



IRONDALE BASEBALL

FEBRUARY 2025: YOUTH & COACHES CLINIC - TAKEAWAYS

IMPORTANCE OF ROUTINES AND REPETITION

1

- Consistent practice format
- Routines promote focus and good habits
- Creates leadership opportunities (i.e. player-led drills)

2

RELATIONSHIPS

- Learn player's interests outside of baseball
- Build stronger connections
- Creates team buy-in
- Learn individual communication styles

3

CHALK TALK

- 1-3 minutes
- Review plan for the day
- Simple and straight forward
- Goal: players know the focus for the day

4

TEAMMWORK & COACHABLE MOMENTS

- All coaches and players are here for each other
- Find and utilize the strengths of your players
- Give one thing for a player to work on instead of overwhelming them with multiple things to fix
- Players will feel mini successes and stay motivated

5

RAISE UPS - END OF PRACTICE/GAME

- Coaches/Players share something they noticed a teammate did really well
- Intentionally shout out different players
- Creates a positive culture leading to players wanting to be at baseball

