



"KEEPERS OF THE GAME"

# 2022 MINNESOTA FOOTBALL COACHES CLINIC

March 31-April 2, 2022

Tom Mahoney Man of the Year

**Bozo Wincek**

*Gopher State Officials Association*



**PLAN NOW: 2023 MFCA CLINIC**

March 30-April 1, 2023

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# 2022 Hall of Fame Inductees

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Westbrook/Monticello  
*High School Division*



**Bob "Bubba"  
Sullivan**  
Northfield  
*High School Division*



**Dean Aurich**  
Mayer Lutheran  
*High School Division*



**Gary Sloan**  
Grand Meadow  
*High School Division*



**Rob Nielsen**  
Detroit Lakes  
*High School Division*



**Gary Fasching**  
St. John's University  
*College Division*

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# CODE OF ETHICS

## Preamble

One of the distinguishing characteristics of a profession in education may be that its members are cognizant of, and perhaps dedicated to, rendering a service to humanity. As educators who choose to coach football, we must understand that the justification for football is that it provides educational and physical values for those who play the game, and the game essentially belongs to the players who choose to play it. The welfare of the game depends on how coaches live up to the spirit and letter of ethical conduct, and how coaches, as educators, model ethical conduct, and remain mindful of the trust and confidence placed in them by colleagues, players, and the public.

## Purpose

This code of ethics has been developed to protect, promote, and preserve the best interests of the game and the coaching profession. Its primary purpose is to clarify and distinguish ethical and professional practices from those which are detrimental. Its secondary purpose is to emphasize the value of football as an experience that contributes to the overall education of the student-athlete and to stress proper functions in relation to schools, players, and the public.

## Article One – Responsibility to Players

1. Coaches shall be aware of the tremendous influence they have on the education of the student-athlete; therefore, they shall never place the value of winning above the value of instilling the highest ideals of character and integrity.
2. Coaches shall follow or create and enforce a set of training rules for players that reflect the positive values of abstaining from drugs, alcohol, and tobacco.
3. Coaches shall never place the value of winning over the safety and welfare of players.
4. Coaches shall not exert pressure on faculty members to give players special consideration.
5. Coaches shall show respect to all players by treating them with integrity and honesty in both verbal and nonverbal behavior, regardless of their role or contribution to the team.
6. Coaches are responsible for their players' actions on the field and must not permit them to perform with the intent of causing injury to opposing players.
7. Coaches shall not seek unfair advantage by teaching deliberate unsportsmanlike behavior to players; they shall instruct players to play within the written rules and within the spirit of the game at all times.

## Article Two – Professional Behavior

1. Coaches shall exemplify the highest moral character, behavior, and leadership.
2. Coaches shall display modesty in victory and be gracious in defeat.
3. Coaches shall promote ethical relationships among fellow coaches.
4. Prior to, and following contests, coaches for the competing teams should meet and exchange cordial greetings to set the correct tone for the event.

## Article Three – Sportsmanship

1. Coaches shall exhibit, model, and teach good sportsmanship.
2. Coaches shall exert their influence to enhance sportsmanship by spectators, both directly and by working closely with cheerleaders, pep clubs, booster groups, parents, and administrators.

## Article Four – Scouting

It is considered ethical to scout opponents only during games and agreed upon scrimmages, and within the designated rules of the conference or section by-laws. The head coach is responsible for the actions of his scouts.

## Article Five – Relationships with Game Officials

Coaches shall respect the integrity and judgment of the game official. Coaches shall not indulge in conduct which would incite players or spectators against officials. Public criticism of officials is considered unethical.



## *Tom Mahoney Man of the Year*

# Darrell "Bozo" Wincek

## Gopher State Officials Association



Known for the entirety of his career as "Bozo", Darrell Wincek was the face of high school football officiating in the state of Minnesota for over five decades. As one of the founding fathers of Gopher State Officials Association, Bozo dedicated his life to service. He was fully invested in serving schools, coaches, officials, Athletic Directors and the Minnesota State High School League for his entire career.

His passion for officiating started all the way back in 1951 when at the age of 12, he was asked by his father's fast pitch softball team to umpire one of their scrimmages. He gave up bat boy duties and agreed to umpire and an amazing legacy of service was launched. Seven years later, he began officiating for the MSHSL – starting with baseball and later adding basketball and football to his officiating repertoire.

In 1963 Bozo met with five colleagues and started Gopher State Officials Association and that group has grown to almost 500 officials since that time. The very first game Gopher State assigned was a baseball game between Delano and Watertown – Bozo took his spot behind the plate and he never looked back.

Through the years, "Boz" received any number of awards and recognitions: USSSA Softball Hall of Fame, MN State Coaches Association Distinguished Service Award, Eastside Old Timers Hall of Fame, MN Football Coaches Association Hall of Fame and finally, in 2015, he was enshrined in the Minnesota State High School League's prestigious Hall of Fame.

Minnesota high schools lost Bozo to cancer last fall – right in the middle of the football season. To his credit, Gopher State never missed a beat and they continue to serve the student-athletes in over 125 member schools. He is survived by his wife of 58 years, Karen, and 3 children, Jacki, Michelle and Michael, and two precious grandchildren, Nicole and Jessica. Fittingly, Jacki and Michelle have followed in their father's footsteps and officiate volleyball and adaptive sports.

Bozo was truly a one-of-a-kind and his "I'll take care of you" attitude will be missed by all of us. He made our game of high school football in Minnesota BETTER. He is the definition of a "Keeper of the Game" and for that we recognize him posthumously as our Man of the Year. THANKS, BOZ!



### *Past Tom Mahoney Man of the Year Awards*

- 2021 Charles Adams, III, Minneapolis North
- 2020 None selected
- 2019 Randy Shaver, KARE-11 Anchor
- 2018 Kevin Merkel, Administrator
- 2017 Jeff Ferguson, Totino Grace High School
- 2016 Gary Sloan, Grand Meadow High School
- 2015 Dwight Lundeen, Becker High School
- 2014 Mike Grant, Eden Prairie High School
- 2013 Dave Nelson, Minnetonka High School
- 2012 Glenn Caruso, University of St. Thomas
- 2011 Steve Johnson, Bethel University
- 2010 Don Swanson (posthumously), Minneapolis Public Schools
- 2009 Bob Nielson, University of MN Duluth  
Kalen DeBoer, University of Sioux Falls, SD
- 2008 Dave Dose, Retired Glencoe-Silver Lake HS
- 2007 Wally Malmstrom, Mahtomedi High School
- 2006 Ron Stolski, Brainerd High School
- 2005 Jack Osberg, Augsburg College
- 2004 John Gagliardi, St. John's University
- 2003 Jim Mader, Albany High School  
Dave Nigon, Totino-Grace High School  
Grady Rostberg, Hutchinson High School
- 2002 Gary Engen, Mounds View High School  
Lyle Anderson, Cook County High School
- 2001 George Thole, Stillwater High School;  
Jim Simser, Fairmont High School
- 2000 Mark Dienhart, University of Minnesota
- 1999 Jesse Ventura, Minnesota Governor;  
Gary Gustafson, North St. Paul High School;  
Buz Rumrill, Glencoe-Silver Lake High School
- 1998 Jim Dotseth, Mpls. Henry High School;  
Ron Gustafson, Grant Park High School;  
Terry McLean, Elk River High School
- 1997 Joe Samuelson, Stillwater High School
- 1996 Dave Skrien, University of Minnesota
- 1995 Cal Stoll, University of Minnesota
- 1994 John Gagliardi, St. John's University
- 1993 Murray Warmath, Minnesota Vikings
- 1992 George Wemeier, University of Minnesota
- 1991 Tom Porter, St. Olaf College
- 1990 Bob Roy, Clinic Founder





## *Cal Stoll Award*

# Trevor Solem — Minnewashta



It's hard to imagine Trevor Solem as anything but a teacher and coach. His dad, Steve, is a hall of fame football coach with almost 300 career wins, 8th in state history, and thirty plus years in the classroom. His mom, Diane Ross, is a hall of fame volleyball coach with more than 700 wins, 6th all time, and thirty plus years in the classroom. His brother is a teacher and coach, many of his friends are teachers and coaches. In March of 2021, when Trevor was diagnosed with cancer for the second time, at the age of 35, this time a urothelial carcinoma that was a long-term side effect of his first cancer treatment, there was no question if he would keep coaching. He's a coach, it's part of who he is.

Trevor has been in the Minnewaska school district from the start of his teaching career as a special education, EBD, teacher.

After graduating from St. Cloud State in 2008, he started the following fall at W.I.N. Academy, a Level 4 day treatment facility in Starbuck, before moving to Minnewaska High School in 2016. He quickly became a fixture on the sidelines for Minnewaska Area Schools coaching varsity football and JV baseball. In 2017, he became the head boys golf coach. His consistent presence in the weight room has led to a consistent role helping develop their speed and strength programs as well.

Trevor isn't just a coach; he's an active member in the Minnewaska area community, he loves golfing, hunting, fishing and working out. His most important role is as a husband and father. He and his wife Keshia were married in 2009 and they have two young sons, six-year-old Easton and four-year-old Jameson.

In 1998, at 13 years old, Trevor was diagnosed with Ewing's Sarcoma, a rare type of cancer that most often occurs in children and teenagers. After a two-year battle marked by frequent trips and stays at the Children's Hospital at the U of M for aggressive chemotherapy, radiation, and a bone marrow transplant, he was pronounced cancer free. A victory for the whole BOLD community, as they had rallied around Trevor and his family with emotional and financial support.

