



PERSONAL TRAINING PROCEDURES WE ARE CLOSED TO THE PUBLIC

MASKS ARE WORN AT ALL TIMES INSIDE THE FACILITY.

The information in this document is not intended or implied to be a substitute for content supplied by the CDC/Boulder County Health Department. All content provided are guidelines valid as of May 12th, 2020, and are subject to change. The knowledge and circumstances around COVID-19 are changing constantly and, as such, the Sport Stable and its entities make no representation and assume no responsibility for the accuracy or completeness of this information. Further, you should seek advice from public health officials if you have specific questions about your return to training in the Sport Stable or participation with any of the RoughRiders™ brand related to the RoughRiders™ Sports Club. The safety of our staff and customers is our top priority. We are a 165,000 sq. ft. facility with the ability to make sure that we follow proper protocol on social distancing making the experience of being here safe and healthy.

The Sport Stable remains closed to the public, Starting May 12th we will have limited members for private personal training.

Personal Training Rules:

- No more than 10 people (members and employees) per surface area at one time.
- Staggered opening for all surfaces.
- All surfaces have a single point entrance and exit
- All participants MUST adhere to the symptom check procedure (symptoms)
- By appointment only (The building is NOT open to the public)
- No cash transactions – all appointments are scheduled through the Coach/Director and an electronic waiver is signed and payment will be taken at the time of scheduling.
- No water fountains will be available. All participants need to bring their own labeled water bottles.
- Restroom use will be limited.
- Locker rooms will be of limited use and following social distance protocols.
- No contact drills/no shared equipment with athletes with the exception of the ice hockey puck.

Criteria for participation in group training sessions (includes athletes, coaches, and staff)

- Required No signs or symptoms of COVID-19 in the previous 14 days.
- Participants use their own equipment and avoid touching each other with their hands.
- Use your own water bottle, towel, personal hygiene products (e.g., soap, deodorant, etc.)
- Ice Hockey participants have 15 minutes after the ice time to remove equipment and exit the building. All other sports must exit the building immediately following their session.
- No more than 4 participating in a session (4 + coach) following the social distancing of 6'. Assigned seating for players with social distancing.
- Masks are recommended by the CDC and are required by Boulder County Health and a signed order by Mayor Clint Folsom of the Town of Superior if unable to maintain 6 ft of social distance.
- Always maintain social distancing, within the building and in the parking lot areas of the Sport Stable premise.

Facility cleaning:

The Sport Stable will be following the cleaning guidelines put out by the CDC, found here.

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>

Frequently touched areas (e.g., door handles, light switches) will be cleaned multiple times daily. Full facility cleaning will happen nightly following closure. Reduced hours have been established to provide enough time for full facility cleaning.

Signage provided by Boulder County Health will be placed throughout the building with reminders to symptoms, handwashing, and social distancing.

Surface Procedures:

Ice: Trainee can be dropped off at the circle or walked up to the entrance point. Staff will perform a symptom check with a temperature scan (all athletes and employees). Guidelines permit body temps up to 100.4. If temp fails to meet the guidelines, the participant is excused and participant name, time of arrival, rink, and entrance location are noted and sent to the sports director and GM, Jimmy Dexter.

Ice Rinks - West & East Rink split participation – rinks will be divided in half leaving the 6' social distance. Trainees are encouraged to come fully dressed.

Check-In Procedure – Main Entrance Symptom check & assigned seating

- Trainee will be invited to register, pay, and sign waiver electronically online.
- Trainee may not show up more than 15 minutes prior to his / her ice time
- Trainee or Parent & Coach will do a symptom check every visit
- Trainee & Coach will receive a body temperature scan at check-in – once check-in is complete trainee will be assigned a rink, locker room and seat assignment
- Trainee is fully dressed and will wait in their designated seating area in the locker room until the Coach/Trainer comes to get them to bring them to the ice.
- Trainee, Coach & Parent should wear a facial mask upon arrival and when leaving the facility, and trainee & coach are encouraged to wear a facial mask on the ice
- Trainee, Coach & Parent must always maintain six (6) feet social distancing
- Maximum of four (4) trainees on the ice, with one (1) coach, unless trainees are from a single household
- Each group assigned a locker room, no more than four (4) persons in one locker room, and no closer than eight (8) feet apart. No dressing in the lobby, or non-designated areas
- All water fountains have been turned off, so trainee should bring his / her own water bottle
- Do not share water bottles, towels, or any other personal equipment
- Parent(s) will not be allowed inside the facility during the session, only the trainee & coach will be allowed to stay during the sessions
- Do not bring siblings of your trainee to the rink, only the trainee will be allowed to stay during his / her session
- Trainee should not shower at the rink (showers will remain closed)
- Trainee may not linger longer than 15 minutes after his / her session ends
- Thoroughly sanitize personal gear and equipment after use
- Upon completion of the skate, the coach dismisses trainees back to their assigned area where they must immediately remove skates and exit the building. No showers, no social time. Once participants leave and the area is clear, the Sport Stable staff will begin the disinfection process.

