



Arizona Soccer Club U5 Small Sided Game Rules

AZSC U5 rules follow FIFA Laws with the following modifications:

- * Team Size - (7)
- * Field Size - 15 x 20 yards
- * Game Size - 4 v 4 (No Goalkeeper)
- * Length of game - Four 8-minute quarters with a running clock. Two 2-minute break between quarters
- * Half-time interval of five (5) minutes.
- * Quarter Start Procedure - Alternating team kick-off each quarter
- * Ball Size - 3
- * Goal Size - 4' x 6'
- * Players must play in both halves of each game. Each player SHALL play a minimum of 50% of the total playing time. Teams and games may be coed.
- * Players must wear assigned team uniform. Alterations to the uniform are not permitted.
- * No jewelry or hats allowed during play
- * No toe cleats. (Ex: baseball cleats)
- * Referees will check both teams and their equipment before game.
- * Shin guards must be worn (under socks) at all times
- * Substitutions: At any stoppage and unlimited.
- * One Coach from each team is allowed on the field during play to guide the players
- * One Assistant Coach is allowed behind the goal to guide the defensive players
- * No other adult from either team is allowed on the field or behind the goal
- * Parents/fans must stay 5 ft. away from field during play
- * No offside penalties
- * No slide tackles
- * No penalty kicks
- * No headers
- * No cards are shown for misconduct.
- * **Kick-in VS Throw-in** shall be used to restart play when the ball goes out of bounds. Kick-ins are considered as an indirect free kick.
- * Indirect Free Kicks – Any unsafe play, charging a goalie, etc. All free kicks are indirect and the opponent must be at least 4 yards from the ball until it's in play.

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U5 Small Sided Game Rules cont.

- * On a goal kick all players for the opposing team need to be at midfield before the kick is taken. Once the kick is taken the players from the opposing team can play (AYSA). ***The Goal Kick: The goal kick should be taken within 2-3 yards of the goal line anywhere across the width of the field of play at the nearest point from where the ball was retrieved. Opposing players must be four (4) yards away from the ball until it is in play. It is suggested that if necessary that opponents are on their own half of the field until the ball is in play. (US Soccer)***
- * The Start and Restart of Play: Conform to FIFA, with the exception of the opponents of the team taking the kick-off are at least four (4) yards from the ball until it is in play.
- * The Corner Kick: Conform to FIFA with the exception that opponents remain at least four (4) yards from the ball until it is in play.