Being a cancer survivor was never something Trevor shied away from as he understood his story could bring hope to other people in similar battles. In 2021 it was no different. Although required to travel to Rochester's Mayo Clinic almost weekly for treatment he stayed in his position as head golf coach and this fall when football began, he was at every practice, game, and team event he could. One of the few 135-pound o-line/d-line coaches in the state, he was still in the trenches, showing how to engage with your hands and take a four-inch first step.

## *The Cal Stoll Award*

- 2021 Larry Herm, Foley HS and Bethel University
- 2020 None selected
- 2019 None selected
- 2018 None selected
- 2017 Conley "Con" Natwig, Browerville-Eagle Valley
- 2016 Roger French, Brigham Young University and Minnetonka High School
- 2015 Dan O'Brien, Senior Associate Athletic Director, U of MN
- 2014 Jerry Kill, U of MN Gophers
- 2013 Brad Engen, White Bear Lake High School
- 2012 Jeff Moritko, Totino Grace High School
- 2011 Roger Lipelt, Providence Academy
- 2010 Jim Reinhardt, Rushford-Peterson High School
- 2009 Dave Thielman, Richfield High School
- 2008 Joel Maturi, University of Minnesota
- 2007 Richard Robinson, Minneapolis High Schools
- 2006 Bruce Nelson, Burnsville & Eagan High Schools
- 2005 Gary Wilson, Minneapolis Park Board
- 2004 Mark Johnson, Rocori High School
- 2003 Wally Johnson, University of Minnesota
- 2002 Frank White, Richfield Park & Recreation
- 2001 Pat Gallinagh, Ironwood High School, Michigan





## *Ron Stolski Partnership Award*

### **Brian Kramer – Field Turf**



Brian has served as Region Sales Manager for FieldTurf USA since 2005. Prior to that, Brian was known as “Coach” Kramer with coaching stints at Texas A & M, Washburn University and William Jewell College. Brian’s background in strength training and conditioning was an aspect of his coaching that provided his players a great advantage on game days. A native of Cedar Rapids, Iowa, Brian graduated from the University of Nebraska where he played for legendary coach, Tom Osborn, and did graduate studies at Texas A & M and Baker University.

Brian has been a crucial part of Field Turf’s efforts to serve the high school and college communities in the upper Midwest. He has worked with coaches and school districts to transform stadiums into some of the most amazing facilities, giving schools an almost year-round use of their venues. A critical part of Brian’s work on behalf of Field Turf USA has been his work after the sale. Brian’s availability to schools with questions on maintenance issues, repairs and upgrades makes him stand out in the artificial turf industry. He and Field Turf have become

synonymous with first-class football stadiums.

Brian and his wife, Joan, have been married 39 years and have two sons, Justin and Blake, as well as three grandchildren, Leyna, Vince and Hudson. Brian and Joan are active in their church as well as volunteering with Special Olympics and supporting the Fellowship of Christian Athletes.

Brian, and Field Turf USA have been strong supporters of the Minnesota Football Coaches Association since the MFCA took over this clinic fifteen years ago and for that reason we recognize him this year with our Ron Stolski Partnership Award. Men like Brian make us all better! Thank you, Brian. Thank you, Field Turf USA!

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## **2022 CLINIC COMMITTEE**

**Executive Director - MFCA — Ron Stolski**

**Clinic Director — Ron Stolski**

**Booths & Exhibits — Dave Nigon**

**Pre-Registration and Finances — Jim Dotseth**

**Clinic Coordinator — Claud Allaire**

**Clinic Consultant — Dan O’Brien**

**Advertising and Program — Dave Nelson and Ray Kirch**

**Technical Consultant — Nick David**

**University of Minnesota Liaison — Norries Wilson**

## *The Ron Stolski Partnership Award*

2021 Mike Kottke, Doubletree by Hilton –  
Park Place

2020 None selected

2019 Charlie Peterson, Champion Products

2018 Torin Otis, HUDL

2017 Tom Horne, Rogers Athletic Gear

2016 Dave Marrinan, Wilson Sporting Goods

2014 John Reglein, The Graphic Edge



The MFCAs congratulates Matt Myrvik from Minnesota as Minnesota's first recipient of the Broyles Award. Coach Myrvik will be honored in December at a ceremony in Little Rock, Arkansas!

**HIGH SCHOOL BROYLES AWARD**

PRESENTED BY **FieldTurf**  
A Tarkett Sports Company

*Honoring Top High School Assistant Coaches Since 2018*

**AFFILIATE GUIDELINES**  
REVISED 6/2021

**BROYLES AWARD**

**BROYLES AWARD**

**THE HIGH SCHOOL BROYLES AWARD**

The Broyles Award has 25+ years experience selecting the top collegiate assistant coaches. To apply this experience to the high school level, we are creating a network of state football associations that will work together to select and recognize top assistant coaches in every state.

**WILSON MATTHEWS: A MODEL ASSISTANT**

When making the decision which of his former assistants would be featured in bronze beside him on the Broyles Award trophy, Frank Broyles had some notable options. Barry Switzer, Joe Gibbs, Jimmy Johnson, Johnny Majors, Hadam Fry, Raymond Berry, and Jackie Sherrill were just a few of the 25 former Broyles' assistants that later became head coaches.

Without hesitation, however, Broyles' choice was Wilson Matthews. Matthews, Broyles' first assistant coach hire at Arkansas, was a legend in Arkansas high school football leading the Central Tigers to 10 state titles in 11 years, a 111-14-3 record including a 33-game winning streak and fresh off the mythical national high school championship in 1957.

Wilson and Broyles (1960s)

He remained at Arkansas until 1968, helping the Hogs capture a National Championship in 1968 and make 8 bowl game appearances. Regarded by his high school and collegiate players as fierce-yet-loved, and by Coach Broyles as his most loyal and trusted assistant, Matthews was Broyles' role-model for the perfect assistant coach.

Today, the Broyles Award continues to celebrate the vital relationship between Head and Assistant Coaches, a lineage traced back over sixty years of excellence in coaching. It also celebrates Broyles' legacy off the field by supporting the Broyles Foundation, which provides game plans for Alzheimer's caregivers in crisis.

**WILSON AND BROYLES, INaugural Broyles Award (1996)**

**MOLLY HARRELL**  
Executive Director - MFA  
molly@broylesaward.com  
479-313-4199

**CLAYTON HARRELL**  
Executive Director - HSSBA  
clayton@broylesaward.com  
479-313-9648

**BROYLES AWARD**

**OUR MISSION**

The High School Broyles Award honors a class of coaches that has never before been celebrated at the national level. With this program, nominated coaches will be provided the same level of support and accolade as their collegiate peers.

Nominated coaches will be given a unique opportunity to network and advance their careers in association with the National High School Football Coaches' Alliance. As an associate, your program will gain a visible and vital link that connects these coaches and their high school programs to new opportunities across the country.

| SELECTION   | CRITERIA  |
|---|---|
| <ul style="list-style-type: none"> <li>Winners must be selected through a process determined by each state's responsible athletics association. Our organization is not responsible for the selection of assistant coaches.</li> <li>For states that currently recognize an assistant coach of the year for each coaching classification, an overall winner will need to be selected as the High School Broyles Award winner.</li> <li>Winners are announced in the calendar year following the season in which their performance was recognized.               <ul style="list-style-type: none"> <li>For example, the winner of the 2021 season will be recognized during the following Spring (2022).</li> </ul> </li> <li>If no assistant coach of the year is currently recognized in your state, but there is a head coach of the year award, we encourage you to add an assistant coach of the year component to that existing selection framework.</li> </ul> | <ul style="list-style-type: none"> <li>As an 'on-the-field' performance award, this award is inherently subjective. Affiliates are responsible for following fair and impartial judgment procedures when selecting coaches.</li> <li>Criteria for selecting the winner can be the performance of the coach's team unit, their individual players, and/or overall team success. Examples include a state or district championship, playoff run, or a significant statistical improvement from the previous season without the benefit of a title or playoff run.</li> <li>The award is not a lifetime achievement, but rather a reflection of the assistant's most recent season performance. In the case of a tie or close vote, however, a coach's body of work can be considered a tie-breaker.</li> <li>The High School Broyles Award reserves the right to reject nominations if they do not meet the standards of personal and performance excellence required by our organization.</li> </ul> |

**BROYLES AWARD**

| AFFILIATE BENEFITS  | BENEFITS FOR COACHES   |
|---|--|
| <ul style="list-style-type: none"> <li>Access to the High School Broyles Award Affiliate communication network.</li> <li>National recognition for programs/coaches that receive the High School Broyles Award.</li> </ul>                   | <ul style="list-style-type: none"> <li>Customized winner plaque 5 lapel pin plus a Broyles Award gift bag.</li> <li>Winner announced through Broyles Award social media &amp; featured on the BroylesAward.com website.</li> </ul>                 |
| SCHEDULING  | DIRECTORIES  |
| <ul style="list-style-type: none"> <li>Nominee submissions must be submitted on a timely basis.</li> <li>Upcoming dates and annual schedules are available on our website.</li> </ul>   | <p>Our website contains the following directories:</p> <ul style="list-style-type: none"> <li>Information about past winners (starting in 2018) from each state.</li> <li>Affiliate members and contact information (updated annually).</li> </ul> |
| <p><b>BECOME AN AFFILIATE</b></p> <p>Affiliate sign-up is free, and there is no obligation to participate.</p> <p>Click button above, or visit <a href="http://www.hsbroylesaward.com">www.hsbroylesaward.com</a> for more information.</p> |  |
| <p><b>MOLLY HARRELL</b><br/>Executive Director - MFA<br/>molly@broylesaward.com<br/>479-313-4199</p>  | <p><b>CLAYTON HARRELL</b><br/>Executive Director - HSSBA<br/>clayton@broylesaward.com<br/>479-313-9648</p>   |