COVID-19 Workplace Coordinator addressing COVID-19 issues Sport Stable: Jimmy Dexter, GM
(jdexter@sportstable.club)

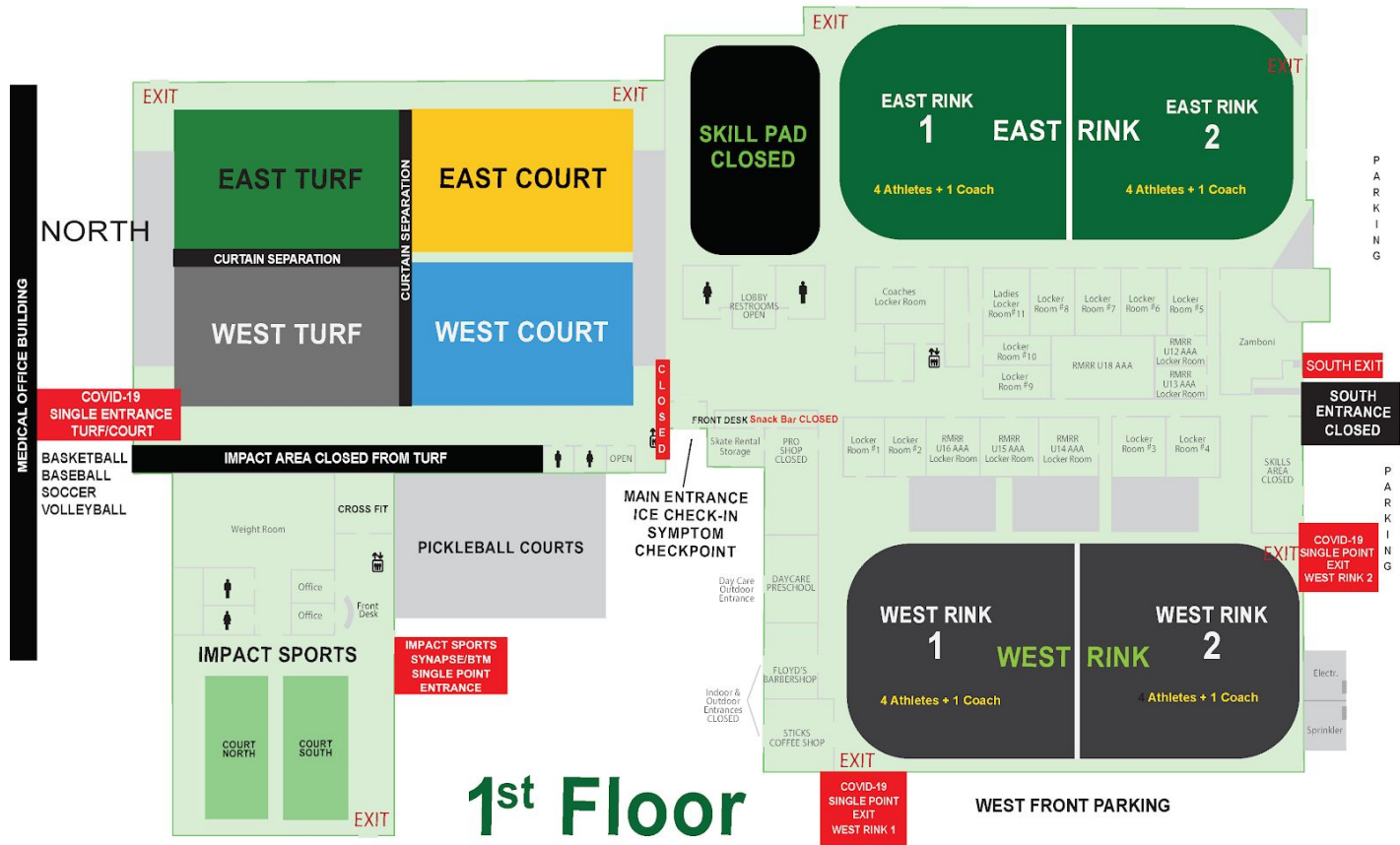
COVID-19 Workplace Coordinator addressing COVID-19 issues Impact Sports - Rylan Reed:
rylan@myimpactsports.com

COVID-19 Communications: Anne Hanson (ahanson@ridertownusa.com)

SPORT STABLE FACILITY MAP

EAST

HOCKEY
FIGURE SKATING



1st Floor

WEST