

AAU VOLLEYBALL
GETTING STARTED

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AAU is...

Boys and Girls, Men and Women. AAU is local and global. AAU is laughter, challenges, and opportunities. AAU is the place where you learn discipline, team work and persistence. AAU is an organization where problem solving and cooperation are taught through the medium of sports.

AAU is the oldest not-for-profit organization in the world dedicated exclusively to the development of sports. AAU is 45 different sports programs. AAU is grassroots, local, national and global events.

AAU is athletic programs where striving to be your best is far more important than being the best. AAU is educational programs taught in both the written form and through example.

AAU is alumni from Shaquille O'Neal and Carmello Anthony, through Swin Cash and Sheryl Swoopes, to Carl Lewis, Jackie Joyner Kersee, and Muhammad Ali.

AAU is the AAU Junior Olympic Games. AAU is National Championships, and the local and global competition leading up to them.

AAU is the AAU Sullivan Award, honoring the top amateur athlete. AAU Cares is our AAU Cares and Proud Programs, giving back to local AAU communities.

AAU is impacting communities today and tomorrow. AAU is building America's future one athlete at a time.

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WHERE YOU BEGIN HAS EVERYTHING TO DO WITH WHERE YOU FINISH.

We've been raising champions for more than a century. Since 1888, the AAU has set the standard for amateur sports in the United States. 'Sports For All, Forever' has been our focus and drive for 133 years and counting. It is more than a motto – it is our vision for sports in the United States and throughout the world. And today we are proud to host more sporting events for more age divisions in more cities than any other organization in the world.

However, the AAU is not just about sports. For every athlete who attains professional sports status after the AAU, there are hundreds more who apply their AAU experience elsewhere. What our participants gain is much more valuable than athletic glory, much more important than any athletic achievement. Through participation in AAU sports programs athletes acquire the mental acuity, emotional maturity, and social tools necessary to succeed in the classroom and in the world beyond.

We are raising tomorrow's leaders on today's playgrounds. No matter your sport, age, or experience level, there is a place for you in the AAU. Congratulations on becoming a part of this tradition. And remember, where you begin has everything to do with where you finish!

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WHY SHOULD I JOIN AAU?

Our Membership is good for all of our 45 sports

- For only $14 for youth athletes, and $16 for non-athletes, you can participate in any or all of our offered sports.

Places to Play

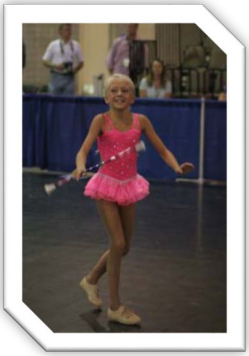


- The AAU believes that our events should be hosted at the best facilities. That is why we are partnered with the ESPN Wide World of Sports the premier multi-sport facility in the USA.
- Our National Championships take place in fun locations including but not limited to Orlando, FL; Virginia Beach, VA; Philadelphia, PA; Los Angeles, CA; Las Vegas, NV; Cocoa Beach, FL; and New Orleans, LA.

High Level of Competition

- The AAU is proud to have some of the best young athletes in the country competing in all of our 45 sports.
- Former AAU athletes are now in the NBA, WNBA, MLB, as well as many Olympians.

Events



- The AAU has many types of events to offer: Local Invitational Tournaments, Leagues, Sports Festivals, District Championships, Super Regionals, Showcase Events, and National Championships.
  - Whether you want to play close to home, or play across the country, the AAU can make it happen.
- AAU Junior Olympic Games
  - The largest youth multi-sport event in America with over 20 sports.
  - Current cities hosting: Des Moines, IA; Greensboro, NC; Virginia Beach, VA; Houston, TX; and Detroit, MI.

