



NORTHWEST JUNIORS ELITE VOLLEYBALL CLUB

NORTHWEST VOLLEYBALL FOUNDATION

2019 Club Handbook

Northwest Volleyball Foundation
 15801 NE 85th St.
 Redmond, WA 98052
www.nwjuniors.org



NW Juniors VBC is proudly sponsored by:



Northwest Juniors Elite Volleyball Club

2019 Club Handbook

INTRODUCTION

Welcome to Northwest Volleyball Foundation and thank you for entrusting the education & development of your child's volleyball skills to our organization. The Foundation oversees several youth volleyball training programs which include NWJRS Elite VBC, NW Beach Club, Northwest Volleyball Camps, Fall Academy, and our positional camps. Northwest Juniors Volleyball Club is the oldest club in the state of Washington, established in 1972. In previous seasons we have operated as NW Juniors VBC and NW Juniors Elite VBC. Since the inception of our club, it has evolved and grown to become the largest club in the Northwest and serves two geographic areas of the Puget Sound Region: the Eastside and Northend. For simplicity throughout this handbook, Under Armour teams will be referred to as National teams and Baden teams will be referred to as Regional teams.

We constantly strive to assemble a staff that is committed to helping your child develop and grow as a volleyball player. As coaches, we are all committed to sharing with your child our knowledge and experience as well as our passion and love for the sport of volleyball. We would like to take this time to thank all of our coaches for their efforts and commitment to our athletes and their families.

The purpose of this handbook is to introduce you to our club and our policies as well as share with you your responsibilities as members of our club. Whether this is your first year with our club or your tenth, we ask that players and parents review this handbook thoroughly as we do update some rules from season to season. Your understanding of these materials as well as your observance of our policies will ensure that you will have a fulfilling season.

The Board of Directors is responsible for setting policies and overseeing the operations of the Club. The Board hires the Club Director and Assistant Club Director, who are responsible for implementing policies, managing the club, enforcing rules, and operating the club.

The Club expects the Board, players, parents, and coaches to adhere to the Mission, policies, and guidelines set forth in this Handbook. We look forward to a great season with you and again thank-you for your participation.



*Member in good standing:
Puget Sound Region, USA Volleyball*

MISSION STATEMENT

For over 45 years, Northwest Juniors has been committed to providing opportunities for young athletes at all levels of development to engage in quality, competitive experiences. Northwest Juniors is dedicated to the idea that any athlete, regardless of size or skill level, who wants to participate in a USA Volleyball Junior program, should be given that opportunity.

A competitive athletic experience can instill a good work ethic, enhance social development, contribute to mental and physical health, and teach values of personal responsibility, self-discipline, self-motivation, and teamwork. Participation in junior volleyball also improves the athlete's opportunity to realize the goals of:

- Improving individual skills and ability to play and contribute as a member of a team.
- Learning Time Management skills
- Earning or keeping a position on the school volleyball team.
- Earning a college scholarship

Each of the above goals involves individual player growth. This includes improvement in skill level AND in the mental outlook necessary to be a successful member of a volleyball team. The Northwest Juniors philosophy regarding player growth is simple; *one must play to improve*. It is this principle which guides every decision made about any Northwest Juniors player.

NW JUNIORS NATIONAL TEAM MISSION

Our National Team program was founded to give local athletes who are motivated to play volleyball at a high level an opportunity to excel, receive advanced training, and gain exposure for their hard work and dedication.

We do this by providing an environment where these motivated athletes will be exposed to high levels of training with an emphasis on fundamentals and sportsmanship, be given opportunities to compete with the best teams in the country, and offer them the tools to be successful. Among the tools we will provide:

- Training in sound systems of play used by the some of the greatest teams in the world. Many of our coaches are versed and trained in the Gold Medal Squared systems of play as well as other systems used by college programs throughout the country. We do not advocate just one system of play as there are many systems taught at the collegiate level.
- Fitness Testing
- Speed, Agility, and Quickness (SAQ) training
- Tools to promote themselves to college recruiters
- An understanding of the importance of goal setting in developing the whole athlete and belief that in order to be successful, they must have a roadmap to success
- Promote leadership and teach the importance of team unity
- Stress the importance of personal discipline, organizational skills, time management, and character building

When enrolling in our National Team program, you are getting more than just practices, tournaments and travel. We offer additional resources that are needed to prepare our athletes for the next level. Our program includes recruiting education & resources, goal-setting, promoting our athletes, and access to advanced training, as well as positional tutoring.

ROLES OF KEY PERSONNEL

BOARD OF DIRECTORS

We are managed by a **Board of Directors** (BOD) which meets regularly to oversee the operations of Northwest Volleyball Foundation. The BOD's primary task is to work with the Club Directors in managing the club including travel, tournaments, scheduling, coaching, and disciplinary actions. They are also responsible for identifying opportunities for community outreach and fundraising/community service. The Board hires the Club Director and the Assistant Club Director, establishes fees, creates the annual budget, hires and approves coaches, and addresses various issues that arise during the season.

If a player or parent has questions or concerns that they would prefer to address to someone other than a club director, they may contact one or more members of the Board who can then bring the issue to the attention of the BOD.

CLUB DIRECTOR: TONY MIRANDA

The Club Director is responsible for the day to day operations of the club and coordination of all activities that the club is involved in. The Director also serves as the technical director for the coaching staff – ensuring that staff coaches are adequately trained and using effective teaching methods including those advocated by the Gold Medal Squared systems of play. The Club director is also available to advise or assist players who wish to participate in a collegiate program.

If during the season a player or parent has questions, comments, or suggestions concerning a coach, a team, or the club, they may contact the Club Director at the appropriate time. Tony can be reached at tony@volleyballnw.com

ASSISTANT CLUB DIRECTOR: TO BE ASSIGNED

The assistant club director acts as the Club Administrator and assists with the day-to-day business operations of running the club. They may also be responsible for coaching in one geographic location where the Club Director is not fully accessible. Questions regarding uniforms, registration, program fees, scheduling, travel arrangements, the yearbook, or other administrative matters may be directed to the Club Administrator/Assistant Club Director.

BEACH PROGRAM DIRECTOR: TO BE ASSIGNED

The Beach Director, is responsible for creating and implementing all beach programming offered by the club, managing the AVP Academy and the scheduling of the Bottega Beach facility. They are also responsible for hiring and training our beach staff.

COACHES

Coaches are selected based on a strong volleyball background either as a player or a coach (or both). They must be willing to commit the time and energy necessary to be a club coach and must demonstrate an interest in working with young athletes. Many of the club's coaches have extensive volleyball backgrounds including college coaches, high school coaches, former club directors, or extensive club coaching experience.

All coaches attend the club's annual club orientation where the club discusses club policies and procedures. They also participate in monthly coaches meetings and coaches' clinics presented by the Club Director. Contact information for all coaches is located on the "Staff" Section of the website as well as on the individual team pages.

PLAYERS

Players are the primary representatives of the club. Players fulfill their role by giving their best effort at all practices and tournaments, playing hard, and showing respect to their teammates, coaches, opponents, officials and the parents who are responsible for their safety and well-being while traveling. Players need to be aware of commitments to their teams and focus their efforts during the season on improving their individual and overall performances. Players are also responsible to stay eligible by keeping good grades in school.

PARENTS

Parents can enhance a player's club experience by participating in club events, volunteering to be a team Focal or tournament chaperone, and by attending their daughter's tournaments. There are several specific obligations required by all club parents which are discussed in the section "Policies regarding parents". They include:

- Providing players with transportation to and from practices and tournaments
- Being aware of and adhering to tournament etiquette and sportsmanship rules.
- Meeting financial obligations to the club in a timely fashion.

