

**37.4.0 RULE BOOK** - The WIAA rule book for gymnastics shall apply to all competitions.

**37.61.0 MIDDLE LEVEL SCHOOL GIRLS GYMNASTICS**

Total Season Including Practice	Minimum Practice Days Per Individual	Season Contest Limit
12 weeks	13	7

**37.62.0 SEASON** - The starting date is determined by each league but no middle level season may start before the date established for senior high school fall sports and may not exceed 12 weeks.

**37.63.0 MEET LIMITATION** - There shall be no more than one (1) meet per week during the specified season.

**37.64.0 RULE BOOK** - The WIAA rule book for gymnastics shall apply to all competitions.

**38.0.0 BOYS and GIRLS SOCCER**

**38.1.0 SENIOR HIGH SCHOOL GIRLS SOCCER and 1B/2B BOYS SOCCER**

Year	First Practice	Minimum Practice Days	50% Rule Date	Regular Season Contest Limit	End Season
2022-23	August 22	10	October 3	16 + Jamboree	November 19
2023-24	August 21	10	October 2	16 + Jamboree	November 18

**38.2.0 SENIOR HIGH SCHOOL 1A, 2A, 3A, and 4A BOYS SOCCER**

Year	First Practice	Minimum Practice Days	50% Rule Date	Regular Season Contest Limit	End Season
2022-23	February 27	10	April 10	16 + Jamboree	May 27
2023-24	February 26	10	April 8	16 + Jamboree	May 25

**38.3.0 PLAYING RULES**

38.3.1 A combination of NFHS and FIFA rules will apply. NFHS and WIAA rules will apply for game management; FIFA rules will apply during the contest.

38.3.2 With the exception of the goal keeper, a yellow card cautioned player shall leave the field and may be replaced. Should the team with the cautioned player elect to play shorthanded, the cautioned player may not re-enter nor be replaced until the next legal substitution opportunity.

38.3.3 Any player that is issued a second yellow card caution in the same match will be disqualified from participating for the remainder of the match and the offending team will not be allowed to substitute for the disqualified player. This will not be counted as an ejection and schools will not be required to report it as an ejection to the WIAA. The player will remain with his/her team in the bench area. NFHS soccer rule 12.8.2, Situation 1, page 178: Player A2, having been cautioned earlier in the game, commits a second cautionable offense. RULING: Stop play, show the yellow card, subsequently show the red card to disqualify A2 and do not permit a substitution for the disqualified player.

**38.4.0 JAMBOREE** - A soccer jamboree is an abbreviated contest during which a squad may play in no more than forty (40) minutes of play. A jamboree could be held after eight (8) practices have been completed. All general jamboree rules also apply. Please refer to general jamboree rules.

**38.5.0 PLAYER LIMITATION**

38.5.1 A player may play in only two (2) halves in any one (1) day. Any appearance in a half, regardless of the length of time played, is to be considered as one half. This is interpreted as meaning when a player is beckoned onto the field and the ball becomes alive.

38.5.2 Each participant is limited to 32-halves per season.

38.5.3 An additional contest is allowed annually for an approved WIAA Foundation Game.

**38.6.0 NFHS RULE EXCEPTIONS**

38.6.1 Tie-breakers

A. Tie-breakers may be used if approved by the league or the teams involved.

B. The following procedures will be utilized for all soccer playoff contests:

1. Two (2) sudden death five (5) minute overtimes. If still tied, penalty kicks will decide the results.
2. Only the 11 players involved in the final minute of the final overtime will be allowed to kick any penalty kicks.

38.6.2 Size of Field

A. The field of play shall be 100 yards to 120 yards (90m to 110m) long and 55 yards to 75 yards (50m to 70m) wide, and it is recommended that a high school match be played on a field at least 110 yards by 65 yards (100m by 60m).

