



COACHES...MORE THAN X'S AND O'S

John Schumacher-Executive Director MSHSCA

As a past teacher, coach, and Athletic Director I always knew that these roles have impacts on students and athletes that we come in contact with. Most recently with my health issues, past athletes have reached out to me and shared their stories and memories with me. Let me share some of these with you. "I went into teaching and/or coaching because of the impact you had on me." "You inspire me to be a better person." "You made me feel important, valued, and that I had a purpose." "You cheered me on even though I was an athlete on an opposing team." "You encouraged me to give things a try, to go out for a college sport, so that I would not look back and regret that I didn't give it a try." "Thank you for your love and kindness." "Thank you for being a positive role model in my life." "You helped me realize through hard work I could achieve my goals in life." "Thank you for teaching me to go with my gut, and to always try something even if I am scared." "Thank you for all the encouragement, texts and cheering me on at my games." "You encouraged me to live fearlessly and with passion." "Because of you I stayed in school and sports when I was ready to drop out." "You were compassionate when things at home were a mess." "Your quotes often flood my thoughts when I start to have doubts," "You treated me fairly when I messed up." These are just a few of the comments shared with me. This article is not about me, it's about the impact we as coaches have on students and athletes that we are blessed to work with. It is the difference we can make in their lives, not only in a single moment, but 1, 5, 10, or 20 years later.

It is important that we as coaches remember that they are watching and listening to every move we make, everyday. It's not only the walk we walk, the talk we talk but it's the actions we display in and out of the school building and on and off the field. We are building a person and making lasting impressions in many ways that we aren't even aware of. You've heard the saying that everyone has a story. Remember that when a kid seems to not be performing so well at practice, in a game, or in the classroom. Talk to them, you might be surprised what they say. Take the time to get to know your athletes and understand them on a personal level and not only as that kid in your gym. The simplest act of saying "hi" in the hallways when you walk by them may have just changed their

whole mindset for the day, week or year. They may now have a feeling that somebody actually saw them and cared. Walking up to a kid who plays another sport other than what you coach and saying, "I heard you had a great game," shows them you care about them as a person and it's not all about them playing for you. Attending a sporting event that you don't coach and commenting to an athlete that you enjoyed watching them play, you may have softened the sting that someone cared enough to watch their game after Mom and Dad didn't show. Opening up the gym or weight room so they could better themselves in the early morning hours, off season, or on a weekend shows them you are willing to go the extra mile for them, just like you are asking them to do. Showing them you truly care about them as a person on and off the field is one of the most important things you can do as a coach. It doesn't take much time and the rewards in the end are beyond words.

I had athletes over the years that made bad choices that set them up for short and long term consequences. It's heartbreaking! They are already down in the dumps and the

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2019-2020 Delegates and Sport Association Officers

If you would be interested in filling one of the open Delegate positions please contact John Schumacher, Executive Director

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4A	Chris Larid (Heritage)		Tim Herman (Heritage)	
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5AA	Mark O'Neill (Champlin Park)	William Totimeh (Fridley)	Mark Loahr (Totino Grace)	
6AA	Juno Nayagam (Benilde-St. Marg)	David Boone (Edina)	Jim Baker (Retired)	Curt Cardinal (Park Center)
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X'S AND O'S ... continued from page 1

last thing I needed to do was knock them down more. Of course, eventually, when they came before me whether as my athlete or their AD with their tails between their legs, my comment to them was this; "I will not judge you on this, I will judge you on how you handle this."

You can be a coach that knows the game inside and out, every aspect about the rules, strategy, skills, etc. You may be a coach that wins conference, section, and state titles. But a student/athlete will remember what you said and what you did along that route. No matter the skills or talents of the athlete, they will remember if you encouraged them to perform to the best of their abilities and truly cared about them as a person. All athletes want to be successful, no one wants to fail, but failure occurs and we need to teach them to learn from failure

instead of fearing it. It is your job to help them succeed on the field, in the gym, the halls of school, and the streets of your community. As a coach it is not only your role to push, but to also teach and inspire; not just about the game, but about life.

The most fulfilling thing a coach can hear from a past student/athlete is; Thank you for always being there for me, helping me realize and unleash my potential and always believing in me when I didn't. Hopefully you can give something meaningful to these young people that they can take, use, and pass on again. The coaches that you have tucked away in your memory bank and that special place in your heart are probably not necessarily the ones who drew the most effective plays, but rather the ones who drew you close to them. The impact you have on young people goes way beyond the X's and O's, remember that, harness that, and know that not only do you impact them, but they will leave a positive impact on you.

MSHSL BOARD OF DIRECTORS REPORT

By John Vraa, New London-Spicer HS

MSHSL Board of Directors Boys Sport

Recent action by the MSHSL Board of Directors at the June 3, 2019 Board of Directors Meeting and the October 3, 2019 meeting will bring changes to the following state tournament formats effective in the 2021-2022 school year:

Cross Country will go from two classes to three classes divided as follows: Class AAA (64 largest schools), Class AA (96 next largest schools), Class A (all remaining schools). State meet is planned for St. Olaf College with the exact format to be determined by MSHSL staff.

Soccer will go from two classes to three classes divided as follows: Class AAA (64 largest schools), Class AA (next 64 largest schools), Class A (all remaining schools). All semi-finals and finals will be held at US Bank Stadium. The playing of 3rd place games is yet to be determined. If they occur, secondary sites will be needed.

Volleyball will go from three classes to four classes divided as follows: Class AAAA (64 largest schools), Class AAA (next 64 largest schools), Class AA (next 128 largest schools), Class A (all remaining schools). Tournament format is currently being reviewed, including potential for additional day and/or secondary sites.

Nordic Skiing. Addition of Sprint Relay.

Track & Field will go from two classes to three classes. Division of the three classes and the tournament format is yet to be determined.

Football. District football placement and scheduling will now take place in the same year as Competitive Section placement. For the 2021 football season, District football placement and scheduling will occur in the spring of 2021 and will follow both the Administrative Region and Competitive Section Placement processes.

These changes are exciting and will provide more opportunities for our athletes and coaches. I encourage you to be active in your sport association to help league staff and the Board of Directors make the best possible decisions in areas

yet to be determined. We are very fortunate in Minnesota to hold our state tournaments in some of the finest facilities in the nation. As we expand tournaments, we will be challenged to balance the student-athlete and fan experience with cost. Furthermore, section tournament sites and formats will need careful review. Your help in this growing process is much appreciated. Have a great winter season! _____



President's Message

By: **Terry Sadler**

Happy holidays everyone! At the time of writing this, I'm recovering from a wonderful day of giving thanks for the bounty that fills my life and getting the coffee on to settle in to watch some Prep Bowl football. The falls seasons will close with the Friday and Saturday title games. Winter seasons have all started and games have been played already.

The deadline has now passed to accept applications for the Executive Director position. There were ten applications received. The interview committee is in the process of reviewing the applications and will be notifying candidates soon for interviews on December 15. Ultimately we hope to have a candidate named by January 1 to bring to a vote at the Delegate Assembly meeting in March. Thank you to these individuals for expressing your interest in the position to continue the success and strength of our organization.

I can't help but reflect on the weather this fall and think of it in terms of our sports climate today. While we all want multisport athletes, it seems far too often it's being defined as a matter of students participating in multiple sports in one season, instead of playing one sport per season over the course of the year. The weather played out in this same manner in the fall, at least in the northland! The traditional rainy spring weather showed up for some off-season workouts early in the fall, AND STAYED! Winter decided to start training a little earlier than usual by dropping the thermometer and the white stuff in mid-October. Sitting here as a spring coach, I'd like to advise Coach Mother Nature to please encourage winter to stay away from the spring, but if she'd like to invite fall,

or even summer, to the spring season to spread their warmth and sunshine, it would be welcomed!

If you don't follow MSHSL on Facebook or John Millea on Twitter (@MSHSLjohn), you are missing out! If you haven't heard of Facebook or Twitter, ask your grandkids to get you a smartphone for Christmas and have them hook you up. Aside from John's wit and quips, he reports on many of the great things coaches and programs are doing around the state. Many teams have their own accounts to inform players, parents and fans. They often tag @MSHSLjohn to ride on his popularity in attempts to trend. WOW! We have many sports' programs doing great things in their schools and communities. It is awesome that you advertise the great things you all are doing to benefit society while developing young men and women of empathy, character, and honor. And Thank you coaches for going far beyond the Xs and Os of your sport to teach and train the whole student/athlete. Teachers and coaches are often times some of the biggest thieves. We see what others are doing, steal their ideas, and work to make them our own. So, if you're looking for things that your program can implement to generate more school/community spirit or simply augment your program, look no further than the Twittersverse. Thank you MSHSL and John Millea for promoting the positive stories that are created every day in the state's education-based athletics' programs. We, collectively, need to promote more often all the positive things coaches, athletes, and programs are doing in their communities. Keep instilling that sense of selflessness and community along with life's lessons.

Dance team



Brittany Rehling

The 2019-2020 dance team season is underway and off to an exciting start! Many teams are eager to get their routines out on the floor and before we know it the 2020 Dance Team State Tournament will be here! Save the date! This year's state tournament will take place Friday, February 14th & Saturday February 15th, 2019. The jazz tournament will occur on Friday and the kick tournament on Saturday, and will be held at the newly renovated Target Center in Minneapolis. Dance team is a spectator's sport. At the state tournament be prepared for many passionate dance team fans, friends and family to fill the stands

with old time rivalries, traditions, and most importantly support for one another.

Since dance team is not based on seeding or brackets, sections is considered one of the most important performances of the year for any Minnesota dance team. The state is broken into three classes, based on school size; A, AA & AAA. Each class is broken down into four sections, each section consists of anywhere between 10-15 teams. Performance orders for both the jazz and kick categories are chosen at random and the section tournament is typically held at a neutral central site based on assigned teams' geographic location. The top three in each section for both jazz, and high kick are awarded a trip to the 2019 State Tournament. This year's sections competitions will take place at various high schools including; Lake City High School (1A), Bloomington Kennedy High School (2A, 1AAA & 3AAA), Montevideo High School (3A), Wadena Deer Creek High School (4A), Faribault High School (1AA), North Branch High School (2AA), Delano High School (3AA), Monticello High School (4AA), Edina High School (2AAA) & Forest Lake High School (4AAA). Some section tournaments

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will occur on Saturday February 1st, 2019, while the remainder will occur on Saturday February 8th, 2019.

When a team advances to the state tournament each dancer on the roster is presented with individual medals and the team a section placement and state participant plaque. Watching teams' excitement as they are called up to accept their plaque goes down as one of the most exciting moments in dance team, both at the section and state level. If you have never witnessed a dance team before accepting their plaque, we invite you to a section or state competition to check it out. If that doesn't put a smile on your face and give you goosebumps, I don't know what will! So many weeks of hard work, determination, dedication and commitment pours out of these dancers, and it truly makes for a few great weekends of athleticism and competition.

If you have attended the dance team state tournament in the past, you are sure to know what to expect! If you have never attended the Dance Team State Tournament, we invite you to join us! Here are some tips! Usually the kick competition day fills the Target Center area very quickly, while if you are attending the jazz day, you have a little more time to find a good general admission seat. If your team is fortunate enough to advance, coaches and booster cubs are allotted a section of reserved seating in prime locations and parents/fans/family/friends can purchase tickets from them for preliminary competition and the finals competition if their team again is fortunate enough to advance. It's always good to know ahead of time where reserved seats are versus what seats are available for general admission, as seating for a dance team competition is prime, especially at the state tournament. Also, know which class the team(s) you want to watch are in, and be prepared to sit on the appropriate side of the arena to get a front row action packed seat to cheer on your team. Be prepared, dress comfortably, be prepared to sit most of the day, and most importantly come prepared to cheer for your favorite dance teams!

Each day begins with the qualifying competition. Class A competes first at 11:30am. Each of the twelve teams compete their routine back to back, with a small delay in between for judges to compile their scores. Class A teams compete facing one side of the arena, typically at this time, the opposite side of the arena is filling quickly for the Class AAA fans, while Class AA fans await patiently in the side seats or concourse to switch out for their seats with class A fans. All Class A teams are then invited onto the floor and finalists are announced. Finalists for each class are the top six teams who were awarded the lowest rank points and placed first through sixth during the preliminary competition. We then begin the Class AA and AAA preliminary competitions at 2:00pm. Class AA fans will switch seats with Class A fans, and face the same way. While Class

Delegates Corner *Tom Critchley*

It's only fitting that the day after the fall sports season officially ended on November 30th that mother nature welcomed us to the winter season as only she can in Minnesota with a snow storm that blanketed a majority of the state with several inches of snow and causing the first postponements of the winter season. I would like to congratulate all the participants of the various fall sports, no matter how their season turned out. As someone who has coached a long time and who has never ended a season with a victory in the final game of the season, I have learned that what matters the most is the journey and not the destination. Thank you to all the coaches who taught valuable life lessons to your players, the true results of your hard work will show years from now as the young athletes you have coached become men and women.

This fall we held another successful Minnesota State High School Coaches Association Hall-of-Fame Banquet. I would like to congratulate the 2019 Hall-of-Fame class and all the various award winners. I have attended several banquets and I felt all of the Hall-of-Fame members acceptance speeches were outstanding. In true coach fashion they were gracious and focused on not their own personal success, but that of their student-athletes, communities, assistant coaches, and the love of their families who allowed them to pursue their chosen profession. Since this is the "Delegates Corner", I would like to recognize Shelly Hotzler from Jackson County Central, who was this year's winner of the Steve Kerzie Delegate award. This award was started in 2006 and was named after Steve Kerzie from Evelth-Gilbert. The purpose of the award is to recognize delegates who have faithfully served our organization over the years. Shelly was an outstanding choice and a very deserving recipient.

I wish everyone the best of luck during their winter seasons and thank them for all of their hard work and dedication to their student-athletes. Coaching is a profession with many unsung heroes and please know that you are making a difference.

AAA fans will compete facing the opposite side of the arena. Since the AA and AAA prelims go back to back, performances move quickly and efficiently. Concluding the preliminary competition, the twelve Class AA teams are then invited back onto the floor, where the top six are announced as finalists. Class AA teams leave the floor, and quickly Class AAA teams are invited onto the floor where their top six finalists are also announced.

Finalists in each class will compete their routines again during the finals portion of the competition. Order of performance is drawn at random and is not assigned based on preliminary round placements. The finals competition for Class A begins at 5:30pm, followed by the awards ceremony. During the awards ceremony, All Tournament team members are announced, which consists of two dancers from each of the finalists schools. Then the top three teams are announced and presented their state

placement medals and MSHSL plaques accordingly. The finals process for Class AA and AAA is the same - the finals competition for Class AA and Class AAA begins at 7:15pm

Tickets can be purchased online through e-tix, the Target Center's ticketing vendor. The lines in the past have folded out into the skyways at the arena, so purchasing your ticket online in advance is always a good idea. You can visit the MSHSL website for a link to purchase tickets a week or so before the event. You will need a ticket for each day, Friday and Saturday. For a complete schedule, you can visit the MSHSL website concluding February 8th sections. This will tell you preliminary order of performance, which teams advanced and a timeline of what to expect. The schedule stays mostly the same year after year. Here is what to anticipate for this year's state tournament!

Trophies Plus - Sponsor of Coaches Caring



A View from Schu

By: John Schumacher, MSHSCA EXECUTIVE DIRECTOR

As I sit down to write my article for the December Prep Coach all of the fall tournaments will have been concluded. I want to take this time to congratulate all the coaches and athletes on your accomplishments this fall. I have heard so many stories of what athletes took away from

their experiences during their high school careers. To the coaches I want to say THANK YOU for providing such a positive experience for your athletes, you have taught them so many life lessons which they can use for the rest of their lives. I also want to wish the winter coaches and athletes the very best as you enter into the meat of your seasons. I also hope that you are able to create memories that your athletes will be talking about at their class reunions.