# 2021 MFCFA Coaches Awards

## 9 MAN COACH OF THE YEAR

Trevor Carrier, LeRoy-Ostrander

## CLASS 1A COACH OF THE YEAR

Dean Aurich, Mayer-Lutheran

## CLASS 2A COACH OF THE YEAR

Jeff Johnson, Chatfield

## CLASS 3A COACH OF THE YEAR

Ryan Weinandt, Dassel-Cokato

## CLASS 4A COACH OF THE YEAR

Joel Swanson, Kasson-Mantorville

## CLASS 5A COACH OF THE YEAR

JJ Helget, Mankato West

## CLASS 6A COACH OF THE YEAR

Ben Burk, Lakeville South

## STATE COACH OF THE YEAR

To be announced at the  
MFCFA Awards Banquet

## BUTCH NASH AWARD

Jason Albrecht, Lakeville North  
Steve Alger, St. Peter  
Jesse Barnacle, DGF  
Cory Bedel, Hancock  
Jim Bentson, Pillager  
Andy Dahl, MLWR  
Terry Donovan, Kasson-Mantorville  
Duane Ferber, NRHEG  
Jeff Gabrielson, New London Spicer  
Jon Gilmer, Lakeville South  
Craig Larson, Fertile-Beltrami  
Jim McKeon, Bemidji  
Daniel Storlie, Byron

## COACHING AWARDS

### Assistant Coach of the Year

Matt Myrvik, Minneota

### Distinguished Service Award

Will Wackman, Spring Lake Park

### Jerry Kill Power of Influence

Rodney Lossow, Minneapolis South

### Don Swanson Award

Nick David, Mound Westonka

## SERVICE AWARDS

### 35 Years

Jeff Williams, Owatonna

### 200 Wins

Dave Louzek, Moose Lk/Willow River  
Andy Rostberg, Hutchinson

## 2021 HALL OF FAME INDUCTEES

### HIGH SCHOOL DIVISION

- Dean Aurich, Mayer Lutheran
- Rob Nielsen, Detroit Lakes
- Gary Sloan, Grand Meadow
- Bubba Sullivan, Northfield
- William White, Westbrook/Monticello

### COLLEGE DIVISION

- Gary Fasching, St. John's University

## State Winners Announced for Inaugural NFF National High School Academic Excellence Award



The National Football Foundation (NFF) & College Hall of Fame have joined together to sponsor the inaugural NFF National High School Academic Excellence Award. 62 teams from 13 states have been nominated and will now vie as finalists for the NFF National High School Academic Excellence Award, recognizing the top individual high school football team in the nation for excellence in the classroom.

The NFF announced the creation of the award in February 2021, with the Nebraska and Texas state high school coaches associations leading the initial effort. The initiative is designed to inspire and foster a culture of academic excellence on high school football teams throughout the nation.

“Academic and athletic success go hand-in-hand,” said NFF Chairman Archie Manning. “We are proud to announce these 62 outstanding high school football teams as the top academic performers in their states. These schools, coaches, players and their families should all be incredibly proud of their accomplishments, and we look forward to announcing the overall winner of the NFF National High School Academic Excellence Award on February 9.

We hope by inspiring teams to compete in the classroom with the same competitive spirit that it takes to win on the field, we will better prepare high school football players for success later in life.”

The 62 finalists from each division of play were selected by the individual states' high school coaches associations from a pool of semifinalists submitted by each school's head coach. A selection committee, created by the NFF, will be responsible for choosing one school as the recipient of the National High School Academic Excellence Award.

Eligibility requirements for the NFF National High School Academic Excellence Award include:

- A minimum cumulative team GPA of 3.0 on a 4.0 scale.
- Superior academic application and performance.
- Successful football season.

“The Minnesota Football Coaches Association is privileged and proud to participate in this visionary initiative to recognize and honor academic excellence by our student-athletes and look forward to years of growth in and for this forward-thinking program. We thank the leaders of high school football in our nation for implementing this important effort. The NFF National High School Academic Award is yet another way to salute the intrinsic lessons and values of our fraternal huddle.” Ron Stolski, MFCA Executive Director

### **Below are Minnesota’s Nominations:**

6A - Eastview High School in Apple Valley, Minnesota

5A - Alexandria Area High School in Alexandria, Minnesota

4A - Benilde-St. Margaret's in St. Louis Park, Minnesota

3A - Perham High School in Perham, Minnesota

2A - Maple River Senior High School in Mapleton, Minnesota

1A - Upsala/Swanville Area - Upsala High School in Upsala, Minnesota and Swanville High School in Swanville, Minnesota

9-Man - Clinton-Graceville-Beardsley High School in Graceville, Minnesota



# THANK YOU FOR SUPPORTING MFCA COACHES CLINIC ADVERTISERS



## MINNESOTA FOOTBALL COACHES ASSOCIATION'S TACKLE CANCER INITIATIVE

|      |           |      |           |      |           |
|------|-----------|------|-----------|------|-----------|
| 2012 | \$120,661 | 2016 | \$281,784 | 2019 | \$368,990 |
| 2013 | \$190,073 | 2017 | \$311,475 | 2020 | \$45,872  |
| 2014 | \$230,170 | 2018 | \$348,423 | 2021 | \$326,297 |
| 2015 | \$233,269 |      |           |      |           |

**TOTAL: \$2,457,014**

**2022 GOAL: \$400,000**

### TACKLE CANCER EVENT IDEAS

Collect donations at the gate before the game and at the concession stand during the game. Have PA announcer remind fans during pre-game to make their donations.

Two Minute Challenge - during halftime, following half time activities, pass buckets down each row of your home and away stands. Put two minutes on scoreboard clock and have PA Announcer give directions and provide "play by play."

Sell wristbands to the student body during the week at lunch.

Make up Tackle Cancer T-Shirts and sell to student body during the week.

Get your Student Council, NHS, DECA, and other groups involved.

Make a video with your team and show to student body during the week.

Reach out to teachers at elementary and middle schools to get involved.

Create a competition between your school and your opponent.

Involve your youth football teams! Youth teams can pledge \$ for each TD scored in their games during your Tackle Cancer week!

Reach out to businesses and restaurants in your community for partnerships. Many businesses already work to fight cancer and would love to partner with you.

