



The local newsletter featuring Hastings High School athletics.
Connecting, informing & celebrating HHS student-athletes & programs.

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WINTER SPORTS REVIEW

It was a fantastic season for the 316 student-athletes that participated in a winter sport at HHS! Highlights include:

- Average team survey positivity rate of 97% across all sports & levels!
- Average program retention rate of 83% & multi-sport athlete rate of 67%, both of which surpass our target benchmarks of 80% and 55%.
- Average team GPA of 3.29.

- Nine sports finished top 3 in the MEC; boys basketball, girls basketball, dance team, girls hockey, gymnastics, boys nordic, girls nordic all took 3rd while boys swim & dive and wrestling were both 2nd.
- Combined head-to-head varsity winning percentage of 64% in MEC and 52% overall including playoffs.
- Boys and girls basketball both hosted a section playoff game in the same year for the first time in ten years. Both teams won and advanced to the section semi-finals.
- Wrestling was Section 3AAA Champions and state tournament participant for the 6th consecutive year and 9th time in the last 10 years.
- Girls wrestling had 37 participants (top 5 rate in state), took 3rd at the MSHSCA team state tournament, and sent a state-high six individuals to the MSHSL girls individual state tournament.
- Dance Team completed it's first-ever MSHSL season. 22 student-athletes participated, and the team finished 3rd out of 5 teams at the MEC conference competition.
- 17 student-athletes qualified for the MSHSL state tournament.
- Four students were named all-state, and nine were academic all-state.
- HHS hosted 114 different home games/events on 47 different dates during the 3+ month winter season. HHS also hosted home section playoff events in four different sports.

REGION 1AA HONOREES



Multiple contributors to Raiders athletics were recognized at the 2025 Region 1AA awards luncheon in January.

Al and Sandy Storlie were recognized with the "Distinguished Service" award for their many years taking tickets, working score tables, officiating and contributing to Raiders athletics in a first-class and significant way.

Denis Garofolo was recognized with the "Officials Award" for his many years of officiating boys and girls soccer at all levels, particularly the non-varsity games where he officiates solo and contributes significant guidance and leadership to players and coaches. Congratulations Al, Sandy, and Denis!

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ATHLETE FEEDBACK

HHS surveys student-athletes on all teams and levels in the final few weeks of their sport seasons. We conducted over 200 surveys during the winter and are proud of the feedback results. **The average team positivity rate across all winter sports was an incredible 97%!**

Among the positive trends, over 95% of all athletes surveyed agreed on the following:

- I had **fun** this year. - I **improved** my skills.
- I learned **life skills** to apply outside the game.
- I developed **friendships** with teammates.
- My coach **cares** about me as a person, and defines success by **more than wins & losses**.
- I am **proud** to be a member of this team.



RAIDERS SPORTS AWARDS

The third-annual Raiders Sports Awards will be held on Monday, May 5 at 7:00pm in the HHS auditorium.

This event celebrates outstanding accomplishments by HHS teams and individuals throughout the year. It features over 20 different award categories for athletes, teams, and coaches. Over 100 different student-athletes will be recognized, and the next Wall of Honor class will also be inducted. The alumni guest speaker is Erin Ditty Ahneman ('97).

The Raider Sports Awards are free and open to the public. Please join us!

CHARACTER COMMUNITY COMPETITION



DANCE TEAM - INAUGURAL SEASON

The Raiders winter Dance Team recently completed their inaugural Minnesota State High School League season. This is the first MSHSL sport that HHS has added since boys and girls lacrosse in 2011-12 and brings our total volume of independent sport offerings to 29.

22 student-athletes in grades 7-12 were on this first-ever competitive team. They were comprised of three teams; varsity Jazz, varsity Kick and JV Jazz. They competed in a full Metro East Conference schedule. Varsity Jazz finished 3rd out of five teams, varsity kick took fourth and JV jazz took third. and finished 3rd overall out of five teams. The team also participated in the Section 3AAA post-season team competition in both jazz" and kick, and finishing 8th and 9th, respectively, out of 12 teams.

Kudos and congratulations to the Raiders Dance Team on an awesome inaugural season and for proudly representing HHS and the Hastings community!