As I reflect on the past year there was a landmark decision that will have a positive effect on the coaching profession. In August we were notified that the Minnesota Supreme Court had ruled that coaches would no longer be classified as a Public Official. This ruling will allow a coach to sue a parent or group of parents with defamation or slander when a parent or group of parents falsely accuses them of inappropriate acts which they know are false. As an executive board we are also looking at strengthening the state statute when it comes to the non-renewal of head coaches. We currently have a statute that a district must follow which has timelines to help provide due process for the head coach. The statute states that a head coach cannot be non-renewed based solely on parent complaints. If as a head coach you feel you have not received your due processes please contact me and we can look at your situation.

The MSHSCA joined into a partnership with the MSHSL and MnIAAA and produced a video that can be used as a tool to educate parents when it comes to what student athletes want and expect from their parents. The video is very powerful and is timeless; the athletes did an outstanding job. The video is called The Parent's Playbook and can be found on the MSHSCA web page for you to share with your parents. This is just one more tool for coaches to help parents understand their role in their athletes' career.

Another highlight of this year was the Hall of Fame Banquet which was held in October. It was the largest banquet that the MSHSCA has ever hosted and was a great night of recognizing championship coaches, coaches of the year, and assistant coaches of the year, 25 Year Members, officials as well as our George Haun and Steve Kerzie award winners. A new recognition that the MSHSCA presented

this fall was the Assistant Coaches Distinguished Service Award that is presented to those assistant coaches who have shown great dedication to their students, programs and community. It was awesome to recognize the first class of assistant coaches. The nomination form can be found on the MSHSCA website under awards and in this publication. Mail your nominations to Nathan Youngs at Dassel Cokato. We also recognized Mancini's for all the years they have hosted our Fall Delegates Meeting and supported coaches throughout our state. They were presented an Honorary Life Membership and plaque which they are proudly displaying in their business. I want to thank Jim and Janet Baker for all their hard work in organizing the HOF Banquet. Your dedication to the honorees is greatly appreciated as the record attendance would indicate.

The MSHSCA has a number of openings for coaches to fill leadership positions as delegates. Delegates are asked to attend two meetings each year. The first meeting is held in September with a breakfast buffet followed by our annual meeting. The second meeting is held in March at Mancini's Char House in St. Paul. Rolls and Coffee are served prior to our meeting followed by lunch being provided by the MSHSCA. A list of delegates and openings can be found in this issue of the Prep Coach. If you see a region that has an opening and you would like to fill it please contact me. The MSHSCA will be asking for individuals to put their name in for the position of Vice President. Candidates will need to come from Class AA Regions 1, 2, 3, 4, and Class A Regions 5, 6, 7, 8. This is a four year commitment concluding with you serving as Past President your fourth year. If you would like to discuss this position please call me. I will be asking for candidates to submit their names right after the first of the year.

Bernie and I would like to personally thank all of you for your support as we continue to battle through my health issues. The calls, texts, cards and emails have been so encouraging and humbling. A benefit recently held was overwhelming for us when we saw people walk through the door from all circles of our lives including past athletes, coaches, AD's, officials and members of this organization. Many of you took the time and drove to Park Rapids to show your support. Please know that we are so grateful for your support and any role you have played that gives us the strength to keep on keepin on. We also would like to wish all of you a very happy holiday season and thank you for all you do for your athletes, schools and communities. Please take some time to connect with family and friends as we both know how crazy your schedules can get. In closing, my wish for you this Christmas, enjoy the little things in life, for one day you may look back and realize they were the big things.

CHIP SHOTS



By: Eric Tollefson
Minnesota Golf Coaches Association President.

The 2019-2020 school year will soon be half over and if you haven't yet joined the Minnesota High School Golf Coaches Association (MHSGCA) I urge you to do so now rather than waiting until golf season. There are many benefits of membership, but here are a few to consider...

- You receive \$2,000,000 of liability insurance while coaching and in the classroom
- Your membership card is good for free admission at many Minnesota high schools and colleges
- Your players and team may earn All State and Academic Team awards
- Your players and team may participate in the state-wide Association rankings

Membership runs from August 1 to July 31 and it is really a great deal. Simply go to the Minnesota High School Coaches Association website, www.mshsca.org, and use the link on the homepage for online membership registration.

As you consider fundraiser options for this spring, I suggest you check out Birdie Marketing's Minnesota Golf Card. Find out about their excellent product at their website, www.minnesotagolfcard.com, or phone 763-753-6988 to contact Birdie Marketing directly. I know of many Minnesota high school golf teams that have sold the Minnesota Golf Card for years as their successful season fundraiser.

Another factor to consider is Birdie Marketing has been a long-time supporter of the MSHSGCA. For many years the company donates \$2000 to our Association and randomly awards \$500 eight teams who have run successful fundraisers with the Minnesota Golf Card. The eight \$500 winners for 2019 include...

Albany High School girls golf team – Coach Mike Sieben
Andover High School boys golf team – Coach Wade Johnson
Blaine High School boys golf team – Coach Kevin Overgaard
Cambridge High School girls golf team – Coach Steve Hanson
Hibbing High School boys golf team – Coach Tom Bittman
Osseo High School girls golf team – Coach Kevin Willey
Park Center High School girls golf team – Coach Tim Kallevig
St. Anthony Village boys golf team – Coach Paul Meier

Minnesota high school girls golf team coaches will also want to check out and alert their players to the Minnesota Women's Golf Association's scholarship opportunities. The following text is a message I received from Scholarship Director Lori Swift:

To the coaches involved with young women golfers,

This will be the 23rd year that we are offering the Minnesota Women's Golf Association (MWGA) Foundation Scholarship to graduating senior girls. We have awarded 74 scholarships to date. We are very proud of our record in awarding scholarships and of the successful accomplishments by the girls whom we have chosen.

The scholarship is awarded on the basis of scholastic rating, financial need, and school achievements, leadership, and activities. Although skill or excellence in the game of golf is not a criterion, candidates shall demonstrate an involvement in the sport.

The applicant must also have a grade point average of 3.2 or above, and a copy of the FAFSA form which shows the parents' income level for the past year must accompany the application. If the application is sent without the FAFSA form, the application will be incomplete and not considered.

Information regarding the MWGA Scholarship Foundation scholarship as well as an online form to apply can be found at www.mngolf.org/MWGA_Foundation.

If you have any questions regarding the application or the MWGA Foundation, please contact the Foundation by emailing foundation@mngolf.org.

As we approach this coming spring golf season, keep these 2020 MSHSL dates and events in mind.

March 9–25 On-line continuing education requirements available at legacy.mshsl.org

March 16 First practice day

March 26 First available contest day

Week of May 18 Sections begin

June 2 Last day for sections

Let's hope the 2020 Minnesota high school golf season weather is an improvement over the kind of weather we've dealt with in recent years!

All the best to you and yours for a healthy, happy holiday season and new year.

MSHSCA EMAIL CHANGE:

Contact: John & Bernie Schumacher at
jschumacher@mshsca.org



MEMBERSHIP CORNER

Bernie Schumacher

Assistant to the Director

Hi MSHSCA Members! Merry Christmas to you all and hope you have an enjoyable season. Just a reminder, it is a good idea to sign up for your membership as soon as you can. If you are a spring coach, you can sign up now as it covers you as soon as you sign up. Take advantage of all the benefits that are offered for the whole membership year. This year's membership that runs until July 31, 2020, you now have a 2 million dollar liability insurance policy at no additional cost to you! The 2019-2020 Membership year link is available on the website at www.mshsca.org. Get yourself registered now so you don't forget and so you get your membership card in a timely manner to get into games. Remember that our MSHSCA membership cards are usable to get into many college games too. See the list of colleges in this Prep Coach. Some restrictions apply. Here are some of the most often asked questions and issues we have been running into this year.

1) Where do I sign up for my MSHSCA membership?

Go online to www.mshsca.org. There you will see a dark green registration bar on the front page. Follow that and it will guide you to the registration area. Make sure thou when you are logging in that you are not logging into the white word "login" at the top of the home page. That will take you to sport engine and not to the registration portion you need to get at.

2) I forgot my password. We worked hard this past year with our website designer to get the "forgot password" portion of our system working. It is important though after you request your password that you look in your spam, as we are finding the password response goes there often. This option will not

work thou if your email address you used last year has been changed and is no longer working. You will have to contact me for personal assistance if that is the case.

3) My email address has changed and not active so I can't register.

The registration system that we are working with is email specific and the system doesn't care if your email address works or not. Think of your email as an ID only. We know many schools are changing their emails. The one most important thing to remember is that you must go into the system with the last email and password that you signed up your membership with the previous year. Get yourself registered first, hit finished and once registered you can go back in and edit any of your information, from mailing address, phone number, email and even your password. Do right away after you registered thou, especially if your address has changed so that when we print your card we have the correct mailing address. There is an EDIT button to the left of your profile. You know that old saying; "Garbage in garbage out?" How you type your name, address etc. in your profile is how it will come out on your membership card. So type carefully and accurately. Key point...you must get yourself registered into the current system (Membership year/school year) first in order to edit. We are finding people register, but they don't look at their profile information and addresses have changed and not updated and your card ends up coming back to us. Please make sure to always keep your profile up to date which you can update anytime throughout the year. There is an edit button to the left of your profile, click on that when wanting to edit.

4) Assistant Coach vs Head Coach. When registering, make sure that if you are a Head coach that you check the little box below the sport you selected. If you don't check that then

MEETING DATES FOR 2020 MEMBERSHIP YEAR

Jan . 16-20th, 2020	NOCAD National Convention	Pasedena, CA
March 19, 2020	MSHSCA Finance Meeting	Country Inn and Suites in Eagan
March 20, 2020	MSHSCA Winter Delegates Meeting	Mancini's in St. Paul
June 29-30, 2020	Summer Board of MSHSCA Directors Meeting	C'Mon Inn-Park Rapids, MN
September 12, 2020	MSHSCA Fall Delegates Meeting	Mpls Marriot West
Hall of Fame Oct. 10, 2020	MSHSCA Hall of Fame Banquet	Sheraton Mpls West -Ridgedale

PREP COACH DEADLINES TO SUBMIT

March 1 | June 15 | September 1 | December 1

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you won't come up as a head coach in the system and athletes won't qualify for postseason awards. Sports Associations rely on the This information being correct when recognizing coaches and athletes for postseason awards. Many notice that they aren't listed as head coach when they get their card and then we have to go through another process to get it corrected.

5) Section Selections. The Sports Associations need you make sure when registering, to not only select your sports that you coach but please make sure to select what SECTION you are in. They use this information and are finding out many coaches are skipping this step in the registration. It is important to fill in all areas of your profile, properly select your sport, if you are a head coach or not, and also your section. This information is needed by your sport's associations.

6) Credit Card/Cash. If you are paying by credit card, everything must match exactly. Card number, expiration date AND even your name on the card. If you have a middle initial on your card, you must put that in too. If you hit payment and the first time it doesn't go through, hit enter again and it should work. If you are paying by cash, please remit your payment ASAP. If payment isn't received In a respectable amount of time, you could risk your membership being deleted for lack of payment which then you would not have insurance coverage nor will your athletes qualify for postseason awards. It's not fun being a collection agent!

7) Receipts. We added a registration receipts link so that you can go back anytime and print your receipt. It won't give you a break down, but it gives you a grand total of memberships/events you have signed up for the year. It is best to print your receipt right when you finish registering when it prompts you as that will give you a breakdown. This is also the paperwork you can turn into your school if they refund you or will be paying for your membership. If paying by Credit Card, please print the credit card page so that your school can see the service/handling fees that are charged when using a credit card. If you don't print that page, they will be calling me and asking me what those additional fees are that showed up on their credit card that don't appear on your receipt.

8) The MSHSCA Website is a very valuable tool that gives you more details and information about our organization, your sports associations and so much more. Please find some time to wander through it so you know what it all offers you. The electronic version of the MSHSCA Prep Coach is on there too.

I hope some of the tips and information above was helpful. If there is a specific question you need answered, please feel free to contact me at bschumacher@mshsca.org or call 218-732-0204. We continue to look at ways to make registering and our website more user friendly. We appreciate your commitment to education based athletics.

HAVE YOUR NEW CARD FOR ALL 2019-2020 SCHOOL YEAR?

Your 2019-2020 Membership & Insurance
Expires July 31st.

The possession of the MSHSCA membership card is a privilege extended to paid up members of the MSHSCA. The use of the MSHSCA card to gain admission to regular season high school events and some college events is controlled by the school at which the card is used to gain admission. There is a variety of policies that schools follow in regards to allowing admission with the card. The MSHSCA is not empowered to dictate to the schools what the school policy should be in terms of accepting the MSHSCA card or the number that will be admitted with each card. A letter is sent to the Activity Directors of all schools in July and all schools are asked to inform us if their school would not accept the card. It has also been brought to our attention over the past that some private venues do not accept the card for admission and this is especially true for hockey schools using private venues for their contests.

Park Center does NOT accept Membership Cards for admission.

Register.cordonco.com is what you will see on your credit card statement for your MSHSCA membership. Please do not challenge this before calling 218-234-0345!

**MINNESOTA
STATE HIGH SCHOOL COACHES ASSOCIATION
LIFE MEMBERSHIP**

A member of the coaching profession
for 25 years or more

Date Issued _____ Executive Director _____

The card is white with Orange Ink for the year 2019-2020.

2019-2020 Membership Card
Minnesota State High School Coaches Association
John Schumacher, Executive Director, Park Rapids
Phone: 218-732-0204 • Cell: 218-255-0827
Email: jschumacher@mshsca.org • Website: www.mshsca.org
President, Terry Sadler - Warroad



John Doe
St Anthony Village

Asst. Football
Head Wrestling
Asst. B/G Track

• • **REMINDER** • •
**AFTER REGISTERING FOR YOUR
MEMBERSHIPS OR CLINICS,
DON'T FORGET TO PRINT YOUR RECEIPT!**

MEMBERSHIP REPORT 2019-2020

Types of Membership	2018-2019	2019-2020
Active Class A & AA	6559	5162
College Associates	1178	1287
Other Associates	58	60
Active Life	343	304
Retired Life	1293	1385
Honorary	<u>4</u>	<u>5</u>
TOTAL	9435	8203

Breakdown of membership by sport association (2018-19 totals in parenthesis)

Adapted Athletics (21) 15
 Boys Lacrosse (104) 25
 Alpine Skiing (62) 53
 Girls Lacrosse (90) 22
 Athletic Directors (119) 101
 Football (1133) 1064
 Baseball (515) 385
 Football Retired (1) 4
 Boys Basketball (764) 596
 Girls Basketball (737) 610
 Golf (boys & girls) (360) 221
 Cross Country (449) 418
 Soccer (boys & girls) (445) 432
 Dance (280) 267
 Softball (489) 257
 Gymnastics (225) 190
 Synchronized Swimming (18) 2
 Nordic Skiing (103) 91
 Girls Tennis (222) 220
 Girls Swimming (240) 247
 Boys Tennis (185) 138
 Boys Swimming (197) 152
 Track & Field (881) 602
 Girls Hockey (90) 74
 Volleyball (661) 622
 Boys Hockey (192) 163
 Wrestling (143) 136
 Hockey Retired (2) 2
 Robotics (58) 40

Sport associations that collect their own dues, but join the MSHSCA are Cheer (13) 8, Clay Target (12) 8, and Badminton (5) 5

FLIP NOTES



By: Krysta Delong

The gymnastics season is well underway as first meets are starting! I hope all teams have had a great preseason gearing up for their first few meets.

All coaches should have completed the rules meeting and continuing education requirements on their coaches clipboard. Please take the time to make sure your assistants have completed their requirements as well.

