



# The Torch

SYC Weekly Digest

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## 2019 Champions of Character



Last Tuesday, the Fairfax County Athletic Council and Neighborhood and Community Services hosted the 2019 Champion of Character awards. This prestigious ceremony held at the Fairfax County Government Center is where SYC staff, SYC 02 Lions Orange team, friends, and family had the privilege of supporting Beth Picardo, winner of the Springfield District, Parent Award. Beth has been a committed parent volunteer with SYC for many years and she is thrilled to have received this award.

The Champions of Character Awards recognize youth athletes, coaches, and parents in each supervisory district in Fairfax County for having demonstrated extraordinary service in the athletic community while modeling the basic traits of good character: Respect, Responsibility, Caring, Trustworthiness, Citizenship, Fairness. Do you know an SYC athlete, coach, or parent who demonstrates these characteristics? We invite you to nominate them for the 2020 Champion of Character award by emailing your nomination to [lauravaughn@sycva.com](mailto:lauravaughn@sycva.com) by 6/1/20. Congratulations again Beth!

## OPEN REGISTRATIONS

FALL SPORTS

Lacrosse Novice Clinics (FREE)  
Rugby Academy (Fall/Winter)

## WINTER SPORTS

County Basketball Tryouts  
Rec Basketball - **EARLY BIRD ENDS TODAY!**  
Rec Cheer  
Track

## FEATURED SPORT



KEEP RUNNING

# WINTER TRACK

REGISTER TODAY!

Winter Track registration is now open to players from grades 1st - 8th. Get your runners signed up today to secure your spot with early bird pricing!

Questions? Contact Chris Kernan, Track Commissioner, at [track@sycva.com](mailto:track@sycva.com).

[Read More and Register Here](#)

## NEWS AND SPECIAL EVENTS

### Adopt-a-Highway Road Clean Up



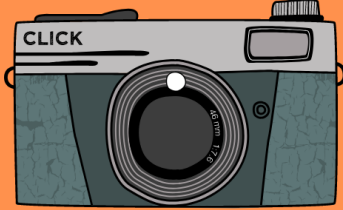
SYC will be holding the next "Adopt a Highway" clean up on **MONDAY, NOVEMBER 4th** at 1PM. (RAIN DATE: **TUESDAY, NOVEMBER 5th** at 1PM)

It's a school holiday, and a good opportunity for kids to get in some **community service**

hours! Kids must be accompanied by an adult.

[Sign Up](#)

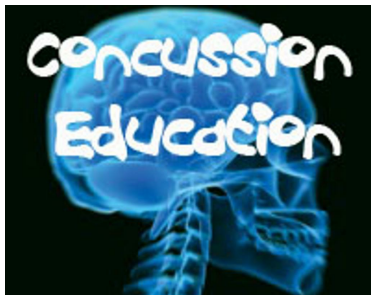
## Fall Rec Soccer Team Picture Make Up



Fall Rec Soccer Team Make Up Photos can be scheduled with Memory Makers. Coaches should contact Melissa at [melissa@memorymakers.com](mailto:melissa@memorymakers.com).

# HAPPY COLUMBUS DAY!

Office is closed  
Monday, October 14th



## When in Doubt, Sit Them Out!

Concussion Awareness and Education is offered by SYC for coaches, parents, and children. EVERYONE (Player, Parents, and Staff/Coaches (Volunteers)) is required to complete SYC Concussion Education & Training prior to participation in an SYC activity or event (Practice, Game, Coach, Spectator, Parent, etc.).

Stay informed and read more about our training program at our [Concussion Education Center](#). View our training videos today:

- ◆ [Staff/Coach Training](#)
- ◆ [Player Training](#)
- ◆ [Parent Training](#)

## IN THE COMMUNITY



Join us at Capital One Arena on Saturday, Nov 2 at 8 PM to watch Bradley Beal and the Wizards take on the the Minnesota Timberwolves!

A portion of each ticket purchased will benefit SYC Basketball and all tickets purchased come with a **FREE Wizards t-shirt**.

Once you've purchased, share your unique link with friends and family to sit together!

[GET TICKETS](#)

# HOPE 5K RUN/WALK FOR HELP & COLOR RUN OCTOBER 19TH, 2019



HOPEFORHELP5K.COM

The Hope for Help 5K Run will take runners and walkers through the beautiful Crosspointe subdivision in Lorton, Virginia. The course is great for race enthusiasts, as well as families and friends coming out to enjoy the outdoors and experience the thrill of being a part of a great cause. There will be many safety marshals stationed along the course, a water station at the halfway point, and lots of prizes at the finish!

Sounds like fun! :) Check it out...

[Read More and Register Here](#)

## SYC Fall Spirit Wear



ORDER HERE TODAY!

SAVE on Soccer Equipment with these [COUPONS!](#)

SAVE on Softball Equipment with these [COUPONS!](#)



Springfield/South County Youth Club | 7075 Newington Road Unit G, Lorton, VA 22079

703-339-3796 | [www.sycva.com](http://www.sycva.com)