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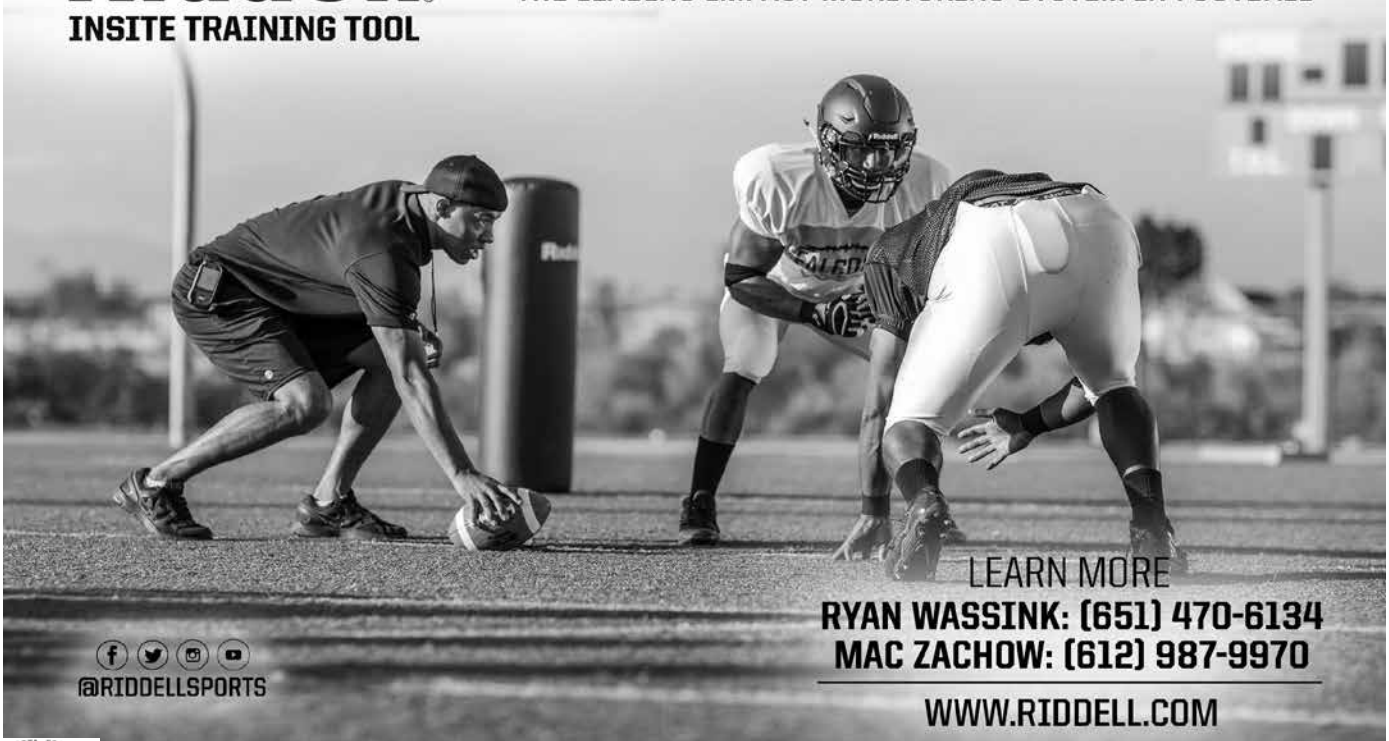
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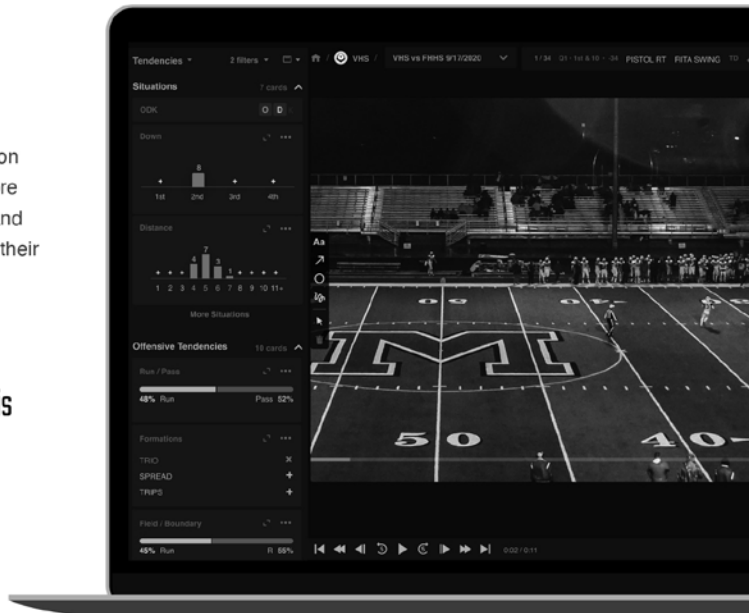
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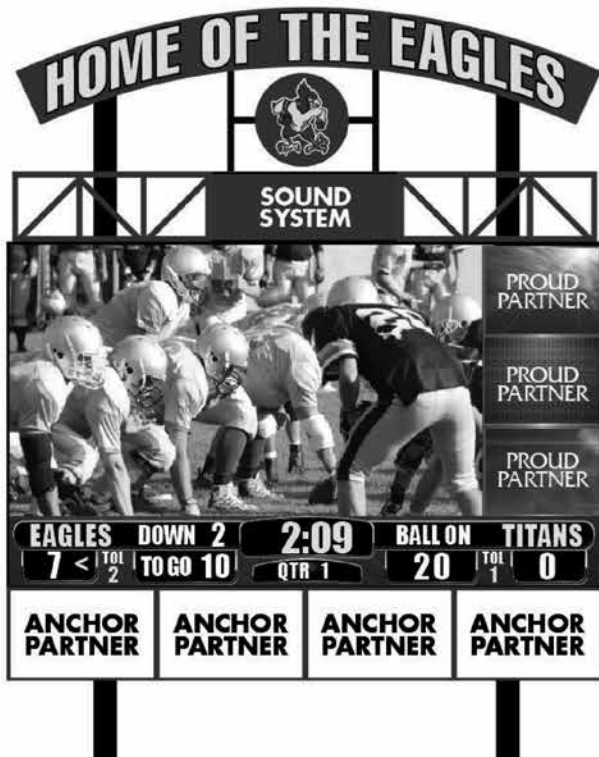
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## Thursday, March 31 – Afternoon Clinic Speakers

### Kim Niedbala – Mt. Lebanon HS, PA

Kim Niedbala is entering his 24th year coaching which he has spent between college and high school. During that time he has overseen many different roles such as Defensive Coordinator, Special Teams Coordinator, and Academic Coordinator. Coach Niedbala has spent the last 5 seasons working for Coach Bob Palko at Mount Lebanon High School. Prior to joining Coach Palko's staff, Kim coached at Edinboro University and Clarion University in the Pennsylvania State Athletic Conference for 16 years after getting his start in the coaching ranks at Glenville State College. He is a graduate of Clarion University where he was a 3 time DII All-American and led his team to the Division II Semi-finals.



KIM NIEDBALA

### Todd Dodge – Westlake HS, TX

Westlake Coach Todd Dodge closed out an incredible coaching career by leading the Chaparrals to their third consecutive Texas high school football championship. The title was the seventh overall for Dodge, who also won four at Southlake Carroll.

As Head Football Coach and Athletic Director, Dodge boasts undefeated seasons in 2017, 2020 and 2021. He has had four trips to the Texas State Championship semi-finals (2017, 2019, 2020 and 2021). His overall career coaching record is 236-72.

The last three years at Westlake High School Dodge went 45-1 with three consecutive 6A State Championships. He was named 2021 National High School Football Coach of the Year by High School Football America (HSFA) and the National High School Coaches Association (NHSCA).



TODD DODGE

### Justin Anderson – Premier Sport Psych.

Justin Anderson, Psy.D., LP, CMPC is the founder of Premier Sport Psychology, based in Minneapolis, MN. He is a licensed psychologist and certified mental performance consultant who specializes in High-Performance Psychology and Leadership. Over the last 20 years, he's had the opportunity to work with the best of the best in sport, sport psychology and in business. "Our biggest opponent is often ourselves...having your mind work for you, rather than against you, is the key to any elite performance." Dr. Anderson earned his undergraduate degree in Psychology from the University of Minnesota-Duluth, a Master's degree in Education/Sport Psychology from Boston University, and a Doctoral degree in Counseling Psychology from the University of St. Thomas (MN).



JUSTIN ANDERSON

### Phil Trowbridge – Barnesville HS

Coach Trowbridge has coached high school football for 23 years, the last 21 years at Barnesville High School. He is currently the offensive coordinator and offensive line coach. In his 8 years as offensive coordinator Barnesville is 70-14 with 6 section 8AA titles and one state runner-up.



PHIL TROWBRIDGE

## Thursday, March 31 – Afternoon Clinic Speakers

### Rodney Lossow - Minneapolis South

Rodney Lossow is a 1983 Graduate of Minneapolis South High School. He participated in Football, Hockey and Baseball while in High School. He attended the University of Wisconsin Madison on a Football Scholarship. After College he was drafted by the New England Patriots and played 5 seasons of professional football. Since 1992 he has taught Physical Education and Developmental Adapted Physical Education in the Minneapolis School District. Rodney has coached Football for 3 decades in Minneapolis, 18 as the Head Coach at Roosevelt High School and 5 years at South High School. Rodney has also been a head coach in Gymnastics, Softball and Badminton in Minneapolis. Rodney is married to Janine and has 3 sons, Malachi, Josiah and Elijah.



RODNEY LOSSOW

### Trevor Carrier – Leroy-Ostrander

Coach Carrier attended Winona State University where he received his degree in Elementary Education with a minor in Early Childhood and Pre Primary Education. During his student teaching with Plainview-Elgin-Millville Community Schools he acted as the assistant under then Head Coach Bill Irhke. After college he began his teaching career at LeRoy-Ostrander (2012), where he served as assistant coach for six seasons. In 2019, Coach Carrier became Head Football Coach of the Cardinals where he guided LeRoy-Ostrander to an undefeated regular season and Conference Championship. In just three short years Coach Carrier has recorded a 26-5 overall record. During this time, his teams have won a Conference Title (2019), Section Title (2021), and State Nine-Man Title (2021) - LeRoy-Ostrander's FIRST ever Football State Championship. Coach Carrier and his wife Kayla live in LeRoy, MN with their two children Ayden & Rylee.



TREVOR CARRIER

### Bill Welle – Training HAUS

Bill received his BS Exercise Science degree from the University of Sioux Falls and graduate work in Exercise Physiology at St Cloud State University. He has been training for almost three decades. He co-founded Cris Carter's FAST Program in Boca Raton, Florida, training over 15,000 junior high and high school athletes, 600 professional athletes and more than 400 college football players for the NFL Draft (33 1st round picks). Athlete's trained include NFL's Cris Carter, Larry Fitzgerald, Randy Moss, Dalvin Cook, and NBA's Jon Leuer, and Cole Aldrich.



BILL WELLE

### Glenn Caruso – St. Thomas

Glenn Caruso was named the 29th head coach in the 114-year history of University of St. Thomas football in January 2008. He's led the Tommies' remarkable surge that produced the biggest turnaround in NCAA Football history. As a follow-up to that feat, he transitioned the NCAA Division III program directly to Division I in 2021 and took the college football landscape by storm posting a 7-3 record in his first season after having been selected 128 of 128 by the national polls. Caruso, 45, is among the NCAA's most accomplished coaches in any sport under age 50. The six-time National Coach of the Year (the most among all current coaches) is entering his 15th season guiding the Tommies to a 134-23 career record. Caruso and his wife, Rachael, have three children: Anna, Cade and True.



GLENN CARUSO



## Thursday, March 31 – Evening Clinic Speakers

### Thomas Hammock – Northern Illinois University

Coach Hammock, a former Huskie student-athlete and assistant coach, returned home to Northern Illinois University as the 23rd head coach in NIU history on January 18, 2019. He returned to NIU after a five-year coaching stint with the Baltimore Ravens. Hammock spent four seasons coaching the running backs for the Gophers before being named Assistant Head Coach for Wisconsin in 2011, where he coached in two Rose Bowl game. Coach Hammock grew up in Fort Wayne, Indiana and earned his bachelor's degree from NIU and a master's degree from UW-Madison. He and his wife, Cheynnitha, also a UNI alum, have a daughter, Tierra, and a son, Douglas.



