

## NCAA Division 1 Volleyball Recruiting Rules

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It is important for potential prospects to know NCAA Division 1 Volleyball Recruiting Rules. Athletes and coaches have certain restrictions when it comes to college volleyball recruiting.

### As a Sophomore in high school

Recruiting Tactic	As a Sophomore
Recruiting Material	You may receive brochures for camps and questionnaires.
Telephone Calls	You can call the coach at your own expense. Coach cannot call you.
Off-Campus Contact	Not Permitted
Official Visits	Not Permitted
Unofficial Visits	Unlimited

### As a Junior in high school

Recruiting Tactic	As a Junior
Recruiting Material	You can begin to receive recruiting material and information from the coach on September 1st.
Telephone Calls	You can call the coach at your own expense. Coach can call you starting September 1st of your Junior year
All Electronic Correspondence	All forms of electronic correspondence are allowed starting September 1st of your Junior Year. Correspondence must be private between athlete & coach.
Off-Campus Contact	Allowed July 1st after your Junior year.
Official Visits	Not Permitted
Unofficial Visits	Unlimited

### As a Senior in high school

Recruiting Tactic	As a Senior
Recruiting Material	You can receive material and information from the coach
Telephone Calls	You can call the coach at your own expense. Coach can call you.
All Electronic Correspondence	All forms of electronic correspondence are allowed starting September 1st of your Junior Year. Correspondence must be private between athlete & coach.
Off-Campus Contact	Allowed but no more than 3 times.
Official Visits	You can start official visits on the opening day of your classes. One per college / maximum of 5 visits to D1 schools - Unlimited for D2, D3 and NAIA
Unofficial visits	Unlimited

### Other important information

- Women's Volleyball – College coaches have 80 days in which to evaluate you. They cannot exceed that number.
- College coaches have 80 evaluation days and 20 additional evaluation days (for sand volleyball competition only).
- College coaches can evaluate and/or contact you no more than 7 times during your senior year.
  - During your senior year a college coach cannot contact you more than 3 times.