Friendly reminder that all head coaches should join the Minnesota Coaches Association before Friday, January 3rd, 2020. The link can be found on our website www.mggca.org. Click forms, then click membership to complete your registration. Head coaches must be a MHSCA member for their gymnasts to be eligible for All State, All State Honorable Mention, All State Elite, and academic awards. You must also be a member to be eligible for the Coach of the Year award.

As you begin your meet season, please remember to send in your scores after each meet for rankings. For Class AA, send it to Colleen Stark-Haws (jtgstcloud@yahoo.com). For Class A, send it to Colleen Stark-Haws and Chris Templeton (gymrat.temp@gmail.com). Email your varsity team score with your school name, meet date and score.

Class A teams will be notified on Monday January 6th, 2020 if they qualified to true team. True team will be hosted by Melrose on Saturday, January 25th, 2020.

A reminder that our State Banquet will be held on Thursday February 21st, 2020 at Roy Wilkins. State will be held at Roy Wilkins on Friday February 22nd & Saturday, February 23rd, 2020.

Make sure to take the time to look over the season timeline at mschsca.org. All deadlines for the season are on there.

GOOD LUCK to all the amazing teams in the State of Minnesota this season! Have a safe season!

**Sign Up for your 2019-2020
Membership dues today at
www.mshsca.org**

**Take advantage of the liability
insurance benefit of 2 million and
many other benefits offered.**

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FAST TRACKS

Robb Lageson

We are well into our season already. Most teams have been doing dryland training for the first few weeks. But a few of the lucky ones have access to snow, either man-made or natural. The natural snow in the Metro is a bit thin and the man-made loops are hamster-like. Up North, they have midwinter conditions. This is a pretty good start.

During Nordic season, I watch the weather almost obsessively. I am hoping for enough of a snowstorm to get everyone onto golf course snow. It doesn't take much snow to ski on the golf course or a frozen pond. I am hopeful every time the snowfall prediction is for 1 to 3, or 2 to 4 inches. Of course, I always drift to the top end of the forecast.

With our unpredictable weather lately, we have to make sure that we take advantage of the snow when it is here. Hard to predict what next week might be like, much less the next couple of months. Some snow events turn out to be rain events. Rain is never good, and is always tough on my positive mental attitude.

The Fall Meeting was well attended. Presentations at the Fall Meeting included:

Adaptive Skiers – Factor System - BethAnn Chamberlain

MN Youth Ski League - Chrissy Snider

CXC Updates – Joe Haggemille

MSHSL will be considering options for State Meet Venues. No changes are anticipated in the next couple of years.

Flouro Wax Policy.

No Flouro Powder waxes. No ironing of pure Flouro waxes

No Flouros before Post Season (Conference Champs, Sections and State)

Conferences and Invitational Races can always decide to further limit the use of Flouro waxes for their participants.

Club and HS Team issues – It was discussed and agreed that early and frequent communication is important to help avoid conflicts. Probably cannot avoid all conflicts, but we need to remember that we are all working for the best outcome for each of our athletes.

Season Start date was discussed. Current start is ok if we have snow by December. Not so good if we don't have snow before Christmas Break. Man-made snow could help on either end of the Nordic Calendar.

Here's hoping for consistent skiable snow. I can't wait to get my athletes out and skiing. I get real joy out of watching the experienced skiers learning to ski fast with good technique, and watching the beginners learn to move fast enough to stay warm.

Hope to see you out there soon.

Mat Chatter

Shawn Frederixon

Chisago Lakes Area High School



The wrestling season is underway. It's one of those odd years when Thanksgiving falls on the 2nd week of practice rather than the first. For those wrestlers competing during the 2nd week, Thanksgiving isn't an ideal time of year for athletes making weight. It takes discipline and dedication for wrestlers to do what they do.

There are also many dedicated families all across this state helping us promote wrestling every weekend. Just today, our wrestling club hosted a youth wrestling tourney. In the middle of a snow storm, our parents came to set-up, run, and clean up in an effort to give our youth their own home tourney. In wrestling and many other sports this happens nearly every weekend in some local community. Make sure to thank your volunteers.

The Minnesota Wrestling Coaches' Association is working to bring Girls' Wrestling forward to the Minnesota State High School League. We want to give girls the same opportunities as boys with their own state tourney. We need the support of schools across the state to make it happen. We are dedicated to making this happen.

I'd like to wish all teams, coaches, and families a successful year and Happy Holidays.

ICE CHIPS

By: Greg Anzalc

The road to St. Paul in March has begun and the MHCA is excited about another great season. The recent State of Hockey High School Prospects Game was a great success and provided the best high school hockey players the opportunity to showcase their skills in front of scouts from all levels of hockey. As an official NHL Central Scouting event, every NHL, college and junior hockey scout was invited to the game and the feedback was extremely positive about the development of high school players in Minnesota. Once again this season The State of Hockey will be bringing fans a game of the week, check out stateofhockey.com for the broadcast schedule. Coaches are reminded to register themselves and staff for MHCA membership in order to take advantage of the benefits and perks including discounted Minnesota Wild tickets. Have a great holiday!

CLEARING HURDLES



By: *Clearing the Hurdles*
 Aaron Berndt, Wayzata High School
 President, MN Track & Field Coaches Association

I hope everyone had a wonderful Thanksgiving surrounded by friends and family. Although I'm watching snowflakes fall outside my window, I remind myself that we are just under 100 days until the start of the 2020 Track & Field season.

I'm excited to share what has been going on in our state in track and field. Many of you have been following the MN Track & Field Coaches Association's advisory proposal

to the MSHSL to have track & field reclassified as a three-class sport. At October's MSHSL board meeting, the board of directors reviewed our proposal as an action item. After much meaningful discussion, the board unanimously voted in favor of our proposal for reclassification.

This means that beginning in the 2021-2022 school year, MN Track & Field will have a three-class MSHSL tournament. The proposal that was voted on included the same qualifying procedure for advancement to the MSHSL state meet as we currently have, but in three classes. I'll be happy to share more of the details that were voted on and the impacts it will have on MN Track & Field at our upcoming coaches' association meeting.

Thank you to all the people who helped get this proposal the attention it deserved over the past several years. Many association advisory members and officers (both former and

... continued on page 13

DUGOUT CHATTER



By: Rick Zollner – Pipestone Area
 President MSHSBCA

The MSHSBCA Fall Clinic was presented by a collaboration of MN coaches fulfilling the duties once done by John Wilkens. Special thanks goes out to the following coaches: Craig Anderson, Alan Amdahl, Mark Downey, Don Gawreluk, Ryan Holmgren, Tink Larson, Dean Schwirtz, Todd Smrekar, Paul Twenge, and Dale Welter. These gentlemen all had specific duties in making this event a success! ** 2020 Fall Clinic will be November 13th and 14th the site is yet to be determined.

The MSHSBCA wants to recognize the 2019 HOF inductees: Dale Bruns, Jon Fellows, Hans Hanson, Jack Kelly, Bill Lechner, Bucky Lindow, Jim O'Neill, and Jeff Wollin. Thank you gentlemen for your time and service to the game of baseball! If you know a coach deserving recognition check out all our awards and make a nomination. You can find all this past year's award winners and nomination forms at our website www.mshsbc.org.

The 2020 baseball season is less than 100 days from opening, but the convention and clinic season is hitting on all gears. The BCA clinic in Columbus, OH runs from December 5-8, 2019. The 76th ABCA clinic in Nashville, TN runs from January 2-5, 2020. If you are looking for something closer, the St. Olaf clinic will be on January 25, 2020.

The NFHS, our national organization, also approved changes that will take effect January 1, 2020. Rule 3-1-4 will allow the starting designated hitter to also be a starting defensive player. Utilizing this option, the player has two positions: defensive

player and designated hitter. The team would begin the game with nine starters - nine defensive players – one of whom also assumes the role of the designated hitter. This rule change is similar to the pitcher/dh rule we utilized a few years ago.

Another rule change will be all baseballs and chest and body protectors shall meet the NOCSAE standard at the time of manufacture. These rules apply to all levels that include 10-12 graders. Make sure when ordering that your athletic director is aware of this.

For more information on these rule changes please visit www.nfhs.org website. Click on "Activities & Sports" at the top of the home page and select "Baseball."

The MSHSL Coaches Clipboard opens March 9th and closes March 25th. Have all your coaches complete this. All pertinent rule changes will be presented. Also, please update your roster and schedule before your first game. The arm care/conditioning week is March 9-13th. Regular baseball practice starts March 16th and first games can take place on March 26th.

The Play Ball! MN All-Star Series is a six team tournament that will be played on June 26th and 27th at the beautiful Chaska ballfield. When nominating deserving players please check to make sure of their commitment to these dates! IF the player cannot commit then there is no need to nominate that player. We thank the Twins for their continued support of high school baseball. Thanks also to our other GOLD sponsors – Cambria and BIG Athletics. Due to their generosity, our association has been able to make some major donations to many worthwhile organizations such as: The Miracle League, ALS, Stand-Up to Cancer, Coaches for Coaches, MDA, Hope House Emergency Shelter, The Salvation Army, and scholarships to graduating high school baseball players. Thank you Don Gawreluk (series director) for all the time and effort you put towards making the series a wonderful experience for players and families! You can check all timelines for the Series and scholarship information

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current) put in a lot of time working with the high school league to get us to this point. Members who completed surveys and attended both summer and winter association meetings also played a significant role in helping to further the conversations that needed to happen. Last, but definitely not least, Jody Redman, associate director at MSHSL, deserves our appreciation for her guidance and support of our proposal.

Our association's next big event is the **2020 MN Track & Field Coaches Association Clinic** at the DoubleTree by Hilton Hotel, in Bloomington.

- The pre-clinic **True Team meeting and Coaches Association meeting will take place on Thursday, January 23, at 6:00 in Plaza 1** followed by the pre-clinic social outside the banquet hall. If you have feedback from past seasons' True Team meets or can get involved in organizing this event, please plan to participate in the meeting. Hopefully, this will allow our association to have better attendance and discussion especially with the new three class proposal. Section coaching awards will be

handed out during this pre-clinic social.

- The **Clinic** will officially take place **Friday, January 24 and Saturday, January 25**. As I look through the schedule, it is once again filled with excellent speakers who have an incredible amount of coaching experience. All clinic attendees will have access to:
 - ✓ More than 48 hours of coaching seminars.
 - ✓ 900 pages of clinic notes.
 - ✓ Three socials.
 - ✓ The 2020 Coach of the Year and Hall of Fame Induction Banquet.

I hope you are looking forward to returning this year. If you haven't attended before, I highly encourage you and your staff to check out this annual event which has become one of the premier high school Track & Field clinics in the country.

Information regarding the clinic can be found at www.mshsca.org/trackclinic. I hope to see you in Bloomington.

2020 MINNESOTA TRACK & FIELD COACHES ASSOCIATION CLINIC

January 23-25, 2020

DoubleTree by Hilton Hotel Bloomington

The clinic will kick off on January 23 at 6:00 p.m. with the True Team and Coaches Association meetings followed by social hour (next to the Vendor Area outside plaza 1). The \$100 Clinic Fee includes 48 hours of Track & Field instruction from top Olympic athletes, Olympic Coaches, College Coaches and over 20 High School Coaches! It also includes three socials and the Hall of Fame Banquet meal on Friday night. As an added bonus, there will be prize drawings sponsored by our Vendors throughout the Clinic. Special hotel rates are available for \$110 per night. Bring your family! The DoubleTree by Hilton Hotel is 10 minutes from the Mall of America and a great location for a fun family weekend. All clinic and hotel information can be found at www.mshsca.org/trackclinic

2020 TRACK & FIELD COACHES CLINIC REGISTRATION INFORMATION:

Clinic Fee: \$100 - Register by January 13. (after Jan 13, fee goes up to \$110)

Clinic attendees get a special hotel rate of \$110 per night from January 23 - 25. Greater participation with this deal helps lower the cost of the facility for our association. Please consider this option.

All Minnesota coaches (both members and non members) must register online at mshsca.org
Out of State/International Coaches should register by email at jjosephs@isd721.org

All other clinic information, including session schedules and speakers' bios, can be found at www.mshsca.org/trackclinic

DUGOUT ... continued from page 12

at www.mshsbca.org.

All levels of coaches are welcome to join the MSHSBCA! This can be done by joining our parent organization at MSHSCA.org. Benefits include liability coverage and post season player awards. Also, the Twins will be offering free tickets to select games in 2020 but you must belong to our association to receive this benefit.

To help promote our sport and players nominate them to the Breakdown Sports magazine. If you do not receive an email please contact them.

Continue to visit our website as it is updated frequently, and follow us on Twitter @MSHSBCA. A huge shout out to Todd Smrekar for running such a tremendous website. If you have games or scrimmages you are looking for or you have a player that may have set a state record please contact Tink Larson at tlarson@hickorytech.net.

If you are a new coach, do not hesitate to reach out to local coaches or your section representative (found at mshsbca.org) for help and guidance. Also, if you have questions, ideas, or concerns please contact me at: Rick.Zollner@pas.k12.mn.us

“There are only two seasons – Winter and Baseball.” Bill Veeck

ADAPTED ATHLETICS

Brett Kosidowski

This year's Minnesota State Adapted Season was a memorable one for many teams. It marked the return of a few school districts to the State Tournament that was held at Stillwater High School the weekend before Thanksgiving. What a tremendous facility they have in Stillwater to host our tournament each year. On the CI side of the league the South Washington Thunderbolts had an undefeated season that was capped off with an exciting last two games in the State Tournament, and a championship for Bruce Fiedler and his team of talented individuals. The Chanhassen/Prior Lake Soccer Club did their best to hold off South Washington in the championship game, but fell short of that goal. The Dakota United Hawks team was back in the State Tournament for the first time since 2014, and the student athletes had a great end to their 10-4 season, capping off the year with the Consolation championship over St Cloud in their final game of the fall.

On the PI side, the Dakota United Hawks and the St Paul Humboldt Hawks squared off in a rematch of the State Championship from last year with different results. The Dakota United team, led by Junior Sam Gerten and his 5 goals, claimed the second State title for the squad in the last 3 Soccer seasons. Marcus Onsum and his Robbinsdale Robins did their best by claiming the consolation championship and ending the season on a positive note. The South was awfully strong on both sides of the Tournament with the South Soccer clubs finding themselves on the winning side of things in all 8

opening round playoff games!

This Soccer season got off to a difficult start as the MSHSL had yet to appoint an Executive Secretary and President of Officiating. A huge kudos to Jacki Winczek and Marcus Onsum for taking the brunt of the communication and organization of this Soccer Season. The new ideas and ways of communicating between the coaches and schools was something that had been lacking for many years, and with some new names in charge of putting the season together, it was a group effort led by all coaches to talk efficiently to one another to ensure a positive outcome for the kids involved in Adapted Athletics. The MAAA coaches look forward to continuing great discussions amongst the ranks and moving forward with new leaders soon.

Thanks to everyone this Soccer Season for making it an impactful one for our student athletes.



Swim Strokes

Meghan Kemna

The 2019 Girls' MSHSL State Swimming and Diving season concluded on November 15 and 16 at the University of Minnesota demonstrating some very exciting results. The meet concluded with three new state records, all new Class A records: Grace Hanson (Hutchinson) tied the current 50 freestyle record, Emma Kern (Delano) 100 backstroke, and the 400 Freestyle Relay team from Hutchinson (Grace Hanson, Madison Witte, Hailey Farrell, Lexi Kucera).