Insurance



- Participant Insurance
  - Your AAU Membership comes with the benefit of secondary sports accident insurance in the event you are injured while competing or participating
- Practice and Event Insurance
  - Coverage Limit: $5,000,000 of general liability

AAU VOLLEYBALL

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Getting Started in AAU Sports

Go to www.aausports.org and click on JOIN AAU and Create a User Account

Purchase your AAU Individual Non-Athlete membership- All Athletes and Non-Athletes (coaches, volunteers, officials) must be individual members of the AAU. Background screens are conducted for all Non-Athlete members of the AAU. You must have an active Non-Athlete Membership to purchase a club membership. Applied status or pending memberships are not acceptable.

Non-Athlete memberships are $16. For an additional $2, participants can purchase an extended benefit (AB) membership which extends coverage when participating in non-AAU events. Visit www.aausports.org and look under the membership tab for comprehensive explanation of the entire insurance program as well as information on the AAU insurance certificate program.

AAU Club Membership- Each organization must be a registered AAU Club. You can have more than one team within the same club. Club membership can be completed instantly online at www.aausports.org click on Member Login. Login to your account, on the dashboard page click on Club Application; then you will see a description and benefits for each club level. Youth club membership fees are $30 (Club Level 1), $60 (Level 2), or $300 (Level 3). Club membership is valid September 1 to August 31.

Sign up your club/team/organization's members! Youth athlete membership is $14 per athlete. Non-athlete (coach, volunteer, official) membership is $16. A benefit of AAU membership is sports accident and general liability coverage. For an additional $2, participants can purchase an extended benefit (AB) membership which extends coverage when participating in non-AAU events. For complete information on insurance, visit www.aausports.org.

All AAU Non-Athletes will also be required to obtain PCA Double-Goal Coach® training and certification. The AAU National Office is happy to announce to its members, that this Coaches' Education is FREE for all AAU Non-Athletes. This exciting program is MANDATORY for all AAU Non-Athletes and will be administered by Positive Coaching Alliance (PCA). Please visit https://aausports.org/Positive-Coaching-Alliance to start the MANDATORY AAU/PCA coaches' educational course. Membership may be revoked from non-athletes who do not complete course prior to competition.

Know your Insurance benefits!

Your club and individual members are covered by both Sports Accident and General Liability. There must be a club membership for the organization and EVERYONE participating must have an individual AAU Athlete or Non-Athlete membership. Please visit www.aausports.org and look under the membership tab for comprehensive explanation of the entire insurance program as well as information on the AAU insurance certificate program.

1. Hosting AAU Tournaments and Leagues – Licensed Event (Event Sanction)

As an AAU Club Level 2 or 3, you can apply for a licensed event to host your own tournaments or leagues. Licensed event fees are $50 for a youth event per day maxing out at $350 (Fees Cap after a maximum of 7 days). Visit www.aausports.org and login to your account to submit a license application or for more information on licensing an event with the AAU.



Licensing your event with AAU has many benefits.

- The resources of a multi-million dollar organization while maintaining administrative control of your event
- The AAU nationally recognized brand and logo
- Multi-million dollar insurance program
- Marketing opportunities with AAU members
- AAU ribbons, medals and banners
- Established and recognized sport rules
- Local and national websites to promote your event
- Convenient online services

While submitting your licensed event you can also request Event Third Party Certificates for your facilities if they require them (fees apply).
***NOTE:** Starting in 2014 AAU has updated our language from Event Sanction to Licensed Event.

2. Local District Directors

Your local District Director can provide you with additional information regarding other teams and tournaments in your area. If there is not a Director in your area and you are interested in developing a program in your District, please contact the AAU National Office at 407-934-7200. Also, visit the sport specific website for your sport by going to www.aausports.org and clicking your sport from the drop-down menu.

3. Insurance and Insurance Certificate Program

As an AAU registered Club you have access to our insurance certificate program. This program offers a verification of insurance for the club, third party practice, event, extended benefit and sponsor certificates. Please visit www.aausports.org and look under the membership tab for comprehensive explanation of the entire insurance program as well as information on the AAU insurance certificate program.

