary Keener 570-573-0432 |
| Time | Entry Fee | Periods |
| <p>Greco-Roman Weigh-in: 7:00 AM – 7:45 AM Wrestling Begins: 9:00 AM</p> <p>Freestyle Weigh-in: 11:00 AM – 11:45 AM Wrestling Begins: 12:30 PM</p> <p>PAUSAW reserves the right to combine weight classes to ensure each wrestler has matches.</p> <p>Wrestlers wishing to wrestle both Greco-Roman and Freestyle need to only weigh in once.</p> | <p>\$20.00 per style (Greco-Roman OR Freestyle)</p> <p>\$35.00 for both styles</p> <p>on-line pre-registration through trackwrestling.com</p> <p>Search for the Location above or click on the links to right to enter the Freestyle and Greco Events.</p> <p>Note: If you plan on wrestling in both Greco-Roman and Freestyle, you must register for both tournaments.</p> | <p>8U, 10U, 12U, 14U, 16U (men/women) (2) 2 minute periods</p> <p>Junior & Open (men/women) (2) 3 minute periods</p> <p>Note: Time Periods may be adjusted, as required.</p> |

General Information

| Double Elimination Tournament | Standard Line Bracket |
|--|--|
| Wrestlers may double-bracket in two weight classes within their division. Wrestlers may enter one age division up, with exceptions. <i>14U and younger may NOT wrestle in 16U or Junior divisions.</i> | Double-bracketed athletes waive mandatory rest time between matches. |

PAUSA State Championships – Qualifier

This tournament serves as a qualifier for the PAUSAW State Championships. Athlete must place (at least) 1st, 2nd, 3rd, or 4th at one of the listed qualifiers to be eligible to compete in the State Championships. If you qualify in Greco, you automatically qualify in Freestyle (and vice versa). You may go up or down in weight at the State Championships, but you must qualify in your age division.

Men's Age Divisions/Weight Classes

| | | |
|--------------------|---|---|
| 8U (Bantam) | Born 2012-2013 | 43,45,49,53, 56, 62,70, 85 |
| 10U (Intermediate) | Born 2010-2011 | 49, 53, 56, 59, 63, 67, 71, 77, 84, 93, 105, 120 |
| 12U (Novice) | Born 2008-2009 | 58, 63, 67, 70, 74, 78, 82, 86, 92, 98, 108, 117, 135, 160 |
| 14U (Schoolboy) | Born 2006-2007 | 71, 77, 83, 87, 92, 97, 102, 106, 110, 114, 119, 125, 130, 136, 149,165, 187, 250 |
| 16U (Cadet) | Born 2004-2005 | 88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285 |
| Junior | Born 9/1/2000 & after; plus enrolled in grades 9-12 | 100,106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285 |

Women's Age Divisions/Weight Classes

| | | |
|--------------------|---|--|
| 8U (Bantam) | Born 2012-2013 | 45, 50, 55, 60, 70, 85 |
| 10U (Intermediate) | Born 2010-2011 | 50, 55, 60, 65, 70, 75, 80, 90, 100, 110 |
| 12U (Novice) | Born 2008-2009 | 65, 70, 75, 80, 85, 90, 95, 100, 110, 120,130,145 |
| 14U (Schoolgirl) | Born 2006-2007 | 72, 79, 85, 92, 97, 101, 105, 110, 119, 127, 136,145, 185 |
| 16U (Cadet) | Born 2004-2005 | 94, 100, 106, 112, 117, 122, 127, 132, 138, 144, 152, 164, 180, 200 |
| Junior | Born 9/1/2000 & after; plus enrolled in grades 9-12 | 100, 106, 112, 117, 122, 127, 132, 138, 144, 152, 164, 180, 200, 225 |

Dates/Weights are effective from September 1, 2019 to August 31, 2020

USA Wrestling Membership

2019- 2020 USA Wrestling Cards are MANDATORY at every tournament and must be purchased online prior to registering for the tournament. Membership can be purchased, at a cost of \$45.00, through USA Wrestling at <https://www.usawmembership.com/index.jsp>. **COACHES: Please note that effective this season, BOTH a Team Leader/Coach Membership card AND a Copper or Bronze* Coach Certification are required to coach at all PAUSAW events. Please be sure to have a copy of them on hand. For more information regarding Coach Certifications please visit <https://www.teamusa.org/usa-wrestling/coaches/ncep-certification>. *When you display an active Team Leader/Coach Membership AND a Bronze Coach Certification, you will receive free admission to all PAUSAW State Championship qualifying events.**