

AGE DIV	PLAYER ON FIELD	BALL SIZE	GAME LENGTH AND PERIODS	PRELIMINARY GAME END IN TIE	PASSBACK TO KEEPER'S HANDS?	FREE KICKS	OFF-SIDE RULE	GOAL from KICK-OFF	SUBSTITUTIONS	PENALTY KICKS	Notes
U10B and U10G	7 v 7 (1 must be goalie)	4	2 halves 25 minutes per half	No All games must have a winner; if tied at end of regulation, directly to kicks from the penalty mark*	No, but ref should warn GK at least once. IFK where GK picks up or touches ball	Direct and indirect per FIFA	Yes	Yes	Possession throw-in (both teams may enter if at line and ready), any goal kick, after a goal, any injury. It is up to the coaches to know the substitution time. Do not ask referee for a 6 minute time	Yes, 8 yd from goal line	If a player, who is playing in the U10 division, deliberately heads the ball in a game, the referee will award an indirect free kick (IFK) to the opposing team from the spot of the offense. If the deliberate header occurs near the goal, the indirect free kick should be taken about 6 yards from the goal line parallel to the goal line at the point nearest to where the infringement occurred. Goalie may not punt the ball (may drop-kick, throw, roll, or place on ground and kick over half-way line); remedy is the ball returned to the goalie to restart correctly. This is to encourage teams to build from the back. Goal kicks may be placed anywhere inside the penalty area. On goal kicks, the defending team must be behind the halfway line, except for two defenders who may be between the halfway and buildup line which is found 14 yards from each goal line.
U12B	9 v 9 8 on field + 1 goalie (may go down to 8 v 8 if short)	4	2 halves 30 minutes per half	No All games must have a winner; if tied at end of regulation, directly to kicks from the penalty mark*	No, result is an indirect free kick where goalie handles ball unless in goal area (move to goal area line parallel to the goal line)	Direct and indirect per FIFA	Yes	Yes	Possession throw-in (both teams may enter if at line and ready), any goal kick, after a goal, any injury	Yes, 10 yd from goal line	If a player, who is playing in the U12 division, deliberately heads the ball in a game, the referee will award an indirect free kick (IFK) to the opposing team from the spot of the offense. If the deliberate header occurs in the goal area, the indirect free kick should be on the goal area line parallel to where the infringement occurred.
U12G	7 v 7 6 on field + 1 goalie	4	2 halves 30 minutes per half	No All games must have a winner; if tied at end of regulation, directly to kicks from the penalty mark*	No, result is an indirect free kick where goalie handles ball unless in goal area (move to goal area line parallel to the goal line)	Direct and indirect per FIFA	Yes	Yes	Possession throw-in (both teams may enter if at line and ready), any goal kick, after a goal, any injury	Yes, 10 yd from goal line	If a player, who is playing in the U12 division, deliberately heads the ball in a game, the referee will award an indirect free kick (IFK) to the opposing team from the spot of the offense. If the deliberate header occurs in the goal area, the indirect free kick should be on the goal area line parallel to where the infringement occurred.
U14 Coed	8 v 8 (1 must be goalie)	5	2 halves 35 minutes	No All games must have a winner; if tied at end of regulation, directly to kicks from the penalty mark*	No, result is an indirect free kick where goalie handles ball unless in goal area (move to goal area line parallel to the goal line)	Direct and indirect per FIFA	Yes	Yes	Possession throw-in (both teams may enter if at line and ready), any goal kick, after a goal, any injury	Yes, 10 yd from goal line	
U18 Coed	8 v 8 (1 must be goalie)	5	2 halves 35 minutes	No All games must have a winner; if tied at end of regulation, directly to kicks from the penalty mark*	No, result is an indirect free kick where goalie handles ball unless in goal area (move to goal area line parallel to the goal line)	Direct and indirect per FIFA	Yes	Yes	Possession throw-in (both teams may enter if at line and ready), any goal kick, after a goal, any injury	Yes, 10 yd from goal line	Goals scored by female players will count for two points, except penalty kicks. All penalty kicks count for one point, whether kicked by a male or female player. Kicks from the penalty mark to determine a winner in a drawn match or an "own goal" by a female player are to count for one point.

RULES FOR ALL AGE GROUPS

1. No slide tackling, including no slide tackling of a player or the ball by goal keepers (remedy is an indirect free kick unless a foul is committed which would result in a direct free kick or penalty kick, such as tripping or kicking)
2. If a player is ejected (i.e., receives a red card), he/she is removed from the game and his/her team must play down a player. The offending player receives a one game suspension for the next scheduled game.
3. During the tournament, if a team is short players, it is at the discretion of the other coach whether to play down or not. It is recommended that they play down but not required.
4. In the event of weather ending a game:
 - if in first half, game will be replayed
 - once second half has started, game is complete and score stands. If game is tied then kicks from the penalty mark. If evening game and cannot kick due to conditions, then kicks 5:30 pm the next evening (we don't have Friday night games but if we did then 7:30 am Saturday)
5. If a player is issued a caution (yellow card), the player must exit the field and be replaced by another player. The player may reenter at the next substitution opportunity for his/her team.
6. Playing time: All players shall receive equal playing time to the best of the coach's ability.