



BYC COVID-19 Protocols and Guidelines

Overview:

Brandywine Youth Club (BYC) is committed to providing a safe environment for players, coaches, parents, volunteers and spectators at practices, games and other events or any location where a BYC team or representative is present or participating.

As a club and as a community, we must continue to do our part to be compliant with CDC, state and local protocols to mitigate risk of COVID-19 transmission. Players, coaches, staff members, parents, participants or any spectator should not attend any sporting event if they are experiencing any symptom of COVID-19. Clinical guidance throughout the pandemic has continually changed. As new information is available, our policy will be updated accordingly.

We appreciate your understanding during these uncertain and fluid times. We must also be respectful, sensitive and flexible. If a parent, child or coach is not comfortable returning to play at any point, they reserve the right not to participate without retaliation or violation of any personal health information.

Protocols:

Health Assessment: Players, coaches and staff members should not attend a practice, game or event if they are feeling unwell or experiencing any of the following symptoms in the last 24 hours that are not related to another medical condition:

- fever or chills
- cough
- shortness of breath or difficulty breathing
- fatigue
- muscle or body aches
- headache
- new loss of taste or smell
- sore throat
- congestion or runny nose
- nausea or vomiting
- diarrhea

Masks and Social Distancing: Coaches, players, staff members, parents and spectators must wear a mask at all times. Teams should minimize contact with other teams before, during and after each session and game. All staff, players, parents/guardians and spectators not of the same household should practice social distancing of six(6) feet whenever possible.

Duty To Disclose, Quarantine, And Return To Activity: If a coach, staff member or player has tested positive for COVID-19, exhibits symptoms but has not been tested, or has had close contact such staff member or parent/guardian on behalf of player must immediately notify the [COVID-19 Coordinator](#) and must remain in quarantine until meeting state or [CDC Criteria](#). Return to activity should be cleared by the COVID-19 Coordinator based on CDC guidance.

Spread Out Scheduling of Practice and Games: BYC will make every effort to provide enough time between practices and games to allow one group to vacate the premises before the next group enters as well as for proper sanitation of surfaces and other equipment.

Stay Home When Appropriate: Players, staff, parents/guardians, and spectators should stay home (or the motel under isolation if at a tournament) when they are showing signs of COVID-19 or have had close contact with a person with COVID-19. If there is a member in the household that is ill or experiencing any symptom of COVID-19, players, staff members and coaches should stay home and follow the appropriate measures and guidelines regarding COVID-19 quarantine and isolation.

Duty to Inform, Quarantine, and Return to Activity: Any staff member, coach or player who has tested positive for COVID-19, exhibits symptoms but has not been tested, or has had close contact must immediately notify the COVID-19 coordinator and must remain in quarantine until meeting state or [CDC guidelines](#). Return to activity should be cleared by the COVID-19 Coordinator who may require written clearance from a health care professional or the results of a negative test.

Notification of Third Parties: The COVID-19 Coordinator and coach as appropriate should notify local health officials, staff, and family members of players immediately of any lab confirmed case of COVID-19 for any staff member or player while complying with local and state privacy/ confidentiality laws as well as with HIPAA and the Americans With Disabilities Act.

No Congregation: Staff, players, coaches, parents/guardians, and spectators should not congregate prior to the event. Team staff, players, parents/guardians, and spectators should quickly exit after the event and go directly to their cars without congregating with other teams or spectators in common areas.

Water Bottles: No shared water bottles or team coolers should be provided. Parents/guardians should provide separate marked water bottles or sports drink for their child.

No Contact: No Handshake Policy: A strict no contact policy will be observed for customary game-related activities, including post-game handshakes between members of opposing teams. Instead, officials, players, and coaches should use verbal queues such as saying, “good game”, without shaking hands, high-fiving or fist-bumping.

Elimination out-of-state travel restrictions: Pennsylvania is no longer requiring that people who are traveling to Pennsylvania from another state, as well as Pennsylvania residents who are returning home from out of state, to test negative for the virus within 72 hours prior to arrival or quarantine.

Event Capacity: Effective April 4th, the state of Pennsylvania revised maximum occupancy limits for indoor events to allow for 25% of maximum occupancy, regardless of venue size, and maximum occupancy limits for outdoor events to allow for 50% of maximum occupancy, regardless of venue size. Core public health measures such as face covering (mask-wearing), social distancing, and hand hygiene still must be enforced. Maximum occupancy is permitted only if attendees and workers are able to comply with the six(6) foot physical distancing requirement.

Protocol for positive COVID-19 Test for player or coach:

If a player tests positive for COVID-19, the team coach should be contacted.

- The team coach will contact the [COVID-19 Coordinator](#), who will inform the appropriate parties.

If a coach tests positive for COVID-19, the coach will contact the COVID-19 Coordinator. The coach is required to notify players, coaches, and any other person who has been in close contact with the COVID-19+ individual within 2 days of the onset of symptoms. Quarantine is required for people who have been in **close contact** with someone who has COVID-19—excluding people who have had COVID-19 within the past 3 months or **who are fully vaccinated**.

Close contact is defined as:

- You were within 6 feet of someone who has COVID-19 for at least 15 minutes (cumulative over a 24-hour period)
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person (hugged or kissed them) • You shared eating or drinking utensils
- They sneezed, coughed, or somehow got respiratory droplets on you

Quarantine Period:

CDC continues to endorse quarantine for 14 days and recognizes that any quarantine shorter than 14 days balances reduced burden against a small possibility of spreading the virus. CDC will continue to evaluate new information and update recommendations as needed

Options to reduce quarantine

Reducing the length of quarantine may make it easier for people to quarantine by reducing the time they cannot work. A shorter quarantine period also can lessen stress on the public health system, especially when new infections are rapidly rising. Your local public health authorities make the final decisions about how long quarantine should last, based on local conditions and needs. Follow the recommendations of your local public health department if you need to quarantine.

Options they will consider include stopping quarantine:

- After day 10 without testing
- After day 7 after receiving a negative test result (test must occur on day 5 or later)

After stopping quarantine, you should watch for symptoms until 14 days after exposure. If you have symptoms, immediately self-isolate and contact your local public health authority or healthcare provider. Wear a mask, stay at least 6 feet from others, wash your hands, avoid crowds, and take other steps to prevent the spread of COVID-19. *PA Department of Health adopted the CDC Guidelines for a shortened Quarantine on December 4th, 2020.*

For Additional Information:

[Centers for Disease Control and Prevention](#)

[Pennsylvania Department of Health](#)

[Chester County Department of Health](#)

DISCLAIMER:

THIS COVID-19 RISK MANAGEMENT PLAN IS MEANT TO PROVIDE GENERAL GUIDELINES AND EDUCATIONAL AWARENESS. THIS DOCUMENT IS NOT A REPLACEMENT FOR MEDICAL ADVICE AND IS A GUIDE ONLY IN ACCORDANCE WITH CDC AND OTHER CLINICAL GUIDANCE. DUE TO CHANGING CLINICAL GUIDANCE STATE AND LOCAL REQUIREMENTS, THIS PLAN MAY CONTAIN INCORRECT INFORMATION OR MAY OMIT CRITICAL INFORMATION. THIS PLAN IS NOT A SAFETY PROGRAM AND DOES NOT GUARANTEE THE SAFETY OF STAFF, PARTICIPANTS, PARENTS/GUARDIANS, SPECTATORS, HOUSEHOLD MEMBERS OR OTHER THIRD PARTIES.

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