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2022-2023 Intro to Traveling



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Goal/Mission

- Prepare parents that are transitioning from Mites to Traveling or new to Traveling
- Open forum to be able to ask questions
- This meeting is not replacing travel meeting that happens on September 18th. Allows extra time for parents to be prepared.
- Goal is to Inform Parents so you can have a blast this season. Traveling establishes life long memories for you and your family!!



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Information to be covered

- PLSHA Board
- Registration-Important Dates
- Pre-skates
- Tryouts
- Team Commitment
- Jerseys/Equipment Color
- Holidays-Attendance policy
- Team Parent Duties
- Ice Bills
- DIBs
- Q&A



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PLSHA Board

- President/Youth Program Development: [Todd Lervick](#)
- Vice President/D6 Rep: [Karl Hovde](#)
- Vice President of Administration: [Nicole Jacques](#)
- Treasurer: [Kelly Hoffarth](#)
- Governance Director: [Sarah Thoeny](#)
- PLSHA Tournaments/Event Directors/Recruiting: [Katie Hadenfeldt & Rachel Legler](#)
- Development Director: [Matt Crist](#)
- Equipment/Pictures: [Tony Bianchi](#)
- Sponsorships: [Chris Jones](#)
- Girls Program Director: [Shawn Koehnen](#)



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Dates

- August 1: Registration
- August 11: Season Kick Off at Horse/Hunt-Food
- August 31: Registration for Traveling closes
- September: Pre-Skates and Coach Sponsored Pre-Skates
- September 18: Traveling Meeting
- Late September/Early October: Squirts/10U Tryouts begin
- Early-Mid October: Squirts/10U start practicing(happens 1-2 days after try-outs conclude)
- Oct 19-23: MEA weekend, optional practices
- Nov 25-27: Squirt Wishbone Tournament-B2 and C Prior Lake Teams
- Dec 24-27: Extended Christmas break, optional practices (to be confirmed)
- 1st weekend in March(est): Squirt/10U D6 playoffs

Pre-Skates

Occurs in September. Opportunities for players to prepare for Try-outs

PLSHA Sponsored training

- Included in your registration-grouped by last name and dates will be on website.
- On/Off Ice training

Coach Sponsored Pre-Skate

- Additional cost
- Limited to 50 skaters per group
- Ice Only-2 groups
- Form/info on website

Both pre-skates info is on website under registration



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Try-outs

- \$600 Volunteer Deposit Check per player (post dated 4/1/2023) **OR** \$500 Volunteer Buyout Check (current date)
- Navy helmets are required for tryouts.
- Only Laker colors accepted (navy/gold jersey and socks). Will be provided if needed.
- No summer team jerseys or helmet stickers allowed.
- Mouthguard & Neck Guard for each session. If either is missing the skater will be asked to leave the ice.
- Water bottle - you must have your own.
- **NO PARENTS ALLOWED AT TRYOUTS**
- **YOUR PLAYER SHOULD NOT ARRIVE MORE THAN 30 MINS BEFORE TRYOUT TIME**



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Try-outs Cont.

- First night groups are done alphabetically for try out time
- GROUPS CHANGE with each session - check groupings PRIOR TO EVERY SESSION for time listed with player pinnie number.
- Don't be surprised if you get a call during tryouts for your player to stay for next session-the try out liaison will give you a call
- Team formation will be determined based on registration numbers and tryout results. Primary consideration will be given to what leads to the best development of players over the long term

HDC / Board Tryout Principles

- **Be thorough:** Have multiple sessions and evaluators; Use previous coach input where needed
- **Be consistent:** Board Liaisons utilized to monitor integrity of process
- **Be as transparent as possible:** Evaluation criteria posted
- **No Distractions:** Tryouts are closed to parents – Please respect this!
- **Skill Drills vs. Scrimmages:** skills are what is evaluated, from the time the athlete hits the ice until they step off. Goals and winning does not matter.
- **Positions and fairness of shifts:** Squirt Liaison and additional volunteer positions on the bench to ensure more fairness and equal distribution of positions .
- **No outside or AAA jerseys:** all players must wear gold or navy helmets + jerseys + socks. PLSHA will provide as needed.
- **“C” team placement:** Allow a family to skip tryouts if desire



