



Varsity Roster

JV Roster

Number	First Name	Last Name	Position	Number	First Name	Last Name	Position
20	Addy	Babler	D	20	Addy	Babler	D
7	Kaya	Bois	D	27	Siri	Brumbaugh	D
27	Siri	Brumbaugh	D	13	Claudia	Dombeck	D
15	Sasha	Grabow-Pinto	D	2	Finley	Proell	D
16	Norah	Landers	D	28	Elsie	Roark	D
6	Kendall	McIntyre	D	3	Anita	Woell	D
9	Finnley	Betcher	F	23	Gabby	Bieringer	F
14	Olive	Carlson	F	22	Elsa	Johns	F
21	Emily	Hokanson	F	37	Nova	Johnson Speed	F
22	Elsa	Johns	F	8	Sylvie	Kruse	F
10	Tallulah	Knoke	F	5	Riley	McIntyre	F
8	Sylvie	Kruse	F	12	Kota	Munene	F
18	Juniper	Loja Monnens	F	19	Esme	Sonda	F
5	Riley	McIntyre	F	33	Mady	Warrington	F
17	Helen	Mitchell	F	32	Willa	Wood	F
12	Kota	Munene	F	25	Quinlan	Zeller	F
24	Emily	Scott	F	1	Evelyn	Karn	G
32	Willa	Wood	F	35	Emme	Woldum	G
30	Bentley	Burgoon	G				
31	Josie	Meidl	G				

Head Coach: Tom Helvick

Asst. Coaches: Patrick Connelly, Dan Carlson, Ava Miller, Patti Marshall, Becca Sonnek

Student Managers: Hanna Geye, Kelly Lyman, Amelia Smith

Athletic Trainer: Beth Clute, MA, LAT, ATC from TRIA



2025-2026

2	Emma Meier	F/D	9	CI
3	Aliya Swenson	D	10	CI
4	Brooke Jankovich	F	11	CI
6	Tori Thurmer	F	11	NB
7	Josephine Noll	F	9	CI
8	Kylie Cheney	F	11	SF
9	Elana Ward	F	9	CI
11	Kaylynn Yelk	D	9	SF
12	Emma Thunstrom	D	10	CI
13	Makyla Thurman	D	12	CI
14	Amber Grecula	F	12	CI
15	Ella Ziebarth	F	9	CI
16	Mikenna Uphoff	F	11	SF
17	Vanessa Fiedler	F	9	SF
18	Emily Olson	G	10	CI
19	Sydney Miller	D	11	CI
20	Adelyn Gutierrez	G	9	CI
21	Hannah Westman	F/D	12	CI
22	Jaida Green	D	9	CI
23	Kenzie Larson	D	12	CI
24	Halle Larson	F	12	CI
25	Brynn Hehir	D	11	SF
30	Cadence Blakeborough	G	12	CI
31	Dazie Peterson	G	9	NB
32	Payton Buckley	F	12	CI
42	Elsie Schneider	G	12	CI
66	Laike Middag	F	11	CI
74	Bailey Meier	D	11	CI
94	Sofia Sighel	D	12	CI
96	Rilee Meinen	F	10	SF

Head Coach: Joe Fredrickson

Assistant Coaches: Brad Nowak & Sydney Green

Manager: Ashley Anderson

Athletic Trainer: Physical Therapy Consultants

Activities Directors: Joan Johnson (SF); Matt Braaten (CI); Kindra Helin (NB)

