

**John Marshall Boys Track and Field**  
**Top Performances by Athlete - Best Event**

2015 Track Season

Last Name	First Name	Grade	Event	Season Best	Rank	Date	Meet	Performance Points
Houghton	Jake	12	1600 Meter Run	04:23.28	1	6-Jun-15	Minnesota State Championship	795
McKenzie	Zach	12	High Jump	6-05.00	2	16-Apr-15	Faribault Invitational	793
Martin	Cazz	11	200 Meter Dash	00:22.99	3	30-May-15	Section 1AA Championships	759
Ameen	Shahan	10	200 Meter Dash	00:23.06	4	15-May-15	All-City Varsity Meet	752
Jada	Emmanuel	11	Shot Put	49-01.50	5	15-May-15	All-City Varsity Meet	720
Bly	Stephen	12	Long Jump	20-03.25	6	2-May-15	Mayo Invitational	700
Mehus	Eric	11	400 Meter Dash	00:54.25	7	22-May-15	Big 9 Championships	674
Minnich	Trevor	12	110 Meter Hurdles	00:16.35	8	15-May-15	All-City Varsity Meet	670
Perkins	Darren	10	100 Meter Dash	00:11.84	9	14-Apr-15	JM/Red Wing/Winona Triangular	668
Werven	Simon	8	400 Meter Dash	00:54.57	10	2-May-15	Mayo Invitational	663
Mabor	Mabor	12	300 Meter Hurdles	00:42.67	11	22-May-15	Big 9 Championships	661
Mattison	Joshua	11	Long Jump	19-07.25	12	28-Apr-15	Owatonna Triangular Meet	660
Chilanti	Maurizio	12	400 Meter Dash	00:54.89	13	22-May-15	Big 9 Championships	653
Schreader	Riley	11	100 Meter Dash	00:11.94	14	14-Apr-15	JM/Red Wing/Winona Triangular	650
Olson	Mitch	9	400 Meter Dash	00:55.14	15	14-Apr-15	JM/Red Wing/Winona Triangular	646
Charles	Bernard	9	100 Meter Dash	00:11.98	16	7-May-15	All-City JV Meet	644
Sonnabend	Sam	10	1600 Meter Run	04:51.10	17	30-May-15	Section 1AA Championships	642
Hanson	Jesse	11	300 Meter Hurdles	00:43.22	18	16-Apr-15	Faribault Invitational	638
Kellner	Ben	12	1600 Meter Run	04:53.24	19	14-Apr-15	JM/Red Wing/Winona Triangular	631
Hakeem Mustapha	Abdul	8	100 Meter Dash	00:12.07	20	7-May-15	All-City JV Meet	630
Andrews	Kevin	11	3200 Meter Run	10:38.37	21	22-May-15	Big 9 Championships	628
Ridley	Monte	10	High Jump	5-10.00	22	2-May-15	Mayo Invitational	627
Neumann	Ryan	11	100 Meter Dash	00:12.10	23	23-Apr-15	Century Triangular Meet	625
Banks	Caleb	11	100 Meter Dash	00:12.15	24	7-May-15	All-City JV Meet	617
Gerber	Reid	11	Shot Put	42-09.00	25	22-May-15	Big 9 Championships	613
Burks	Ron	10	300 Meter Hurdles	00:43.97	26	15-May-15	All-City Varsity Meet	606
Johnson	Dontrel	11	200 Meter Dash	00:24.95	27	18-May-15	Big 9 JV Championship	601
Reynolds	Joel	11	100 Meter Dash	00:12.25	28	7-May-15	All-City JV Meet	601
Gilbertson	Henrik	9	3200 Meter Run	10:59.37	29	30-May-15	Section 1AA Championships	584
Pottebaum	Kyle	12	400 Meter Dash	00:57.30	30	23-Apr-15	Century Triangular Meet	583
Jones	Andrew	11	800 Meter Run	02:14.58	31	18-May-15	Big 9 JV Championship	582
Schaefer	Gavin	9	Discus Throw	114-09	32	28-Apr-15	Owatonna Triangular Meet	582
Loera	Alan	12	200 Meter Dash	00:25.28	33	23-Apr-15	Century Triangular Meet	578
Stien	Jack	11	400 Meter Dash	00:57.66	34	18-May-15	Big 9 JV Championship	572