CLUB PHILOSOPHY

Northwest Juniors supports the idea that participation in any sport is good for the physical, mental and social development of young people. Thus, we will not ask our players to give up another sport in order to play volleyball. We feel very strongly that it should be up to players and their parents to choose the sports and activities in which an individual should be involved and we will not interfere with those choices. Because of the nature of National Teams we need to make sure that the players know that we want them to make this commitment a priority, especially in situations where a team will be attempting to qualify for Nationals. We require our players make a commitment to their teams and if they do not feel that they can balance all activities and keep their commitment, they should not enroll in a National Team.

In the case of players at the 18/17 under age group, we do ask that players make more of a commitment to their club volleyball teams and limit or exclude other extracurricular activities. While there are a few documented examples of players going on to be successful in multiple sports at the major college level, those are examples of extra-ordinary athletes with great time management skills and/or very resilient bodies. We want the players at the 18's and 17's age group to understand that if it is their intention to play volleyball at the next level they should make smart choices when it comes to how they spend their time. Additionally, their complete commitment to their team helps to ensure that their team will be a full strength when competing and will allow for college recruiters to see the full potential of the team and its members.

It is also important that players remember that volleyball and other sports are extracurricular activities. School studies and good grades must come before anything else and we require that our members maintain passing grades. We also appreciate the support of parents in enforcing this concept. Additionally, while we think school is important, we don't believe it should be used as an excuse to miss practice if you are using proper time management skills. Please plan accordingly when finals arrive so that you can be prepared for finals and still make volleyball practice or tournaments.

Each season our National Teams will participate in national competitions. These tournaments give players an opportunity to enjoy some exciting and challenging volleyball in other cities and states. The travel also gives older players more exposure to college recruiters. We want to emphasize that one of the more important selection criteria for our club's teams is the player's dedication and enthusiasm for volleyball. Travel to some of the more distant tournaments sometimes means vigorous, tiring schedules, homework done on the road, and missed social activities. This leads to development of discipline and good social skills. We realize the commitment we ask of our players and parents is not a small one, but the challenge, opportunity and fun make it well worth the extra effort.

CLUB FINANCIAL POLICIES

Northwest Volleyball Foundation is an organization that is supported by its members. The Club has financial obligations to meet and a budget that it must adhere to. In order to meet its various expenses, the club charges program fees that cover the costs of renting practice facilities, paying entry fees for tournaments, providing teams with equipment, maintaining equipment at practice facilities, making donations to local school volleyball programs, providing uniforms, paying coaches and staff salaries, paying coaches and chaperone travel expenses, paying for stated team travel expenses not including individual airfare, and covering the typical operating expenses incurred while running a year-round volleyball endeavor.

All payment commitments must be met in a timely manner, otherwise the club cannot function properly. Payment reminders will be sent out from billing@volleyballnw.com

REVENUE & EXPENSES

Our intention is to place 12 players on each team in order to cover team expenses. Members pay their club dues in monthly installments beginning with a deposit due upon acceptance to the club. Members have the option of paying all at once and will receive a 5% discount for doing so if paid by the due date.

SEASON DUES

We arrive at a cost for the season by anticipating the number of teams, coaches, and players we will have each season. We budget for practices from December through the end of the season for each team, a very competitive tournament schedule for the season, included travel, coaching stipends, equipment, and position tutoring for National team members. Given that these costs are fixed, our budget is dependent upon all players on the roster paying their dues in full for the entire season. All club administrative and operational expenses are shared equally by each club member regardless of the number of tournaments they play in and total number of practices.

Every person's commitment to the club is important for the financial solvency of the team and the club. Players who withdraw from the club or whose seasons are shortened by injury are still required to pay their share of dues for the entire season. Parents are required to keep their accounts up to date in accordance with the payment plan they select. It should also be noted that it is Puget Sound Region policy that players that are not in good standing with their previous clubs will not be allowed to participate in subsequent seasons for ANY club until they are in good standing with their previous one.

PAYMENT OF DUES

When you register your child for the club, you indicate a payment plan and a method of payment that you will be using. We accept checks, money orders, e-checks or an AMEX/Visa/MasterCard option as form of payment. The online registration form includes a section where you indicate that you agree to and understand your responsibilities in regards to the payment of dues. Regardless of the plan that you indicate, you will be sent reminders from our billing department (billing@volleyballnw.com); you have the option to pay your dues online with a debit or credit card; AMEX/Visa/MC. You can also mail a check or money order to the club. When paying by check, please be sure to write the player's name on the check to ensure proper credit and allow for delivery time so that you meet the payment deadline -- checks should be made out to **NWVB Foundation** and mailed to 15801 NE 85th Street, Redmond, WA 98052. Players may be sanctioned for late payment of dues.

Under no circumstances should a coach collect monies for payment of dues.

Circumstances that prevent a player from participating (injury, schedule conflict, suspension, etc.) do not dismiss the financial obligation to the club. In the case of 18-year olds signing their contracts with the club, we will require their parents to act as co-signer on all registration paperwork requiring a financial obligation.

REQUESTING A PAYMENT EXTENSION OR ALTERNATE PAYMENT SCHEDULE

Occasionally, there is a need to make special arrangements in regard to payments. The club will do everything possible to assist in such arrangements. If a special arrangement is desired, send a request in writing to our business office at billing@volleyballnw.com setting forth specific installment amounts and the specific dates of payment. The Club Administrator will present it to the BOD and if approved, the billing department will send a written response with an addendum contract or link to an on-line special payment plan to be signed or agreed to by the applicant.

FAILURE TO MAKE SCHEDULED PAYMENTS

If a payment is not received within the *5 day grace period* after the due date, the club will institute the following policy:

1. A \$25 late fee plus 1.5% monthly finance charge (18% APR) will be charged monthly on the total remaining balance.
2. The player may not be allowed to practice or participate in tournaments until the payment is received.

This agreement shall in all respects be interpreted and governed by the internal laws of the State of Washington. In the event of any litigation between the parties, the sole and exclusive jurisdiction for such action shall be the

King County District Court, East Division – Issaquah Courthouse, State of Washington or the United States District Court for the Western District of Washington. Both parties agree that the above referenced courts shall have personal and exclusive jurisdiction over the parties for any dispute arising out of this agreement

FUNDRAISING

NW Juniors Elite offers fundraising opportunities which help our members pay their dues, offset extra travel and other unforeseen expenses. As a club we offer and encourage all players to make use of our annual club-wide fundraiser, which is the Club Yearbook. The yearbook is a marketing opportunity for the club to advertise our club and its members. It is also a chance for the club to promote our players to college recruiters. The yearbook fundraiser provides a great opportunity for our members to offset the costs of club volleyball participation. This is something *very few* clubs offer. Those who are counting on Yearbook sales to pay for their season dues must know that they are responsible to stay current with their dues until the yearbook monies are applied to their account. Members are given the window of November (from the time they join the club) through March 5th to secure their sponsorship advertising. (See our website for details). Any advertising secured on behalf of a player will be applied at 100% (less the sales tax) to the member's account. *Important to note; is once club dues are paid by a member no refunds are given; even if yearbook ads and/or other fundraising is secured after those payments are made creating a credit balance on the member's account. The credit may however be used towards the cost of add-on team travel but ONLY the portions that are booked thru the club. A credit may also be used towards other NW Juniors Summer and Fall programs of that same club season year (ending in October).* Finally, if there is any unused credit balance on a member's account at the end of our Fall programs, it will be transferred to the scholarship account so that another member can benefit.