AAU VOLLEYBALL

PROGRAM OVERVIEW

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www.aauvolleyball.org

The AAU Junior National Volleyball Program offers opportunities for boys and girls, ages 10 to 18, in all skill levels to participate in indoor and beach volleyball. Events are held throughout the country, including local leagues, District Championships, Grand Prix tournaments, Super Regionals and National Championships. The National Championships are open, so any member team can participate.

BENEFITS OF COMPETING IN AAU EVENTS

1. **Insurance.** AAU members receive coverage from a multi-million dollar insurance program.
2. **National Championships.** AAU members have an opportunity to compete in national championship events at world-class facilities across the country.
3. **Safety.** All non-athletes (coaches) must pass a background screening before competing in AAU events.
4. **Membership.** Nationally recognized non-profit Multi-Sport organization where anyone can join and compete.
5. **Events.** Freedom and flexibility in conducting programs and hosting events.

AGE DIVISIONS

The age determination date for AAU Volleyball is July 1. Below are the 2022 age requirements for each age division.

- 10 & Under - Born on or after July 1, 2011
- 11 & Under - Born on or after July 1, 2010
- 12 & Under - Born on or after July 1, 2009
- 13 & Under - Born on or after July 1, 2008
- 14 & Under - Born on or after July 1, 2007
- 15 & Under - Born on or after July 1, 2006
- 16 & Under - Born on or after July 1, 2005
- 17 & Under - Born on or after July 1, 2004
  OR born on or after July 1, 2003 AND are in the 11th grade during the current academic year.
- 18 & Under - Born on or after July 1, 2003
  OR born on or after July 1, 2002 AND be a high school student (12th grade or below) during some part of the current academic year.

For a complete breakdown of the age divisions including information on waivers and exceptions, please visit www.aauvolleyball.org.

EVENTS (Dates/locations/divisions are tentative)

AAU Volleyball Classic
March 19-20, 2022 | Orlando, FL
Girls 10, 11, 12, 13, 14, 15, 16, 17, 18

AAU West Coast Championships
May 28-30, 2022 | Las Vegas, NV
Girls 12, 13, 14, 15, 16, 17, 18

AAU 49th Jr National Volleyball Championships
June 14-26, 2022 | Orlando, FL
Girls 10, 11, 12, 13, 14, 15, 16, 17, 18

AAU 49th Jr National Volleyball Championships
June 27-July 1, 2022 | Orlando, FL
Boys 12, 13, 14, 15, 16, 17, 18

AAU Volleyball Festival
June 23-26, 2022 | Phoenix, AZ
Girls 12, 13, 14, 15, 16, 17, 18

SPORT CONTACTS

Melanie Foxworth, Crystal Mannino, Tyler Wegehaupt, Sport Managers // volleyball@aausports.org

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Hosting Events

Getting Started

Opportunities are available to start your own AAU Volleyball tournament or league.

Types of events include:

- Local Tournaments
- Leagues and Clinics
- District Championships
- Inter-District Tournaments/Leagues
- Spotlight Grand Prix Tournaments
- Super Regionals
- Beach Volleyball Tournaments

As a tournament host, you can decide what age divisions, format and date will best suit your area. AAU offers flexibility in hosting events and the program can be tailored to fit the needs of the local community.

AAU Membership & Licensed Events

Applications for Membership, Insurance Certificates, Licensed Event Applications, Medals and more can be found online at www.aauvolleyball.org.

To license an AAU event, the host club or organization must be a Level 2 ($60) or Level 3 ($300) AAU Club. Youth license fees are $50 per day or $350 for leagues or tournament series. All participants must also be AAU members.

Visit www.aauvolleyball.org for complete details.

AAU Spotlight Grand Prix & Super Regionals

These events were developed to encourage the growth of AAU volleyball at the District and Regional levels. Girls' teams that win at these events (with 12 or more teams) receive a free entry into the National Championships, West Coast Championships, or Volleyball Festival. Boys' teams that win at these events (with 8 or more teams) receive a free entry into the National Championships. If you do not have AAU volleyball teams in your District, this is a great way to encourage teams to participate!

