

## ***Extra Equipment Do's and Don'ts***

- ✓ Do have cleats that are mostly white. Black, grey or purple accents on a pair of white cleats are fine but check with Coach Rice if you have questions. **All players that are on this year's Varsity and JV roster MUST have white cleats for games. We would like freshman players to wear white cleats for games as well but white or black for games is permissible at the freshman level only. We will wear white cleats for all varsity and JV games this year.**
- ✓ **Players can wear white or black cleats at practice.**
- ✓ **You MUST purchase a girdle that at the very least has hip and tailbone pads in them! We do not supply our players with hip or tail pads here at DCHS. A five pad girdle is recommended with hip/tail and thigh pads in them.**
- ✓ Visors that attach to a player's facemask must be clear. Visors are not recommended unless you have a vision problem or have had a previous eye injury. When visors get wet, it is literally like trying to look out of a car windshield when it's raining with no wipers! Tinted visors are not permitted at all by CHSAA and the NFHS. Again.....Visors must be clear!
- ✓ **Chin straps on our team must be white.** So, if you are going out to purchase your own, make sure you buy one that is white. Some of them have a hard cup for the chin, that part can be either white or purple and those are the only two permissible colors.
- ✓ Gloves must be either white, black, grey or purple. No other colors will be allowed.
- ✓ No goofy socks or under-tights at practice!!! Team colors only (purple, black, white, charcoal grey).
- ✓ Undergarments that the boys wear under their pads must be either black, white, purple or grey. No other colors will be allowed.
- ✓ **The boys must play games in the appropriate uniform that the entire team is wearing. Jerseys will be tucked in and team white under-tights will be pulled down all the way just below the calf. We will supply the boys with white team under-tights to wear and these must be worn each game as part of our official game uniform.**
- ✓ Spat jobs (only if players want to wear their cleats like this) will be done by Coach Rice for varsity games and all spats must be the same color for the game we are playing. White, Purple, Black or Charcoal Grey. Coach Rice will provide the tape for the team, so there is no need for you to go out and purchase your own tape.
- ✓ We will pick one home game per season and designate that as our Breast Cancer Awareness game. For this game pink arm sleeves, chin straps, gloves, shoelaces, wristbands and a pink spat job are permissible. Your under-tights must remain white however.