Matching Funds: Other fundraising opportunities may come from a parent's employer. Many companies advocate community involvement and support local non-profits. Often times they will match dollar for dollar. In accordance with the governing rules and regulations, matching funds paid to Northwest Volleyball Foundation cannot be applied to individual players but only to the club itself.

Teams are also welcome to do their own fundraising outside of club-sponsored activities provided the BOD approves of them. If requesting a team fundraiser, please e-mail info@volleyballnw.com with a written proposal/request. Be sure to request in advance to allow time for approval or amendments. The Club Director will present it to the BOD for approval. On occasion, select teams (typically those with additional travel expenses) are offered the opportunity to fundraise through concessions at club-hosted tournaments.

FAMILY DISCOUNTS

Families with two or more members taking part in the NW Jr's volleyball program are eligible for a family discount on the monthly club dues for the second (or more) children. The discount is \$250.00 for the second child.

TOURNAMENTS

We enter our teams in a combination of one day and multi-day tournaments. All of our teams are entered in the Puget Sound Region Power League, which is a seeding league. Our National teams are also entered into tournaments which give them an opportunity to qualify for the USAV National Championship Tournament. All of our National teams have the option of adding qualifiers for additional opportunities to qualify. All of our Regional teams compete in two out of region tournaments – one mid-season and one at the end of the season – so they have the opportunity to experience a tournament of that magnitude.

There are many tournament formats that your will eventually become familiar with. Many of the tournaments our teams participate in take one day, either a Saturday or a Sunday. The Puget Sound Region sets which day tournaments are hosted, what age group, and who hosts them. A few tournaments involve two or three days of pool play, as described followed by single elimination bracket play. In a two-day tournament, bracket play sometimes starts immediately after the second day's pool play, and wraps up that evening. In the longer tournaments, bracket play (usually multiple brackets with team position within the brackets dependent upon performance in pool play) starts early the day after completion of all pool play.

Because the length of volleyball matches can be unpredictable and tournament formats and management varies, it is difficult to pinpoint the time a tournament may end. Also, exact tournament schedules or final confirmations are often not available until just before the tournaments begin (often the night before play starts). This is partly due to late entries, withdrawals or team changes, all of which impact the actual tournament playing schedule and match-ups. Our club has no control over the administration of these tournaments; we do however make every effort to share tournament information with our members as soon as it is published.

Since team entry fees must be paid well in advance, and the large amount of planning required for travel and lodging, it is extremely important that team coaches are notified as far in advance as possible of any tournament a player cannot attend. Parents and players should closely review the tournament schedule provided and notify the

coach of any conflicts. For National teams that are traveling or playing in Qualifiers it is required that players make it a priority to attend these tournaments in order to give the team the best chance of qualifying for Nationals. We understand that situations such as illness do cause short notice conflicts; it is the ones known in advance of which we must be informed as soon they are identified in order to best adjust to the situation.

Player's cost beyond fees already scheduled is kept to a minimum; the main item the players are responsible for paying during an average one-day tournament is their individual meals and snacks. Trips requiring more significant meal and snack costs are planned and discussed with the parents ahead of time. Our general rule for driving to tournaments is this; 17 and 18 year olds can drive to all tournaments in the King, Snohomish, and Pierce County area. Outside of that area, they are required to be driven by a parent or guardian or car pool with another team parent. 16 year olds must be driven to all tournaments, regardless of location.

CLUB SPONSORED TOURNAMENTS

Northwest Volleyball Foundation hosts several junior volleyball tournaments throughout the season and we often enter our teams in each of these tournaments. Often times, our teams will be assigned to show up early for set-up and/or stay late to take down and clean-up. In the case of our multi-day tournaments, often times we assign teams that are not participating in the tournament to assist. In many cases, we offer these assignments to teams and tie them in with an opportunity to run a concession stand as a team fundraiser. Our National teams get first option to host these concession stands, as their costs are higher than Regional teams. Traditionally, teams that have embraced these opportunities have done very well in their fundraising efforts. When offered the opportunity, we have resources for those that would like suggestions for successful concession stands. We ask that all members (players, parents, coaches) understand these responsibilities and work closely with our tournament directors to help ensure that all who participate in our tournaments have an enjoyable experience.

PLAYER RULES AND POLICIES

DEMONSTRATING PROPER RESPECT

The Club expects each player to treat all club coaches, other club members, and all adults (parents, coaches, officials) with respect and to address them in a proper manner. When at a tournament, Directors, referees, other coaches, and opponent players and parents are to be treated with respect. Failure to adhere to this standard may result in the player's immediate suspension or dismissal from the club.

ATTENDANCE

A team is dependent upon all of its members. Since a player cannot improve and contribute to their team unless they attend practice, all players are expected to make every effort to attend all scheduled practices. This includes SAQ training for National teams. Obviously, there may be unavoidable reasons why a player must miss a practice, but chronic absences and tardiness will impact a player's future with the club.

If a player must miss a practice, **THE PLAYER** must call their respective coach at least three hours before practice (not a text unless the coach approves of this as a method of communication). When missing practice, a teammate should be contacted afterwards to confirm that the date and/or time of the next practice or meeting has not changed. A player who fails to attend practices regularly may be dropped from the team or Club as the case dictates.

It is also the **player's** responsibility to **BE ON TIME** for all practices and tournaments. If a player has a good reason for being late to a practice or tournament, **the player** must communicate this to the coach. Players are expected to attend all scheduled events except in the case of illness, injury, family crisis, or other emergency situation. Family trips are not considered emergency situations. Our Attendance policy is as follows:

- Each player will be allowed six (6) absences from *practice* for the entire season (due to illness, family or school functions). Missing more than 6 may result in suspension.
- Each player will be allowed two (2) absences from *tournaments* for the entire season (due to illness, family or school functions). Missing more than 2 may result in suspension.
- National team players are required to make their Power League and Qualifier tournaments a priority. An absence from one of these activities may result in suspension.

TEAM CHEMISTRY AND SUPPORT

A very important part of a team's success is the chemistry that develops between the players. The unity, support, friendship, and effort with each other are imperative to the success of the team. All players will be expected to contribute to the team chemistry and to be enthusiastic at both practices and tournaments. Ultimately, sports are supposed to be fun.

PRACTICE RULES

- Players are required to be ready to begin practice at the designated start time. Please allow yourselves enough time to put on kneepads, change shoes, be taped if needed, and do pre-practice routines. Players are expected to assist in practice set up such as setting up and taking down nets and standards, and putting away volleyballs and other equipment that may be used that day. Begin practice mentally prepared. Have personal goals for all practices. A good time to think about goals is during warm-up.
- At all times, players are to put forth a maximum effort to perform at the best of their ability. In every drill, especially when fatigued, they are to attempt to play the ball using the correct technique.
- Players are expected to control negative emotions brought on by frustration and/or fatigue. Blatant use of negative words or body language towards self, teammates, or coaches will not be accepted. Failure to maintain emotional control may lead to their dismissal from all or part of practice.
- Players are expected to hustle, jog and/or run between stations at practice. Examples include shagging balls, returning to lines in drills, to and from water breaks, and when called into group instruction.
- Any scheduling changes due to weather or conditions beyond our control will be communicated through our club website. Please be sure to check the home page for news of an immediate nature. During winter storm season if a practice is not cancelled, parents and/or players can use their discretion to choose not to attend practice if the conditions are dangerous. These will not be counted as missed practices, but the coaches still need to be notified.
- Please bring your own plastic water bottle to practice and tournaments.
- Players who are not current in their dues may be excluded from practices or tournament play.