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Mai	Long	9	100 Meter Dash	00:12.49	35	7-May-15	All-City JV Meet	563
Parrott	Jesse	8	200 Meter Dash	00:25.54	36	14-Apr-15	JM/Red Wing/Winona Triangular	559
Ray	Cole	10	Shot Put	39-08.00	37	22-May-15	Big 9 Championships	556
Thammavongsa	Tevin	12	100 Meter Dash	00:12.54	38	14-Apr-15	JM/Red Wing/Winona Triangular	555
Slater	Christopher	11	400 Meter Dash	00:58.30	39	28-Apr-15	Owatonna Triangular Meet	554
Petersen	Seth	9	400 Meter Dash	00:58.80	40	28-Apr-15	Owatonna Triangular Meet	541
Thompson	Matthew	9	Shot Put	38-03.00	41	7-May-15	All-City JV Meet	528
Jiru	Edow	11	100 Meter Dash	00:12.73	42	23-Apr-15	Century Triangular Meet	527
Rudlong	Trenton	9	400 Meter Dash	00:59.40	43	28-Apr-15	Owatonna Triangular Meet	525
Poirier	Anthony	9	400 Meter Dash	00:59.46	44	7-May-15	All-City JV Meet	524
Nguyen	Ken	9	100 Meter Dash	00:12.81	45	7-May-15	All-City JV Meet	515
Feda	Caleb	8	1600 Meter Run	05:19.56	46	16-Apr-15	Faribault Invitational	512
Paul	Denis	12	Long Jump	16-11.50	47	16-Apr-15	Faribault Invitational	507
Moon	Brant	11	400 Meter Dash	01:00.52	48	16-Apr-15	Faribault Invitational	496
Christenson	Nate	10	Shot Put	36-08.00	49	23-Apr-15	Century Triangular Meet	496
Alexander	Shawn	12	100 Meter Dash	00:13.00	50	28-Apr-15	Owatonna Triangular Meet	488
Poole	Jared	9	110 Meter Hurdles	00:18.48	51	18-May-15	Big 9 JV Championship	486
Shedivy	Adam	9	800 Meter Run	02:24.10	52	18-May-15	Big 9 JV Championship	485
Baldwin	Alexander	9	3200 Meter Run	11:55.99	53	18-May-15	Big 9 JV Championship	477
Mitchell	Jason	10	400 Meter Dash	01:01.45	54	23-Apr-15	Century Triangular Meet	473
Bitashimwa	Sedrick	9	400 Meter Dash	01:01.62	55	16-Apr-15	Faribault Invitational	469
Mahamood	Abdirahman	12	400 Meter Dash	01:01.80	56	28-Apr-15	Owatonna Triangular Meet	464
Gee	Caleb	11	Discus Throw	92-10	57	18-May-15	Big 9 JV Championship	464
Ehrich	Jake	9	Discus Throw	92-09	58	23-Apr-15	Century Triangular Meet	464
Las	Brennigan	9	400 Meter Dash	01:02.00	59	7-May-15	All-City JV Meet	459
Folkerts	Peter	9	100 Meter Dash	00:13.24	60	14-Apr-15	JM/Red Wing/Winona Triangular	455
Mohamed	Mohamed	11	100 Meter Dash	00:13.30	61	23-Apr-15	Century Triangular Meet	447
Parrott	Dillon	12	1600 Meter Run	05:36.30	62	7-May-15	All-City JV Meet	446
Engle	Grant	9	1600 Meter Run	05:36.28	63	23-Apr-15	Century Triangular Meet	446
Adams	Zachary	9	100 Meter Dash	00:13.42	64	23-Apr-15	Century Triangular Meet	431
Mitchell	Steele	10	400 Meter Dash	01:03.43	65	23-Apr-15	Century Triangular Meet	426
Martinez	Mark	9	100 Meter Dash	00:13.48	66	20-Apr-15	Mankato East Triangular Meet	424
Cisneros	Jose	11	1600 Meter Run	05:44.30	67	7-May-15	All-City JV Meet	417
Larsen	Chase	7	1600 Meter Run	05:44.22	68	18-May-15	Big 9 JV Championship	417