- B. Prior to the start of each season, each school shall designate what size field that their matches will be held on. Once a school has designated the size for their soccer fields, they shall be required to play all of their matches on that size soccer field for the remainder of the year.
- C. In the event that a school's field dimensions do not meet minimum standards, they shall line their field as close to the minimum standards as possible and shall indicate in their field designation that their field falls below minimum standards because of geographic restrictions.

### 38.61.0 MIDDLE LEVEL SCHOOL SOCCER

Total Season Including Practice	Minimum Practice Days Per Individual	Season Contest Limit
12 weeks	8	10 + Jamboree

- 38.62.0 JAMBOREE** - A soccer jamboree is an abbreviated contest and a team may not compete in more than half of the time allocated to a regulation contest. A jamboree could be held after eight (8) practices have been completed. All general jamboree rules also apply. Please refer to general jamboree rules.
- 38.63.0 SEASON** - The starting date is determined by each league but no middle level season may start before the date established for senior high school fall sports and may not exceed 12 weeks.
- 38.64.0 PLAYER LIMITATION** – A player may participate in a maximum of two halves in a day and a maximum of two (2) contests per week.
- 38.65.0 GAME LIMITATION** - Middle level schools **may** play 30-minute halves or 15-minute quarters.
- 38.66.0 MIDDLE LEVEL SOCCER RULEBOOK EXCEPTIONS** - Same as listed for high school soccer.

### 39.0.0 GIRLS SOFTBALL

- 39.1.0 SENIOR HIGH SCHOOL GIRLS FASTPITCH and SLOWPITCH SOFTBALL** – Fastpitch and Slowpitch softball are considered separate and distinct sports.

#### FASTPITCH

Year	First Practice	Minimum Practice Days	50% Rule Date	Regular Season Contest Limit	End Season
2022-23	February 27	10	April 10	20 + Jamboree	May 27
2023-24	February 26	10	April 8	20 + Jamboree	May 25

#### SLOWPITCH

Year	First Practice	Minimum Practice Days	50% Rule Date	Regular Season Contest Limit	End Season
2022-23	August 22	10	September 26	20 + Jamboree	October 29
2023-24	August 21	10	September 25	20 + Jamboree	October 28

- 39.2.0 JAMBOREE** - A softball jamboree is an abbreviated contest and shall include no more than six (6) innings per team and/or six (6) innings per player. A jamboree could be held after eight (8) practices have been completed. All general jamboree rules also apply. Please refer to general jamboree rules.
- 39.3.0 PLAYER/TEAM LIMITATION** - Starting a contest shall count as one of the 20 contests allowed for an individual.
  - 39.3.1 Any substitute who does not play in more than two (2) innings of a contest shall not have it count against 20 individual season contest limit.
  - 39.3.2 The number of contests played on any day by players and teams shall not exceed four (4) contests.
  - 39.3.3 An additional contest is allowed annually for an approved WIAA Foundation Game.
- 39.4.0 NFHS softball rules**
  - 39.4.1 Leagues may adopt all NFHS rules listed “by state association adoption.”
  - 39.4.2 NFHS RULE EXCEPTION - EXTRA HITTER - A subvarsity softball team will be allowed to add an extra hitter (EH) to its lineup.
  - 39.4.3 Game ending procedures - NFHS Rule 4-2-3, in which the game shall end when the losing team is behind ten (10) or more runs and has had at least five (5) turns at bat, applies during all regular season and postseason games.
- 39.5.0 CALLED CONTEST** - When a non-league or league contest is called by the umpire before the completion of the required number of innings, and the league has no rule pertaining to the situation, the contest can be continued or replayed.
- 39.6.0 SUSPENDED CONTEST** - In State tournament play any contest called by the umpire before it can be considered a regulation game according to NFHS rules shall be a suspended contest and will be continued at a later time as follows:
  - 39.6.1 The contest shall continue from the point of suspension at a later time.
  - 39.6.2 The lineup and batting order of each team will remain exactly the same as the lineup and batting order when the contest was suspended.