PLAYING TIME

Playing time is a highly charged and often misunderstood issue in youth sports. It is a part of the development of the athlete to be able to apply the skills and fundamentals taught in practice in a match situation. Only then can a coach and player truly realize which skills the player is proficient at and which skills require more training at practice. Our coaches are fully versed in the club's playing time policies and have been instructed in what constitutes fair playing time. Our club philosophy is that coaches are best qualified and equipped to make "playing time" decisions for their teams. The coaching decision is not up for debate or question. Athletes are encouraged to ask what they can improve on to get more playing time, when the issue arises. We have two philosophies in play in our club and we want to take the time to outline and illustrate each policy for you:

Regional Teams have a *fair* playing time policy in place. *Unless the team decides otherwise*, Regional teams' emphasis is on developing every player so playing time in pool play should be fair (provided the effort and attendance is equal at practices). We do not measure "fair" by the clock or by points scored; we measure it by opportunities given. Given the inconsistent nature of developing teams and players, players typically "take turns" being the star of the team for that day. The philosophy during pool play is for a fair distribution of opportunities; the philosophy during playoffs is to try to win as many matches as possible and thus increase game time opportunities.

It should be noted that your club membership fees go toward practice time and instruction by our coaches NOT to playing time in tournaments. We endorse a "fair" amount of playing time for every player, not an "equal" amount. When assessing the amount of playing time, make sure that the comparison is being made among players that play the same position. For example, there may be only two middle hitters on a team and three outside hitters. One outside hitter must sit out, since only two outside hitters are in the game at a time. Yet the two middle hitters play all the time. So, among the outside hitters, each will receive a 'fair' amount of playing time. More playing time is earned by being at practice and working hard to improve, as well as, executing the skills when given the opportunity to play. Missed practices result in lost playing time at tournaments.

National Teams do not guarantee playing time for everyone at tournaments. In the case of our National teams, equal playing time does not always lead to team success at crucial tournaments. Nearly every tournament the National teams play in is of high significance, whether it is the PSR Power League or out of region Qualifiers, therefore the intention is to put the team that has the best chance of success on the court at all times. Players are constantly evaluated on their athletic ability, improvement over the course of the season, performance at practice, ability to be dependable and reliable during competition, and overall contribution in whatever capacity they are asked to perform that ensures the success of the team. A player's athleticism or suitability for a role determines what position they will be asked to play and their performance in practice will help determine what role she will play in tournaments.

Other factors that contribute to playing time include how they add or take away from the team's performance compared to others that play their position. Coaches are constantly trying different combinations of players to find which ones work best together and lead to the greatest amount of team success. This means some players will

play more than others. Players are expected to understand and accept their role as defined by their coaching staff and accept that the collective success and performance of the team has the highest priority.

GRIEVANCE PROCEDURES

Competitive team athletics, by its very nature, creates an environment where athletes, parents and/or coaches may not be in agreement with all decisions made. Knowing when and how to communicate with the coach or Club Director is a concern for almost every parent at some time during the season. Most often the concern is how to inquire about issues surrounding playing time. At NW Juniors Volleyball Club, the grievance process that athletes and parents must follow is based on over 40 years of experience in this area. Parents should release their athletes to the game and allow them to communicate on their own behalf; therefore athletes are encouraged to communicate with their coaches. Athletes are expected to discuss any issues concerning playing time or any other volleyball related subject with their coaches first before escalation is needed. Parents are encouraged to communicate with the Club Director after exhausting all the recourses to resolve the problem at the team level. Coaches are instructed not to discuss coaching decisions with parents. These coaching decisions include but are not limited to playing time, substitution patterns, team line-up decisions, etc. Coaches are not required to defend their thought process or conclusions at any time during the season. Coaches are instructed not to engage in controversial discussions during tournaments. If a coach is approached during a tournament, they have been instructed to: refuse to discuss any controversial matter and encourage the parents to connect with them at a different time and to walk away from the situation. We like the 24-hour rule as a standard contact practice, meaning parents should wait at least 24 hours after the tournament before reaching out. Often times the extra time, and/or the chance to talk to their child results in a decision not to contact the coach. Parents who fail to adhere to these policies or who continue to escalate a situation after a coach has walked away are subject to disciplinary action which may include being barred from participating as a spectator at events and or having their athletes suspended.

Parents and athletes are to adhere to the following grievance process:

1. The Athlete meets with the coach to discuss the matter. If the matter is not resolved or the athlete has a reasonable concern about speaking to the coach, then...
2. The parent meets with the coach to discuss the matter. If the matter is not resolved or the parent has reasonable concern about speaking to the coach, then...
3. The parent meets with the Club Director. In certain situations, the Club Director may ask either the coach or athlete (or both) to attend the meeting.
4. All decisions and recommendations by the Club and the Club director are final and not subject to appeal.

The recommended time for a parent and/or athlete to schedule to meet with a coach is immediately before or after a scheduled practice. It is inappropriate for an athlete or a parent to approach other club members about a problem the athlete or a parent is having with a coach, about objections to coaching, or administrative decisions. For the psychological health of the teams and the Club as a whole, grievances must be handled via the Grievance process outline above. The club strongly promotes fairness and believes in open communication. All issues and concerns are immediately addressed with the athlete's well-being in mind.

OTHER POLICIES REGARDING GRIEVANCE

NW Juniors Elite VBC does not tolerate hostile, aggressive confrontations between a parent and any official, another parent, a coach, another athlete, or another team's representative (including coach, athlete or parent). Violation of this policy may result in the parent being barred from attendance or the athlete being dismissed from the club without refund.

DROPPING OR SUSPENDING A PLAYER

There are several reasons why a player would be asked to discontinue playing or be suspended:

- Lack of commitment as evidenced by missing too many practices or tournaments.
- Poor sportsmanship or lack of respect for authority
- Poor attitude, lack of effort, disruptions and/or dishonesty
- Not meeting financial obligations

PLAYER CODE OF CONDUCT AND "ZERO TOLERANCE" RULES

Players are reminded that they are representatives of NW Juniors Elite VBC and they should exercise good judgment and be considerate of others at all times during tournaments. Players are expected read the club's travel rules and abide by them. These rules are outlined on our travel pages. The more important rules are outlined below.

Players are expected to arrive in time and stay with their team during all one-day tournaments and overnight tournaments. Overnight tournaments are not a time to schedule family visit with relatives or friends *until after the player is formally released by the coach.*

For safety purposes, during overnight tournaments, players are expected to travel in groups of 3 when not escorted by a chaperone, parent, or coach. When applicable, players must always receive permission from the chaperones before leaving their rooms for any reason. Players must wear appropriate attire when traveling through the hotel halls. For example, if going to the hotel pool, players must wear footwear and clothing over their bathing suit. No walking barefoot, in bikinis and wrapped towels, robes, etc. at any time.

For travel, parents are reminded that there is a “Zero Tolerance” policy with respect to the following:

- Players must not take or possess unlawful drugs or alcohol.
- No boys in players’ rooms and no players in boys’ rooms.
- Players must not participate in any criminal activity, including shoplifting or other forms of theft.

Any player who engages in such misconduct will be immediately removed from her team and sent home at the expense of her parents.

SANCTIONS

Players whose actions violate the rules and regulations outlined in this handbook are subject to disciplinary actions that may include probation, suspension, or expulsion.