- Winners in each age division with 12 or more teams (girls) or 8 or more teams (boys) will not have to pay the entry fee to the National Championships. If less than 12 teams (girls) or 8 teams (boys) participate, the entry fee will be discounted on a percentage basis.
- The Host retains all entry fees.
- Applications are being accepted on an ongoing basis. Forms are available at www.aauvolleyball.org.
- Contact the AAU National Office at 407-934-7200 or volleyball@aausports.org for more information.

Beach Volleyball

Beach Volleyball is one of the fastest growing sports in AAU. You don't have to live on the beach to host a tournament!

For more information on being part of the AAU Beach Volleyball program, contact Crystal Mannino at crystal@aausports.org or visit www.aaubeach.org.

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Hosting an AAU Event

Review the AAU Sport Handbooks - Review the AAU Sport Handbooks for guidelines and rules. A current copy of the Handbooks can be downloaded at www.aausports.org by using the sport menu located at the top of the homepage and selecting your sport.



Contact the AAU Sports Manager or AAU National Chair - Please visit www.aausports.org for a detailed listing of AAU Sports Managers and AAU Sport National Chairs.

You can also contact the **AAU National Headquarters at (407) 934-7200** for further information.

Purchase your AAU Individual Non-Athlete membership - All Athletes and Non-Athletes (coaches, volunteers, officials) must be individual members of the AAU. Background screens are conducted for all Non-Athlete members of the AAU. You must have an active Non-Athlete Membership to purchase a club membership. Applied status or pending memberships are not acceptable.

AAU Club Membership - Register online at www.aausports.org and click on JOIN AAU.

Club Membership is necessary to apply to license an AAU Event. Other benefits of joining as a club include receiving AAU mailings, event notifications, membership certificate, voting rights in AAU elections and club practice insurance.

Individual Athlete/Coach Membership - To participate in an AAU Licensed event, each athlete and coach must be members of the AAU. AAU membership is $14 per youth athlete and $16 per non-athlete (coach). As a member of the AAU, you can participate in any of the 45 sports offered by the AAU.

The membership year is from September 1st through August 31st. Membership must be renewed each year to be valid.

AAU membership provides each member with sports accident insurance for all properly licensed AAU events and supervised practices. Please refer to the current insurance brochure on our web site.

AAU License Application Form - A license is written approval by the AAU to authorize registered athletes to participate in a specific competition or exhibition. No event is an official AAU event unless the host has obtained an AAU license prior to the start of the event. Instructions for completing and submitting a license application and fees are located on our homepage www.aausports.org. All participants in AAU Licensed events must be individual members of the AAU.



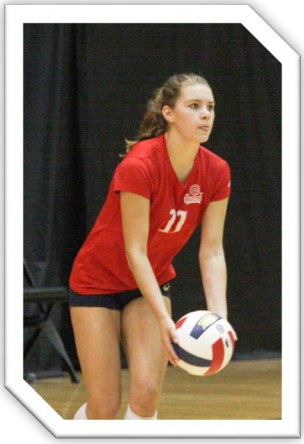
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Hosting an AAU Event



The AAU brand and benefits are the perfect tools for event directors to use to ensure a successful event. Planning and advertising are the keys to your events' success. Plan ahead; submit your license application in a timely manner to enable participants to schedule and make travel plans to attend.

To Submit a Licensed Event Application

After obtaining a club level 2 or 3 and an individual non-athlete membership for the contact listed on the club, go to www.aausports.org. All approved licensed events are posted on our find an event site where more than 10 million viewers have access to your event information.

Order AAU Medals and Awards

As a benefit of licensing your tournament through the AAU, you can order AAU medals and ribbons. To order awards, you must submit to the AAU National Headquarters: (1) Awards Application (2) Tournament Flyer (3) Signed Copy of the Approved Licensed Event (4) Appropriate Fees.



