



# **COVID-19 Preparedness Plan**

**OMGBA Board**

**Last Updated: 11 September 2021**

**Version: 5**



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OMGBA is committed to providing a safe and healthy workplace for all our athletes, coaches, families, visitors, and volunteers. To ensure we have a safe and healthy program, OMGBA has developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic. Coaches, parents, players, and volunteers are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our programs and communities, and that requires full cooperation. Only through this cooperative effort can we establish and maintain the safety and health of all persons in our program.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending any OMGBA event, you voluntarily assume all risks related to exposure to COVID-19 and agree not to hold OMGBA or its officers, directors, employees, or volunteers liable for any illness or injury. While we are employing safety and sanitation procedures as recommended by the CDC and Minnesota Department of Health, where we bear responsibility, we cannot guarantee that any of these measures will completely protect you. You agree to accept all responsibility for the risk that you may contract COVID-19.

## Section 1: OMGBA COVID-19 Guidelines

***Policies and Procedures contained in this document are in effect for all individuals regardless of vaccination status unless otherwise noted; this includes participants who attend non-ISD279 schools.***

PLAYERS	
MANDATORY	RECOMMENDED
<ul style="list-style-type: none"> <li>● Face Coverings               <ul style="list-style-type: none"> <li>○ When entering or exiting any ISD279 facility for practices, games, scrimmages, or for any other reason.</li> <li>○ While in common areas such as hallways, restrooms, and any area that is not considered a gym/court.</li> <li>○ When not actively participating in a practice, game, or scrimmage (i.e., while standing on the sideline, or sitting on the bench).</li> </ul> </li> <li>● Snacks/Drinks               <ul style="list-style-type: none"> <li>○ All players <b>MUST</b> bring their own filled water bottle, labeled with their name, to all practices, games/tournaments.</li> </ul> </li> <li>● Equipment               <ul style="list-style-type: none"> <li>○ Players must bring their own basketball to all practices.</li> </ul> </li> <li>● Social Distancing               <ul style="list-style-type: none"> <li>○ Team benches for games and tournaments will be spaced to allow for distancing.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● Sanitizing               <ul style="list-style-type: none"> <li>○ Entering and exiting any facility.</li> <li>○ Before and after practices and games</li> </ul> </li> <li>● Contact               <ul style="list-style-type: none"> <li>○ Beyond normal game and practice interaction, refrain from high fives, handshake line, and any other physical contact with coaches, players, refs, and spectators</li> </ul> </li> </ul>



<b>COACHES</b>	
<b>MANDATORY</b>	<b>RECOMMENDED</b>
<ul style="list-style-type: none"> <li>● Face Coverings               <ul style="list-style-type: none"> <li>○ When entering or exiting any ISD279 facility for practices, games, scrimmages, or for any other reason.</li> <li>○ While in common areas such as hallways, restrooms, and any area that is not considered a gym/court.</li> <li>○ When not actively instructing players or participating in a practice drill (i.e., observing drills or game action).</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● Sanitizing               <ul style="list-style-type: none"> <li>○ Entering and exiting any facility.</li> </ul> </li> <li>● Equipment               <ul style="list-style-type: none"> <li>○ Limit use of shared equipment during practices, such as basketballs and training aids.</li> </ul> </li> <li>● Scrimmaging               <ul style="list-style-type: none"> <li>○ Scrimmaging other OMGBA teams is allowed during regular practice time, please follow all guidelines noted in the Preparedness Plan.</li> <li>○ Scrimmaging non-OMGBA teams is not allowed</li> </ul> </li> </ul>

<b>PARENTS/GUARDIANS/SPECTATORS</b>	
<b>MANDATORY</b>	<b>RECOMMENDED</b>
<ul style="list-style-type: none"> <li>● Face Coverings               <ul style="list-style-type: none"> <li>○ Required at all times within any facility.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● Sanitizing               <ul style="list-style-type: none"> <li>○ Entering and exiting any facility.</li> </ul> </li> <li>● Social Distancing               <ul style="list-style-type: none"> <li>○ Currently, there are no capacity limits on ISD279 gyms, however we ask that you only attend practices when absolutely necessary as an observer and maintain distance from others who are also present.</li> <li>○ There are no capacity limits for OMGBA games/tournaments, nor specific social distancing guidelines. Please be mindful of others who may wish to practice social distancing as an additional layer of protection.</li> </ul> </li> </ul>



## **SELF-SCREENING - EVERYONE ENTERING A FACILITY**

### **MANDATORY**

Conduct a pre-activity self-screening before participating or attending any OMGBA practices/games/tournaments. If you or your player answers yes to any, please stay home.

- Do you have a temperature of 100.4 (F) or higher?
- Do you have a new or worsening cough?
- Do you have any of these other symptoms?
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea

## **Section 2: COVID-19 Positive Case and Close Contact Reporting**

It is critical that we all work together to ensure a safe environment for our program. COVID-19 positive test results must be reported quickly and thoroughly. If you or your child is feeling ill, please do not attend any OMGBA function and consult with your family physician regarding testing.