PROBATION may be imposed which allows the player to practice with the team, but not participate in tournaments. In the event that probation is imposed, the party leveling the probation (either coach or club) will inform the player of the deficiency, the length of probation, and the manner in which the deficiency can be corrected. Upon completion of the probationary period, if the deficiency has been corrected, the player will be reinstated with full team privileges. If the deficiency is not corrected, the probation may be extended, or the player may be suspended.

SUSPENSION means a player is suspended from participation for a specific number of days. During suspension, the player cannot participate in any team-related activities.

EXPULSION means complete denial of the right to participate in any team or club related activities for an indefinite period of time.

NATIONAL RECRUITING RESOURCES

As we will stress throughout your tenure with our club, it is important to us that we prepare our athletes for playing at the next level when they graduate high school. Trying to earn a college scholarship is a **process**. We will provide our members with the tools we feel are necessary for them to be successful. They are also encouraged to investigate a recruiting service and determine whether or not the investment is necessary. By NCAA standards, athletes are recruits as soon as they enter the 9th grade. Our program is designed to offer resources to all of our athletes regardless of where they are in the recruiting process.

Whether it is offering the initial tools of goal-setting to our U14’s or sample letters for our 17’s and 18’s to send to college coaches, we have tools for all of our members. Our program will assist any players wanting to market themselves to college coaches. We typically schedule a recruiting seminar early in the season and the club will assist in making sure that our players receive exposure to college recruiters by competing in national qualifiers and top-level tournaments.

ACADEMIC STANDARDS

We understand that the primary responsibility for determining the importance of academic progress lies with the player’s parents. We place a high value on education, especially as it relates to the player’s ability to be admitted to the college of their choice. Good study habits and time management go hand-in-hand with success on the court. Because it is in the players’ best interest we strongly suggest that all players maintain a minimum of a 3.0 cumulative GPA (on a 4.0 scale).

MULTIPLE SPORT ATHLETES

As stated earlier, we expect our players to make a commitment to their teams for the season. We are aware that a student athlete interested in our club may be interested in multiple sports during the club volleyball season. We also realize that some of the best volleyball players are just great athletes and have other athletic interests that may have been cultivated in their younger years. Through a player’s sophomore year in high school we encourage participation in as many sports or activities as the athlete can adequately handle. However, any athlete that chooses to participate in other extra-curricular activities during our club season is obligated to sit down with their parents and coaches to determine the following:

- They need to identify which sport has a priority when there is a conflict.
- They need to compare schedules and determine the number of practices or tournaments that conflict.
- They need to consider the time commitment necessary to be successful in all activities they take on
- They need to consider the physical and mental strain they will endure in trying to be successful in all activities they take on

- The need to assess how their other extracurricular activities will affect their contribution to the team as well as how it may affect their playing time.

For our juniors and seniors, we highly discourage other sports during the club season. Athletes MUST disclose intended extracurricular activities to the coaches during the selection process and come up with a plan of action earlier in the season that emphasizes that the club volleyball commitment is the first priority. The coach will then have discretion as to whether or not to accept a multi-sport athlete onto their roster.

USA VOLLEYBALL INFORMATION

USA Volleyball (USAV) is the National Governing Body for the sport of volleyball in the United States and is recognized as such by the Federation International de Volleyball and the United States Olympic Committee. The vision of USA Volleyball is to be acknowledged as the world leader in volleyball. The United States is divided into 40 Regions, operated by Regional Volleyball Associations (Regions). Our region is the Puget Sound Region and consists of Western Washington from Bellingham to Centralia. To the south is the Columbia Empire Region, consisting of Oregon & Western Washington from Centralia and south; to the East is the Evergreen Region consisting of Eastern Washington, Northern Idaho, and Montana. When we (you) join our Region, we become a registrant of USA Volleyball (USAV), just like the players on the USA Volleyball National teams.

Benefits of USAV Membership through its Regions:

- Subscription to *Volleyball USA*, a quarterly magazine
- Electronic, bi-monthly newsletter "Rotations"
- Opportunity to play in USA Volleyball sanctioned competitions, both indoor and beach that are open only to USAV members
- Age group competition for Junior Olympic Volleyball - 18, 17, 16,15,14,13, and 12 & under, & Youth (3-11 years old).
- Ability to qualify for USA Jr. Olympic Volleyball & USA Jr. Olympic Beach Volleyball National Championships.
- Eligibility to tryout and participate in USA Volleyball Regional and National volleyball camps
- Secondary Sports Accident for those with primary insurance and Primary Sports Accident insurance (with \$1,000 deductible) for those registrants without health insurance during USAV/RVA sanctioned events
- General Liability insurance - covering all USAV/RVA sanctioned activities
- Opportunity to represent the USA in indoor and beach volleyball in the Pan Am Games, World Championships (senior, junior and youth levels), and the Olympic and Paralympic Games

Our Region: Puget Sound Region – USA Volleyball

22617 76th Ave. W, Suite 201; Edmonds, WA 98026 | Phone: (425) 673-4103; Fax: (425) 673-4293

E-mail: office@psrvb.org | Web Site: www.psrvb.org

INSURANCE COVERAGE

As part of their individual membership fees, all players are covered by a supplemental insurance policy that is carried by USA Volleyball. This is a two (2) million dollar liability policy that covers all club activities and injuries that may occur during an event. An event can be either practice or a tournament. The policy also insures players against any loss that may be incurred while traveling to or from an event. Please note that this is a *supplemental* policy and all participants are required by USA Volleyball to carry individual health insurance to participate. Should they be in need of a primary carrier, they can contact the USAV insurance company for additional coverage.

YOUR CLUB FEES COVER THE FOLLOWING:

- Volleyball Uniforms, shoes, socks, backpacks & Sweats
- Volleyball Team Equipment (volleyballs, bags, carts, first aid kits)
- Occasional upgrade of equipment at practice facilities
- Coaches Equipment and training
- Donations to volleyball programs
- Facilities Rentals
- Practices through the end of their season
- SAQ Training for UA teams (December – March)
- Administrative Expenses (e.g. postage, phone, and office)
- *Travel costs as described for scheduled travel including coaches and chaperones

USA Volleyball Membership is *not* included in the program cost. Members pay for their Membership when they register for USA Volleyball as part of their club registration procedure.

**Post Season is not included; Nationals (if a team qualifies must attend) and post season may be added for an additional cost.*

POLICIES AND RULES REGARDING PARENTS AND PARENT CODE OF CONDUCT FOR TOURNAMENTS AND PRACTICES

BASIC RESPONSIBILITY

Parent participation and support is essential for the success of our teams and our players. Active and responsible parents also contribute to the positive image the Club enjoys within the community, within the Puget Sound Region, and with our sponsors. We ask that all parents read over the Bruce Brown addendum addressing parent behavior and indicate that they have read it on their **Participant Agreement Form**.

The areas of direct responsibility for parents are:

- Providing players with the transportation to and from practices and tournaments.
- Knowing and adhering to tournament and practice etiquette rules.
- Releasing their athletes to the game.
- Meeting the financial obligations of the club.

TOURNAMENT ETIQUETTE

The club hopes that each parent will attend many tournaments over the course of the season and that they will be active cheerleaders for the team and the Club. There are a few rules of proper etiquette and behavior parents need to follow.

Supportive Parents make a Stronger Team!

The Club Director, the Board, and all the Coaches want parents, friends, relatives and fans to enjoy tournaments and to be a cheerleader for the team and the Club.