Congratulations goes to the top three teams in each class. Class A: 1. Visitation, 2. Hutchinson, 3. Delano and Sauk Centre. Class AA: 1. Edina, 2. Minnetonka, 3. Eden Prairie. In addition, a total of 57 schools received the Gold Academic Award (GPA of 3.75 and higher) and 59 teams earned the Silver Academic Award (GPA of 3.50-3.74). There was great accomplishment across the board both in the classroom and in the water. In addition, the MSHSCA True Team Meets have continued to be a success. This meet is a great way for teams to show their overall team strengths and depth. This year's champions were Visitation in Class A and Minnetonka in Class AA. A tremendous amount of time is needed to put on both of these meets. Thank you to Lisa Lissimore, Chris Aarseth, Jim Marshall, Jen Marshall, and Rick Ringeisen, as well as the host schools for the True Team Section meets. Thank you to the coaches, officials, student-athletes, parents, and volunteers for making this a memorable girls' season. Coaches,

please mark your calendars for the annual coaches clinic hosted by the MSHSCA, which will be held on Friday and Saturday, April 17-18, 2020. Additionally, the All-State Banquet will be held on Friday, April 17, 2020. For more swimming and diving, the boys' season is underway, True Team Sections is January 18, 2020 and True Team State on January 25, 2020. The boys' season will conclude at the MSHSL State meet on February 28 and 29. See you at the pool!

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GENERAL LIABILITY INSURANCE PROGRAM

As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will provide general liability coverage to the Minnesota State High School Coaches Association and its members.

CARRIER

Houston Casualty Company

POLICY PERIOD

August 1, 2019 – August 1, 2020

LIMITS OF INSURANCE

\$1,000,000	Each Occurrence
\$2,000,000	General Aggregate (per Member)
\$1,000,000	Products/Completed Operations
\$1,000,000	Personal & Advertising Injury
\$ 300,000	Fire Damage
\$ 50,000	Sexual Abuse (per Member)
Excluded	Medical Payments

COVERAGES

- ❖ Educator Professional Liability
- ❖ Participant Legal Liability for insured members
- ❖ Liability assumed under insured written contract
- ❖ Defense Cost outside limits

EXCLUSIONS

- ❖ The use of automobiles, buses, watercraft and aircraft
- ❖ Property of others in the care, custody, and control of the insured.
- ❖ This insurance does not apply to members that coach at an All-Star game that is not approved by your state coaches association.

CAMP INSURANCE

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows insured members while working at camps and/or conducting their own personal camp.

In addition, Participant/Accident Coverage is required for coaches and/or participants. Should an accident occur during a camp, clinic or event, this secondary coverage helps offset the loss suffered by families affected by such accidents.

NEW PROCEDURE FOR CAMP INSURANCE

As a member benefit of your state coaches association, all members in good standing have a \$1,000,000 per occurrence General Liability policy limit that provides coverage for their coaching activities. In order to protect the General Liability policy from potential claims, the insurance company has mandated that all coaches must obtain signed waivers and provide Participant/Accident insurance for their participants.

In order to obtain a certificate of insurance showing proof of insurance or naming an additional insured, the following must be in place:

- ❖ **Waivers:** Signed waivers showing indemnification language
- ❖ **Participant/Accident Insurance:** You must have Participant/Accident coverage in place for all participants attending sports camps.

PURCHASE INSURANCE

- ❖ Camp Insurance Request form is available on our website: www.loomislapann.com

INSURANCE ADMINISTRATOR



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Greg Joly
Lori George
Karen Boller

gjoly@loomislapann.com
lgeorge@loomislapann.com
kboller@loomislapann.com

Disclaimer: This is an insurance overview for summary purposes only; for complete policy terms and conditions please refer to the NOCAD Master Policy.



CORNER KICKS

By: Ron Kruschwitz
North St. Paul Boys (retired)
Soccer Communications Officer

As I sit down to write this, I am reminded that the seasons have changed and there is snow and cold outside my sun porch. We started the tournament with 4 outdoor sites. St Cloud, Farmington, Chisago Lakes and North St. Paul. We want to thank those four sites for an incredible job hosting soccer games in not perfect weather. The 2019 soccer season ended with year four at U.S. Bank Stadium. What a great place to play in November? The MSHSSCA want to again thank the Minnesota State High School League and US Bank staff for making it a great venue and time.

Listed below are the teams that were crowned state champions for 2019 and their head coach.

Girls A	Dave Wald	Mahtomedi
Girls AA	Ben LeVahn	Maple Grove
Boys A	James See	Academy of Holy Angels
Boys AA	Dave Jensen	Edina

The 2019 State Tournament Banquet was held at the River Centre. It has two sessions to accommodate all 32 teams. Once again, we want to thank Dave Haltgren and his staff for an excellent banquet. It is amazing that he and his staff can hold two banquets in 8 hours. We also want to thank Andrea Winiecki for her outstanding job as Banquet Coordinator. She is the MSHSSCA person in charge.

One of the highlights of the banquet is the induction of Hall of Fame members. This year's addition to the list is Paul Menge (Blake Girls). As always Bill Vance (Totino-Grace) introduced the honoree. Here are a few excerpts from his speech.

Our Association's Past President, Erin Murry, recalled this year's MSHSSCA Hall of Fame inductee this way:" As a high school player, there are few opponent coaches that have an impact on you that you remember., Paul Menge is one of those coaches for me.

My senior year we lost a close section final to Blake. As most seniors, I was heartbroken that our season was over and that I did not find a way for our team to win. I have a clear memory of Paul from the cold October night. He walked away from his team celebration, found me, and assured me I had played a great game. I remember how he made me feel. He was truly empathetic, and I will never forget it" Paul has coached over 660 varsity matches. He has won 480 of them. Add in 12 state tournament berths and 2000 and 2011 state championships and you have a remarkable career. Paul was voted Coach of the Year in both 2000 and 2008. His players have had honors as All-State, Ms. Soccer and players go on to college. Paul's record alone is reason to be inducted into the Hall of Fame, but his legacy as a trusted peer,

coach of character and ambassador of sportsmanship strongly influences high school soccer in Minnesota. Testimonies from Head Coach Cheryl Urbaniak Pearson at Washburn, Blake head coach Lindsay Youngdahl and former player are true testimonies to Paul's influence. In honor of 41 amazing years, the MSHSSCA congratulates our 2019 Hall of Fame inductee, Paul Menge.

The MSHSSCA awards to Ms. and Mr. Soccer are awarded each year at the State Tournament banquet. These awards represent the outstanding soccer player in each class. From the list given to the All-State Committees, five are chosen and then a winner is determined. The four athletes listed below are the 2019 Ms. and Mr. Soccer.

Class A

Ms. Soccer	Kaitlyn McBean	Breck
Mr. Soccer	Connor O'Rourke	Academy of Holy Angels

Class AA

Ms. Soccer	Cretin-Durham Hall
Mr. Soccer	Darley Florvil Minneapolis Washburn

At the banquet we also honor the coaches and assistant coaches who have been selected by a committee, to be the Coaches of the Year and Assistant Coach of the Year.

Girls A Coach of the Year

Scott Gustafson Eastview

Girls A Assistant Coach of the Year

Derrick Dolholt Elk River

Girls AA Coach of the Year

Scott Meier Hastings

Girls AA Assistant Coach of the Year

Toni Meyer Lakeville South

Boys A Coach of the Year

Jeff Zupfer Hill-Murray

Boys A Assistant Coach of the Year

Christopher Barnes LaCrescent

Girls AA Coach of the Year

Tom Ross Alexandria

Girls AA Assistant Coach of the Year

Breanna Collins Kasson-Mantorville

These coaches have been selected to represent all those coaches that dedicate a fall season to working with student athletes.

Each year the MSHSSCA coach's goal is to get 100 percent of our coaches to join the association. Under the direction of John Seipp (Trinity at River Ridge) we have concluded an excellent membership drive... Below are listed the number of coaches in each class and an overall total.

CLASS	GIRLS	BOYS	TOTAL
A	84%	73%	78%
AA	100%	97%	98%
TOTAL	89%	80%	85%

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This was a very small decrease and several items were discussed to get the non-joining coaches involved. This will change when we move to a three-class system. There are some schools that play a junior varsity level program as they begin high school soccer.

We enjoyed the dome in Woodbury for the 39th BSN/MSHSSCA Senior Classic. What a great place to play in November. In the girl's game the Blue team (coached by Dave Wold-Mahtomedi) beat the Gray team (coached by Ben LeVahn-Maple Grove) 9-5. The Boy's Gray team (coached by Edina Assistant coaches) beat the Blue team (coached by James See-Academy of Holy Angels) 3-2. Thanks to all the players and coaches for a great evening of soccer.

To make a Classic a success there are many people that contribute to the effort. To Steve Witt and Robert Lamb for their work as announcer and timekeeper, I say thanks. To Dr. David Olson and trainer Jessica Nelson who are the medical staff on site. Thanks to Dr. Olson for bringing a special guest to the game from Ghana. To Art Seplak and his wife Jan for helping with tickets, Keith Randa for photos, and Greg Juba for facilities and uniforms. To Berry Arrowsmith (Blaine Boys) your expertise in computers is incredible. We tried a new system of registration this year and it was successful. Thanks, with your patience with me and all the last-minute additions. In every event there are special people who every year step up and fill a job that is critical to the event. The first is Len Woefle (Mankato West boys retired) who stepped in as a coordinator with all aspects of the Classic. These two, team managers Chrissy Makela (Mankato West Girls) and Dave Bahr (Bryon). This was Chrissy's 16th year and Dave's first. Thanks for all your expert job. A very special mention of the Jeff Reif the printer for ISD622. You do a super job of printing, even though it is always last minute. Thanks for the amazing job you do for us.

The last thank you goes to my wife Peggy. She does all my proof reading and keeping me aware that I must keep the game of soccer and life in perspective. The classic could never be successful without your help.

Art Seplak (Bloomington Kennedy Retired) informs the column that the Mike Worter Scholarship Award forms are due soon. Coaches have your senior players check the website. There are two one thousand-dollar scholarships available to a soccer player, one for a girl and one for a boy.

Your MSHSSCA board is working on the three-class tournament and working out the issue of adding 16 new representatives for the new class. Plans are to have this in place next fall. Also, in the works is to get a plan for third place games. In addition, we will need two additional sites for the first round. All these things are items that need solutions. Stay tuned for additional information as things evolve.

We want to wish our Board Treasurer Art Seplak a quick recovery from his knee replacement surgery in November. You are in our thoughts.

We were also saddened with the news that John Schumacher our Executive Secretary of the MSHSCA is stepping down as he continues to his battle with cancer. Our prayers are with you as you continue in your journey.

A very big Special Thanks to Jason Arnebeck (Park of Cottage Grove

Boys) for serving as our President the last 2 years and becomes our Past President. We welcome Be LeVahn from Maple Grove (Girls) who is our new president. Aaron Percy of Minneapolis Washburn (Boys) is the new President Elect.

That is, it for this time. I hope that you and your family enjoy the holiday season and remember you can be thankful for having the best job in the world, working with student athletes as the endeavor to be the best person they can be.



Diamond Cuts

By: Dawn Engebretson

With fall sports completed and winter sports beginning, it means that the softball season is around the corner. If you are like me, you have already been thinking about the upcoming softball season (and putting in a Christmas wish for good spring softball weather). To help you get ready for the 2020 softball season, I encourage you to attend the Minnesota Fastpitch Coaches Association Clinic held at Target Field on Saturday, February 1. This is always a great way to network with other coaches, get new ideas to keep indoor practices fresh and fun, as well as hear some great speakers and get inspired for the season to come. If you have never attended, I encourage you to attend this year. Once the final details are complete, information about the clinic will be online at <https://www.mshsca.org/fastpitchsoftball>.

Please check out the association website and update your coaching record. If you haven't signed up for coaches association membership, please do this now before the hectic spring season begins- and you can also take advantage of free entry to most high school games. Also, get your school and player's information in the upcoming Breakdown magazine. It is a great way to promote the sport of softball throughout the state of Minnesota. We could also use more nominations to the Hall of Fame. If you know of a deserving player, or coach, please use the website to download a nomination form.

I would like to wish you a happy holiday season and thank you for your hard work and dedication to student athletes. If you need anything, please reach out to your section representative or myself at engebretsond@rockford.k12.mn.us.

Youth Suicide Fact Sheet

- For middle and high school age youth (ages 12-18), suicide is the **2nd** leading cause of death. (2016 CDC WISQARS)
- For college age youth (ages 18-22), suicide is the **2nd** leading cause of death. (2016 CDC WISQARS)
- Over-all, suicide is the **2nd** leading cause of death for our youth ages 10-24. (2016 CDC WISQARS)
- Each week in our nation, we lose approximately **100+** young people to the national health problem of suicide.
- 2017 - CDC Youth Risk Behavioral Survey:
 - **Over One out of Every Six** of our nation's youth (17.2%) seriously considered suicide in the previous twelve months.
 - **Almost One out of Every Seven** young people (13.6%) actually made a plan to attempt suicide in the previous twelve months.
 - **Over One out of Every Fourteen** young people (7.4%) reported attempting suicide one or more times in the past twelve months.
- Firearms remain the most commonly used suicide method. Suffocation hanging and poisoning have seen dramatic increases recently.
- **Four out of Five** teens who attempt suicide have given clear warning signs.
- More than **90 percent** of people who die by suicide have demonstrated risk factors such as depression, other mental disorders or a substance-abuse disorder (often in combination with other mental disorders).
- Suicide is one of the **LEADING** causes of **PREVENTABLE** death in our nation today.



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SERVICE ACES

By *Dave Wareham*
Totino-Grace High School
President – Minnesota Tennis
Coaches Association



The Thanksgiving holiday means a number of things, including the start of the winter athletic season plus the end to the fall sports season. At the end of October, we again crowned our Girls' State Champions – Congratulations to the following:

- **Teams:** Edina (Class AA), Blake (Class A)
- **Singles:** Karin Young – Eastview (Class AA), Arlina Shen– Blake (Class A)
- **Doubles:** Annika Elvestrom/Sarah Shabaz – Minnetonka (Class AA), Bella Suk/Allyson Jay – Blake (Class A)

Notably, Edina and Blake both became three-peat champions as they remain the gold standard in Minnesota girls' high school tennis. And Arlina Shen of Blake capped off a magical senior season by defending her Singles' crown. The State Tournament was the culmination of a season full of hard work, thrilling competition, and exciting fun of another terrific girls' tennis season. The MTCA further recognizes the impressive work of following coaches as 2019 Coaches of the Year:

Class A Head Coach: Mike Ach, Blake

Class A Assistant: Bill Huhner, Litchfield

Class AA Head Coach: Steve Paulsen, Edina

Class AA Assistant: Rebecca Johnson, Mounds View

Thanksgiving at its core is about gratitude. Reflecting on the 2019 season, there is much for which to be thankful: supportive schools and administrators, appreciative parents, inspiring players, and dedicated coaches. What an amazing finish it has been for one of Minnesota's all-time coaching legends – Steve Paulsen. His coaching resume at Edina is mythical: 600+ wins, 23 State Team Titles, numerous Individual State Champions. That doesn't even count the many conference championships, academic awards, and coach's awards. But beyond the great coach is a great guy. Working alongside Steve through our MN Tennis Coaches Association, I have observed that beyond his work guiding Edina, he was just as interested in making every team and players' high school tennis experience the best it can be. So it's no surprise that he is a nationally recognized high school coach and a member of our association's Hall of Fame. As Steve closes out his high school coaching career, we wish him the best and thank him for his many contributions to high school tennis in Minnesota. For all of that, we are grateful.

In mid-October, I attended the annual fall banquet for MN High School Coaches Association, our parent organization. During the evening they recognize the top coaches and contributors to MN high school athletics. One of our board members – Rick Engelstad, our Executive Secretary – received the George Haun Award, given to one who exemplifies leadership and commitment to their (and the state) Coaches'

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Over Hill and Dale

Chris Goebel-Mora

I would like to thank you all and congratulate you on completing another season and being positive influences on our kids. As coaches, we have huge influences on our athletes. I appreciate and love seeing this happen with so many of you.

Like all the others, this was a memorable cross country season. It seemed like every meet we ran had some type of weird weather. I know for many the Mega Meet and Swain will stand out as experiences that many kids will never forget. These will be the memories that our athletes will remember forever.

