



GENERAL RULES OF DISCIPLINE AND CONDUCT

The following General rules are excerpts from the Little League

Rule Book Rule Number

3:14 No equipment shall be left on the field either in fair or foul territory.

4:05 The offensive team shall station two coaches on the field during its time at bat, one near first base and one near third base. Coaches' shall-

- (1) be eligible players in the uniform of their team; or adult manager or coach;
- (2) remain within the coaches' boxes at all times;
- (3) talk to members of their own team only.

An offending coach shall be removed from the coaches' box.

4:06 No manager, coach or player, shall at any time, whether from the bench or the playing field or elsewhere –

- (2) use language which will in any manner refer to or reflect upon opposing players, manager, coach, an umpire or spectators. The offender shall be removed from the game.

4:07 When a manager, coach or player is ejected from a game, they shall leave the field immediately and take no further part in that game. They may not sit in the stands and may not be recalled.

4:08 When the occupants of a player's bench show violent disapproval of the umpire's decision, the umpire shall first give warning that such disapproval shall cease. If such action continues – the umpire shall order the offender out of the game and away from the spectator's area. If the umpire is unable to detect the offender or offenders, the bench may be cleared of all players. The manager of the offending team shall have the privilege of recalling to the playing field only those players needed for substitution in the game.

6:02 Stepping out of the batter's box after each pitch is discouraged and could be called by the umpire as a delay of the game.

9:01 No Player/Manager/Coach shall object to any judgment decision made by the umpire – Ball/Strike/Fair/Foul/Safe/Out etc. However, if there is a rule conflict, the appeal should be made to the umpire who made the call.

BPRBA LOCAL RULES

- Any Player/Manager/Coach/Parent who, in the opinion of the Board of Directors, flagrantly violates the above rules (especially 4:06 and 4:08) will be reviewed by a committee appointed by the Board of Directors and issued a Warning. If the same person commits violations subsequent to the Warning, that individual, upon a decision by the Board of Directors, will be banned from participating in all Little League activities.
- Spectators at Minor, Major and Senior League games will not be allowed to view the game from any location between the dugouts or behind the backstop. Appropriate viewing locations would be in the stands provided or behind fences that run from the dugouts down the right or left field foul line.
- Clean dugouts after each game.
- Home team responsible for field readiness and putting away equipment (rakes etc.).
- Ø Helmets are located at each field in the equipment box or closet. Each team should get their own helmets prior to the game and return them after the game.
- Players and coaches are the only people allowed in the dugout. 2 adults and 1 designated scorekeeper. No siblings, parents or friends allowed.
- Each team should have a team meeting with the parents before the 1st game to discuss discipline and conduct, including spectators.
- No smoking allowed in dugout/field areas.

Safety

USA stamped bats are only bats allowed for practices and games.

Link: <https://www.usabaseball.com/bats/>

Be prepared for any emergency in advance of all games and practices. Emergency medical services are available in the Village of Bedford and the Town of Pound Ridge.

Safety is a matter of ongoing concern for all Little League Volunteers. This requires vigilance and firm discipline applied through positive reinforcement.

At the team level it starts with the manager and includes the coaches and parents. It may require a meeting with parents if there is a discipline problem. Certainly, the manager should stress with the players and parents what he expects when it comes to safety. This should include ongoing meetings and discussions with the team.

The Little League Code and rule book sets forth specific rules regarding safety. A few moments of review periodically will be of enormous benefit to the Little League Volunteers.

The Safety Code is set forth inside the cover page at the rear of the rule book.

All accidents should be reported to the league safety officer and the family should be supplied with a medical claim form. All league members are covered by

medical insurance which is excess to the family's personal policy.

The rules of Safety which follow are for the benefit of the entire league. They should be enforced as they are in place for the protection of everyone. By following them, the managers' job becomes easier and players will develop good habits.

1. All equipment must be off the field while a team is at bat. Any area within the fence line is considered the field of play whether fair or foul. (Rule 3.14)
2. No manager, coach or spectator may stand within the field of play, except if occupying a coaches box for the hitting team. The on deck batter is not permitted. (Rule 1.08)
3. All players, coaches and spectators should be alert for batted and thrown balls and be faced towards the area of play.
4. As per Little League Rules, **the swinging of bats in on deck area (or any area around the dugout) is prohibited in all divisions.** Bats should be kept out of the hands of all players **except for the hitter.** (Exception may be made during practice or instruction if there is direct supervision of each hitter such as in drills involving soft toss or a batting tee.)
5. Helmets with face masks are required by all leagues at practice and games.
6. Periodical inspection should be made of the medical supplies located in the storage boxes at end of field. A medical kit and ice packs should be available there.
7. Each field will have rakes available to smooth surfaces and fill holes during the season. Regular inspection and repairs should be given by managers and coaches.
8. Managers are responsible to take precaution to avoid injury to batters being hit by pitch. Batters should be taught how to get hit by a pitch by turning away rather than opening up to face the pitch. Managers should remove pitchers who are excessively wild or who present a danger to the batter. Ultimately it is the umpire's discretion when to mandate that a pitcher be removed for wild pitches / hitting batters. There is no set number.
9. Injuries during games and practices from thrown and batted balls will be minimized if each player learns that there is "always something to do" during games and practices. Coaches should be sure the rule is followed.
10. Equipment inspection is essential. Broken equipment may be replaced by contacting the league equipment manager. All male players must wear athletic supporters. Metal cleats are not permitted.