The club expects that questions, concerns and complaints will exist in a program with multiple teams, coaches, personalities, parents, and fans. Regulations have been adopted to make the Club experience as positive as possible and to carry our goals set up by USA Volleyball and the Puget Sound Region.

WHEN AT A TOURNAMENT

- Food and drink are not allowed (except water) in most gyms. Many tournaments even serve a 10-15 point penalty to the teams who bring food or drink into gyms. The team can be penalized for the indiscretion of anyone there to support them. "Campsites" may be set up outside on surrounding patios and grassy areas at most tournaments. Do not leave behind any trash. No dogs are allowed at tournament sites. Some gyms have lobby areas that allow food or campsites, but crock pots and other plug in cooking devices are prohibited inside these areas. The region has let clubs know that many gyms may deny future access to volleyball due to teams leaving behind trash or disobeying the gym rules.
- **DO RESPECT OTHERS.** The club is responsible for the conduct of players, coaches, parents and fans to make participation in the sport a positive experience. The Club reserves the right to restrict the attendance of parents or relatives and friends at tournaments. If parents do not cooperate, the Club may have no choice but to dismiss the player from the club.
- **DO CHEER** for your team and its players. Do not be negative about the players, the coach or the other team at any time. It is great if your daughter develops friendships with players on other teams. It's part of the game and they may see these same teams at multiple tournaments.
- **DO NOT COACH** from the sidelines. There is a huge difference between cheering for the team and attempting to be a coach from the bleachers.
- **DO NOT YELL AT OR APPROACH** the officials, lines persons, or scorekeepers at a tournament. If a discrepancy occurs, let the coach deal with the problem.
- **PLAYERS SHOULD TALK TO THE COACH** about concerns as soon as reasonably possible. That is part of being on a team. It is easier to resolve a matter when it happens than at a later time. If not resolved with the coach, contact the Club Director in person or by phone
- **PARENTS SHOULD COMMUNICATE** complaints and disagreements only at the proper time and place. Concerns or complaints should be addressed with the coach at an appointed time, not during tournaments or practices. All communication toward a coach at tournament or practice sites should be in regards to general volleyball questions or comments. Parents should not feel like they cannot talk to coaches at tournaments or practices, but they must understand the type of communication that is acceptable in each situation.

PARENT ROLES WITHIN THE TEAM

TEAM ROLES

To take part of the administrative load off of the coach, team parent representatives called *Team Focals*, will be selected by the coach of each team. They will be responsible for coordinating all events for their teams. The parent focal is the primary communication link between the players, the coach, and club administration. Some teams will also select a *Fundraising Focal* to help organize team fundraisers. Finally, when traveling, U14 and older teams will travel with adult female *Team Chaperones*. These positions are defined below.

TEAM FOCAL

- One focal per team
- Responsibilities include: Communicate travel arrangements & other club information to team and parents (dates, times, maps, etc.).
- Best method to communicate is through a team e-mail or newsletter
- Attend Club Coaches/Focals meetings when scheduled
- Assist the club's travel coordinator in distributing travel information
- Ensure all online registration has been completed by all chaperones for your team
- Other misc. coordination:
- Carpools for practices & Tournaments
- Coordinate room assignments for travel with coaches
- Organize food/snacks for teams at tournaments

FUND RAISING FOCAL

- One fundraising focal per team
- Runs team fundraisers as scheduled
- Seeks approval from Club Director for additional fundraising events
- Submits funds raised to *Club Accounting* department for credit to individual accounts. Monies submitted will include a summary of what will be placed into each player's account
- Attend Club Coaches/Focals meetings as scheduled
- Arrange and communicate fundraising opportunities/events to team and parents with Team Focal

CHAPERONES

During the current season, we ask that parents attend as many tournaments as possible. If you as a parent or guardian cannot attend, please contact a fellow parent to chaperone your daughter(s). For out of region or overnight traveling tournaments for U14 and older teams, we will have one designated adult female chaperone per team. The chaperone can either be another coach or a selected parent of a player on that specific team.

The chaperone must be willing to room with another chaperone if attending a tournament with other NWJRS Elite teams. They must also be willing to room with their daughter and other players if necessary. Most importantly, the Chaperone needs to be available and accessible to all of the players at all times.

CHAPERONE GUIDELINES

- One chaperone per team per travel event for 14 and older teams or for U12/U13 flying trips.
- Chaperones must be female adults (preferably a parent) and willing to adhere to rooming situations that are in the best interest of the club and team.
- Chaperones must be able to travel with the majority of the team to and from the event.
- On flying trips, the chaperone will be asked to drive a rented team vehicle
- The club reserves the right to use other coaches/assistants as chaperones instead of a parent.
- Chaperones must work closely with the Team Focal and coaching staff.

RESPONSIBILITIES:

- Make sure players are adhering to club travel rules and coordinate with the coach and make sure players and other traveling parents know when to meet for team functions.
- Ensure the general welfare of players whose parents are not with team.
- Misc. coordination of snacks/food, room assignments, etc.
- [For post-season play] Register with USA Volleyball (chaperone membership) and submit to Background Screening as part of your membership. The club pays for your membership, so do not pay when you register. Please forward your registration confirmation to the club administrator so they can handle reimbursement.

TRAVEL

For travel information please refer to the club website's TRAVEL TOURNAMENTS Page, which will list all tournaments our club participates in. By selecting the link associated with the tournament, you will be directed to the page which contains the information for that tournament including how parents can secure hotel rooms in the team hotel. We ask that all players and parents review with their coaches and chaperones the posted travel rules and information provided for our teams in regards to team travel. We have separate rules for travel by air. On each tournament travel page we will have the telephone number of the hotel and a web link to the tournament information provided by the tournament hosts. For U14 and older teams, your daughter will be required to stay with her team at all times as everything will be done as a team; this includes flying as a team since airfare is included in the travel fees for the club season. We strive not only to teach the concept of team play but of total team involvement. These trips are for your daughter's volleyball experience and training as a member of a team, not a family vacation. For U12 & U13 teams the parents travel with and house the players and must meet all itinerary obligations set forth by the coaching staff.

For U14 and older teams, your travel dues cover travel expenses for players, coaches and chaperones as anticipated and budgeted throughout the season; post-season tournaments are at an additional cost. For U12-13 teams your dues include the tournament costs and costs to house and transport coaches to the tournament, they do not include the player's transportation or housing costs.

The only additional costs that will be associated with travel will be as follows:

- Parent Travel
- Travel to and from Northwest area travel tournaments (Spokane, Yakima, Centralia, Eugene)
- Food and entertainment expenses while traveling.
- Unanticipated or unforeseen costs for travel that was not previously collected. This may include higher than budgeted airfare for coaches and/or chaperones or hotel costs.
- All costs associated with additional or unscheduled travel.

Based on our anticipated travel schedule, we have already made preliminary arrangements at hotels, rented vans, and investigated possible airfare costs for teams, coaches and chaperones for the upcoming season based on our assessment of which teams will travel to which tournaments. Regarding airfare, we will post the itinerary for the team, coaches and chaperone; parents have the option of securing arrangements for themselves on the same flight. The club does not offer seats to family members on our group airfare.

CLUB REGISTRATION, CONTRACTS & RELEASE FORMS

The following forms are required before any player will be allowed to participate in club activities.

1) PUGET SOUND REGION "CLUB PLAYER CONTRACT"

This form is turned in on the signing date and is distributed to players and parents at tryouts.