The State Meet this year was another success. From my perspective, the course was in great shape and the timing issues seemed to be addressed and fixed from last season. We know there are some issues that the Coaches Association will address with the MSHSL.

Congratulations to the teams that earned the State Championships.

A Boys - Perham Coach Jeff Morris
 A Girls - Perham Coach Jeff Morris
 AA Boys - Mounds View Coach Ross Fleming
 AA Girls - Edina Coach Matt Gabrielson

Below are the people that were voted Coach of the Year by their peers. Congrats on your great seasons.

Sect.	Girls COY	Boys COY	Assistant COY
1A	Howie Cook, Lake City	Matt Kingsbury, Lewiston-Altura/Rushford-P	Dawn Miller, Stewartville
2A	Steve Schroeder, Belle Plaine/Holy Family	Brad Stark, St. James	Steve Murfield, Fairmont Kelly Moeller, Lake Crystal-Wellcome Memorial/Nicollet
3A	Dominick Damm, Murray County Central	John Schurb, LQPV-Dawson-Boyd	Jodi Nelson, Luverne
4A	Magie Bowman & John Shelp, Blake	Christian Zimmerman, Minnehaha Academy	
5A	Wade Moravec, Howard Lake-Waverly-Winsted	Patrick Fitzgerald, St. Cloud Cathedral	Jeff Dickman, Rockford Kevin Nordstrom, Heritage Christian
6A	Kathy Conrad, Albany	John Van Kempen, West Central	
7A	Steve Ekman, Mesabi East Jeff Brevier, Pequot Lakes	Will Floersheim, Greenway/Nashwauk-Keewatin	Dan Hebl, North Shore Kari Hunt, Mesabi East
8A	Nathan Stoa, Hawley	Jeff Morris, Perham & Mike Brunsberg, Wadena Deer Creek	Kay Morris, Perham
Sect.	Girls COY	Boys COY	Assistant COY
1AA			
2AA			
3AA	Chris Harder, Rosemount	Tom Sharp, Eastview	Cory Fusco, Eastview
4AA	Dawn Podolske, Stillwater	Dan Kovacich, White Bear Lake	David Percival, White Bear Lake Sue Wurl, White Bear Lake
5AA	Heather Strait, St. Michael-Albertville	Ross Fleming, Mounds View	Aaron Thompson, Mounds View Ingrid Narum & Diane Hessine, Mounds View Zach Hanson & Bruce Kivimaki, Eden Prairie
6AA	Matt Gabrielson, Edina	Jeff Lindlief, Eden Prairie	
7AA	Tom Ostrom, Princeton	Andy Richardson, Forest Lake	Sara Clemons, Princeton
8AA	Travis Hochalter, Alexandria	Ryan Aylesworth, Bemidji	

I hope you all enjoy your winter and find time to relax and spend time with your families.

Track is three and a half months away. _____

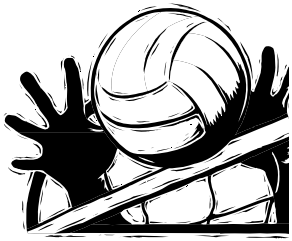
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Dig This

By: *Becca Pulju*
MNVBCA President - Sebeka

In November we wrapped up our season with another amazing State Tournament. It was great to see many newcomers to the tournament field, once again showing that our state is full of great volleyball! Congratulations to Minneota, Stewartville and Wayzata on their State Championships! Thank you to Jody Redmond, and her entire MSHSL staff that work behind the scenes to ensure that the tournament runs smoothly. I would like to congratulate all Section Coaches of the year.

Section	Head Coach/Assistant Coach
1A	Lonnie Morken, Mabel-Canton Jill Strodman, Bethlehem Academy
2A	Crystal Lamont, WEM, Bob Kaukola, GFW
3A	Hayley Fruin, Minneota Neil Witte, Russell-Tyler-Ruthton
4A	Wally Bomgren, New Life Academy Lisa Minnema, Minneapolis Henry
5A	Eric Telander, Rush City Alanna Hunter, Belgrade-Brooten-Elrosa
6A	Kristy Finck, Henning Jon Lillquist, Sebeka
7A	Rhaya Tomberlin-Anderson, Greenway
8A	Tina Turn, Kittson County Central Jami Carr, Kittson County Central
1AA	Kirk Thornton, Lake City Jamie Winchell, Cannon Falls
2AA	Greg Sayuk, Southwest Christian Sherri Fritz, LeSueur-Henderson
3AA	Erin Schoumaker, New London-Spicer Alexandra Boddy, Marshall
4AA	Kim Duis, Concordia Academy Pamela Fallert, Concordia Academy
5AA	Jen Milton, Rockford Lynette Schultz, Rockford
6AA	Michelle Macalena, Annandale Samantha Schlangen, Albany
7AA	Anna Sederski, Proctor Char Kuyava, Proctor
8AA	Christine Ganley, Pequot Lakes Molly Aukes, Park Rapids
1AAA	Tim Torstenson, Northfield Emily Ellson, Rochester Mayo
2AAA	Dennis Piechowski, Hutchinson

3AAA	Krista Flemming, Shakopee Brad English, Woodbury Gene McBride, St. Paul Highland Park
4AAA	Stephanie Blanda, North St. Paul Rita Girgen, Tartan
5AAA	Scott Jackson, Wayzata Michelle Chen, Park Center
6AAA	Whitney Meierotto-Simon, St. Louis Park Michael Becker, Benilde-St. Margaret's
7AAA	Celeste Gorman, Blaine Troy Jacobson, St. Francis
8AAA	Sarah Hornseth, Sartell-St. Stephen Nate Eckman, Brainerd

For many of us coaches, the state tournament is a chance to see all of our coaching friends and spend time enjoying the game. It was good to see so many of you throughout the weekend. This spring we will be electing new Section Representatives in Sections 7 and 8. Also, please mark your calendars and plan to attend the 41st Annual MNVBCA Coaches Clinic, July 29th and 30th at Sauk Rapids-Rice High School. It is a great opportunity to gear up for the 2020 season. Be sure to check out our website, MNVBCA.org - there is a wealth of information there for new and veteran coaches.

SERVICE ACES ... continued from page 19

Association. It is my honor to work with Rick. He gives tirelessly to promoting high school tennis in MN. He has been the driving force behind many improvements in Minnesota high school tennis.

Whenever I say we at the MTCA, I mostly mean Rick Engelstad. He does it all (or at least, most of it). All of us – coaches, players, parents – appreciate all of your hard work, your dedication, and your passion for MN high school tennis. Congratulations on a well-deserved award. We are thankful for what you do and who you are.

Now is the time to mark the date for our annual Tennis Coaches Clinic: Friday, February 28th and Saturday, February 29th. Last year was our first in partnering with the USTA Northern and USPTA Northern to host the clinic. The lineup of presenters includes the following: Dana Young, Tom Gullickson, Michele Krause, Mike Cartwright, and Steve Paulsen. You can find more information on the clinic and more presenters at <https://www.mshsca.org/tennis>. You are encouraged to register and book your hotel early. The clinic promises to be another terrific weekend of connecting with fellow coaches plus quality tennis instruction focused on improving our players and our programs.

As the snow rolls in, we are reminded that the high school tennis off-season is here. It's a perfect time to enjoy the holidays, be grateful (including for tennis), and relax. Then as the new year approaches get excited again about tennis in the spring. Happy holidays.

HALL O



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Coach of the Year



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Richard Engelstad**



**George Hahn Award
Tom Critchley**



**Steve Kerzie Award
Shelly Hotzler**

F FAME E



Hall of Fame - Bob Bonk



Hall of Fame - Brian Luke



Mancini Family

The Mancini Family

In 1948, our father, Nick Mancini, had just returned from a tour of duty in Japan as an Army engineer. That year, he and our grandparents mortgaged the family home to open Mancini's Bar. The original Mancini's was a tiny West Seventh Street tavern frequented by St. Paul's hardest working folks. The joint sat about 50 people with a long bar and a little kitchen in the back. Our grandma had a food service-cafeteria background, and enough recipes from her days back in Italy to be dangerous. Grandma whipped up dishes from scratch with ingredients she purchased at local markets, while our Dad and Grandpa served beer and cocktails at the bar.

Dad's passion for hospitality grew and his penchant for keeping the business a family-run operation became a priority. He dreamed that someday he could own a supper club with the family name on the marquee. With our mom, Mary Ann, at his side and our grandparents' support, Nick opened Mancini's Char House on the same West Seventh Street plot.

Dad was committed not only to offering the best hospitality, but the best steaks and seafood in town. The thing was...he knew nothing about beef, so he traveled to Italy and New York to study Italian grilling techniques. Dad also brought in a partner who knew pretty much everything there

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Hall of Fame - Dave Palmquist



Hall of Fame - Jim Musburger



Hall of Fame - Craig Nelson



Hall of Fame - Dave Galovich

Mancini Family ... continued from page 23

was to know about steak, in hopes that he'd teach him how to prepare and serve it. The steak expert didn't stick around long.

Now a sole proprietor, Nick had no choice, but to get behind the grill and start cooking. It was a trial and error process. After his meals were on the table, he went out to each party to ask for honest feedback. He wanted to get it right. It was that honest feedback that created the recipes and methods we use in our kitchen to this day. Dad's table visits all those years ago were so critical to the Char House's initial success that they're still a tradition. Visit us and you'll see third- and fourth-generation Mancini family members greeting customers and checking on tables.

The take-off was slow for Mancini's Char House while Dad perfected the product and service he'd later become famous for. That was until 1976, when columnist Gareth Hiebert "Oliver Towne" wrote about the Char House in the St. Paul Pioneer Press & Dispatch. Hiebert wrote, "Off that open-hearth grill come steaks that would be the envy even in Florence, Italy where beef grilling was invented. But never such beef. Nicky and Bertha (his sister) still roam the dining room, as if it were home and the customers 'family.'" Since the morning that newspaper column hit doorsteps, the place has been packed.

In the '80s, we added the Vegas-style lounge, and Mancini's became known for showcasing some of Minneapolis-St. Paul's best live music. The area's most-talented musicians, along with several national touring acts (a la Tony Bennett, Paul Anka, Buddy Greco, Tommy Sands, Gypsy and The Jets) have graced our stage.

As Minnesota kids, one of our favorites was when the late Kirby Puckett sang Louis Armstrong's "Wonderful World" on the lounge stage.

After our mom, Mary Ann, was done raising four children, she joined Dad at the Char House & Lounge as chief financial officer, working behind the scenes managing accounting, payroll and so much more. Mom really became the backbone of business operations in the '80s and '90s.

We've both worked in the family business since we could walk, so it's made us fiercely passionate about sharing great food and great service with great people. The two of us did our best to learn as much as we could while working under our parents' tutelage—studying their business savvy, the way they treated people and how they supported our community. As our parents aged, we were committed to keeping the place open and continuing to serve the best steaks in town with good old-fashioned values as our guide.

We took over operation of the Char House & Lounge in 2005. Our Dad passed away in 2007, leaving an unmatched legacy of hospitality and service. Mom's been gone since 2014. Every day, we strive to make them proud and carry on the vibrant traditions they created here in the heart of St. Paul. We hope you'll join us for dinner, cocktails and live music. You'll enter as a friend and leave as family. "Entre come amico. Partire come famiglia."

Thank You

Mancini family recognizes that coaches at the high school level are important and instrumental mentors for our youth. We as a family, and as a restaurant, have supported numerous annual gold

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plate fundraiser dinners for Minnesota youth athletics, including the Rice Street, Cretin-Derham Hall and Humboldt High School athletic programs, just to name a few. Every year Mancini's honors many retired coaches who were community catalysts for youth involvement in football, hockey, basketball, boxing and baseball at our St. Paul Sports Hall of Fame Banquet. Mancini's also has hosted the Minnesota Coaches Association Annual Meeting, along with recognition dinners for many coaches over the years. We believe that the future is brighter for our youth with strong

leadership and guidance by committed coaches in high school sports.

The Mancini family is grateful and humbled to accept this honorary membership in the Coaches Association. We remain committed to our friendship with so many Minnesota coaches. We will continue our support of the Minnesota Coaches Association, and we will proudly display this plaque at Mancini's Char House in St. Paul. Thank You, The Mancini Family

GIRLS HOCKEY "SNAP SHOTS"



This time of year is always busy for everyone. Hockey season is in full swing with practices, games and bus travel, holiday gatherings with family and friends, gift shopping, jobs and a myriad of other small tasks fill each of our days. It is a fun time of year but it can also be exhausting with everything we as coaches try to accomplish in this short period of time. The MGHCA would like to take a few moments to wish everyone a happy and healthy joy filled holiday season. Cheers and enjoy the spirit of the season!

The Minnesota Girls Hockey Coaches Association (MGHCA) was formed during the 1995-96 season as a way to organize and coordinate activities related to girls' high school hockey. Over the years, activities and programs have evolved to include programs not only for our coaches but for our athletes as well.

Below is a short checklist of some of the activities and tasks coaches should be preparing for as we near the mid-point of the girls' hockey season.

An updated MGHCA nomination form will be sent to all head coaches to fill out and return to the Executive Director as soon as possible. On this form coaches can nominate players for All-State, the HP 15/16/17 Programs, the U18 Festival and the Senior Classic. Information for all of these programs can be found at the MGHCA website and the MN Hockey website for the High Performance programs.

Volunteers are being sought to help serve on some of the committees the MGHCA coordinates.

The All-State Committee Chair will be sending out preliminary ballots in early January as a first step in our All-State player selection. The full selection process can be reviewed on our website. The nomination form can also be found on the website.

Nomination forms for Individual and Team Academic honors need to be completed by February 7, 2020.

Nominations for the Brano Stankovsky Award are currently being solicited.

MGHCA Hall of Fame nominations are also being sought with an awards banquet tentatively planned for the Fall of 2020. Nominations can be sent to the HOF Chair. Please see the website for the HOF nomination form and the categories for candidates being considered.

Nominations are being sought for our MGHCA Sportsmanship Award(s). These awards are presented to teams for their overall demeanor during the season. Nominations can be submitted by anyone for any team/program.

The U18 Festival and the Senior Classic will take place on February 28, 29 and March 1, 2020 at the Super Rink in Blaine. Section GMs will be sending out ballots early in January for the Senior Classic.

The MGHCA recently held an online election for two of the Executive Council positions. The first was for a new President-Elect (Interim). Claire Goldsmith will be joining the MGHCA Executive Council as she was elected to the position of President-Elect. The second position involved the Executive Director position. Tim Morris was re-elected to a three-year term that expires in the fall of 2022.

Submitted by Tim Morris, Executive Director, MGHCA
www.MGHCA.com

COACHES CARING PROGRAM

Do you know of a Minnesota high school coach who is facing a catastrophe and could use some financial assistance? You can nominate a coach for a \$100.00 Coaches Caring assistance donation by emailing your nomination to Rick Ringeisen at rtingerr@aol.com

When you nominate a coach for a Coaches Caring assistance donation, remember to provide background information for the committee to review.

Please note: A limited number of Coaches Caring Program assistance payments will be issued each year depending upon the amount of donations made by coaches association members.

Trophies Plus is now helping to sponsor the Coaches Caring Program to help keep it sustainable.

Trophies Plus - Sponsor of Coaches Caring



Minnesota State High School Coaches Association

Assistant Coach Distinguished Service Award



Criteria:

- The individual should have been a high school Assistant Coach for at least 20 years.
- Nominations may be made by individual coaches, or sport associations.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

School(s), years and which sports that the nominee has served as an assistant coach:

Additional bio information that supports the nominee for the Assistant Coach Distinguished Service Award:

Nominating Person _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email Completed applications to: Nathan Youngs at: Nathan.Youngs@dc.k12.mn.us

MINNESOTA COLLEGES & UNIVERSITIES THAT HONOR MSHSCA MEMBERSHIP CARDS

The importance of a close working relationship between college and university coaches and high school coaches in Minnesota remains obvious as institutions of higher learning have opted to continue with the Associate Membership Package offered by the MSHSCA during the 2019-2020 school year.