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Planned Traveling Team Formation

Anticipated Traveling Teams

- Squirrt = 6
 - A, B1, B2, B2, C, C
- 10U = 3
 - A, B1, B2



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Team Commitment

- Once teams are formed, practices will start right after
- Expect to have hockey 4 -6 times a week. This includes practices, dryland, games, tournaments, etc.
- Transition: This is a huge transition time for your player. Remember they are learning full ice games with penalties, off-sides, refs, etc. This will take time!
- Squirts/10U typically have 4 tournaments a year-you will know these right away once on a team so that will help with planning
- Depends on coach but most will want your player at practice 30-45 mins before and 45-60 mins before games. Coaches will set expectation with team
- Squirts/10U: 35 game maximum is applicable to district games(scrimmages with refs), tournaments
- D6 rules



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Jerseys/Equipment

- This year players will have last name on both away(Dark) and home(White) jerseys
- Players must have all navy gear: gloves, helmet, breezers
- Players will have a practice jersey-coaches control this and can change up colors-(coaches call)
- Mouthguard and neckguard required



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Player Attendance Policy

- Players are required to attend ALL games and practices.
- There **will be** tournaments **Thanksgiving Weekend**.
- **Acceptable absences include religion, illness, and family emergencies**. The need to finish school work is not acceptable; players must balance their schedules and learn how to become student-athletes. It will be required if they wish to play high school hockey and beyond.
- MEA weekend & Christmas will be OPTIONAL practices only for all PLSHA teams for this season. Other holidays and vacations will not be excused from your obligation to your team.
- The following are the **consequences of missing a practice or game**; the same policy will be standard on ALL teams.
 - Players missing practice due to an unexcused absence will be required to sit one (1) period in the next game.
 - Players missing a game due to an unexcused absence will be required to sit the entire next game.



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Team Duties

- It takes a lot to run a traveling team. There will be a manager, treasurer, scrimmage coordinator, volunteer coordinator, etc.
- Teams will need a penalty box volunteer, Game Sheet volunteer and Clock volunteer for all HOME games. 1 Penalty box volunteer for away games. Away Tournaments do not require volunteers.
- Locker Room duty is assigned on a weekly basis. For Squirts, dads can only cover and for 10U only moms. Safesport must be completed(next slide).
- Team manager will assign the duties on a rotation, person assigned in charge of finding sub if they can't perform.
- This is just to contribute to your team not the association. Therefore these DO NOT count towards your DIBs.

What is SafeSport?

USA Hockey has **ZERO TOLERANCE** for abuse and misconduct.

The **SafeSport Handbook** includes **policies that apply to all USA Hockey Member Programs**.

Those Policies address

- Sexual Abuse
- Physical Abuse
- Emotional Abuse
- Bullying, Threats and Harassment
- Hazing

The Policies also address areas where misconduct can occur and are intended to reduce the risk of potential abuse, including:

- Locker Room Policy
- Electronic Communications Policy
- Travel Policy
- Billeting Policy



There are several changes to the SafeSport Training requirements, as required by federal law and the Center for SafeSport



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Ice Bills

- This will be new from Mites.
- Each team will have a treasurer that will receive an ice bill for your team's hours that month
- The ice bill is normally sent out middle of the month.
- Example of \$3000 for your team's practices/games, D6 fees, tournaments, etc.
 - 15 players on the team so each player owes \$200 to treasurer by end of month or date they indicate.
- This will fluctuate but typically bills run \$200-500 a month, depends upon ice usage, tournaments, D6 fees, etc.
- Slush Fund: Team normally decides on amount typically \$100 for traveling and will cover some meals, tournament fun, refs for scrimmages, etc.



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DIBS

- The amount of D6/PLSHA hours for the season for traveling players (Squirts/10U through Bantam/15U) is **eight (8) hours**.
- Families with more than 1 player have a **maximum requirement of 15 hours**.
- Your team hours do not count towards your DIBS. You can do a buy out as indicated when you register.



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QUESTIONS??