2) NW JUNIORS ELITE VBC PARTICIPANT AGREEMENT FORM, APPENDIX 2

This form is APPENDIX 2 of this Handbook. This form serves as an agreement by player and parent that the player and parent have read this Club Handbook thoroughly and, specifically, that all players and parents will be expected to and agree to follow the rules, codes of conduct, and financial and other obligations, as described in this Handbook.

This form is returned no later than at Club Orientation.

3) USA VOLLEYBALL YOUTH PLAYER MEDICAL HISTORY & RELEASE

This form is a necessary medical history and release form and a copy must be on file with the NW Juniors Office. Be sure the information is always kept current, as this information will be used if the player needs medical attention and a parent or guardian is not present. The USAV requires coaches to carry these forms with them during all practices, tournaments or other Club sponsored events. *This form submitted during tryouts.*

4) PUGET SOUND REGION CONCUSSION AND SUDDEN CARDIAC ARREST AWARENESS FORM

This form is a necessary for indicating you understand the State Lystedt Concussion law and Sudden Cardiac Arrest Awareness and a copy must be on file with the NW Juniors Office. *This form submitted during tryouts.*

5) ONLINE CLUB REGISTRATION

This is the form you use to register for the club and determine your payment method for the season. A link to this form is emailed directly to you. *The form must be completed within one week of signing.*

NORTHWEST JUNIORS ELITE VOLLEYBALL CLUB: PLAYER/PARENT HANDBOOK APPENDIX 1 (Page 1 of 2):

CLUB SEASON PROGRAM FEES AND PAYMENT STRUCTURE: UNDER ARMOUR TEAMS (UA)

Notes:

*These price points may be subject to change due to variances in travel and hotel costs for coaches, and/or tournament registration fees.

*Travel costs do not include transportation to out of state travel tournaments or transportation to/from any tournaments.

18 UA-1	Season Length: Dec - May ; Approximately 20 tournament days							
Dues: \$3,015.00 Travel: \$1,025.00*	Tournaments include: PSR Power League, OR MLK, NWJrs Presidents, NWJrs Spring Classic, PNQ, Travel: OR MLK, Spokane Qualifier, Spring Classic (Centralia). *Team has the option to add Qualifiers and/or Nationals at additional cost.							
Total: \$4,040.00	Dec	Jan	Feb	Mar	Apr	May	TOTAL	
Monthly Plan	\$875.00	\$633.00	\$633.00	\$633.00	\$633.00	\$633.00	\$4,040.00	
Full Pay 5% Dues discount on Dues	\$3,889.25						\$3,889.25	
U17 UA-1 & U16 UA-1	Season Length: Dec-May (June if team qualifies for Nationals or opts to go to VB Festival); Approximately 21 tournament days							
Dues: \$3,015.00 Travel includes Airfare: \$2,180.00*	Tournaments include: PSR Power League, OR MLK, NWJrs Presidents, NWJrs Spring Classic, PNQ, West Coast Championship Travel: OR MLK, Spokane Qualifier, Spring Classic (Centralia), Las Vegas W, Coast Championships. (if team qualifies they must go to Nationals) *Nationals and post season travel would come at additional cost.							
Total: \$5,195.00	Dec	Jan	Feb	Mar	Apr	May	TOTAL	
Monthly Plan	\$875.00	\$864.00	\$864.00	\$864.00	\$864.00	\$864.00	\$5,195.00	
Full Pay 5% Dues discount on Dues	\$5,044.25						\$5,044.25	
U16 UA-2	Season Length: Dec-May; Approximately 19 tournament days							
Dues: \$3,015.00 Travel includes Airfare: \$1,575.00*	Tournaments include: PSR Power League, NWJrs MLK, NWJrs Presidents, PNQ, West Coast Championship Travel: Spokane Qualifier, Las Vegas W. Coast Championships. *Team has option to add Qualifiers and/or Nationals at additional cost.							
Total: \$4,590.00	Dec	Jan	Feb	Mar	Apr	May	TOTAL	
Monthly Plan	\$875.00	\$743.00	\$743.00	\$743.00	\$743.00	\$743.00	\$4,590.00	
Full Pay 5% Dues discount on Dues	\$4,439.25						\$4,439.25	
U15 UA-1	Season Length: Dec-May (June if team qualifies for Nationals or opts to go to VB Festival); Approximately 21 tournament days							
Dues: \$3,015.00 Travel includes Airfare: \$1,800.00*	Tournaments include: PSR Power League, NWJrs MLK, NWJrs Presidents, NWJrs Spring Classic, PNQ, West Coast Championship Travel: Spokane Qualifier, Spring Classic (Centralia), Las Vegas W. Coast Championships. (if team qualifies they must go to Nationals) *Nationals and post season travel would come at additional cost.							
Total: \$4,815.00	Dec	Jan	Feb	Mar	Apr	May	TOTAL	
Monthly Plan	\$875.00	\$788.00	\$788.00	\$788.00	\$788.00	\$788.00	\$4,815.00	
Full Pay 5% Dues discount on Dues	\$4,664.25						\$4,664.25	
U15 UA-2	Season Length: Dec-May; Approximately 19 tournament days							
Dues: \$3,015.00 Travel includes Airfare: \$1,575.00*	Tournaments include: PSR Power League, NWJrs MLK, NWJrs Presidents, PNQ, West Coast Championship Travel: Spokane Qualifier, Las Vegas W, Coast Championships. *Team has option to add Qualifiers and/or Nationals at additional cost.							
Total: \$4,590.00	Dec	Jan	Feb	Mar	Apr	May	TOTAL	
Monthly Plan	\$875.00	\$743.00	\$743.00	\$743.00	\$743.00	\$743.00	\$4,590.00	
Full Pay 5% Dues discount on Dues	\$4,439.25						\$4,439.25	
U14 UA-1 & 2	Season Length: Dec-May (June if team qualifies for Nationals or opts to go to Volleyball Festival); Approximately 21 tournament days							
Dues: \$3,015.00 Travel includes Airfare: \$998.00*	Tournaments include: PSR Power League, NWJrs MLK, NWJrs Presidents, NWJrs Spring Classic, PNQ, Far Western Qualifier Travel: Spokane Qualifier, Reno Far Western Qualifier. (if team qualifies they must go to Nationals) *Nationals and post season travel would come at an additional cost.							
Total: \$4,013.00	Nov	Dec	Jan	Feb	Mar	Apr	May	TOTAL
Monthly Plan	\$875.00	\$523.00	\$523.00	\$523.00	\$523.00	\$523.00	\$523.00	\$4,013.00
Full Pay 5% Dues discount on Dues	\$3,862.25							\$3,862.25

NORTHWEST JUNIORS ELITE VOLLEYBALL CLUB: PLAYER/PARENT HANDBOOK APPENDIX 1: (Page 2 of 2):

13 UA-1	Season Length: Dec-May; Approximately 20 tournament days							
Dues: \$3,035.00 Includes Travel*see notes	Tournaments Include PSR Power League, NWJR MLK, Presidents, PNQ, Mother's Day Challenge, Memorial Weekend Travel: Spokane Qualifier & Mother's Day (Centralia); team has option to add Qualifiers and/or Nationals at additional cost. *Travel costs							
Total: \$3,035.00	Nov	Dec	Jan	Feb	Mar	Apr	May	TOTAL
Monthly Plan	\$875.00	\$360.00	\$360.00	\$360.00	\$360.00	\$360.00	\$360.00	\$3,035.00
Full Pay 5% Dues discount on Dues	\$2,883.25							\$2,883.25
12 UA-1	Season Length: Dec-May; Approximately 18 tournament days							
Dues: \$2,795.00 Includes Travel*see notes	Tournaments Include PSR Power League, NWJR MLK, Presidents, PNQ, Mother's Day Challenge, Memorial Weekend Travel: Spokane Qualifier & Mother's Day (Centralia); team has option to add Qualifiers and/or Nationals at additional cost. *Travel costs							
Total: \$2,795.00	Nov	Dec	Jan	Feb	Mar	Apr	May	\$0.00
Monthly Plan	\$875.00	\$320.00	\$320.00	\$320.00	\$320.00	\$320.00	\$320.00	\$2,795.00
Full Pay 5% Dues discount on Dues	\$2,655.25							\$2,655.25

