

## Southpointe Grizzlies Special Hockey (SGSH)

### COVID-19 Health and Safety Plan – August 6, 2020

#### General:

- A. The SGSH shall follow guidelines provided by the State of Pennsylvania, Washington County, USA Hockey and Printscape Arena. In cases where guidelines differ, the Organization shall adhere to the most restrictive guidelines followed by Printscape arena. The Board of Directors retains the right to set forth more strict guidelines than currently in place in the State, County or Printscape arena if, in consultation with USA Hockey or special hockey affiliates, the Board of Directors feels that it is prudent or necessary.

#### Personal Responsibilities:

- A. Players, Parents, and Volunteers shall **NOT** report to practice if they are experiencing illness symptoms or early warning signs listed below. (This list will be updated as more information becomes available from the CDC).
  - 1. Trouble Breathing
  - 2. Bluish lips or face
  - 3. Persistent pain or pressure in chest
  - 4. New confusion, inability to arouse or general fatigue
  - 5. Loss of sense of smell or sense of taste
  - 6. Fever (100.4 or higher) or chills
  - 7. Congestion or runny nose
  - 8. Nausea or vomiting
  - 9. Diarrhea
  - 10. Headache
  - 11. Muscle or Body aches
- B. Before entering Printscape Arena all players, coaches, parents, guardians and volunteers **MUST** complete the rink waiver and forward a copy of the receipt to [southpointegrizzlies@gmail.com](mailto:southpointegrizzlies@gmail.com). The waiver can be found online at <http://www.printscapearena.com/>
- C. Players are required to wear appropriate **PPE** (face coverings) in the lobby and dressing room area until they enter the ice surface. Parents and Volunteers are **ALWAYS** required to wear face coverings inside of the building, per Protocol 34 from the PA Dept. of Health.
- D. At this point only one (1) parent or guardian is permitted to enter the rink to accompany the player and is allowed to stay to watch. Parents who choose to watch inside the rink are required to maintain the required 6 feet of **SOCIAL DISTANCING** at all times even in the locker room or lobby while preparing your athlete to take the ice. Players are expected to arrive at the rink no earlier than 15 minutes before practice and arrive fully dressed in their gear (minus skates, helmet and gloves) to minimize time in the locker room or lobby.

- E. If at any time any parent, volunteer, or athlete is contacted and made aware that they have possibly been in contact with someone who has been confirmed to be positive for COVID-19 or been tested as positive themselves. You **MUST** notify the team **ASAP** via email at [southpointegrizzlies@gmail.com](mailto:southpointegrizzlies@gmail.com)

#### **Team Safety Practices:**

- A. Hand Sanitizer and face coverings will be available/provided at the Grizzlies welcome table in the lower level lobby for most practices. Social Distancing must be maintained in this area. Parents are not allowed to congregate around the welcome table as was common last season. When the welcome table is not available for practices, hand sanitizer will be available at the front desk of the rink per Printscape Arena guidelines.
- B. Rink Sanitation and Hand Soap in the bathrooms will be performed/provided per Printscape Arena guidelines. If any issues with this arise, please notify the front desk employee at the rink.
- C. Each player and volunteer must provide their own water bottle. Players that are not capable of giving themselves water will be allowed to leave the ice surface to get water from their parent/guardian. Volunteers and coaches are **NOT** permitted to help players with water bottles.
- D. Any shared items such as skate aids **MUST** be sanitized with disinfectant before and after each use.

#### **Managing Positive or Possible Cases:**

- A. Any player or volunteer who notifies the team of a possible exposure or of having the symptoms listed above must self-quarantine for a **MINIMUM** of 14 days. If a **NEGATIVE** test is provided, the team will consider waiving the quarantine period for the player/volunteer on a case by case basis.
- B. If the team is notified of any volunteer, player or family member testing positive for COVID-19 after attending a practice, the entire program will be shut down for a **MINIMUM** of 14 days. Practices will be cancelled, and the team and volunteers will be notified through email or the team app of the steps required prior to return to the ice.
- C. Communication of possible or actual exposure or positive tests for players or volunteers present at the facility will be made to all stakeholders **WITHOUT** communicating the name of the individual or specific diagnosis.
- D. Should anyone need additional support services during the self-monitoring and social distancing period, please visit the PA Dept. of Health Website, [www.health.pa.gov](http://www.health.pa.gov) or call 1-877-724-3258.

