



Welcome to the OMBGA 1st & 2nd Grade Youth Basketball Program



PARENT INFORMATION SHEET

Program Philosophy: Skills are a fundamental element to the game, and we reinforce this throughout our elementary program starting in Intro to Basketball and through 4th grade. Each scrimmage will begin with a skills competition with the intention to improve the individual skills of each player and to encourage coaches to stress skills during practice. Additionally, OMGBA wants to provide a competitive situation to emphasize team play with each player sharing equally in the competition. The team skills competition is part of the scoring in 3rd/4th grade house league play. Also, in upcoming years those dedicated to basketball will find commitments of multiple weekday evening practices in addition to weekend games, however at this young age, unless in the 2nd grade Hoopers program, we promote a once a week program.

A parent is required to stay with their child throughout the duration of the session (no drop offs allowed)!

- No dribbling balls in the hallway.
- Only sealable water bottles are allowed in the gym.
- Saturdays: Each team will participate for 60 minutes between 12:00 p.m. and 6:30 p.m.
- Refer to the team schedule for the exact date, time, school, and court for your team.
- Team pictures will occur one week during the season, please arrive a few minutes early from the time on the schedule. Information on how to order pictures will be made available directly from the photographer.
- No snacks.
- No earrings (tape over if not able to remove)

PRACTICE sessions focused on SKILLS development.

1. Basic terms of basketball: BACKBOARD, REBOUND, OFFENSE, DEFENSE, STEAL, and those below.
2. Proper way to DRIBBLE, including how to not DOUBLE DRIBBLE or TRAVEL.
3. Proper shooting form when shooting a LAY-UP and JUMP SHOT.
4. Proper form when CHEST PASSING – arm extension and follow through. Introduce BOUNCE PASS.
5. Teach proper defensive technique.
6. HOOPERS program will have one hour practices once during the week at a local elementary school.

SCRIMMAGE sessions will begin with a SKILLS COMPETITION followed by a scrimmage.

Skills competition has 4 parts with equal participation from all players: lay-ups, jump shots, passing drill, dribble relay
Scrimmage will begin as soon as the skills competition is complete:

- Players will play full court 4 on 4. No stealing on the dribble and no full court press is allowed.
- Person to person defense: players use colored wristbands to identify who they are guarding. No zone defense and no screens are allowed during the Saturday program.
- Coaches act as the referees and are trained to stop play frequently (especially in the early scrimmages) to teach the players offensive and defensive positioning and educate on infractions. **No score is kept.**

Scrimmages are meant to be fun, safe, and most of all, show sportsmanship (including from spectators).

Encouraging comments and cheers are all that will be tolerated at this level. Any player, parent, or coach that displays any non-sportsperson-like behavior will be asked to leave the gym.

I hope you and your child enjoy the program! Contact us with any questions or concerns.

Deanne Kassulke & Craig Hanken, OMGBA 1st and 2nd Grade Program Coordinators

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