



2009-2010

Boys' Swimming and Diving

Season Results

Team Members by Grade

Seniors

Nicholas Carroll
Andy Dixon
Talib Khan
Justin Ludescher
Tyler Wadd

Juniors

Andrew Atwood
Alexander Carroll
Chris Cohen
Jordan Heir
Stephen Osborne
Aaron Pan
Connor Stark

Sophomores

Austin Altenburg
Scott Bolles
Brandon Dudley
Nathan Jensen
Matthew Kroening
Victor Lugg
Garth Natwick
Blake Nelson
Gregory Norsten
Sean Thompson
Joe Wiley

Freshman

Brady Johnson
David Khazanovich
Eric Moen
Andrew Pederson
Jordan Sanchez

Eighth Grade

Dollins Akembuom
Daniel Ehle
Adam Sicora
Eric Westfall

Seventh Grade

William Bobo
Brian Ingebretsen
Neal Rabuse
Johnathan Wu

Coaches

Marty Hoven
Rick Light
Michelle Lieder

Manager

Jenna Bosch

Awards for 2009-2010

Team Spirit	*
Most Improved	*
Hardest Worker	*
MVP	*
2010-2011 Captains	*
	*
	*

Conference Awards

All-Conference	*	Greg Norsten
	*	Victor Lugg
	*	Andy Dixon
Honorable Mention	*	Justin Ludescher
	*	Tyler Wadd
	*	Jordan Heir
	*	Matthew Kroening

State Awards

State Participants	*	Greg Norsten
	*	Victor Lugg
	*	Andy Dixon

Royal Swimming and Diving Team Competition Results 2009-2010

	<u>Woodbury</u>	<u>Opponent</u>
Mounds View	72	108
Roseville	82	104
Stillwater	79	99
Hastings	79	86
Forest Lake	88	98
Park	107	78
Cretin Durham Hall	81	100
East Ridge	88	98

Conference Record 1-7-0

Edina	83	95
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Non Conference Record 0-1-0

Dual Meet Record 1-8-0

Conference Relays	7 th out of 9
Woodbury Invite	4 th out of 8
MPLS. South Invite	10 th out of 10
True Team Section 4AA	4 th out of 5
JV Champs	7 th out of 9
Section 4AA	4 th out of 8
State Class AA	20 th out of 42

Iron Man Competition

Greg Norsten	5:12	Matt Kroening	8:52
Tyler Wadd	5:46	Scott Bolles	9:15
Andrew Atwood	6:20	Jordan Sanchez	9:15
Victor Lugg	6:42	Eric Westfall	9:32
David Kazanovich	6:46	Alex Carroll	10:00
Talib Khan	6:52	Garth Natwick	10:50
Jordan Heir	6:59	Will Bobo	11:20
Justin Ludescher	7:04	Chris Cohen	11:40
Eric Moen	7:14	Nick Carroll	12:00
Blake Nelson	8:05	Neal Rabuse	12:24

Suburban East Conference Standings

	Wins	Loses
Cretin Derham Hall	7	1
Moundsview	7	1
Stillwater	7	1
East Ridge	4	4
Hastings	4	4
Roseville	3	5
Forest Lake	2	6
Woodbury	1	7
Park	0	8

Suburban East Conference Boys Swimming and Diving Records

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
200 MR	P. Stacy, D. Cremons, A. Safonov, C. Wessels	Mounds View	1:39.84	2007
200 FR	Phil Seleskie	Hastings	1:45.15	2006
200 IM	Phil Seleskie	Hastings	1:53.21	2007
50 FR	Michael Richards	Roseville	21.37	2006
DIVING	John Schmidt	Stillwater	294.80	2002
100 FLY	Phil Seleskie	Hastings	51.77	2007
100 FR	Phil Seleskie	Hastings	47.55	2007
500 FR	Mike Seleskie	Hastings	4:46.89	2003
200 FRR	A. DeShaw, A. Knaak D. Najarian, B. Adair	Stillwater	1:28.44	2008
100BK	Phil Seleskie	Hastings	51.58	2007
100 BR	Greg Norsten	Woodbury	58.79	2010
400 FRR	R. Becicka, A. Safonoz T. Gelderman, P. Stacy	Mounds View	3:17.62	2007

