

# 2019 EVENT SCHEDULE

Schedule is tentative and subject to change. Last updated 10/9/19.

## THURSDAY, NOVEMBER 21, 2019

START	END	EVENT	LOCATION
9 AM	5 PM	Athlete Check-In <b>*NO ATHLETE CHECK-IN ON SATURDAY</b>	Tempe Beach Park
9 AM	5 PM	IRONMAN Village	Tempe Beach Park
9 AM	5 PM	Official IRONMAN Store	Tempe Beach Park
9 AM	5 PM	PLAYTRI Triathlon Store & Tech Service Center	Tempe Beach Park
9 AM	5 PM	Information Tent	Tempe Beach Park
9 AM	5 PM	VIP Spectator Credential Pick-Up	Tempe Beach Park
9 AM	5 PM	IRONKIDS Arizona Fun Run Registration	Tempe Beach Park
9 AM	5 PM	Saguaro Sprint Registration and Check-In	Tempe Beach Park
9 AM	6 PM	Massage Therapy	Tempe Beach Park
11 AM		Athlete Briefing	Tempe Beach Park
2 PM		Athlete Briefing	Tempe Beach Park

## FRIDAY, NOVEMBER 22, 2019

START	END	EVENT	LOCATION
9 AM	5 PM	Athlete Check-In <b>*NO ATHLETE CHECK-IN ON SATURDAY</b>	Tempe Beach Park
9 AM	5 PM	IRONMAN Village	Tempe Beach Park
9 AM	5 PM	Official IRONMAN Store	Tempe Beach Park
9 AM	5 PM	PLAYTRI Triathlon Store & Tech Service Center	Tempe Beach Park
9 AM	5 PM	Information Tent	Tempe Beach Park
9 AM	5 PM	VIP Spectator Credential Pick-Up	Tempe Beach Park
9 AM	5 PM	IRONKIDS Arizona Fun Run Registration	Tempe Beach Park
9 AM	5 PM	Saguaro Sprint Registration and Check-In	Tempe Beach Park
9 AM	6 PM	Massage Therapy	Tempe Beach Park
10:30 AM		Athlete Panel	Tempe Beach Park
11 AM		Athlete Briefing	Tempe Beach Park
12 PM		Pro Panel	Tempe Beach Park
2 PM		Athlete Briefing	Tempe Beach Park
3 PM		First Timers Seminar with IMU Coaches	Tempe Beach Park
4 PM	5 PM	Free Live Music!	Tempe Beach Park
5 PM	6 PM	Opening Ceremony	Tempe Beach Park
6:30 PM		The Kona After Party <i>*paid event</i>	Tickets available at <a href="http://ironmanfoundation.org/KonaAfterParty/">ironmanfoundation.org/KonaAfterParty/</a>

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## SATURDAY, NOVEMBER 23, 2019

START	END	EVENT	LOCATION
7 AM		Saguaro Sprint	Tempe Beach Park
8:30 AM	9:30 AM	IRONKIDS Arizona Fun Run Registration	Tempe Beach Park
9 AM	5 PM	IRONMAN Village	Tempe Beach Park
9 AM	5 PM	Official IRONMAN Store	Tempe Beach Park
9 AM	5 PM	PLAYTRI Triathlon Store & Tech Service Center	Tempe Beach Park
9 AM	5 PM	VIP Spectator Credential Pick-Up	Tempe Beach Park
9 AM	5 PM	Information Tent	Tempe Beach Park
9 AM	6 PM	Massage Therapy	Tempe Beach Park
10 AM		IRONKIDS Arizona Fun Run	Tempe Beach Park
10 AM	11:30 AM	IRONMAN Practice Swim <i>*Cannot enter the Practice Swim after 11:15 AM</i>	Tempe Beach Park
11 AM	3 PM	Mandatory Bike & Gear Check-In Bib 120 to 1000 – 11 AM to 12 PM Bib 1001 to 1700 – 12 PM to 1 PM Bib 1701 to 2500 – 1 PM to 2 PM Bib 2501+ – 2 PM to 3 PM	Transition Area
11 AM		Athlete Briefing	Tempe Beach Park
2 PM		Athlete Briefing	Tempe Beach Park

## SUNDAY, NOVEMBER 24, 2019 - RACE DAY!

START	END	EVENT	LOCATION
5 AM	6:30 AM	Transition Area Open; Body Marking	Tempe Beach Park
5 AM	12 midnight	Information Tent/Lost & Found	Tempe Beach Park
6:40 AM		Pro Start	
6:50 AM		Age Group Swim Start	
7 AM	4 PM	IRONMAN Village	Tempe Beach Park
7 AM	4 PM	Official IRONMAN Store	Tempe Beach Park
7 AM	10 PM	VIP Spectator Credential Pick-Up	VIP Finish Line Tent
3 PM	12 midnight	Morning Clothes Bag Check-Out	North side of Transition
6 PM	12 midnight	Mandatory Bike & Gear Check-Out	Transition Area

The race will officially end 17 hours after the last athlete enters the water.

# 2019 EVENT SCHEDULE

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MONDAY, NOVEMBER 25, 2019

<b>START</b>	<b>END</b>	<b>EVENT</b>	<b>LOCATION</b>
7 AM	12 PM	PLAYTRI Triathlon Store & Tech Service Center	Tempe Beach Park
7 AM	2 PM	IRONMAN Village	Tempe Beach Park
7 AM	2 PM	Official IRONMAN Store	Tempe Beach Park
8 AM	12 PM	Celebration Day	Tempe Beach Park
9 AM		Celebration Day Food Service Begins	Tempe Beach Park
9 AM	6 PM	Massage Therapy	Tempe Beach Park
9:30 AM	12 PM	Lost & Found	Tempe Beach Park
9:30 AM		Awards Ceremony	Tempe Beach Park
11 AM		2020 IRONMAN World Championship Slot Allocation/ Rolldown Ceremony	Tempe Beach Park
5:30 PM		Volunteer Banquet	Tempe Beach Park

