

FHE SWIMMING LETTERING QUALIFICATIONS (VARSITY)

FHE Athletic Committee (FHEAC) and Swim Team leadership believe that earning a Varsity letter should require both evidence of commitment to the team and skill in the sport. In addition to the primarily individual nature of swimming (athlete vs. clock), we recognize that teamwork is also an important goal. Therefore, we expect all athletes at all levels and abilities to show respect for each other, encourage one another, help one another, and behave in a way that builds fellowship within the team and in the community.

More important than any earthly reward is always this:

I press on toward the goal for the prize of the upward call of God in Christ Jesus (Philippians 3:14; ESV)

REQUIREMENTS FOR LETTERING

To be considered for lettering, it is required that the swimmer **MUST**:

- Be enrolled in a DNPE-registered homeschool in 9th grade or higher
- Be a Varsity-level member of the team
- Participate throughout the entire season
- Maintain compliance with all rules and athletic codes, **AND**
- Meet the standards of excellence in performance (as described below)

EXCELLENCE IN PERFORMANCE—PRACTICES

Participating in regular practices is a critical function for personal improvement and team-building. Therefore, it is expected that Varsity swimmers who wish to be eligible for lettering will attend every scheduled practice, with excused absences for:

- Illness and/or family commitment
- Religious observances

Athletes will make every effort to avoid scheduling classes which conflict with team practices, although it is understood that this may not always be possible. Whenever an athlete is not able to make a scheduled team practice, it is his/her responsibility to notify the Head Coach and Team Manager in advance **AND** to receive a substitute workout which must be documented.

EXCELLENCE IN PERFORMANCE—MEETS

Personal and team performance at meets is dependent on everyone attending and giving their best effort. The following three areas will be considered when determining whether an athlete has met the requirements for lettering:

- Meet Attendance—Attend every meet and swim every event assigned (absence(s) for religious observances will not count against an athlete)
- Meet Performance—Athletes must meet at least **ONE** of the following:
 1. Personal Best Improvement—measured by total seconds cut in all events during the season
 2. Points Scored
 3. Varsity Record in any event

COACH'S DISCRETION

Exceptional situations and challenges will be considered.