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Kirscht	Justin		200 Meter Dash	00:27.75	69	23-Apr-15	Century Triangular Meet	416
Gilbertson	Ethan	8	1600 Meter Run	05:44.78	70	16-Apr-15	Faribault Invitational	415
Harpestad	Anthony	8	200 Meter Dash	00:27.84	71	14-Apr-15	JM/Red Wing/Winona Triangular	411
Hickman	Jonathan	11	Long Jump	15-01.50	72	20-Apr-15	Mankato East Triangular Meet	406
Perez	Diego	9	3200 Meter Run	12:39.10	73	16-Apr-15	Faribault Invitational	406
Stensland	Jacob	9	100 Meter Dash	00:13.64	74	14-Apr-15	JM/Red Wing/Winona Triangular	403
Sztajnkrycer	Luke	8	Long Jump	15-00.00	75	7-May-15	All-City JV Meet	400
Muroya	Jonathan	11	400 Meter Dash	01:04.64	76	14-Apr-15	JM/Red Wing/Winona Triangular	398
Ellis	Samson	8	3200 Meter Run	12:44.24	77	14-Apr-15	JM/Red Wing/Winona Triangular	398
Berry	Chris	9	400 Meter Dash	01:04.95	78	16-Apr-15	Faribault Invitational	391
Narum	Anders	9	1600 Meter Run	05:53.21	79	23-Apr-15	Century Triangular Meet	386
Somvang	Daniel	9	Discus Throw	78-10	80	23-Apr-15	Century Triangular Meet	384
Backholm	Hunter	9	Discus Throw	78-02	81	7-May-15	All-City JV Meet	380
Charlton	Darion	9	100 Meter Dash	00:13.82	82	20-Apr-15	Mankato East Triangular Meet	380
Trantow	Benjamin	8	3200 Meter Run	12:57.10	83	28-Apr-15	Owatonna Triangular Meet	379
Limon	Miguel	12	200 Meter Dash	00:28.52	84	23-Apr-15	Century Triangular Meet	372
Hargens	Parker	11	Shot Put	30-11.00	85	23-Apr-15	Century Triangular Meet	367
Hickman	Charles	9	400 Meter Dash	01:06.14	86	14-Apr-15	JM/Red Wing/Winona Triangular	366
Bruggenthies	Steven	9	100 Meter Dash	00:14.00	87	28-Apr-15	Owatonna Triangular Meet	358
Newberg	Noah	11	Shot Put	30-04.50	88	7-May-15	All-City JV Meet	354
Reed	Colton	9	Pole Vault	8-00.00	89	14-Apr-15	JM/Red Wing/Winona Triangular	335
Novak	Andrew	7	3200 Meter Run	13:33.18	90	18-May-15	Big 9 JV Championship	328
Jirik	Tim	9	110 Meter Hurdles	00:20.91	91	7-May-15	All-City JV Meet	300
Swenson	Ethan	12	800 Meter Run	02:49.90	92	28-Apr-15	Owatonna Triangular Meet	275
Hansen	Jacob	9	100 Meter Dash	00:14.74	93	14-Apr-15	JM/Red Wing/Winona Triangular	273
Yap	Steve	9	100 Meter Dash	00:14.74	94	14-Apr-15	JM/Red Wing/Winona Triangular	273
Klaes	Hunter	9	Discus Throw	60-02	95	7-May-15	All-City JV Meet	268
Backholm	Slade	12	400 Meter Dash	01:14.70	96	7-May-15	All-City JV Meet	205
Burns	Nick	9	200 Meter Dash	00:32.85	97	20-Apr-15	Mankato East Triangular Meet	160
Phillips	Uriah	9	100 Meter Dash	00:16.18	98	18-May-15	Big 9 JV Championship	130
							Total Points	48,961
							Average Points	499.6