Championship Medals are available for District and Regional championships (includes 1 gold, 1 silver and 1 bronze medal). **Sports for All Medals** are available for invitational, league, open, or preliminary events. Ribbons are available for first through eighth place, plus merit. The price for **ribbons** is forty (40) cents each. All orders are assessed a shipping fee as follows: Orders under $50.00 pay a flat rate of $10.00, Orders from $51.00 to $249.00 pay a flat rate of $25.00, Orders over $250.00 pay 10% of total. Orders that are received 15 working days or less prior to the event will be assessed a $50.00 expedite fee. In addition, if the order requires next day shipping or 2-day shipping you must pay the shipping cost via credit card! Please note that no refunds will be given on any unused medals or ribbons. For complete information on AAU Awards, please refer to the Awards Application Form at www.aausports.org.



Claim Forms

In case of any incidents during your event, make sure you have copies of the AAU Claim Forms at the tournament. These forms should be completed and submitted to the address on the instruction page immediately after an incident. This holds true whether the person involved is a participant or spectator, or whether or not you feel the incident will result in a claim. Please follow all the directions on the form. Claim forms are available at www.aausports.org.

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What are the benefits of AAU Membership?

The AAU is a nationally recognized brand, logo with established and recognized sport rules. The AAU is proud to host more sporting events for more age divisions in more cities than any other organization in the world.

Your club and members will receive benefits of a multi-million-dollar insurance program with convenient online services. If you license your event with the AAU, you will have marketing opportunities and eblast promotions of your event **to the 1 million** plus current and past members of the AAU as well as listing the event on our local and national websites.

Our membership fees are low and we offer a variety of sports. Your one (1) membership is valid for any of our 45 sports! We offer two types of individual AAU memberships and three levels of club AAU memberships.

Individual Memberships (See AAU Insurance Program Summary of this packet)

1. **Athlete Memberships** with Sport Accidental Insurance Benefits
   a. $14 Regular membership
   b. $16 Extended Coverage (AB) membership

Allows AB members to participate in non-AAU licensed events (*See separate handout)

2. **Non –Athlete Memberships** with Sport Accidental Insurance Benefits
   a) $16 Regular membership
   b) $18 Extended Coverage (AB) membership

Allows AB members to participate in non-AAU licensed events (*See separate handout)

Club Memberships (See AAU Insurance Program Summary of this packet) Note: In order to purchase a club membership, you must first purchase individual non-athlete memberships for your club contacts.

1. **Club Level 1** with Liability Insurance Benefits
   a) Eligible to participate in events
   b) Eligible to vote at appropriate District meetings
   c) Eligible to receive license for practice insurance
2. **Club Level 2** with Liability Insurance Benefits
   a) Eligible to participate in events
   b) Eligible to vote at appropriate District meetings
   c) Eligible to receive license for practice insurance
   d) Eligible to receive license to host an event
   e) Eligible to use AAU Name & Logo in AAU licensed events
3. **Club Level 3** with Liability Insurance Benefits
   a) Eligible to participate in events
   b) Eligible to vote at appropriate District meetings
   c) Eligible to receive license for practice insurance
   d) Eligible to receive license to host an event
   e) Eligible to use AAU Name & Logo in AAU licensed events
   f) Eligible for tax-exempt status
   g) Eligible to accept tax-exempt donations
   h) Eligible to become sales tax exempt in your state

EXTENDED COVERAGE PROGRAM (AB)

The Extended Coverage (AB) coverage program was developed to extend coverage for AAU members while participating in events hosted by organizations that are not member clubs of the AAU. Coverage in this program is provided for properly registered athletes or non-athletes for events in the United States of America (including its territories and possessions) Puerto Rico, and Canada.

To have extended coverage (AB), the following criteria applies:

- For team competitions, the entire competing team and coach (non-athlete) must be AAU extended coverage (AB) members.
- For individual competitions, each competing individual must be an AAU extended coverage (AB) member and must be supervised by an AAU extended coverage (AB) registered coach.
- The competition must be formally scheduled, supervised and conducted by a recognized sport association, civic organization or school (and not be a member of the AAU).
- If you are a member of the AAU in the extended coverage (AB) category and conduct an event that is not licensed by the AAU, you forfeit your rights of extended coverage (AB), for that event only.