THOMAS HAMMOCK

### Nate Moore - Massillon HS, OH

In twelve years as a head coach, Nate Moore has compiled a 113-41 overall and a 29-9 playoff record while taking over three different programs with a combined 11-20 record in the year prior to Moore's arrival. He turned around programs at Minster High School and LaSalle High School before accepting the head position with Massillon High School – one of the most storied football programs in the country. Coach Moore's 2018, 2019, and 2020 teams returned the Massillon Tigers to statewide prominence. In all three seasons the Tigers reached the Division II State Championship, a Massillon record. In 2018 and 2019 the Tigers finished with 14-1 records - the most wins in school history. The current streaks of 5 straight 10 win seasons and 6 straight playoff trips are all-time records at Massillon.



NATE MOORE

### Billy Kirch – NW College of Iowa

A product of Dave Nelson's Blaine Football Program, Kirch played linebacker for South Dakota State, graduating in 2006. High school coaching stops in Waverly, SD and Forest Lake, MN eventually led to being named the defensive coordinator in 2015 at Northwestern College in Orange City, Iowa. The Red Raiders played in the NAIA National Championship game in the spring of 2021 and followed that up with an appearance in the National Semi-Finals this past fall. Coach Kirch and his wife, Natalie, have three children: Brady (13), Aubrey (9) and Clay (8).



BILLY KIRCH

### Mark Esch – Minnetonka HS

Mark Esch is entering his 3rd year as head coach at Minnetonka High School. Esch is a graduate of Caledonia High School and played one year of college football at UW-La Crosse. He started his coaching career at UW-La Crosse and then coached for a year at White Bear Lake High School. He then pursued college coaching at the University of South Dakota, where he spent one season before getting back into teaching and coaching at Austin High School. Esch was the head coach at Mankato West High School from 2006-16 where he led his team to 9 state appearances in 11 seasons while winning two state championships.



MARK ESCH

## Thursday, March 31 – Evening Clinic Speakers

### Andy Hill – Woodbury HS

Coach Hill is graduate of the University of St. Thomas. He was the head football coach at Park View High School (2005-2009) and South Lake High School (2010) in Northern Virginia before returning to his alma mater, Woodbury High School. This past season was his 17th as a head football coach. IN that time his teams have won 5 district/conference championships and advanced to the state tournament once. He is the author of The Youth Coach's Handbook, which guides youth coaches on how to manage the logistics of a successful season/team/program. Andy and his wife, Kate, have two children: Noah and Hannah.



ANDY HILL

## Friday, April 1 – Morning Clinic Speakers

### Eric Eidsness - Northern Illinois University

Eric Eidsness joined the Northern Illinois University football staff as offensive coordinator and quarterbacks coach in January 2019. Eidsness came to NIU from South Dakota State, where he was offensive coordinator from 2012-18; adding associate head coach responsibilities in 2015. In two seasons under Eidsness, the Huskie offense made strides, averaging two more points per game in 2020 from 2019 and saw its passing yards per game go from 217.6 in 2019 to 240.5 in 2020. Eidsness and his wife Brandy have five children; sons Eli and Otto and daughters Isla, Olive and the late Audrey Rose.



ERIC EIDSNESS

### Robert Wimberly - Northern Illinois University

Robert Wimberly, a veteran defensive coach who served as the defensive coordinator at Liberty University for the past seven seasons, joined the Northern Illinois University football coaching staff in January 2019 as executive assistant coach, co-defensive coordinator and linebackers coach. Like NIU Head Coach Thomas Hammock, he began his career as a graduate assistant at Wisconsin, where the two coached together in 2003. He earned his bachelor's degree in hospitality management from Alabama A&M in 2002 and graduated with a master's degree in educational policy from Wisconsin in 2005. A native of Miami, Fla., Wimberly played collegiately at Alabama A&M University in Huntsville, Alabama, where he was a four-year letterwinner. Wimberly and his wife, Tracie, have two children; daughter Bianca and son Josiah.



ROBERT WIMBERLY

### Derrick Jackson - Northern Illinois University

Coach Jackson, a 20-year collegiate coaching veteran, joined the Northern Illinois University football staff as associate head coach and defensive coordinator in 2019. He earned his bachelor's degree in history from Duke in 1992. Jackson and his wife, Renae, are the parents of twins; daughter Alana Mae and son Dakota John. Renae, also a Duke graduate, was a standout long jumper for the Blue Devils, leaving as the school's all-time leader in that event.



DERRICK JACKSON

## Friday, April 1 – Morning Clinic Speakers

### Jordan Gigli - Northern Illinois University

Veteran defensive coach Jordan Gigli joined the Northern Illinois University football staff in January 2019 as defensive line coach and recruiting coordinator. In each of his first two seasons at NIU, Gigli (pronounced GEE-lee) has seen two of his pupils, Jack Heflin (2019) and Weston Kramer (2020) each earned All-MAC accolades. Gigli, who was a two-time all-conference player and team captain at Trine University in Indiana, began his coaching career as a graduate assistant at Western Illinois. He's had coaching stints at Wittenberg University, Sacramento State and the University of North Dakota. He was the defensive quality control at Minnesota from 2007-11, where he worked with NIU head coach, Thomas Hammock.



JORDAN GIGLI

### Tony Sorrentino - Northern Illinois University

A veteran coach with experience at the high school, collegiate and professional levels, Tony Sorrentino enters his third season as a member of the NIU coaching staff in 2021. A New Jersey native, Sorrentino first worked with NIU Head Coach Thomas Hammock at Minnesota, where Sorrentino served as offensive quality control in coach 2009 and quarterbacks coach in 2010. In addition to working at Minnesota, Sorrentino had stops at the University of Miami (2011), Tennessee (2017), Florida Atlantic (2018) and his alma mater, The College of New Jersey (2007 & 2012), at the collegiate level. Sorrentino also spent time in the National Football League spending four years with the Jacksonville Jaguars (2013-16).



TONY SORRENTINO

### Daryl Agpalsa - Northern Illinois University

NIU offensive line coach Daryl Agpalsa joined the Huskie coaching staff in January 2019 after four seasons at the University at Buffalo. During his first two years at NIU, Agpalsa has blended Huskie veterans with newcomers to build a strong front five. Brayden Patton, who moved to center in the final games of 2019, and left tackle Marques Cox, earned All-MAC honors in 2020. He earned his bachelor's in business from Linfield in 2002 and a master's degree in education (applied kinesiology and sport management) from Minnesota in 2012. Agpalsa and his wife Ali have two daughters, Addison and Hailey, and a son, Noa.



DARYL AGPALSA

### Kirk Ciarrocca - MN Gophers

Kirk Ciarrocca was named offensive coordinator / quarterbacks coach at the University of Minnesota on Dec. 6, 2021. This is Ciarrocca's second coaching stint at Minnesota, as he held the same position from 2017-19. Ciarrocca returns to the Twin Cities after being away for two years. He spent the 2020 season as the offensive coordinator and quarterbacks coach at Penn State and served in a non-coaching role as an offensive analyst at West Virginia during the 2021 season. Ciarrocca and his wife Kim have a daughter, Colby, and a son, Cade.



KIRK CIARROCCA

## Friday, April 1 – Morning Clinic Speakers

### Joe Rossi - MN Gophers

Joe Rossi joined the Minnesota football staff in January 2017 and has served in a number of different roles before being named the team's defensive coordinator / linebackers coach on Nov. 24, 2018.

Rossi worked as a quality control assistant in 2017, and was then named defensive line coach prior to the 2018 season and was then named interim defensive coordinator on Nov. 4, 2018.

Minnesota has thrived with Rossi leading the defense, and the Gophers are 17-7 since he took over with four games left in 2018. Rossi and his wife, Lynsey, have two sons, Nico and Luca.



JOE ROSSI

### Paul Haynes - MN Gophers

Paul Haynes joined the University of Minnesota coaching staff in February 2020 and coaches the cornerbacks. In February 2022, he was promoted to Co-Defensive Coordinator. Haynes, who has more than 25 years of collegiate coaching experience, came to Minnesota from Michigan State where he coached the defensive backs since 2018. This was his second stint at Michigan State, as he also coached defensive backs from 2003-04. This past season, the Gophers ranked third in the nation in total defense at 278.8 yards per game (best since 1966, 225.1 yards per game). Paul and his wife, Danita, have four children: Jordyn, Kennedy, Rose and Tarron.



PAUL HAYNES

### Rob Wenger - MN Gophers

Coach Wenger joined the Minnesota football staff in January 2017 and has served as the program's Special Teams Coordinator. He was promoted to Special Teams Coordinator/Rush Ends in February 2020. Minnesota's special teams have seen success under Wenger. The Gophers ranked second in the nation in punt return defense in 2018 (1.11) and 2019 (0.17) and led the nation in 2018 in punt returns with an average of 22.25. Wenger earned his master's in education with a specialization in athletic administration from Nova Southeastern University in August of 2010. Wenger and his wife, Jacqui, have one daughter, Skyler.



ROB WENGER

### Matt Simon - MN Gophers

Matt Simon was named wide receivers coach at the University of Minnesota in January 2017. He added the title Passing Game Coordinator to his resume in March 2019 and was promoted to co-offensive coordinator in January 2020. Simon, who is from Farmington, Minn., returned to his home state after coaching wide receivers at Western Michigan from 2014-17. Minnesota's receivers have become some of the best in the nation under Simon, which is exactly what happened at Western Michigan as well. They have broken records, been recognized nationally, earned all-conference accolades and given defenses a reason to fear the Gopher passing game. Simon and his wife, Charlotte, have two sons (Dean and Wade).