Section 4AA Team

Section Team

200 Med Relay	Khan, Pan Heir, Atwood	1:58.10	7 th
200 Free	Matt Kroening Tyler Wadd Talib Khan Eric Moen	1:59.63 2:00.11 2:04.07 2:14.74	10 th 11 th 17 th 21 st
200 IM	Greg Norsten Jordan Heir Eric Westfall Garth Natwick	1:56.78 2:20.81 2:30.59 2:32.51	1 st 13 th 21 st 23 rd
50 Free	Victor Lugg Justin Ludescher Andrew Atwood Andrew Pederson	22.60 24.23 25.70 26.31	3 rd 11 th 15 th 20 th
Diving	Andy Dixon Nathan Jensen	337.10 191.00	1 st 10 th
100 Fly	Greg Norsten Jordan Heir Andrew Atwood David Khazanovich	52.56 1:02.59 1:06.53 1:10.66	1 st 16 th 21 st 24 th
100 Free	Victor Lugg Justin Ludescher Blake Nelson Aaron Pan	49.92 55.70 58.88 59.71	2 nd 13 th 18 th 21 st
500 Free	Matt Kroening Eric Moen	5:29.36 6:09.40	13 th 22 nd
200 FRR	Lugg, Ludescher Wadd, Norsten	1:32.66	3 rd
100 Back	Talib Khan Eric Westfall Garth Natwick Alex Carroll	1:04.49 1:07.94 1:09.14 1:10.79	12 th 13 th 16 th 19 th
100 Breast	Tyler Wadd Aaron Pan Will Bobo Andrew Pederson	1:10.22 1:17.96 1:24.01 1:28.09	10 th 19 th 24 th 26 th
400 FRR	Lugg, Ludescher Wadd, Norsten	3:29.89	4 th

Section 4AA Results

1. Stillwater	548
2. Mounds View	517
3. Roseville	300
4. Woodbury	237
5. Park	155
6. North St. Paul	149
7. Tartan	115
8. Harding	66

Minnesota State Class AA Results

200 I.M.	Greg Norsten	1:52.89	2 nd	AAA
Diving	Andy Dixon	132.95	22 nd	
100 Butterfly	Greg Norsten	50.91	4 th	AAC
100 Freestyle	Victor Lugg	49.37	15 th	

Woodbury Royals Swimming and Diving Varsity Records

<u>Event</u>	<u>Name</u>	<u>Time</u>	<u>Year</u>
200 Yard	J. Proulx, D. Simpson	1:37.24	1991
Medley Relay	K. Sudoh, E. Grovender		
200 Yard Freestyle	Ken Leppla	1:44.66	1993
200 Yard Individual Medley	Aaron Wood	1:52.41	1998
50 Yd. Freestyle	Eric Grovender	:21.28	1992
Springboard Diving (6)	Jim Zagaria	282.45	1997
Springboard Diving (11)	Jim Zagaria	443.90	1997
100 Yard Butterfly	Aaron Wood	:50.35	1999
100 Yard Freestyle	Eric Grovender	:46.79	1992
500 Yard Freestyle	Billy Cuevas	4:42.57	2005
200 Yard	E. Grovender, K. Leppla	1:26.46	1991
Freestyle Relay	D. Simpson, K. Sudoh		
100 Yard Backstroke	Aaron Wood	:50.86	1998
100 Yard Breaststroke	Mark Maynard	:58.75	1999
400 Yard	M. Gates, D. Cheney	3:11.90	1981
Freestyle Relay	T. Jackson, D. Nelson		