Benefits of the AB program are:

- Sports Accident
- General Liability
- Certificates of Insurance

Who is insured?

- Athletes
- Non-Athletes
- Member clubs/teams
- Amateur Athletic Union of the United States, Inc.

When does AB coverage take effect?

- Coverage takes effect when AAU registered members in the extended coverage (AB) category are participating in **events hosted by organizations that are not member clubs of the AAU.**
- **Example:** All of Jim's Basketball Team members are registered AAU extended coverage (AB) members. Jims Basketball Team is participating in an event hosted by the local Park and Recreation organization. The Park and Recreation organization is not a member club of the AAU nor is the event sanctioned by the AAU. Jim's Basketball Team has coverage in this situation by being AAU extended coverage (AB) members.

AAU Insurance Program Summary

AAU Insurance is a benefit of membership.
Club Membership insures practices and an event license insures competitions/clinics etc.,
Everyone participating must also have an individual AAU Athlete or Non Athlete Membership

SPORTS ACCIDENT: Coverage is provided for properly registered members that are injured during an approved event. Coverage is excess medical and becomes primary if there is no other coverage.	
Excess Medical	$100,000
Youth/Non Athlete Deductible	$300
Adult Athlete Deductible	$300
Accidental Death & Dismemberment	$20,000
Dental	Included

Who is insured? (The following categories include but are not limited to)

Athletes and Non-Athletes

Covered events

Licensed Events: This is an event that has been applied for and received an event license from the AAU of the U.S. Inc.

Supervised Practices for member clubs.

GENERAL LIABILITY COVERAGE	LIMITS
Each Occurrence - **per event**	Up to $1,000,000
Personal and Advertising Injury	Up to $1,000,000
Excess Liablity Limit	Up to $5,000,000
Particpant Legal Liability	Included
Damage to Premises Rented to you	$1,000,000
Medical Expenses (any one person)	$5,000
Sexual Abuse & Molestation -	Included

Who is insured? (The following categories include but are not limited to)*

Registered Athletes and Non-Athletes
Member clubs/teams when all participants are properly registered as athletes or non athletes
Event organizers, promoters, sponsors and managers of AAU licensed events
Volunteers while acting in their capacity at an AAU licensed event
AAU of the USA, Inc.
AAU Districts, AAU Governors and Administrators, AAU Directors & Officers
Officials while acting in their capacity at an AAU licensed event

Covered events

Licensed Events: This is an event that has been applied for and received an event license from the AAU of the U.S. Inc.

Supervised Practices for member clubs.

EXTENDED COVERAGE (AB) INSURANCE PROGRAM

The Extended Coverage (AB) program was developed to extend coverage for AAU members while participating in events hosted by organizations that are not member clubs of the AAU. Coverage in this program is provided for properly registered athletes or non-athletes.

Sports Accident	$100,000
Liability Limit	Same as above
Excess Liablity Limit	Same as above

Extended Coverage (AB) Is not available in Adult Sports of Taekwondo, Diving, Gymnastics, Box Lacrosse

Any organization that is a member of the AAU and hosts an event that is not licensed by the AAU would not have any coverage for the event, even if its members are AAU AB Registered.

This brochure is only a brief description of the coverage available under the AAU Policies. The policies may contain reductions, limitations, exclusions and termination provisions. If there is a conflict between the contents of this document and the policy, the terms and conditions of the policy will govern in all cases.