11. Periodic inspection of dugouts, fences and bleachers should be done to repair hazards that may develop.
12. Players in the field should be taught to avoid collision by calling for the ball and learning which position has priority where more than one fielder is calling for the fly ball. Example; shortstop catches pop ups behind third, first base man catches pop ups in front of home plate on first base side; an outfielder has priority over infielder.
13. Misjudging fly balls can be a cause of injury. It can be corrected with practice and drills such as pointing to the ball with the throwing hand when it is in the air and catching the ball with two hands when possible.
14. Ball handling skills should be taught with drills to minimize injuries. Ground ball skills should be taught to all players utilizing proper technique to minimize injuries.
15. Umpires will call games due to inclement weather. Managers should confer with the umpire and no practice or game should take place in a field that may be considered unsafe. Certainly, at the first sign of lightning the field should be cleared and appropriate decisions made.
16. Players should be taught the importance of warm up before practice and games. Drills and warm up routines are available and should be utilized to prevent injuries and to develop good habits in a player.
17. Sliding should be practiced and taught using half speed drills, grassy areas and non- fixed bases. Sliding pads are recommended. Head first slides are not permitted, except returning to a base.
18. Injuries can be avoided to the batter by proper technique. Batters should be taught to stay in the batter's box and not lean into the strike zone. Proper grip when bunting and staying in the batter's box will reduce finger injuries. When the batter becomes a base runner he should be taught to run in foul territory to reduce the chance of being hit by a thrown or batted ball.
19. The catcher has the most accidents and time should be spent separately with the catchers to teach safe technique. The throwing hand should be protected by keeping fingers closed and keeping the glove between the ball and hand. Some little league catchers prefer using one hand and keeping the throwing hand behind the back. He should be taught how to judge the proper distance behind the batter by positioning himself after the batter takes his stance and not reaching into the swing area. Catchers must wear helmets, face mask and throat guard during warm-ups. Catchers should be instructed to wear protective cups.
20. All runners should have an unobstructed path to a base (including home plate). Defensive players are not allowed to block a base. However, an umpire can

determine that a defensive player could not have fielded the ball without blocking the pathway of the runner and that contact was unavoidable.

EQUIPMENT BOXES

Each field has an equipment box which contains, first aid kits, ice packs, batting helmets, and umpire equipment. The home team manager is responsible for making sure that the field equipment is put away and the equipment box is locked at the end of the game. Each team has the responsibility to get the teams batting helmets from the equipment box and return them to the box after the game. Please make sure that the equipment boxes/storage closets are locked before leaving the field.

SPECTATORS

Spectators at Minor, Major & Senior League games will not be allowed to view the game from any location between the dugouts or behind the backstop. Appropriate viewing locations would be in the stands provided or behind Fences that run from the dugouts down the right or left field foul line.



BEDFORD POUND RIDGE INSTRUCTIONAL LEAGUE RULES

1. It is the purpose of the Bedford-Pound Ridge Instruction League program to provide a positive baseball experience for new players who are in Kindergarten. Subject to the decision of the Board of Directors, older players may be required to play one year in Instructional League if they have no prior organized baseball experience. The league is intended to be instructional and non-competitive. Coaches should strive to teach the fundamentals of the game of baseball including throwing, catching, base running, hitting and rules of the game. It is particularly helpful to demonstrate proper technique to players who are learning at this early age.
2. Pitching is not used since the age of the player generally prevents this. The manager or coach of the team that is hitting should pitch to his players in a manner that is consistent with the skill of the individual player attempting to hit the ball. It may be necessary to use a batting Tee for some players.
3. Game situations should be followed where possible. Defensive players should be positioned in the traditional places of infielders and outfielders and the field should not be crowded with players. If there are more than 9 fielders, outfielders should be used. Players should be positioned at the proper location to play 1st base, 2nd base, shortstop and 3rd base and no additional infielders should be used. The catching position is usually occupied by a coach.
4. There shall be no walks and no strike outs. Generally, the manager or coach that is pitching also serves as the umpire that calls the plays in the field. The umpire should make clear calls on all plays and when a player is out it is important that the player be taught that sportsmanship requires that the player return immediately to the dugout. Often in this age group there can be emotional outbursts if a player is not "safe", but the game of baseball is an opportunity to teach that there are no gray areas in the rules and sometimes you are out even if you have hit the ball well.
5. Score shall not be kept under any circumstances.
6. The defensive team may have one coach positioned on the field to give instructions regarding each game situation. The coach shall not, however, stop the play of the game to give instructions.
7. The game shall consist of 3 innings with the visitors batting 3 times and the home team batting 3 times. The usual rule of 3 outs does not apply. An inning consists of each player in the batting order hitting one time. The last batter for each team shall be the last player listed in the batting order.

8. All batters and base runners must wear helmets at all times. The baseball used is a reduced impact ball that is the same weight and dimension as a regular baseball. Players should be taught not to throw the bat after hitting the ball. As the season progresses, a batter who throws the bat should be called out.
9. As per Little League Rules, the **swinging of bats in on deck area is prohibited in all divisions. Bats should be kept out of the hands of all players except for the hitter.** (Exception may be made during practice or instruction if there is direct supervision of each hitter such as in drills involving soft toss or a batting tee.)