



## What is in this Region 8 Newsletter?

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## Eastern Nationals



Eastern National Site announced. May 5-8, 2022 | Rochester, N.Y.  
Golisano Training Center • 4245 East Ave. • Rochester, N.Y. 14618

Link to [Eastern Information](#)

## NCAA List for Level 9 & 10 Region 8 Athletes

Each year Region 8 Collects information from Level 9 & 10 Athletes who would like to compete on the NCAA level. Once this information is collected it is sent to all NCAA school with competitive Gymnastics programs. DEADLINE: October 17, 2021.



**NCAA Form**

## Regional Championships



2022

April 22-24 - Level 9 & 10 Regionals-Cabarrus Arena & Event Center,  
Concord, NC

April 29 - May 1 - Level 6/7/8 Regionals-Myrtle Beach Sports Center, Myrtle  
Beach, SC

Xcel Regionals - May 6-8 - Foley Event Center, Foley, AL

2023

April 14-16 - Level 9 & 10 Regionals- Manatee Center, Palmetto, FL

April 28-30 - Level 6/7/8 Regionals - Greensboro Coliseum, Greensboro, NC

May 5-7 - Xcel Regionals - Greater Fort Lauderdale Broward County Convention Center

## Meet Reservations

Meet Reservation is a **requirement** for all USA Gymnastics sanctioned events. [Click here](#) for step-by-step instructions.



**NEW this season**, Meet Directors are able to scan USA Gymnastics members' membership cards to view their membership status in real time. This new feature will allow meet directors/sanction administrators the ability to verify memberships quickly, if an individual was not previously registered for their event.

- Judges must be entered into the sanction by the event director, sanction administrator or Meet Referee.
- Event directors or sanction administrators must also add on-site and late entries (athletes, coaches and judges) into the Meet Reservation system.
- We are unable to accept sign-in sheets generated by outside meet registration or scoring companies. Please use the coaches and judges sign-in sheets provided in your sanction forms.

## Safe Sport Live Webinars



USA Gymnastics Safe Sport will host a live webinar entitled, “Safe Sport Policy Presentation, Questions & Answers” on Wednesday, September 15 at 12:00 p.m. EST. During this webinar, participants will have an opportunity to hear an overview of noteworthy changes to the new Safe Sport Policy and have an opportunity to have their questions answered by Safe Sport personnel. To register for the webinar, please follow the below link.

**When:** Sep 15, 2021 12:00 PM Eastern Time

**Topic:** Safe Sport 2021 Policy Presentation and Q&A

[https://usagym.zoom.us/webinar/register/WN\\_Dlpa2bngRj6a5PW\\_CbV1iw?fbclid=IwAR2rlvkNnTDr8R0n5cP7nGL1ezoBfWKcd1z](https://usagym.zoom.us/webinar/register/WN_Dlpa2bngRj6a5PW_CbV1iw?fbclid=IwAR2rlvkNnTDr8R0n5cP7nGL1ezoBfWKcd1z)

USA Gymnastics Member Services and Safe Sport will host a live webinar for Meet Directors on September 16, 2021 at 12:00 p.m. EST. During this webinar, Meet Directors will have an opportunity to learn about Safe Sport requirements at meets, with an opportunity to have their questions answered by Safe Sport and Member Services personnel. To register for the webinar, please follow the below link.

**When:** Sep 16, 2021 07:00 PM Eastern Time (US and Canada)

**Topic:** 2021 Updates for Meet Directors Presentation and Q&A

**Register in advance for this webinar:**

[https://usagym.zoom.us/webinar/register/WN\\_dj67n8tcQymDzBell5FVUw](https://usagym.zoom.us/webinar/register/WN_dj67n8tcQymDzBell5FVUw)

After registering, you will receive a confirmation email containing information about joining the webinar.

## More Responses to Brad's Letter

Deb,

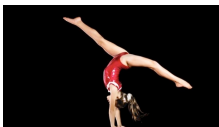
Thanks for sharing the feedback you have received. I am happy to add to it if you feel it would help at all. I am so tired of hearing about NGA and how they self-promote that all they care about is the athletes. They started this organization to host competitions which makes the meet directors (themselves) money. There is not anything that I can find on their websites that does anything for athletes. USAG has created an entire education department to help coaches do better for the athletes. It has consistently listened to the membership and tweaked the DP and formerly the JO programs to provide consistency for the athletes. It has expanded the competitive levels starting with "Prep Op" which became "Xcel" to offer more variety to accommodate a broader range of athletes. NGA just wants to copy this format, follow USAG certifications and just label themselves "better."



As a volunteer State Chairman in the Men's program I know the countless hours that I spend for not a single penny. And I am only one of hundreds of volunteers on USAG committees that truly do this for the love of the sport and not for the almighty dollar. The same cannot be said for the people involved at NGA.

David Pomerantz  
Gymnastix Training Center  
Developing children into MORE than just athletes.

## Gymnastics Medicine Symposium



Have you signed up yet for the 3rd annual Gymnastics Medicine Virtual Symposium? [CLICK HERE](#) - **Gymnastics Medicine Symposium**

Join our multidisciplinary team of Gymnastics Medicine experts for the 3rd Annual Virtual Gymnastics Medicine Symposium on September 11, 2021. This year we are explaining "The Gymnastics Journey - Growing Champions for Sport and Life" and our Olympian Speaker is Madison Kocian, along with Florida Gator and National Team Member Megan Skaggs and University of Arkansas's gymnast Maggie O'Hara!

Check out our awesome schedule and select either the medical provider (to obtain CEU) or the gymnasts, parents, coaches track!

Date: Saturday, September 11, 2021  
Time: Medical Providers 1:00pm-6:30pm EST  
Gymnasts, Parents, Coaches 3:30pm-6:30pm EST  
Special rates for Gymnastics Clubs [email](#)

[Website](#) [Calendar](#) [Contact](#)





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