AAU Insurance Program Summary

AAU Insurance is a benefit of membership.
Club Membership insures practices and an event license insures competitions/clinics etc.,
Everyone participating must also have an individual AAU Athlete or Non Athlete Membership

VERIFICATION OF INSURANCE AVAILABLE

ALL INSURANCE CERTIFICATES ARE AVAILABLE AT WWW.AAUSPORTS.ORG UNDER THE INSURANCE OVERVIEW TAB

Verification of Insurance: This document verifies the club has insurance coverage as defined by the AAU policy and extends the club's coverage to a third party (if accepted by the third party). Your specific club name will appear on the document. **Free-Documents Available immediately.**

THIRD PARTY/ADDITIONAL INSURED INSURANCE CERTIFICATES AVAILABLE

ALL INSURANCE CERTIFICATES ARE AVAILABLE AT WWW.AAUSPORTS.ORG UNDER THE INSURANCE OVERVIEW TAB

This program is designed to provide member clubs the ability to obtain certificate(s). The fee structure is based on requesting the third party/additional insured certificate(s) at least 30 days before coverage start date or incurring an expedite fee

Fee Structure	Fee	Expedite Fee	Total
Start Date is 31 + days from today	$35	NA	$35
Start Date is 16-30 days from today	$35	$65	$100
Start Date is 0-15 days from today	$35	$100	$135

For the fees listed above, you may request up to 200 third party/additional insured certificate(s) in one transaction. If you do not list all requests on your initial submission, there will be a $30.00 transaction fee each time you return to list additional requests. For each facility/entity over 200 there is a $10.00 per facility/entity fee.

PRACTICE CERTIFICATES: Fees apply. This certificate extends coverage for members during practice and practice only. The practice must be scheduled & supervised by an AAU non-athlete member. It specifically names the third party/additional insured, confirms the club has coverage as defined by the AAU policy and extends the club's coverage to the third party/additional insured. (This certificate is applicable where needed for CG 2026 1219).
Available 2 hours after certificate request

EVENT CERTIFICATES: Fees apply. This certificate extends coverage for activities such as leagues, tournaments, clinics and other events approved by the Amateur Athletic Union of the United States, Inc. There must be a event license number relative to this event. Event licenses may take up to 16 days for approval. It specifically names the third party/additional insured, confirms the club has coverage as defined by the AAU policy and extends the club's coverage to the third party/additional insured. (This certificate is applicable where needed for CG 2026 1219).
Available 2 hours after Approval of Event License Application

SPONSOR: Fees apply. This certificate extends coverage to a benefactor or donor who supports a member club. The sponsor name will appear on the certificate(s). It confirms the club has coverage as defined by the AAU policy and extends the club's coverage to the third party/additional insured.(This certificate is applicable where needed for CG 2026 1219). This type of certificate request must be submitted to the AAU National Office for processing.
Available 24-48 hours after request has been submitted and accepted.

EXTENDED COVERAGE CERTIFICATE: Fees apply. This certificate is for AAU member clubs while participating in events hosted by organizations that are not member clubs of the AAU. This certificate must be obtained by an AAU member club. This certificate insures the named third party in regards to the AAU member club's sole negligence. The entire competing team and coach (non-athlete) must be AAU Extended Benefit members. If you are a member of the AAU in the Extended Benefit category and conduct an event that is not licensed by the AAU, you forfeit your rights of insurance coverage for said event. This type of certificate request must be submitted to the AAU National Office for processing.
Available 24-48 hours after request has been submitted and accepted.

This brochure is only a brief description of the coverage available under the AAU Policies. The policies may contain reductions, limitations, exclusions and termination provisions. If there is a conflict between the contents of this document and the policy, the terms and conditions of the policy will govern in all cases.

Suggestions to get you started

Forming a team can be a little overwhelming so the following are a few things to consider when beginning the process.

Important Considerations

The four most important considerations in forming a team are developing a philosophy for your team, finding committed players, finding a coach and finding a practice facility.

Develop Philosophy

Will it be a participation team where everyone gets equal playing time or a performance team where playing time must be earned? If the coach and the players don't buy into the philosophy of the team it will eventually lead to problems and hard feelings.

Selection of Players

- Will you run area wide or local tryout?
- Will they be open tryouts or by invitation only?
- Are tryouts necessary or will you just select your own team?
- You will also need to decide how many players you will have on your teams' roster. Cost, which is addressed in the next section (click on Financial Obligations of Clubs/Teams) have some impact on that decision.

