

2019 ETP ID CAMP SCHEDULE

Sunday, July 28th	Time	Location	Group(s)	Camper Notes
Staff Meeting	12.00-12.45pm	Cressey Center	Camp Staff	
Camper Check-In*	1.30-2.30pm	Cressey Center	ALL	Check-in, t-shirt hand-out, and get settled in dorms
Opening Address*	2.45-3.30pm	Cressey Center Auditorium	ALL	Welcome address for players and parents
Training Session #1	4.00-6.00pm	Soccer Fields	ALL	Team practice - GKs with GK coach all session
Dinner	6.00-7.00pm	Dining Hall	ALL	
Team Meeting #1	8.00-9.00pm	Science Center - 101/102/201/202	ALL	Camp rules, daily schedule and more
Lights Out	10.00pm	Dorms	ALL	Lights out

Monday, July 29th	Time	Location	Group(s)	Camper Notes
Wake-up Call	7.45am	Dorms	ALL	Individual rooms
Breakfast	8.00-8.30am	Dining Hall	ALL	
Training Session #2	9.15-11.15am	Soccer Fields	ALL	All teams practice - GKs w/ GK coach first 30 minutes
Lunch	11.45am-12.30pm	Dining Hall	ALL	
Rest period	12.30-1.30pm	Dorms	ALL	Mandatory rest for all players in dorm rooms
Lecture #1	1.45-2.30pm	Cressey Center Auditorium	ALL	Craig Jones (KFJ) - Number System, Characteristics & Player Responsibilities
GK Session	2.45-3.30pm	Soccer Fields	GKs	Goalkeepers only training
Team Meeting #2	2.45-3.10pm	Science Center - 101/102/201/202	Non-GKs	All non-GKs
Skill Testing and Warm-Up	3.45-4.30pm	Soccer Fields	ALL	Individual technical and physical testing
Games*	4.30-6.00pm	Soccer Fields	ALL	2 x 35 minutes
Dinner	6.00-7.00pm	Dining Hall	ALL	
Lecture #2	8.00-9.00pm	Cressey Center Auditorium	ALL	Brian Roberts (Chicago Fire Academy) - Chicago Fire Core Values
Lights Out	10.00pm	Dorms	ALL	Lights out

Tuesday, July 30th	Time	Location	Group(s)	Camper Notes
Wake-up Call	7.45am	Dorms	ALL	Individual rooms
Breakfast	8.00-8.30am	Dining Hall	ALL	
Training Session #3	9.15-11.15am	Soccer Fields	ALL	All teams practice - GKs w/ GK coach for first 30 mins
Lunch	11.45am-12.30pm	Dining Hall	ALL	
Rest period	12.30-1.30pm	Dorms	ALL	Mandatory rest for all players in dorm rooms
Lecture #3	1.45-2.30pm	Cressey Center Auditorium	ALL	Monique Ryan - Nutrition for the Female Athlete
GK Session	2.45-3.30pm	Soccer Fields	GKs	Goalkeepers only training
Team Meeting #3	2.45-3.10pm	Science Center - 101/102/201/202	Non-GKs	All non-GKs
Skill Testing and Warm-Up	3.45-4.30pm	Soccer Fields	ALL	Individual technical and physical testing
Games*	4.30-6.00pm	Soccer Fields	ALL	2 x 35 minutes
Dinner	6.00-7.00pm	Dining Hall	ALL	
Player Evaluations	7.00-9.30pm	Auditorium	ALL	Evaluations by team coaches
Lights Out	10.00pm	Dorms	ALL	Lights out

Wednesday, July 31st	Time	Location	Group(s)	Notes
Wake-up Call	7.45am	Dorms	ALL	Individual rooms
Breakfast	8.00-8.30am	Dining Hall	ALL	
Final inter-squad games*	9.00-10.00am	Soccer Fields	ALL	Final games of camp
Closing Address*	10.30-11.30am	Cressey Center Auditorium	ALL	Camp summary, elite team selection process and introduction to 2018/19 events

*Parents are encouraged to attend these events

Camp Contact Information

Name	Job Title/Duty	Phone Number	Email Address
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