If your child tests positive, please use the reporting form located on the home page of OMGBA.net and notify your child's coach as well. If you are an OMGBA coach, please use the form to report a positive test.

- Players and coaches who test positive must refrain from OMGBA activities for ten (10) days from the onset of symptoms or the testing date if asymptomatic.
- Household members of the positive case must refrain from OMGBA activities for ten (10) days since last contact unless fully vaccinated (14 days after second dose of a two-dose vaccine, or first dose of a one-dose vaccine).
- Players and coaches cannot attend OMGBA activities unless/until they're allowed in ISD279 facilities.

Presently, parents are not required to report any close contacts to OMGBA. However, when OMGBA is notified of a positive case, each situation will be evaluated on a case-by-case basis to determine the level of risk for any OMGBA individual(s) or teams who may have had contact with that positive case. If another player or coach on your child's team reports a positive case, and your child is deemed to have had close contact during OMGBA activities, the parents will be notified, and further guidance will be offered at that time.



## Section 3: COVID-19 Refund Amendment

The COVID-19 pandemic that began in the US in March of 2020 is still ongoing as we set out to plan for the 2021-22 OMGBA season. The board knows there might be refund questions, should a program not complete or initiate after registration has been paid. This refund policy will supersede the current policy until the official end of the pandemic in the US has been declared by CDC.

A large portion of our program and season costs are incurred prior to initiating any actual games. Fees such as insurance, facilities, referees, and tournament costs are paid well in advance of collecting registration fees. Those costs are often very difficult to get back.

If the season does have to be cut short due to COVID-19, we will follow the following policy for all programs.

Refund Reason	Policy	
Individual Voluntary Withdrawal	Normal Refund Policy	
Individual Illness or Injury (COVID-19 or Otherwise)	Normal Refund Policy	
Program Cancellation: After First Game/Practice/Events - Program 50% Complete	50% Refund - Admin Fees	
Program Cancellation: After Games/Practices/Events >50% Complete	No Refund	

### Note on Travel Tournaments

Should any tournament be cancelled due to any reason (including COVID-19), OMGBA will attempt to obtain a refund from the organization and either put money toward another tournament (if possible) or refund tournament fees to the team coach for dispersal to each child. Should an OMGBA team you are on have to forfeit due to any reason (including COVID-19), typically those are non-refundable.



## Section 4: References and Resources

Centers for Disease Control and Prevention (CDC): Coronavirus (COVID-19) – [www.cdc.gov/coronavirus/2019-nCoV](http://www.cdc.gov/coronavirus/2019-nCoV)

Minnesota Department of Health (MDH): Coronavirus – [www.health.state.mn.us/diseases/coronavirus](http://www.health.state.mn.us/diseases/coronavirus)

State of Minnesota: COVID-19 response – <https://mn.gov/covid19>

MDH: Health screening checklist – [www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf](http://www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf)

MDH: Handwashing video translated into multiple languages – [www.youtube.com/watch?v=LdQuPGVcceg](http://www.youtube.com/watch?v=LdQuPGVcceg)

CDC Prevention: [www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html](http://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html)

MDH Prevention: [www.health.state.mn.us/diseases/coronavirus/prevention.html](http://www.health.state.mn.us/diseases/coronavirus/prevention.html)

CDC Social Distancing: [www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html](http://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html)

MDH Social Distancing: [www.health.state.mn.us/diseases/coronavirus/businesses.html](http://www.health.state.mn.us/diseases/coronavirus/businesses.html)

CDC Disinfecting: [www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html](http://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html)

CDC Steps When Sick: [www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html](http://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html)

State of Minnesota Testing Locations: <https://mn.gov/covid19/for-minnesotans/if-sick/get-tested/index.jsp>

MYAS Safe Play: <http://myas.org/media/5527/mnbasketballreturntocompetitionrevised6-29.pdf>

District 279 Ready to Restart: <https://restart.district279.org/>

MN Stay Safe During Sports: <https://staysafe.mn.gov/individuals-families/athletic-activity.jsp>

MN Stay Safe Sports Guidance: <https://www.health.state.mn.us/diseases/coronavirus/sportsguide.pdf>



## Version History

<b>Version Date</b>	<b>Modifications</b>
11 Sept 2021	Updated to reflect new ISD279 guidance for the first trimester of the 2021-2022 academic year.
31 Dec 2020	Updated to reflect the COVID-19 Sports Practice Guidance for Youth and Adults <a href="https://www.health.state.mn.us/diseases/coronavirus/sportsjan4">https://www.health.state.mn.us/diseases/coronavirus/sportsjan4</a>  Included mask requirement.
22 Oct 2020	1. Changed Close Contact definition to reflect updated MDH guidelines: "within 6 feet for 15 minutes in a 24 hour period". Updated Player and Close Contact Flow Charts
10 Oct 2020	2. Associated Symptom Flowchart updated to include wording linking District 279 response to participation in OMGBA activities. 3. Close Contact Flowchart updated to include wording linking District 279 response to participation in OMGBA activities.
31 Aug 2020	original