Develop a Budget

You must first figure out how much money you need to run your club. You have an option of dividing the cost of running your club amongst the number of players on your team. If you want to supplement the amount of money the players are responsible to contribute or if you do not want the players to contribute any money then you must do one of the following action points.

Get a Sponsor

Find a local business or person in your area that would like to sponsor your team either with money or merchandise.



Solicit Donations

Your first step in this process is to visit www.aausports.org and get a Club Level 3 membership. Selecting a Club Level 3 membership makes your club a subordinate under the AAU's Group exemption program, making the entity a tax-exempt organization. Level 3 Clubs are eligible
to accept tax-exempt donations directly. (See club memberships).

Host a Tournament

Hosting a tournament can give your club an opportunity to raise money for your team.
Questions? For further information on how you can begin running AAU leagues, tournaments, and clinics, please contact volleyball@aausports.org for more info.

The information provided above is a general guideline to be followed at your discretion. The AAU does not endorse any particular organizational process or claim to have exact knowledge on how to start or find a team.

*The information provided above is a general guideline/suggestion to be followed at your discretion.

AAU VOLLEYBALL

GETTING STARTED

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www.aauvolleyball.org

RULES AND GUIDELINES

The National Championships and Super Regional events are conducted under the AAU Code, AAU Volleyball Handbook, and current playing rules of USA Volleyball, as modified by the AAU Volleyball National Executive Committee. Local event operators may make rule modifications to benefit the local area.

Basic Indoor Rules:

- Rally scoring will be used. Each non-deciding set will be won by the team that first scores 25 points with minimum of 2 point advantage (no scoring cap). If there is a deciding set, it will be won by the team that first scores 15 points with a minimum of 2 point advantage (no scoring cap).
- 12 substitutions and Libero player(s)
- Libero player(s)
    - Each team can designate up to 2 Liberos. Libero(s) must be identified prior to each set.
    - Only 1 Libero may be on the court at a time.
    - Libero player(s) may serve in one rotation in a set.
- 10U division will be allowed to step into the court when serving. The step-in line will be 6'6" from the serving line.

Court Size:

18m x 9m (59' x 29'6") surrounded by a free zone of 2m (6' 6 3/4") on each of the sides of the court and 7m (23') free zone above the court.

Ball:

Ages 10U, 11U and 12U use a lite ball or similar, with a weight of 7-8 oz.

Net Heights (Indoor):

Boys	10U, 11U, 12U	7' 0"
Boys	13U, 14U	7' 4 1/8"
Boys	15U, 16U, 17U, 18U	7' 11 5/8"
Girls	10U	6' 6"
Girls	11U, 12U	7' 0"
Girls	13U, 14U, 15U, 16U, 17U, 18U	7' 4 1/8"

For complete information on rules and restrictions, please see the AAU Volleyball Handbook at www.aauvolleyball.org.

Visit www.aauvolleyball.org for more information.



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2022 AAU Volleyball National Championships

49th AAU Junior National Volleyball Championships

- June 14-26, 2022 - Orange County Convention Center, Orlando, FL
- Girls: 10U-18U

AAU Boys' Junior National Volleyball Championships

- June 27-July 1, 2022 - Orange County Convention Center, Orlando, FL
- Boys: 12U-18U

29th AAU Girls' Junior National Beach Volleyball Championships

- July 20-24, 2022 - Hermosa Beach, CA
- Girls: 10U, 12U, 14U, 15U, 16U, 18U

Featured Events

AAU Volleyball Classic (Indoor)

- March 19-20, 2022 - Orlando, FL

West Coast Championships (Indoor)

- May 28-30, 2022 - Las Vegas, NV

AAU Volleyball Festival (Indoor)

- June 19-26, 2022 - Phoenix, AZ

Grand Prix & Super Regional (Indoor) Events – www.aauvolleyball.org

West Coast AAU Junior Olympic Games (Beach)

- July 25-29, 2022 - Hermosa Beach, CA
- West Coast AAU Junior Olympic Games (Beach) Qualifiers – www.aaubeach.org

All dates are tentative and are subject to change.


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