As part of the arrangement, college coaches can use the MSHSCA membership card to obtain admission to high school events and in turn the high school coach can use the card to attend college most college games. Restrictions apply for college and high school playoff and post season tournament games.

- Anoka Ramsey Community College (Coon Rapids MN)
- Augsburg College (Minneapolis MN)
- Bemidji State University (Bemidji MN)
- Complimentary passes are not available for Division I Hockey
- Bethany Lutheran College (Mankato MN)
- Bethel University (St Paul MN)
- Carleton College (Northfield MN)
- Central Lakes College (Brainerd MN)
- College of St. Scholastica
- College of St. Benedict
- Concordia College (Moorhead MN)
- Concordia University (St Paul MN)
- MN State Comm. & Tech College (Fergus Falls MN)
- Gustavus Adolphus College (St Peter MN)
- Hamline University (St Paul MN)
- Hibbing Community College (Hibbing MN)
- Macalester College (St. Paul MN)
- Martin Luther College (New Ulm MN)
- Mesabi Community College (Virginia MN)
- Minnesota State University Mankato (Mankato, MN) (Call ahead for DL Hockey)
- Minnesota State University (Moorhead, MN)
- MN West Technical and Community College (Worthington MN)
- North Central University (Minneapolis MN)
- University of Northwestern (St Paul MN)
- Ridgewater Community College (Willmar MN)
- Rochester Community College (Rochester MN)
- Southwest MN State University (Marshall MN)
- St Catherine's University (St Paul MN)
- St Cloud State University (St Cloud MN)
- St Cloud Tech College (St Cloud MN)
- St John's University (Collegeville MN)
- St Mary's University (Winona)
- St Olaf College (Northfield MN)
- U of MN - Duluth * (Duluth MN)
- Men's Hockey on Availability
- University of Minnesota - Crookston (Crookston MN)
- University of Minnesota - Morris (Morris MN)
- University of Minnesota (Twin Cities MN) - * Women's Basketball Games Only
- University of St Thomas (St Paul MN)
- University of Wisc-River Falls

Another example of the MSHSCA at work for the membership!

- *1. MSHSCA Complimentary passes may not be available for all games.
2. MSHSCA Complimentary passes are not available for post season/play off games.
3. MSHSCA Card must be presented in person by the card holder along with a photo I.D.at the UMD ticket window.
4. Additional tickets can be purchased to accompany your complimentary admission. You must notify the UMD ticket office of your desire to purchase at the time you call for your complimentary admission.
5. UMD reserves the right to deny complimentary admissions at their discretion for any reason.
6. The number to call for UMD tickets is 218-726-8595 by 4:00 the Thursday before a weekend event or by 2:00 the day of a weekday event.
7. Complimentary passes are not available for Division I Hockey at Bemidji.



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Check us out - Lowest prices in the USA!

**Chenille Letters and Champ Patches • Custom & Stock Medals
Custom Certificates • Trophies, Plaques, Ribbons**

All awards can be customized to your school needs
at some of the lowest prices in the USA.

BANK SHOTS



Chad Ostermann, MBCA President
Greetings Coaches,

I am truly honored and humbled to represent the Minnesota Basketball Coaches Association as president. I would like to thank Joel McDonald for the great job he did representing our organization as the President during the 2018-2019 school year. I would also like to thank all members of the executive board for their service and leadership.

The quality of Minnesota basketball continues to improve as we have become a regular stop for many college coaches throughout the country. At our inaugural NCAA Evaluation event which the MBCA hosted, we had 85 different colleges attend including 53 NCAA Division 1 schools. We had over 100 participants with NCAA Division 1 or 2 interest and offers. Much of the credit for this exposure and player development has to go to you, the high school coaches, who spend countless hours in gyms across the great state of Minnesota working on individual skills and team development in the offseason. The MBCA will have an NCAA event again next year. The date is set for June 19-20, 2020. If you would like to serve the association and event, please contact Tom Critchley.

As always it is important that you become a member of the MBCA in order for you and your athletes to be considered for various awards. We want to welcome all new coaches to join both the MSHCA and the MBCA and invite you to encourage your assistant coaches and lower level coaches to do the same. There are many great benefits such as awards for coaches, teams, athletes and an opportunity to be an All Star Coach plus a \$2 million dollar liability insurance policy and coaches pass for admittance to high school games, many college games and Timberwolves tickets. As a reminder, the MSHSCA Life Membership does NOT include a MBCA membership. To be eligible for Coach/Athlete Awards, All Star participation, Team and Individual Academic All State requires MBCA membership. Our goal this year is to reach 900 Members. As part of your MBCA membership you will also become a member of the National High School Basketball Coaches Association, as we are one of the founding states in the organization. Member coaches are encouraged to visit the website (<http://nhsbca.org>) for such things as coaching resources, job openings, events, special offers from suppliers, and a "Play of the Day" option.

The Minnesota Basketball Coaches Association will host the annual All Star Series on March 27 and 28, 2020. The event will take place at St. Cloud State and Macalester. The selection process will be throughout the season and as a high school coach, you must be a member of the MBCA in order for your student-athlete to be eligible for participation.

The Boys and Girls Basketball Advisory Committee will meet

... continued on page 31

Have You Moved or Changed Your Email?



If you have moved recently, it is important that you log onto your MSHSCA profile and edit your mailing address. Having the correct mailing address prevents delay in you receiving your membership card and other correspondence.

It is equally important for us to have current email addresses as our webmaster will send notices and updates periodically. If you have a change, log into your MSHSCA profile and edit your email address. Remember that not only do we use this for mass e-mailings, but your email is also your login ID. You can change this anytime, just make sure to make a note of your current Login ID and password if you change them.

Life and Retired Members: If you have moved and are receiving Prep Coach in the mail, it is important that you notify us of your new mailing address. You can send your mailing information to my email at : bschumacher@mshsca.org or mail us at MSHSCA 16332 Deer View Road Park Rapids, MN 56470. Phone 218-732-0204.

MINNESOTA STATE HIGH SCHOOL COACHES ASSOCIATION, INC. Executive Committee Liaison Assignments 2019-2020

PAST PRESIDENT Mike Peterson	B/G Soccer G Swimming Robotics	B Swimming Wrestling	Baseball B Hockey
PRESIDENT Terry Stadler	Football Adapted Athletics	G Basketball Gymnastics	G/B Golf G Hockey
PRESIDENT ELECT Tom Critchley Jr.	B/G Cross Country G Tennis	Nordic Skiing Alpine Skiing	B Tennis B/G Track
VICE PRESIDENT Barry Wohler	Volleyball B Basketball	Synch. Swimming B/G Lacrosse	Softball Dance

These are the Board of Directors that are the liaison to your sport. Feel free to contact them with any questions. You will find their contact information on the website at www.mshsca.org and here in the Prep Coach.

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Suicide Prevention Awareness Month Informational Packet for Coaches and Administrators

September 2019

The Jason Foundation, Inc.

www.jasonfoundation.com

contact@jasonfoundation.com



ROBOTICS

Alex Jurek

The Nuts and Bolts of Robotics

As a robotics activity we are very proud to be a part of this organization. Minnesota boasts over 220 Varsity teams throughout the state making us the third largest in the nation.



In May the MSHSL held the eighth Robotics State Tournament. The tournament this year was held at Williams Arena with 36 teams attending. The three team alliance of Badger HS, Warroad HS, Frazee-Vergas HS won the event over Westbrook-Walnut Grove HS, The Math and Science Academy of Woodbury, and Duluth Denfeld HS.

In our first season under the MSHSCA we were also proud to recognize nearly 100 students for All State Academic awards. The following teams are recognized with Team Academic State honors:

Alexandria Area High School - FRC 3313
 Apollo High School - FRC 3244
 Badger High School - FRC 3750
 Becker High School - FRC 4607
 Byron High School - FRC 4859
 Convent of the Visitation - FRC 2177
 Eden Prairie High School - FRC 2502
 Eden Valley-Watkins High School - FRC 6175
 Edina High School - FRC 1816
 Esko High School - FRC 5690
 Hutchinson High School - FRC 2509
 New Ulm High School - FRC 3122
 Redwood Valley High School - FRC 4741

This coming season we will add the recognition of Head Coaches and Assistant Coaches of the Year. In 2020-21 the committee will start our own Hall of Fame from member coaches of robotics.

The 2020 season kicks off on January 4, 2019 at various sites across Minnesota. The teams will have just over six weeks to strategize, design, fabricate, code and prepare for the competition season. There are numerous scrimmages in the state that will help teams prep for some of the largest and best run regional events in the world. The Great Northern Regional in Grand Forks kicks off the competition season on February 27-29, 2020. The Double Decc'er event in Duluth is the largest competitive robotics event outside of the World Championships. 123 teams will compete in two different regionals - Lake Superior and Northern Lights - side by side at the DECC. These events are scheduled for March 5-7. The twin regionals in Minneapolis (10,000 Lakes and North Star) take place on March 26-28 at Williams Arena and Mariucci Arena respectively. There are a few more around the region, but these are the regionals that most of the Minnesota teams will attend.

I encourage each of you to take a minute and meet your coaches and participants in robotics - "The Varsity Sport of the Mind".

Goal Posts



Ron Stolski

Keepers,

It has been said that quality whispers. Given the demands of our profession to ever be the communicator in every way feasible and occasionally, the demand that through voice and gesture, there may be a desire to shout rather than whisper, there is a certain irony in this writer's thinking about that phrase as I contemplate, yet again, season's end. By the time you, good keeper, read this, the Prep Bowl and Football Showcase have been completed. Our 'Mr. Football' has been announced. Prep Bowl champions, class 9 man through 6A have been declared, All-Star players have competed in their final High school football experience. Winners all; out with a bang.. Players and their mentors have moved on to the rest of their life's journey leaving behind, but forever clutching, memories that will last a lifetime. And, so have all the other 25,000 plus student-athletes that played football this past season. Therein the phase, quality whispers. However their season ended my hope and fervent belief in that your team learned and enjoyed lessons a season of playing our beautiful game can teach.

The unique experience of football; the practices in Summer's heat and the chill of Autumn's winds the pre-game locker room, the spilling onto our fields of green; the physical challenge for each and every player and of each and every play; the huddle, is that win or lose the lessons remain, The relationships endure. Football is not just for the receivers of accolades. It is for each and everyone from corner to corner of our state who chooses to fit the pads, strap on the helmet, tie the shoes and head for the field. Challenge awaits Coaches await. The timeless lessons await. And, so, we play. Through it all, we learn grit, resilience, compassion and care, We learn how to work hard for goals. We learn to 'hold hands'. We learn the stuff of life. Football is more than the scoreboard's lights. That illumination was magnified while in a conversation with a long time coach in a program that has had years of success and winning seasons, but not this past one. He lamented that, while the team played hard it lost more games that it won. Thus, he feared the team would deem the season a 'failure;' He was to learn that, in the player's eyes he was wrong. He learned it this way; at the end of each season, each player fills out an exit form with a number of items to respond to;. team awards, captains for the next year, etc. The final question is 'was the season satisfying to you?; 98% of the responses were YES. The answers to 'why'; I Loved my teammates; I improved; battled with my Brothers, Stayed positive in the tough times, I loved the toughest game there is to

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play, I made a family, didn't I? A game only for the champions? Hardly.... and the student became the teacher. In this season of thanks, let us all be mindful of our calling and be thankful to be called COACH. And... from our office; on behalf of the MFCA Executive committee..have a blessed and Merry Christmas.

2020 MINNESOTA FOOTBALL COACHES CLINIC March 26-28, 2020

The Official Clinic of our MFCA in Partnership with the University of Minnesota

If you can attend just one clinic, this is THE ONE!!

Doubletree Hotel in St. Louis Park

FEATURED IN 2020

P.J. Fleck & Gopher Staff
Gopher Practice at Biermann
Upper Midwest College Staff
Regional and National HS Speakers
MFCA Business & Advisory Meetings
Area High School & College Speakers
FCA Luncheon & Don Swanson Tailgate Party

2020 CLINIC COMMITTEE

Ron Stolski, MFCA Director stolski@yahoo.com
Dave Nigon, Exhibits dlnigon@yahoo.com
Jim Dotseth, Finances dotsethj@comcast.net
Ray Kirch, Registration kirchr@district279.org
Dave Nelson, Advertising dave.nelson@minnetonka.k12.mn.us
Claud Allaire, Schedule & Speakers claud.allaire@gmail.com

Check for additional speakers on the MFC Clinic website, plus on-line registration

Register before January 1 and pay 2019 rates!

Conducted by the MFCA – “The Keepers of the Game”

www.mnfootballcoaches.com

BANK SHOTS ... continued from page 29

at MSHSL Headquarters on December 3rd. At the October Executive Board Meeting the following proposal to re-submit the shot clock was approved for submission to the MSHSL Board of Directors. Discussion has been held with the Girls coaching group and both groups are on board for submission.

During the 2019 Minnesota State High School League State Tournaments, the MBCA assigned member coaches to select the all-tournament teams. This

will be continued for the 2020 State Tournaments. If you are interested in participating, please contact Tom Critchley.

A reminder that all forms, such as All Star Nominations, Team Academic Champions, Individual Academic All State, Tom Critchley Leadership Award, Hall of Fame and Hall of Honor nominations, etc. are available by accessing the MBCA website; mshsca.org/boysbasketball. Please follow the

nomination process and adhere to the deadlines listed on the forms.

The beginning of the 2019-2020 season is well underway and everyone has been through the first week of practices and are getting ready for their first games. It is important to remember, sports are a vital vehicle for life long lessons and values and they are an ideal platform for teaching competitiveness, perseverance, teamwork and sportsmanship no matter if you win or lose. Best of luck to all of you and your teams this season!