MATT SIMON

## Friday, April 1 – Morning Clinic Speakers

### Brian Callahan – MN Gophers

Brian Callahan joined the University of Minnesota staff in January 2017. He coached the tight ends during the 2017 season, but was named Offensive Line Coach prior to spring practice in 2018. In March 2019, he added the title Run Game Coordinator to his resume. Prior to coaching tight ends at Minnesota, Callahan had coached offensive line since 2001. Callahan came to Minnesota from Western Michigan, where he coached the offensive line from 2013-17. He started his coaching career in 1992 at the high school level and has spent time at Northern Michigan and was a graduate assistant at Pittsburgh, Oklahoma and Louisville. Callahan and his wife Jennifer have three children, Lauren, Grace and Kevin.



BRIAN CALLAHAN

### John Stiegelmeier – South Dakota State University

John is the winningest coach in South Dakota State history and has built the Jackrabbit program into a yearly contender in the Missouri Valley Football Conference and the Football Championship Subdivision. SDSU has never had a losing record in 14 seasons of MVFC play – the only program with that distinction. The Jacks appeared in the national championship game in 20-21 and reached the national semi-finals this past fall. Aside from coaching, Stiegelmeier is active in the Fellowship of Christian Athletes, receiving the Grant Teaff Award in 2016. Coach Stig's 25 year tenure in Brookings is the longest head coaching stint for football in Jackrabbit history.



JOHN STIEGELMEIER

## Friday, April 1 – Afternoon Clinic Speakers



LIVE ZOOM Q & A WITH NICK SABAN  
NICK'S KIDS FOUNDATION

### Nick Saban – Nick's Kids Foundation

As the official charity of the Saban Family, Nick and Terry invest their time in hosting luncheons, golf tournaments, scrimmages and other events to benefit the cause. They are also active in the annual Giveaway Luncheon, which serves to distribute grants to support children, family, teacher and student causes.

In 1998, during their time at Michigan State University, Nick and Terry Saban established Nick's Kids Foundation in honor of the late Nick Saban, Sr. Since then, the Sabans have maintained and supported their charity throughout their careers at Louisiana State University, the Miami Dolphins and currently at the University of Alabama.

"No man stands as tall as he who stoops to help a child." Nick Saban, Sr.

## Friday, April 1 – Morning Clinic Speakers

### Jim Benkert – Simi Valley HS, CA

A graduate of Cal-Northridge, Coach Benkert got his head coaching start at Westlake HS in Westlake Village, CA in 1989. At Westlake his teams would go 226-86-5 and Benkert was a 4-time winner of the L.A. Times Coach of the Year. He'd spend three seasons at Oaks Christian HS in Westlake Village where his teams registered a 31-7 record before moving to Simi Valley where he led Simi Valley HS to 3 playoff appearances in 4 seasons (only missing during the Covid-shortened 2020 season) Previously, Simi Valley had only qualified for state playoffs 5 times on 72 seasons! His career record as a head coach is a remarkable 289-103-5.



JIM BENKERT

### Bob Palko – Mt. Lebanon HS, PA

Bob Palko, head football coach for the Mount Lebanon School District just completed his 25th year as a head coach and his 39th overall. His accomplishments as a coach include a Pennsylvania State Championship in 2001 and 2 other appearances in the championship game in 1999 and 2000. His teams were also semi-finalist in 2009 and 2016 as well as 8 WPIAL Championships. A quick look at Coach Palko's overall record of 248-79 reveals a steady appearance in post-season play 22 out of 25 years. Coach Palko has been selected as head coach in two of our country's biggest all-star games - Pennsylvania's Big 33 game and the US Army All-American Bowl. Coach Palko is a student-athlete advocate whose players continue to be successful off the field as well on it.



BOB PALKO

### Ryan Rizer – Mt. Lebanon HS, PA

Coach Rizer has over 20 years of industry experience in Strength & Conditioning and Player Development Programs. His coaching experience covers all arenas where human performance is found, ranging from youth and high school, collegiate Divisions I, II, and III. Coach Rizer has been the Director of Sports Performance for a nationally recognized health system and worked with over 40 high schools in different capacities servicing different initiatives. In 2015 Coach Rizer teamed up with Coach Bob Palko and staff in an effort to take an already successful high school football program and create a tangible and repeatable Player Development model. Over the last 7 years our teams have made the playoffs 7 times, including an undefeated 2021 season and a 6A State Championship.



RYAN RIZER

### Alex Greenway – Tracy-M-B HS

Alex Greenway is in his 6th year teaching at Tracy-Milroy-Balaton High School and 9th year overall. He previously taught at Dilworth-Glyndon-Felton High School and was an assistant football coach at Moorhead High School for 6 years. He is a 2nd year strength and conditioning coach and is also an assistant football coach. Alex serves on the NHSSCA MN Advisory Board and is the Executive Secretary of the MN Strength Coaches Association (MSCA). Alex was the Tracy Area Public School Teacher of the Year in 2019. He and his wife Sara have 2 children, Evan (6) and Emma (3).



ALEX GREENWAY

## Friday, April 1 – Afternoon Clinic Speakers

### Randy Hedberg – NDSU

Coach Hedberg is a 1977 graduate from Minot State after a stellar high school career at Parshall High School (ND). He was named one North Dakota's 50 greatest sports figures of the 20th century, checking in at number 31. After a 4-year career in the NFL, Hedberg registered coaching success at Minot State, Central Missouri, St. Cloud State, South Illinois and currently coaches the quarterbacks at North Dakota State University where he has tutored Carson Wentz, Easton Stick and most recently, Trey Lance. Randy and his wife, Chery, have a family of four children: Jennifer, Kate, Christopher and Maddie.



RANDY HEDBERG

### Tim Oehrlein – Westlake HS, TX

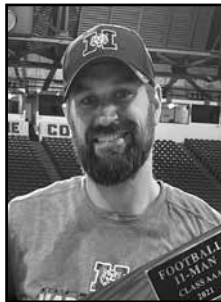
Tim Oehrlein was a high school assistant coach for 35 years in the state of Texas. He began his career as a Graduate Assistant at Texas A&M, where he was a part of the 1985 and 1986 Cotton Bowl seasons. In 1987 he was hired as the quarterback coach for Lewisville High School. He was there three seasons and moved on to become Offensive Coordinator at Memorial High School. In 1992 Tim continued his career as Offensive Coordinator in Kemp, Texas for six seasons. From there he moved to Brenham, Texas in 1998 becoming the Assistant Athletic Director and Offensive Coordinator. Coach Oehrlein made a move to Austin Westlake and coached his final three seasons with the Westlake Chaparrals. Coach Oehrlein appeared in 2 Cotton Bowls and made 29 trips to the play-offs, including 3 times in the State Semi-Finals, 3 times in the State Finals and finished his career winning a State Championship.



TIM OEHRLEIN

### Brandon White – Harrisburg HS, SD

Brandon White has been the Head Coach at Harrisburg, SD for the past 12 years. In that time, they have played in 6 State Titles with 1 Championship this past season. Brandon and his wife, Heather, have 4 children: (Tayson, Cashton, Ridleigh, Reverie) Brandon says: "I am absolutely in love with the game of football and the 8 months of prep work that it takes to put together winning program year in year out." His passions outside of football are hunting and watching his kids pursue their dreams.



BRANDON WHITE

## Friday, April 1 – Evening Clinic Speakers

### BRETT CARLSON

Brett Carlson is in his 20th year of education. He has taught high school social studies and was a multi-sport coach for 10 years before moving into school administration. His coaching stops include Apple Valley High School, Champlin Park High School, and White Bear Lake High School. He has served in a variety of leadership roles including activities director, community education director, middle school assistant principal, and currently is the director of community education and early learning and oversees the kindergarten program for North Branch Area Public Schools. Brett and his wife Renee live in Hugo, MN with their two daughters Megan (14) and Sarah (11).



BRETT CARLSON

### P. J. Fleck – Gopher Head Coach

P.J. Fleck was named head football coach at Minnesota on January 6, 2017. Fleck, 41, is the 30th head coach in the program's history. He has a career record of 65-45 and is 35-23 at Minnesota. In five years, Fleck has established himself as one of the most successful coaches ever to lead the Minnesota program. Fleck is already sixth in program history in overall wins (35) and Big Ten wins (21), and eighth in games coached (58). Fleck's .603 win percentage is third best among the 11 Minnesota coaches with at least 45 games under their helm behind only Henry L. Williams (.786, 1900-21) and Bernie Bierman (.716, 1932-41, '45-50). Fleck and Williams are the only two Gopher coaches to record nine or more wins in a season twice, as Minnesota posted 11 wins in 2019 and nine in 2021 under Fleck (Williams posted at least nine wins in six straight seasons from 1900-1905). Fleck and his wife, Heather, have four children, Gavin, Carter, Paisley (P.J.) and Harper.



P. J. FLECK

## Saturday, April 2— Morning Youth Clinic Speakers

### BEN BURK

Ben Burk was hired as the third head coach in the history of Lakeville South before the 2020 season. In his first full year of being a head coach, he was named Metro Coach of the Year by Kare 11 and 6A Coach of the Year by the Minnesota Football Coaches Association after the team finished 8-0 during the Covid-19 shortened season and was named “Mythical” State champions by the Associated Press. After being named Interim Head Coach in 2019, he was the 6A Section 3 Coach of the Year after leading the Cougars to the state semi-finals and an 8-1 record. Before being named Head Coach, he served as the Offensive Coordinator for the Cougars since 2017 leading an offense that set school records for rushing yards and points per game which helped the Cougars reach the state semifinals in each season Coach Burk was in charge. In addition to coaching football, Ben coaches Track & Field, Olympic Weightlifting and teaches in the English Department at Lakeville South High School. He is married to his wife, Anna, and has two children, Lola and Luke.



