



**2026–2027 CAHA
Girls High School Hockey
Program**



Program Overview

PROGRAM MISSION

Provides a competitive platform for female high school athletes across the CAHA affiliate to showcase skills, pursue advanced competition, and prepare for the 2027 USA Hockey High School Girls Nationals.

USAH STRATEGIC CONTEXT

- USAH High School Committee & CAHA Girls High School subcommittee collaboration (since 2025)
- Year 1 model: CAHA Affiliate Regional Team format
- 2026: First year with 2 divisions; CAHA enters lowest division

KEY HIGHLIGHTS

- Open to Tier I and high-end Tier II players, grades 9–12 (NC/SC)
- 3 competition weekends plus Nationals
- Dual-rostering permitted with youth travel teams
- Season runs August through early March – schedule will be coordinated with Tier I & Tier II programs to avoid conflicts



Coaching Staff

COACHING STAFF

- **Head Coach: Michele Krisa** — 30+ years experience; USA Hockey CEP 4; CAHA Director of Girls'/Women's Hockey
- **Goalie Coach: Kylie Roy** — Harvard alumna; Girls Hockey Director, Carolina Lady Thunderbirds; CAHA Goalie Dev Coordinator
- **Asst. Coach: Jessica Hughes** — Level 4 USA Hockey; led NC State Women's Hockey to first championship
- **Asst. Coach: Jenny Tardelli** — Upstate NY native; SUNY Oswego alumna; QCR program coach

PROGRAM DIRECTORS

- **Sarah Antonelli** (Carolina Jr Hurricanes)
- **Laura Lundblad** (Queen City Royals)
- **Kylie Roy** (Carolina Lady Thunderbirds)



Tryouts, Schedule & Costs

TRYOUTS

- **Date:**
 - Saturday, May 30
- **Location:**
 - Greensboro Ice House, NC
- **Format:**
 - Two 90-min on-ice sessions (12–1:30 PM, 4–5:30 PM)
- **Tryout Fee:**
 - \$95
- **Registration:**
 - Application by May 6
 - Receive Invitation to Tryout by May 15

SCHEDULE

- Season: August 2026 – March 2027
- 3 competition weekends to meet 10-game requirement plus Nationals
- August Kickoff event included
- Cross-affiliate games with MD, MI, FL – Expand

USA HOCKEY NATIONALS

- **March 17, 2027** - Amherst, NY
- CAHA competing in lower division

COSTS

- **Player Cost:** \$1,500 per player
- Includes all weekends, practices, and Nationals
- Apparel package included (jerseys, team gear)

ELIGIBILITY

- Full-time HS students (grades 9–12)
- NC or SC residents only
- Homeschooled students eligible
- USA Hockey registration required
- Minimum 5 games per player required

www.carolinahockey.org/girlshighschool