FALL SPORTS ACADEMICS

CROSS COUNTRY BOYS

GOLD

Annandale
Anoka
Apple Valley
Bagley/Fosston Co-op
Belle Plaine/Holy Family
Bemidji
Benilde-St. Margaret's
Big Lake
Blooming Prairie
BOLD/BLH
Border West
Brainerd
Breck
Buffalo
Champlin Park
Cloquet
Coon Rapids
Cromwell/Floodwood
Delano
Detroit Lakes
Dilworth-Glyndon-Felton
Eagan
East Grand Forks
East Ridge
Eastview
Eden Prairie
Elk River
Ely
Esko
Foley
Forest Lake
Frazee
Fridley
Glencoe/Silver Lake
Grand Meadow-Leroy-
Ostrander-Southland
Grand Rapids
Greenway/Nashwauk-
Keewatin
Hawley
Heritage Christian
Holy Angels
Holy Family
Howard Lake-Waverly-
Winsted
International Falls
Irondale

Jefferson
Kingsland
LacQuiParleValley-Dawson-
Boyd
Lake City
Lakeview
Lanesboro-Fillmore Central
LCWM/Nicollet
Lewiston-Altura/Rushford-
Peterson
Mankato East
Mankato Loyola/Cleveland
Mankato West
Maple Grove
Mayer Lutheran/LPWHT
Melrose
Mesabi East
Milaca
Minnehaha Academy
Minnesota Valley Lutheran
Minnetonka
Montevideo
Monticello
Moorhead
Moose Lake/Willow River/
Barnum
Morris Area Chokio-Alberta
Mounds View
Mountain Iron-Buhl
Mountain Lake Area-Comfrey
Mpls Patrick Henry
Mpls Roosevelt
New Richland/Hartland/
Ellendale/Geneva
North Shore Storm
Northwest Nighthawks
Norwood/Young America
Nova Classical Academy
Ortonville
Osakis
Osseo
Park
Parnassus Prep
Pelican Rapids
Pequot Lakes
Perham
Pierz
Pillager
Pine Island

Pipestone
Plainview-Elgin-Millville
Prior Lake
Providence Academy
Rochester Area Home School
Rockford
Rogers
Rush City
Sartell
Simley
South St Paul
Spectrum
Spring Lake Park
Springfield-Cedar Mountain
St Agnes
St Paul Highland Park
St Thomas
St. Anthony Village
St. CLOUD Apollo
St. Cloud Cathedral
St. James Area
St. Louis Park
Staples-Motley
Stillwater
Thief River Falls
Virginia
Waconia
Wadena-Deer Creek
Warroad
Washington Tech
Watertown-Mayer
Waterville-Elysian-
Morristown/Janesville-
Waldorf-Pemberton
Wayzata
West Central
White Bear Lake
Windom
Zimmerman

SILVER
Ada-Borup/NCW
Albany
Alexandria
Becker
Braham
Breckenridge-Wahpeton
Cambridge-Isanti
Canby -Minneota
Centennial

Cotter
Dassel Cokato
Duluth Marshall
Hermantown
Heron Lake-Okabena
Hibbing
Holdingford
Litchfield
Luverne
Mahtomedi
Maple Lake
Martin County West/Martin
Luther
Mora
Mounds Park Academy
Murray County Central/Fulda
New York Mills
Ottertail Central
Park Rapids Area
Pine City
Princeton
Redwood Valley
Rochester Lourdes
Rocori
Rosemount
St Croix Lutheran
St. Charles
St. Michael-Albertville
Tri-City United
Willmar
Yellow Medicine East

CROSS COUNTRY GIRLS

GOLD

Adrian
Albany
Alexandria
Annandale
Anoka
Apple Valley
Austin Pacelli
Belle Plaine/Holy Family
Bemidji
Benilde-St. Margaret's
Big Lake
Blooming Prairie
BOLD/BLH
Breck
Breckenridge-Wahpeton
Buffalo

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Burnsville	Mankato East	Southwest Minnesota	Nova Classical Academy
Cambridge-Isanti	Mankato Loyola/Cleveland	Christian/Edgerton	Parnassus Prep
Canby-Minneota	Mankato West	Spectrum	Princeton
Centennial	Maple Lake	Spring Lake Park	Rocori
Champlin Park	Martin County West/Martin	Springfield-Cedar Mountain	Sauk Rapids-Rice
Chatfield	Luther	St Agnes	Zumbrota-Mazeppa/Kenyon- Wanamingo
Cloquet	Mayer Lutheran/LPWHT	St Croix Lutheran	
Coon Rapids	Melrose	St Paul Highland Park	FOOTBALL 9 MAN
Cotter	Mesabi East	St. Anthony Village	GOLD
Cromwell/Floodwood	Milaca	St. Charles	Hancock
Dassel Cokato	Minnehaha Academy	St. Cloud Cathedral	Grand Meadow
DeLaSalle	Minnetonka	St. Francis	Park Christian
Detroit Lakes	Montevideo	St. Louis Park	Stephen-Argle Central
Duluth East	Monticello	St. Michael-Albertville	Fertile Beltrami
Duluth Marshall	Moorhead	Staples Motley	Win-E-Mac
Eagan	Moose Lake/Willow River/ Barnum	Stewartville	Brandon-Evansville
East Central	Mora	Stillwater	Verndale
East Grand Forks	Morris Area Chokio-Alberta	Tri-City United	
East Ridge	Mounds Park Academy	United North Central	SILVER
Eastview	Mounds View	Virginia	Mountain Lake Area
Eden Prairie	Mountain Iron-Buhl	Waconia	Nicollet
Eden Valley Watkins-Kimball	Mountain Lake Area-Comfrey	Wadena	Cedar Mountain
Edina	Mpls Patrick Henry	Warroad	
Elk River	Murray County Central/Fulda	Washington Tech	CLASS 1A
Ely	Nevis	Watertown-Mayer	GOLD
Esko	New Prague	Waterville-Elysian-	Bold
Eveleth-Gilbert	North Shore Storm	Morristown/Janesville-	Minnesota Valley Lutheran
Fairmont	Northwest Nighthawks	Waldorf-Pemberton	Martin County West
Fergus Falls	Park	Wayzata	Parkers Prairie
Foley	Pelican Rapids	West Central Area	Randolph
Fridley	Pequot Lakes	White Bear Lake	Upsala-Swanville Area (Usa)
Glencoe/Silver Lake	Perham	Willmar	
Heritage Christian	Pierz	Zimmerman	SILVER
Hermantown	Pillager	SILVER	Red Lake County
Hibbing	Pine City	Ada-Borup/NCW	Goodhue
Holy Angels	Pine Island	Becker	Gibbon-Fairfax-Winthrop
Howard Lake-Waverly-	Pipestone	Braham	Lakeview
Winsted	Plainview-Elgin-Millville	Chisago Lakes	Russell-Tyler-Ruthton
International Falls	Providence Academy	Eagle Ridge/International	Bethlehem Academy
Irondale	RAACHE Jaguars	Grand Rapids	Ada-Borup
Jefferson	Redwood Valley	Greenway/Nashwauk-	Minneota
LacQuiParleValley-Dawson-	Rochester Lourdes	Keewatin	
Boyd	Rockford	Hawley	CLASS 2A
LacRescent-Hokah	Rogers	Lakeview	GOLD
Lake City	Rosemount	Lanesboro Fillmore Central	St. Clair/Loyola
LCWM/Nicollet	Roseville	Litchfield	Eden Valley - Watkins
Lewiston-Altura/Rushford-	Rush City	Minnesota Valley Lutheran	Maple River
Peterson	Sartell	Norwood/Young America	Morris Area - Chokio/Alberta
Little Falls	Simley		
Luverne	South St Paul		
Mahtomedi			

... continued on page 34

Hawley	Chanhassen	Academy Holy Angels	Stewartville
Redwood Valley	Northfield	Byron	The Blake School
		Plainview Elgin Millville	Zimmerman
SILVER	SILVER	Southwest Christian	
Barnesville	Moorhead		GOLD
Triton	Monticello	SILVER	Class AA
Lewiston-Altura	Owatonna	Class AA	Armstrong
Rush City	Hastings	East Ridge	Benilde-St. Margaret's
Blue Earth Area	Andover	Wayzata	Jefferson
Caledonia	Brainerd		Byron
Frazee	Rochester Century	SOCCER GIRLS	Cretin-Derham Hall
Janesville-Waldorph-	Sauk Rapids-Rice	GOLD	Lakeville North
Pemberton	New Prague	Class A	Lakeville South
		Albert Lea	Minneapolis Southwest
CLASS 3A	CLASS 6A	Benilde-St. Margaret's	Minnetonka
GOLD	GOLD	Byron	Owatonna
Litchfield	Lakeville North	Cloquet	Rochester Century
Albany	Farmington	Cotter Schools	Roseville
Pierz	Wayzata	Detroit Lakes	Wayzata
Holy Family Catholic		Heritage Christian Academy	
	SILVER	Kasson-Mantorville	SILVER
SILVER	Lakeville South	La Crescent-Hokah	Class AA
Pine City	Stillwater	Little Falls	Andover
Rockford	St. Michael-Albertville	Mankato West	Apple Valley
Thief River Falls	Eastview	Marshall School, Duluth	Centennial
Luverne	Centennial	Orono	Champlin Park
Breck	Forest Lake	Pine Island/Zumbrota-	Chaska
Glencoe-Silver Lake	Woodbury	Mazeppa	Coon Rapids
Pequot Lakes		Plainview-Elgin-Millville	Eagan
Waseca	ROBOTICS	Red Wing	East Ridge
Foley	GOLD	St. Anthony Village	Eastview
Worthington	Apollo High School	St. Croix Lutheran Academy	Farmington
	Badger High School	St. Peter	Hastings
CLASS 4A	Hutchinson High School	Totino-Grace	Maple Grove
GOLD	New Ulm High School	Waconia	Minneapolis Washburn
Rocori	Byron High School		Park
Willmar	Edina High School	SILVER	White Bear Lake
Byron	Redwood Valley High School	Class A	
Benilde-St. Margarets	Eden Valley-Watkins High School	Academy of Holy Angels	SWIMMING GIRLS
	Eden Prairie High School	Breck School	GOLD
SILVER	Esko High School	Concordia Academy	Class A
Orono	Convent of the Visitation	Holy Family Catholic	Faribault
Faribault	Alexandria Area High School	Hutchinson	Mankato West
Grand Rapids	Becker High School	Mankato Loyola	Red Wing
Marshall		Mounds Park Academy	Saint Peter
Mankato East		North Branch	Holy Angels/Minnehaha/
Winona	SOCCER BOYS	Proctor	Cristo Rey
	GOLD	Providence Academy	Bloomington Kennedy
CLASS 5A	Class A	Rochester Lourdes	Richfield
GOLD	Trinity School at River Ridge	Simley	Dassel-Cokato
Mankato West		St. Croix Preparatory	Hutchinson
Waconia	SILVER	Academy	Litchfield
Alexandria	Class A	St. Francis	Mound Westonka/Holy

Family	Fergus Falls	Anoka	Belle Plaine
Orono	TRF	Blaine	Maple River
Watertown - Mayer		Cambridge	Wadena - Deer Creek
Cretin-Derham Hall	GOLD	Centennial	Pipestone Area
Mounds Park Academy	Class AA	Coon Rapids	Belgrade Brooten Elrosa
Cathedral/Saint John's Prep	Rochester Mayo	Duluth East	Pierz
	Rochester Century	Forest Lake	Mounds Park Academy
Ogilvie/Mora	Farmington	Buffalo	Holy Family Catholic
Foley	Lakeville North	St. Michael Albertville	Sibley East
Princeton	Lakeville South		Perham
Little Falls	Rochester John Marshall	TENNIS	Minnehaha Academy
Melrose	Northfield	GOLD	Breck School
Rocori	Apple Valley High School	Class A	
Sauk Centre	East Ridge High School	Roseau	GOLD
Minnewaska/Morris	Eastview High School	Glencoe Silver Lake	Class AA
Alexandria	White Bear Lake	Lac qui Parle-Dawson/Boyd	Duluth East
Grand Rapids	Tartan	Rochester Lourdes	St Paul Highland Park
Detroit Lakes	Champlin Park	Litchfield	Cretin-Derham Hall
Crookston	Robbinsdale Armstrong	Staples-Motley	Totino-Grace
	Robbinsdale Cooper	Park Rapids Area	Tartan High 8
SILVER	Park Center	Sauk Centre	Faribaut Co-op
Class A	Irondale	Blake	Farmington
Albert Lea	Wayzata	Aitkin J	Eastview
Mankato East	Minneapolis South	St John's Prep/St Cloud	Mounds View
Tri City		Cathedral	Champlin Park
Benilde St. Margaret	Minneapolis Washburn	St. Croix Lutheran Academy	Grand Rapids
Blake	Hopkins	Morris-Chokio-Alberta/West	Jordan
Breck	St. Paul Central	Central	Monticello
Columbia Heights	Minneapolis Southwest	St. Paul Academy	STMA
Fridley	Andover High School	Lake City	Rochester
St. Louis Park	Maple Grove	Annandale	Minnetonka
Delano	Rogers	Benson-KMS	Blaine
Montevideo	St. Cloud Tech	LeSueur	Delano
Marshall		Pine City	Brainerd
Willmar	SILVER	New London Spicer	Woodbury
Chisago Lakes	Class AA	Minnewaska	St. Paul Harding
Visitation	Hastings	Duluth Marshall School	East Ridge
Henry Sibley	Chaska	East Grand Forks	Sartell St Stephen
HUMWOW	Minnetonka	Blue Earth Area	Academy of Holy Angels
Minneapolis Roosevelt	Prior Lake	Mora	Saint Anthony Village
Mahtomedi	Bloomington Jefferson	Melrose Area	Spring Lake Park
Sauk Rapids - Rice	Shakopee	Pequot Lakes	Tri City United
Sartell	New Prague	Fairmont	Bemidji
Albany	Burnsville High School	Osakis	Rogers
Staples/Motley	Eagan High School	Thief River Falls	Prior Lake
St, Cloud Apollo	Woodbury High School	Southwest Christian	Park HS
Hibbing	Park High School		Saint Peter]
Northeast Range - Ely	St. Paul Harding	SILVER	Cambridge-Isanti
Chisholm	Roseville	Class A	Eagan
Mesabi East	St. Anthony	United South Central	Austin
Duluth Denfeld	Spring Lake Park	Yellow Medicine East	Lakeville South
Warroad	Osseo	St. James Area	
Perham	Edina		

Princeton	Fergus Falls	Paynesville Area High School	Medford Tigers
Hastings	South St Paul	Rockford	Lake Park Audubon
Chisago Lakes	St. Francis	Litchfield High School	Pipestone
DeLaSalle	Roseville Area	Melrose Area High School	Royalton High School
Andover	Mahtomedi	Pierz Healy High School	New York Mills
Hermantown	Mound Westonka	Nicollet	East Grand Forks
Rochester Century	Fridley	Big Lake	Lake City Tigers
Coon Rapids	Armstrong	Pine City	United South Central
Hutchinson	Montevideo	Waseca	Andover HS
Orono	Edina	Fertile-Beltrami	Forest Lake High School
Chaska	North Branch	Norwood Young America	Wheaton High School
Alexandria	Albert Lea	Central HS	Kasson-Mantorville
Marshall	Eden Prairie	Menahga Volleyball	Mound Westonka
Buffalo	Rosemount	Eden Prairie High School	Hill Murray
Shakopee		Milaca High School	Lewiston-Altura High School
Big Lake	VOLLEYBALL	Osseo	St. Cloud Cathedral
Chanhausen	GOLD	Minnewaska Area High	Minneapolis South
Cloquet	Mabel-Canton	School	ROCORI High School
Burnsville	Pine City	Benson High School	Frazee High School
Simley	Mahtomedi High School	Dassel-Cokato High School	Littlefork-Big Falls
Becker	Plainview-Elgin-Millville	Eveleth-Gilbert	Clearbrook-Gonvick
Minneapolis Washburn	Marshall	St. Croix Lutheran Academy	Kenyon-Wanamingo
St. Paul Washington Tech.	Mora High School	Albany High School	Waconia High School
Magnet	Mora High School	BOLD	New London-Spicer
Hopkins	Eden Valley-Watkins	Fairmont	Pillager High School
Stillwater	Wadena-Deer Creek	Gibbon-Fairfax-Winthrop	Byron
Apple Valley	Park Christian School	St. Peter/ Volleyball	Barnesville Trojans
Waseca	Sauk Centre High School	Red Rock Central	Worthington High School
Mankato East	Belgrade-Brooten-Elrosa	Chatfield Gophers	Cretin-Derham Hall Raiders/
Wayzata	High School	Mankato West High School	Varsity Volleyball
Visitation	Southwest Christian	Volleyball	Anoka/Tornado Volleyball
Bloomington Jefferson	Owatonna	Lake Crystal Wellcome	Stephen-Argyle
Willmar	Bagley	Memorial	Hayfield High School
Northfield	Sacred Heart High School	Alexandria Area High School	Henning
Irondale	West Central Area	Ashby Public School	St. Louis Park
St. Cloud Tech	Wayzata High School	KMS-Kerhoven-Murdock	Minnetonka
Anoka	Alden-Conger	Russell Tyler Ruthton	Blooming Prairie High
Foley	Floodwood	Buffalo Lake Hector Stewart	School/Blossoms
Maple Grove	Detroit Lakes High School	Mustangs	Moorhead
Rocori	Varsity Girls Volleyball	Adrian High School	Hills-Beaver Creek
Forest Lake Area	Chisago Lakes	Minnesota Valley Lutheran	Springfield Public High
Lakeville North	Perham	High School	School
	Hancock High School	Stewartville	Red Wing
SILVER	Sebeka	Henry Sibley High School	Shakopee High School
Class AA	Upsala High School	Roseau High School	Volleyball
Columbia Heights 03	Cromwell-Wright	Redwood Valley	Lester Prairie / Holy Trinity
New Ulm	North Branch	Pequot Lakes High School	Lakeview High School
Henry Sibley	Triton High School	Heron Lake Okabena Fulda	Park Rapids
Little Falls	Goodhue	Belle Plaine	Blaine High School
Hibbing	Willmar HS Varsity Volleyball	Maple Lake	Grand Meadow
		Canby High School	Albert Lea/Tigers