BEN BURK

### MIKE DIGGINS

Just completed his 12th year as Head Varsity Football Coach for the Centennial Cougars as well as his 34th year with the Cougar Football Program. Coach Diggins coached 2 years at Mora High School and 2 years as the Head Varsity Football Coach of St. Anthony Village High School. Coach Diggins was also named the Section Coach of the year in 2017 and 2019. Mike has been teaching Physical Education and Adapted Physical Education in the Centennial School District for the past 31 years. Along with coaching football, he is currently the sophomore baseball coach. In 2017 he was inducted into the Centennial Hall of Fame for Distinguished Alumni.



MIKE DIGGINS

### MICHAEL DIGGINS

Coach Diggins is entering his 3rd year as the Defensive Coordinator at Centennial High School Football and 5th year overall coaching/teaching in the District; currently teaching physical education, health, and strength & conditioning at the High School. He also currently is an assistant varsity baseball coach. He has facilitated the Centennial Youth Football Camp for the past 7 years. He is currently the Cougar Strength & Conditioning coordinator for the high school. He just recently received the Semper Fi Award at the Glazier Clinic for outstanding performance/faithfulness in football coaching. Prior to coaching, Michael was a 3-time All-WIAC Running Back at the University of Wisconsin-River Falls.



MICHAEL DIGGINS

## Saturday, April 2— Morning Youth Clinic Speakers

### AARON GILLILAND

Aaron is the Director of Youth Football for the New Richmond-Hartland/Ellendale-Geneva (NRHEG) Football community. He coaches youth football in the NRHEG program as well. Additionally, he is a junior high basketball and baseball coach at NRHEG. Aaron and his wife, Lisa, are the parents of three: Brooks(13), Mack(11) and Trevor(9).



AARON GILLILAND

### PHILLIP KLAPHAKE

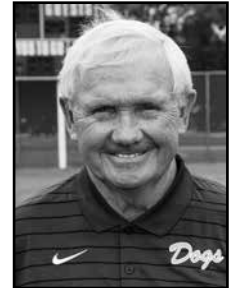
Graduate Assistant at St. Cloud State University (2014-15)  
Defensive Backs Coach at Gustavus Adolphus College (2015-16)  
Head Coach at Sauk Rapids-Rice High School (2016-Current)



PHILLIP KLAPHAKE

### DWIGHT LUNDEEN

Dwight has been the head football coach at Becker High School for 52 years. He is the only head football coach in the history of Becker Football – he started the program in 1970. He is 2nd in career wins among all active Minnesota head coaches with 382 victories. Each year Coach Lundeen oversees the Becker community football program which involves over 500 players.



DWIGHT LUNDEEN

### CULLEN NELSON

Cullen Nelson just finished his 3rd season as the head football coach at Chanhassen High School. He was the defensive coordinator for the Storm the 3 previous seasons. For 9 years Coach Nelson was a member of the Minnetonka High School football staff. He started his career coaching 5 years at Chaska High School. He has taught for 20 years in the Eastern Carver County School District after graduating from Gustavus Adolphus College. Cullen graduated from Northfield High School and played football for Bubba Sullivan. Coach Nelson is married to Brie and they have two sons, Clay (10) and Rigg (12).



CULLEN NELSON





## MFC A RECRUITING FAIR & COMBINE - MAY 7, 2022

The **MFC A Recruiting Fair and Combine** will once again be held at the TCO GARDENS in Vadnais Heights.

**MAY 7, 2022 at TCO Gardens in Vadnais Heights**  
**1490 Co Rd E East      Vadnais Height      55110**

### The schedule will be as follows:

- 9am to 11:30am:      **Recruiting Fair.** (College coaches meet with HS coaches; each will have a table)
- 7:30am to 11:30am:      **Combine for 8<sup>th</sup> and 9<sup>th</sup> graders) (Provided by Bill Welle, Training Haus)**
- Noon to 5:00pm:      **Combine for 10<sup>th</sup> & 11<sup>th</sup> graders (Provided by Bill Welle, Training Haus)**

### **IF YOU PLAN ON ATTENDING THE RECRUITING FAIR, EMAIL JEFF FERGUSON**

**([jeff.ferguson@totinograce.org](mailto:jeff.ferguson@totinograce.org)) BY APRIL 10th SO WE CAN ACCOMMODATE YOU.** High school coaches will have a table and chair where they can meet with college coaches to discuss their prospects. Wireless Internet will be available so feel free to bring a laptop to review your video. It is also a good idea to bring academic information about your prospects because we cannot include it in the information we distribute.

The MFCA Recruiting Fair has been very well received. Each year over 40 colleges from the upper-Midwest and over 40 Minnesota high school coaches attend. We provide recruiting information from nearly 150 high schools, including information for nearly 800 prospects, to colleges. **There is no cost for high school coaches to participate.**

Attending the fair is a great way to promote your players, especially "under the radar" D2/D3 players. College coaches appreciate the ability to speak to so many high school coaches in one setting instead of driving to each school.

**Athletes who wish to participate in the combine should use this LINK (cost of \$75 includes a T shirt):**

**[Traininghaus.com/news/2022-high-school-football-combine/](https://www.traininghaus.com/news/2022-high-school-football-combine/)**

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Steve Berg [sberg@afreps.com](mailto:sberg@afreps.com)  
Bill Hoag [bhoag@afreps.com](mailto:bhoag@afreps.com)  
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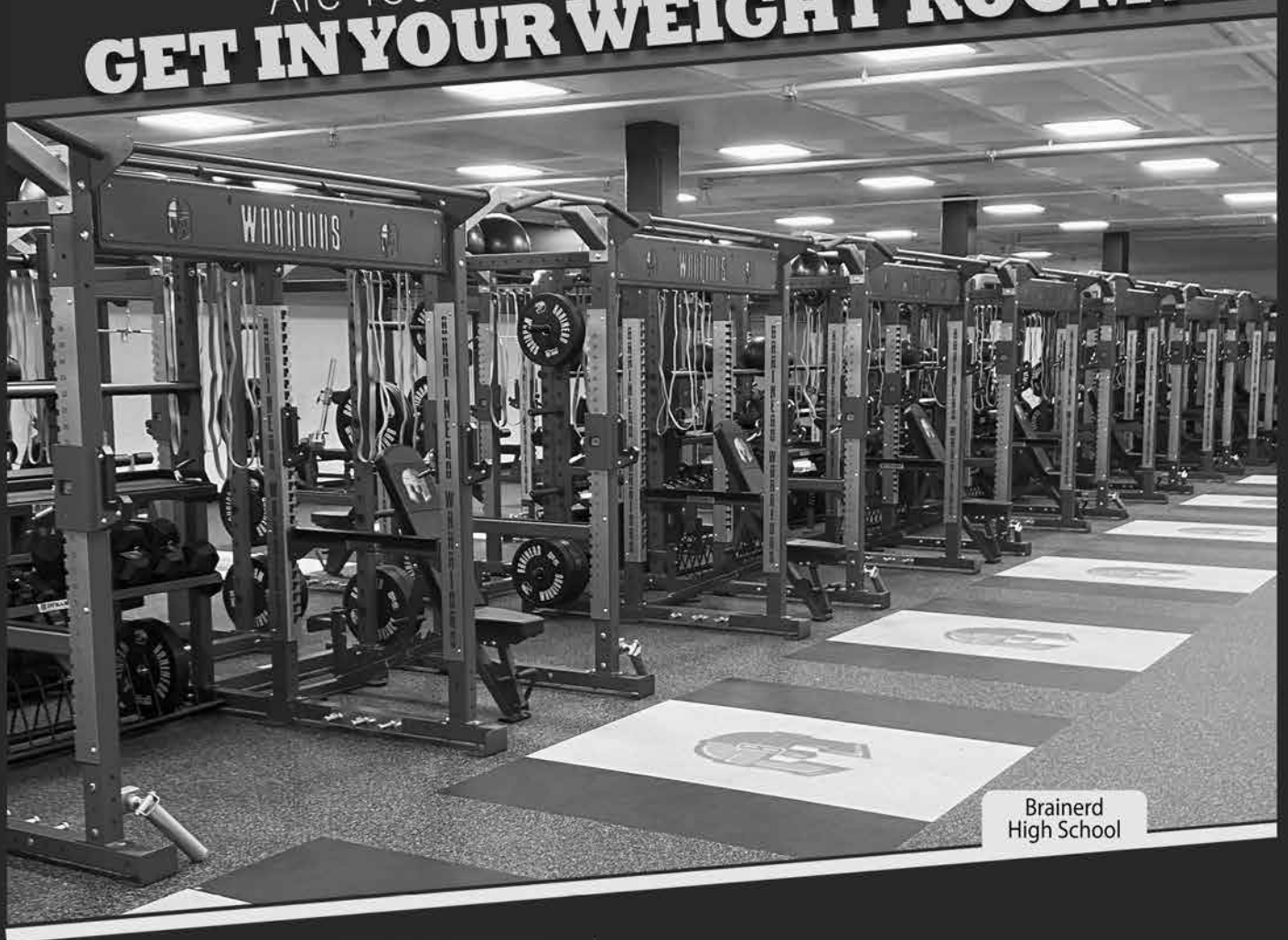
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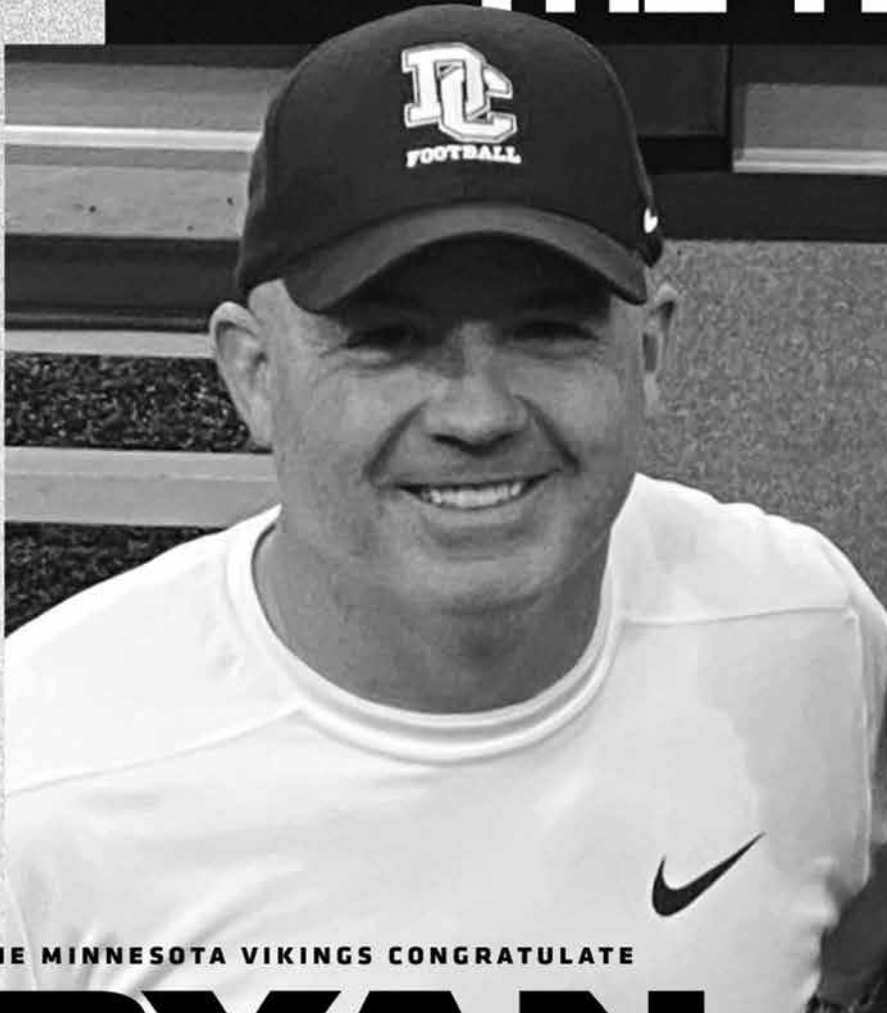
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### STANFORD CONCUSSION EDUCATION INITIATIVE