CLUB SEASON PROGRAM FEES AND PAYMENT STRUCTURE: BADEN (BA)

U15-U16 BA	Season Length: Dec-May Approximately 16 tournament days							
Dues: \$2,540.00 Travel: \$475.00	Tournaments Include: PSR Power League, NWJrs Presidents, Yakima Jamboree, NWJrs Mother's Day Challenge (Centralia), Regional Championships. Travel: Yakima Jamboree and Centralia Mother's Day Challenge							
Total: \$3,015.00	Dec	Jan	Feb	Mar	Apr	May	TOTAL	
Monthly Plan	\$875.00	\$428.00	\$428.00	\$428.00	\$428.00	\$428.00	\$3,015.00	
Full Pay 5% Dues Disc	\$2,888.00						\$2,888.00	
14 BA	Season Length: Dec-May Approximately 16 tournament days							
Dues: \$2,540.00 Travel: \$471.00	Tournaments Include: PSR Power League, NWJrs Presidents, Yakima Jamboree, NWJrs Mother's Day Challenge (Centralia), Regional Championships. Travel: Yakima Jamboree and Centralia Mother's Day Challenge							
Total: \$3,011.00	Nov	Dec	Jan	Feb	Mar	Apr	May	TOTAL
Monthly Plan	\$875.00	\$356.00	\$356.00	\$356.00	\$356.00	\$356.00	\$356.00	\$3,011.00
Full Pay 5% Dues Disc	\$2,884.00							\$2,884.00
13 BA	Season Length: Nov-May; Approximately 16 tournament days							
Dues: \$2,555.00 *Travel: see notes	Tournaments Include: PSR Power League, NWJrs Presidents, Yakima Jamboree, NWJrs Mother's Day Challenge (Centralia), Regional Championships. Travel: Yakima Jamboree and Centralia Mother's Day Challenge							
Total: \$2,555.00	Nov	Dec	Jan	Feb	Mar	Apr	May	TOTAL
Monthly Plan	\$875.00	\$280.00	\$280.00	\$280.00	\$280.00	\$280.00	\$280.00	\$2,555.00
Full Pay 5% Dues Disc	\$2,427.25							\$2,427.25
12 BA	Season Length: Nov-May; Approximately 16 tournament days							
Dues: \$2,369.00 *Travel: see notes	Tournaments Include: PSR Power League, NWJrs Presidents, Yakima Jamboree, NWJrs Mother's Day Challenge (Centralia), Regional Championships. Travel: Yakima Jamboree and Centralia Mother's Day Challenge							
Total: \$2,369.00	Nov	Dec	Jan	Feb	Mar	Apr	May	TOTAL
Monthly Plan	\$875.00	\$249.00	\$249.00	\$249.00	\$249.00	\$249.00	\$249.00	\$2,369.00
Full Pay 5% Dues Disc	\$2,250.55							\$2,250.55

Notes:

- *These price points may be subject to change due to variances in travel and hotel costs for coaches, and/or tournament registration fees.
- *Travel for U12 and U13 travel, costs do not include player hotel rooms; parent(s) travel with and house their player at the club designated hotel.
- * Travel costs do not include transportation to out of state travel tournaments or transportation to/from any tournaments.

PLAYER: _____ TEAM: _____

APPENDIX 2: Club Handbook: NW Juniors Elite VBC Participant Agreement Form
Welcome to NW Juniors Elite VBC. We look forward to a wonderful 2018-2019 volleyball season!

INITIAL _____ We have read the Bruce Brown article on Sports & Parenting.

INITIAL _____ We, the parents/guardians of _____, have carefully read the club handbook information concerning the policies of NW Juniors Elite VBC. We agree to the terms and conditions as stated in the club handbook and to participate for the entire 2018-2019 club volleyball season.

INITIAL _____ We understand we remain fully responsible for the full financial obligation for the club season. If we choose to forfeit our commitment at any point during the season we understand no refunds will be issued.

INITIAL _____ We understand that we are solely responsible for all fees due by the players as per the NW Juniors registration form and club handbook. We understand that all dues, travel costs, and the costs to attend added tournaments must be paid in full regardless of the duration of the participation of the forenamed individual. We understand that if our daughter decides to withdraw for any reason, the full club volleyball season fees for club dues must still be paid. In the case of U14-17 National teams, we understand that this includes our share of the cost for the team to attend a post-season tournament should they qualify. All club fees are due by the dates listed on the club registration form based on the schedule that I have chosen. Any amounts past due are subject to late fees at the rate of \$25 per month plus 1.5% monthly finance fee (18% APR).

INITIAL _____ We understand that the club has limited membership. By our acceptance, we are denying the acceptance of the spot by another individual. In the event of default of payment, consequences may include suspension of the player and/or legal action.

INITIAL _____ We understand the risk of potential injury that may occur as part of the normal participation in this sport. We understand that we will not be refunded any portion of paid club dues, and will still be required to complete our financial obligations of the full club volleyball season fees and club dues.

INITIAL _____ We understand yearbook sponsorship ad sales received and applied to a player's account after it is paid in full cannot be refunded, but will be shown as a credit on the member account. A credit may be used towards add-on and/or post season travel and airfare. It may also be used towards other NW Juniors programs of the same club season year (ending in October).

For NATIONAL Teams:

INITIAL _____ We understand that for National teams playing time and playing positions are not guaranteed. These items are at the discretion of the coach. Coaching assignments are not specific or guaranteed. These are at the discretion of the club director. We understand that we will not be refunded any portion of the paid club dues, and are not entitled to any type of reduction in fees if the playing time or the position of our daughter or a specific coach is not in line with our expectations.

INITIAL _____ By agreeing to be a member of this club, we are agreeing to fulfill all commitments outlined by the club for all its team members; to include travel to and from all local tournaments, as well as travel to any out of region tournaments for the applicable teams. As members of a National team, we agree to make tournaments on our schedule a priority; additionally we agree that we will not miss any of the tournaments listed as "Qualifiers". If we do miss a Qualifier, we understand that we will be penalized \$250. If our team qualifies and we opt not to attend, we understand we will be penalized \$250.

INITIAL _____ We understand if a National team qualifies for Nationals they must attend. Teams who do not qualify for National may elect to go to post season tournament. Any post season travel would come at an additional cost.

INITIAL _____ We understand National teams fly to tournaments and that airfare is included with the travel fees. Players are required to travel on this airfare with their team; group airfare is only for Coaches, one Chaperone, and the team.

INITIAL _____ **Understanding the aforementioned stipulations and having discussed this entirely with our player, we agree to and will support our daughter's decision to participate in the activities of the club for the entire season and assume full financial responsibility for all of the above.**

This agreement is made and entered into by Northwest Volleyball Foundation and _____
Print Parent/Guardian Name

Parent/Guardian Signature

Relationship

Date

Contact Phone Number

Contact e-mail