Foley High School
 Delano
 Waterville-Elysian-Morristown
 Ada-Borup West
 Fairmont
 Brainerd High School
 Little Falls
 Hutchinson
 Covent of the Visitation School
 DeLaSalle High School - Volleyball
 Concordia Academy
 Sauk Rapids-Rice High School Storm
 crookston
 Murray County Central High School
 Eagan
 New Prague
 Minneota
 Staples-Motley
 St. Paul Academy and Summit School
 Cambridge-Isanti Bluejackets
 Bemidji
 Buffalo High School
 Win-E-Mac High School
 Hawley
 Mankato East HS
 Esko High School
 Cotter High School, Winona, MN
 St. Clair
 Maple River
 Jackson County Central
 Centennial High School
 Breckenridge Cowgirls
 Northern Freeze
 Hastings High School
 Holdingford High School
 St. Croix Preparatory Academy
 Onamia High School/Onamia Panthers
 Janesville Waldorf Pemberton
 Windom Area High School
 Eagles
 Underwood
 Simley High School
 Rogers High School Varsity
 Volleyball
 Cleveland Public School

Aitkin
 DGF
 Kimball Area High School
 North Woods
 Browerville/Eagle Valley
 West Lutheran High School
 East Ridge High School
 Northfield High School
 Mahnomen/Waubun
 Battle Lake
 Maple Grove Varsity
 Volleyball
 Monticello High School
 Hermantown
 Austin High School
 Sibley East
 Red Lake County Central
 Prior Lake
 St. Anthony Village High School
 Clinton-Graceville-Beardsley
 Walker Hackensack Akeley School

SILVER
 Annandale
 Brandon-Evansville
 Rush City
 Mounds View
 Grand Rapids Thunderhawks
 Rochester Mayo
 Minneapolis Roosevelt
 Ogilvie
 Robbinsdale Armstrong High School
 Houston Public Schools
 Fillmore Central
 Princeton High School
 Warroad
 Parkers Prairie
 Ely Memorial High School
 Benilde-St. Margaret's
 Watertown-Mayer
 Burnsville
 Montevideo High School
 Volleyball
 Champlin Park
 Sartell
 Edina
 Rochester Lourdes High School
 Hillcrest Lutheran Academy
 Tracy-Milroy-Balaton

Winona Senior High School
 St. Cloud Tech High School
 Bloomington Jefferson
 Zimmerman High School
 Elk River High School
 Chaska High School
 Edgerton Public
 Renville County West High School
 Mesabi East High School
 Mountain Lake Area/Comfrey
 Wolverines
 Providence Academy
 Eastview High School
 Red Lake Falls
 Roseville Area
 Lakeville South
 Badger-Greenbush-Middle River
 Northeast Range Nighthawks
 Blackduck High School
 Volleyball
 Mankato Loyola
 Cedar Mountain
 Kittson County Central
 Academy of Holy Angels
 Coon Rapids High School
 Totino-Grace High School
 Kingsland Knights
 Lake of the Woods
 White Bear Lake Area High School

Sleepy Eye St. Mary's
 St. Paul Highland Park Senior High School
 Bethlehem Academy
 Mountain Iron Buhl
 Pine Island High School
 Richfield High School
 Cannon Falls High School
 Randolph
 Caledonia High School
 Schaeffer Academy
 Central MN Christian
 New Ulm High School
 Fosston
 Stillwater
 Crosby - Ironton
 Apple Valley
 Minneapolis Thomas Edison High School
 Rochester John Marshall
 St. Michael-Albertville High School
 St. Francis
 Nova Classical Academy
 St. Charles High School
 Nevis School
 Braham Area High School
 New Ulm Cathedral High School
 Howard Lake Waverly
 Winsted



Ana Bowsby

Happy Holidays to all!

A few "Save the Date" reminders:

- Coaches meeting: January 11th at 9:00 AM at Benilde-St. Margaret's in the choir room
- Season Begins: March 30th 2020
- Rules meeting opens March 23rd must be completed April 8th
- First available game date: April 9th 2020
- Sections begin: Week of May 24th
- All State game: Tuesday June 16th 2020 at Benilde-St. Margaret's Timing announced closer to date
- All State meeting Monday May 25th at BSM, specific time will be announced closer to meeting

Please consider becoming a section representative for your possibly new section!

2019 - 2020 CHAMPIONSHIP TEAMS - FALL SPORTS

VOLLEYBALL

Class A	Minneota	Hayley Fruin
Class AA	Stewartville	John Dzubay
Class AAA	Wayzata	Scott Jackson

GIRLS SWIMMING

Class A	Visitation	Nate Linscheid
Class AA	Minnetonka	Dan Berve

GIRLS SWIMMING MSHSL

Class A	Visitation	Nate Linscheid
Class AA	Edina	Jeff Mace

GIRLS TENNIS

Class A	The Blake School	Mike Ach
Class AA	Edina	Steve Paulsen

ADAPTED SOCCER

PI	Eastview Dakota United Hawks	Lorrie Buecksler
CI	South Washington County	Bruce Feidler

GIRLS SOCCER

Class A	Mahtomedi	Dave Wald
Class AA	Maple Grove	Ben LeVahn

FOOTBALL

9 Man	Mountain Lake Area	Tim Kirk
1A	Blooming Prairie	Chad Gimbel
2A	Caledonia	Carl Fruechte
3A	Pierz	Dan Sauhr
4A	Rocori	James Herberg
5A	Chaska	Bryan Dahl
6A	Wayzata	Lambert Brown

BOYS SOCCER

Class A	Academy of Holy Angels	James See
Class AA	Edina	Dave Jenson

GIRLS CROSS COUNTRY

Class A	Perham	Jeff Morris
Class AA	Edina	Matt Gabrielson

BOYS CROSS COUNTRY

Class A	Perham	Jeff Morris
Class AA	Mounds View	Ross Fleming

2019-2020 SPORTS ASSOCIATION CLINICS

DATE	SPORT	LOCATION
Dec. 7, 2019	Robotics- Alex Jurek ajurek@isd726.org	St. Cloud State (Atwood Memorial Center)
January 23-25, 2020	Track	Double Tree, Bloomington
Feb. 1st, 2020	Softball - shelly.hotzler@jccschools.com	Target Field
Feb 28-Feb 29, 2020	Tennis- Rick Engelstad -rengelstad@isd578.org	Fred Wells Center, St Paul
March 26-28, 2020	Football - Ron Stolski - stolski@yahoo.com	Double Tree, St. Louis Park
April 17-18, 2020	Swimming and Diving	Marriott NW Mpls-Brooklyn Park
Summer 2020	Volleyball Clinic-bpulju@sebeka.k12.mn.us	Sauk Rapids High School
August 2020	Cross Country-jhnelson@rwps.org	Twin Cities Orthopedics Vikings Complex
Aug 13-14, 2020	Soccer -gruba23@gmail.com	National Sports Center Blaine
Sept. 2020	Boys Hockey - mikejmacmillian@hotmail.com	Roy Wilkins Auditorium, St. Paul
Oct. 2020	Girls Hockey	TBA
Oct. 2020	Gymnastics - shelly eklund@district 196.org	Stillwater High School, Stillwater, MN
Oct. 2020	Boys BB - Tom Critchley Sr. - hctirc@earthlink.net	Mpls, Hyatt Regency
Oct 23, 2020	Girls BB - scott_bergman@isd743.k12.mn.us	St. Thomas University
Oct. 2020	Wrestling - kip.lynk@gmail.com	Simley High School
Nov 13-14, 2020	Baseball	TBA

MINNESOTA STATE HIGH SCHOOL COACHES ASSOCIATION GOALS & MISSION STATEMENT

Goals and Purpose

The MSHSCA is a high school coaches association created and governed by Minnesota high school coaches. The MSHSCA offers coaches a voice in current state issues. It also provides them with the finest recognition program available and a benefits package including an insurance program, an association newsletter and other corporate benefits.

Goals

- To promote and publicize high school sports in Minnesota.
- To recognize those men and women coaches who have dedicated their time, energy and spirit to the high school sports programs in Minnesota.
- To offer a unified voice in Minnesota on coaching and athletic issues that affect high school athletics.

MSHSCA Mission Statement

Recognize

We recognize coaches for seasonal, academic and lifetime achievements. Our awards include sport coaches of the year, sport assistant coaches of the year, team academic coaches of the year, state championship coaches, Hall of Fame membership and distinguished service awards.

Communicate

We provide a unified voice. Through our Minnesota Prep Coach newspaper and our MSHSCA.org website, we offer communication tools for the coaches of Minnesota to publicize their sport. These informative tools give coaches opportunities to promote their sport and communicate with their sport associations in regards to clinics, rules and membership.

Support

Due to our statewide scope, the MSHSCA is able to provide many areas of support for our members. Our relationship with the Minnesota State High School League, its Board of Directors and the many

committees that it offers, gives our state high school coaches a voice in the establishment of the rules and regulations of their sport groups.

MSHSCA CODE OF ETHICS

As a professional educator, I will:

1. Strive to develop in each athlete the qualities of leadership, initiative and good judgment.
2. Respect the integrity and personality of each individual athlete.
3. Encourage the highest standards of conduct and scholastic achievement.
4. Seek to inculcate good health habits including the establishment of sound training rules.
5. Fulfill responsibilities to provide health services and an environment free of safety hazards.
6. Exemplify the highest moral character, behavior and leadership.
7. Provide ethical relationships among coaches.
8. Encourage a respect for all athletics and their values.
9. Abide by the rules of the game in letter and spirit.
10. Respect the integrity and judgment of sport officials.
11. Display modesty in victory and graciousness in defeat.
12. Demonstrate a mastery of and continuing interest in coaching principles and techniques through professional improvement.

The code of ethics of this association shall be adhered to by each and every member of the MSHSCA. Any action by members of the MSHSCA contrary to the principles therein established shall be subject to review by the Executive Committee according to policies established by the MSHSCA Delegate assembly.

MEMBERSHIP PERKS

S

- **SHERATON MINNEAPOLIS WEST** - Minnetonka - 800-325-3535 (upon availability)

H

- **MARIOTT MINNEAPOLIS WEST** - (Code MSHSCA)
Call Patrick Riley - 952-367-5082 (upon availability)

S

For Hotel rates, coaches should indicate membership in MSHSCA.

C

•••Advanced reservations required. All packages & promotions are based on availability. Please mention this promotion at the time of reservation. Offer void with any offers, discounts, groups or conventions.

A

REASONS WHY MSHSCA MEMBERSHIP IS BENEFICIAL

1. Executive Director available to work for you on a daily basis.
2. Dues include a \$2,000,000 Liability Insurance while coaching.
3. Membership card is for admission at many high schools and colleges in Minnesota.
4. Teams are eligible to earn Academic Team and Individual honors.
5. Provide scholarships for Minnesota High School students.
6. NOCAD membership creates revenue marketing that is helpful for the promotion of programs that benefit coaches and their athletes.
7. Four issues of The Minnesota Prep Coach, the MSHSCA newsletter which contains information about and for coaches and their association's activities.
8. Provides potential for clinics for any sport association that wishes assistance.
9. Up to date clinic schedules and educational opportunities on our website.
10. Opportunity to be recognized as a Minnesota Coach of the Year.
11. Opportunity to be recognized as a Minnesota Assistant Coach of the Year.
12. Delegate representation that allows coaches to remain fully updated on issues.
13. Close working relationship with all affiliated sport associations.
14. Provides active representation and support on the MSHSL Board of Directors.
15. Recognition for state team championships.
16. Opportunity for 25 Year Club and Life Membership of the MSHSCA.
17. Opportunity to be nominated and selected to the MSHSCA Hall of Fame.
18. United support for each other's programs.
19. Mass membership email capability.

Register.cordonco.com is what you will see on your credit card statement for your MSHSCA membership. Please do not challenge this before calling 218-234-0345!

Minnesota State High School Coaches Association HALL OF FAME

CRITERIA FOR THE SELECTION OF CANDIDATES

1. Individuals selected as nominees must have shown a deep sense of responsibility in the manner in which they conducted themselves as coaches, and demonstrated a dedication to the highest ideals of competitive interscholastic athletics.
2. Of equal importance is the manner in which they conducted their programs, that they be most beneficial to their players, their schools, and their communities, always reflecting a positive image of interscholastic athletics and/or coaches.
3. They shall have demonstrated the characteristics of leadership, the ability to motivate and inspire, and to guide and counsel young athletes.

ELIGIBILITY REQUIREMENTS

1. Nominees must have been active in coaching and/or athletic administration for a minimum of 25 years.
2. Nominees must be a life member of the MSHSCA.

SEND NOMINATIONS TO: John and Bernie Schumacher
 16332 Deer View Road, Park Rapids, MN 56470
 Email: jschumacher@mshsca.org



Minnesota State High School Coaches Association
 HALL OF FAME NOMINATING FORM



Name _____ Phone _____
 Address: _____ City _____ Zip _____
 Phone Number: _____ Email: _____
 Birth Date _____ Marital Status _____ Deceased _____
 Spouse's Name _____ Children's names and ages _____

Nominating Person or Group _____
 Rationale for Nomination _____

Personal History: Hometown _____
 College/s _____ Year _____

College Honors: _____
 Coaching History: (Sports, schools & years) _____

Coaching awards, honors & highlights: _____

Are you currently an inductee to a sport association? _____ If yes, please list: _____

Present status _____ Organizations & honors other than coaching: _____

Coaches Association involvement & present status: _____

Please list other highlights & experiences: _____

Nominated by: _____ Date _____

Phone: _____ Email: _____

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3. Encourage the highest standards of conduct and scholastic achievement.
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MSHSCA SEEKS NOMINATIONS FOR OFFICIALS DISTINGUISHED SERVICE AWARD

The Minnesota State High School Coaches Association has always been aware of the value of officials as an integral part of the high school athletic programs could function without the dedication that is currently being provided to prep sports by the many officials in Minnesota.



A few years ago, the MSHSCA, in an effort to restore sportsmanship, as it should be, to the stands of high school sporting events, created an Officials Distinguished Service Award.

Coaches who are aware of the outstanding officials in your area that qualify for the award should either nominate the officials directly or contact the area officials associations and urge them to submit the deserving candidates for the award.

This award is presented to five deserving officials at the MSHSCA's Annual Awards Banquet that is held each year in November.

The MSHSCA has maintained a collective file of nominations but is currently looking for more nominations of the many deserving officials that need to be recognized for their long time service to Minnesota high school sports.

Nominations to receive the Officials DSA can be submitted by using the following criteria.

1. Should still be an active official.
2. Have been a high school official of varsity competition for at least 25 years.

If you know of a deserving official in your area that satisfies the established criteria, complete the accompanying nomination form and send to:

Mike Peterson
458 3rd St SW • Perham, MN 56573



OFFICIALS DISTINGUISHED SERVICE AWARD NOMINATION FORM

Name _____

Address _____

Phone (____) _____

Years officiated at varsity level _____

Sport(s) Officiated _____

Other information to support this nominee: _____

Nominating Person _____

Address _____

Phone (____) _____

JOHN SCHUMACHER MSHSCA

16332 Deer View Road
Park Rapids, MN 56470

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