<https://www.stanforddaily.com/2020/02/26/stanford-concussion-education-initiative-partners-with-usa-football/>

### YOUTH FLAG FOOTBALL: PLAYERS START YOUNG IN NON-TACKLE LEAGUE

[https://napavalleyregister.com/sports/youth-flag-football-players-start-young-in-non-tackle-league/article\\_6210da91-965d-5123-a76a-2a887ebcc26a.html](https://napavalleyregister.com/sports/youth-flag-football-players-start-young-in-non-tackle-league/article_6210da91-965d-5123-a76a-2a887ebcc26a.html)

### NFHS VOICE: FOOTBALL LEADERSHIP GROUPS MEET TO MAINTAIN SPORTS'S POPULARITY

[https://www.maxpreps.com/news/\\_lgUJhp0uUyKtzLGiECBmQ/the-nfhs-voice--football-leadership-groups-meet-to-maintain-sport%E2%80%99s-popularity.htm](https://www.maxpreps.com/news/_lgUJhp0uUyKtzLGiECBmQ/the-nfhs-voice--football-leadership-groups-meet-to-maintain-sport%E2%80%99s-popularity.htm)

### 37 WAYS HIGH SCHOOL FOOTBALL HAS MINIMIZED RISK SINCE 2009

<http://coachfore.org/2020/02/09/37-ways-high-school-football-has-minimized-risk-since-2009/>

### WHY EARLY SPECIALIZATION OF SPORT IS BAD FOR YOUNG ATHLETES

<https://www.vype.com/why-early-specialization-of-sport-is-bad-for-young-athletes-presented-by-athlete-training--health>

### TWO THINGS CUT CONCUSSIONS IN YOUTH FOOTBALL

<https://www.futurity.org/youth-football-helmets-tackling-concussions-2296562/>

### IS YOUTH FOOTBALL SAFE? ANALYSIS OF MIDDLE SCHOOL FOOTBALL AND HEAD IMPACT DATA

<https://medicalresearch.com/pediatrics/is-youth-football-safe-an-analysis-of-middle-school-football-head-impact-data/53399/>

### HEAD GAMES: HS FOOTBALL OFFICIALS AND SCIENTISTS FOCUS ON INCREASING SAFETY

<https://m.lasvegassun.com/news/2020/feb/29/head-games-with-concussion-concerns-on-the-rise-hi/>

**\*These links will also be available on the MFCA website.**

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## MINNESOTA ARMY NATIONAL GUARD

**SFC Chris York**  
1025 Broadway St. NE  
Minneapolis, MN 55413  
christopher.p.yurek.mil@army.mil  
320-761-3851

## MINNESOTA STRENGTH COACHES ASSOCIATION (MSCA)

**Mike Breyen**  
michaelbreyen@isd728.org  
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## MINNESOTA VIKINGS

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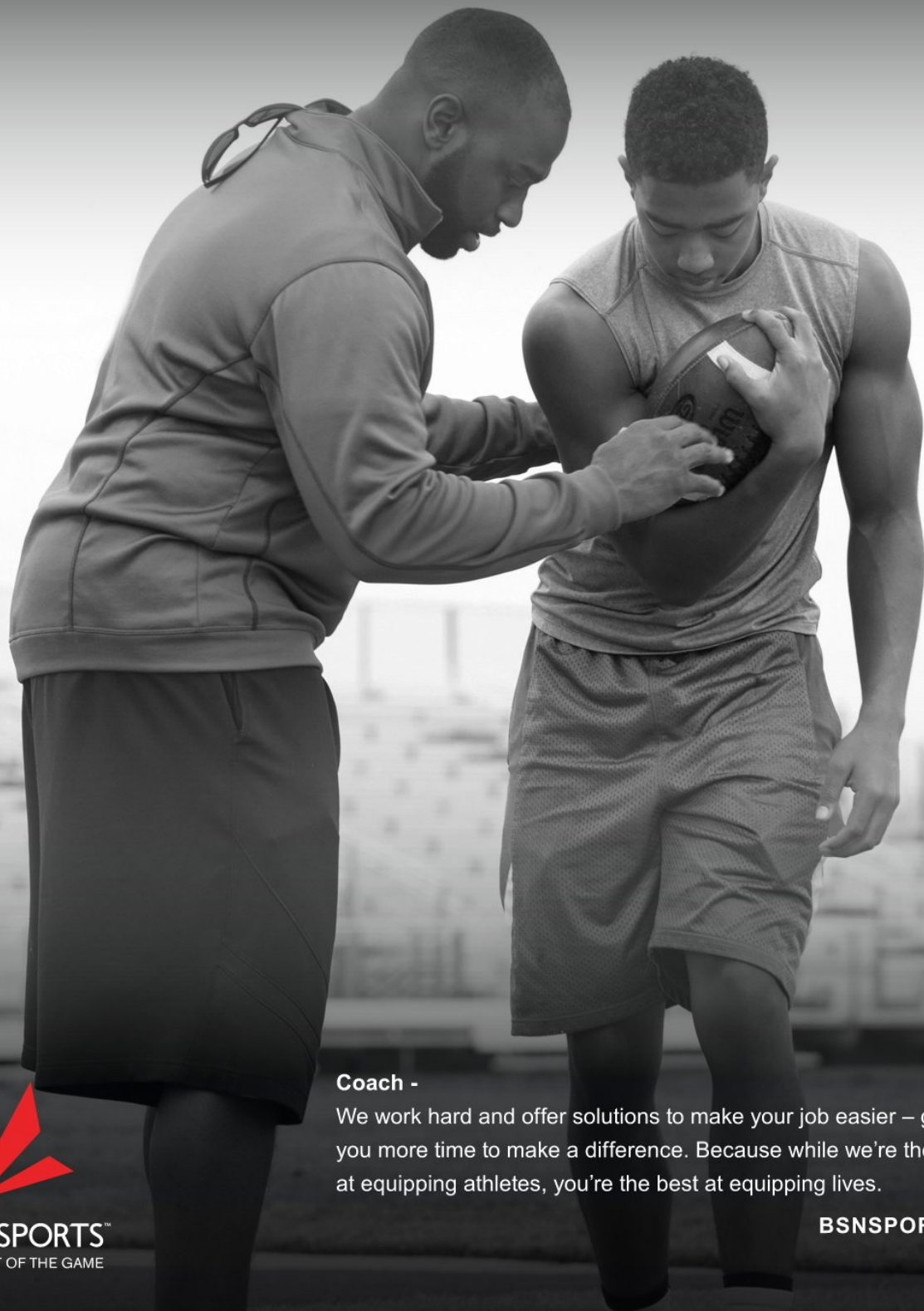
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**Steve Plochocki**  
212 Crooked Stick Pass  
North Prairie, WI 53153  
steve@zoneathletics.com  
414-795-8425



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